

# Healthcare Career Exploration Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. An educational course planning document is called?**
  - A. Academic Plan**
  - B. Career Plan**
  - C. Continuing Education Units (CEUs)**
  - D. Bachelor's Degree**
  
- 2. Which role provides basic nursing care under supervision?**
  - A. Licensed Practical Nurse (LPN)**
  - B. Certified Nursing Assistant (CNA)**
  - C. Registered Nurse (RN)**
  - D. Family Physician**
  
- 3. What describes a collection of academic and professional work?**
  - A. Career Portfolio**
  - B. Career Outlook**
  - C. HOSA-Future Health Professionals**
  - D. Professional Organization**
  
- 4. Who translates medical information between languages?**
  - A. Medical Interpreter**
  - B. Medical Illustrator**
  - C. Housekeeping/Sanitary Specialist**
  - D. Forensic Science Technician**
  
- 5. What degree credential is commonly associated with pharmacists?**
  - A. PharmD**
  - B. MD**
  - C. DO**
  - D. BSN**
  
- 6. Who collects and analyzes crime evidence?**
  - A. Forensic Science Technician**
  - B. Medical Illustrator**
  - C. Social Worker**
  - D. Central Sterile Technician**

- 7. Which pathway would likely cover roles related to hospital housekeeping, maintenance, and environmental services?**
- A. Support Services Pathway**
  - B. Biotechnology Research & Development Pathway**
  - C. Information Technology Pathway**
  - D. Patient Care Pathway**
- 8. Which role assists patients with daily living activities?**
- A. Certified Nursing Assistant (CNA)**
  - B. Licensed Practical Nurse (LPN)**
  - C. Registered Nurse (RN)**
  - D. Family Physician**
- 9. Which role focuses on diseases of the lungs and breathing disorders?**
- A. Pulmonologist**
  - B. Radiologist**
  - C. Urologist**
  - D. Oral Surgeon**
- 10. Specialist in skin disorders?**
- A. Dermatologist**
  - B. Cardiologist**
  - C. Endocrinologist**
  - D. Emergency Physician**

## **Answers**

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1. A
2. A
3. A
4. A
5. A
6. A
7. A
8. A
9. A
10. A

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## **Explanations**

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## 1. An educational course planning document is called?

- A. Academic Plan**
- B. Career Plan**
- C. Continuing Education Units (CEUs)**
- D. Bachelor's Degree**

When you organize what classes you'll take to complete a program, the document that maps out each semester's courses, required classes, electives, and the sequence you should follow is called an academic plan. It helps ensure you meet all degree requirements, finish on time, and keep prerequisites in order so you can progress smoothly through your program. A career plan, in contrast, focuses on goals after education and the steps to reach them. Continuing Education Units are credits earned for ongoing professional development, not a planning document. A Bachelor's Degree is the credential you earn after completing the program, not the plan itself. Some schools may use terms like degree plan or curriculum map, but the established label for the course-by-course planning document is academic plan.

## 2. Which role provides basic nursing care under supervision?

- A. Licensed Practical Nurse (LPN)**
- B. Certified Nursing Assistant (CNA)**
- C. Registered Nurse (RN)**
- D. Family Physician**

Providing basic nursing care under supervision is the role of a licensed practical nurse. LPNs perform essential bedside tasks such as taking routine vital signs, assisting with activities of daily living, helping patients with mobility and hygiene, and providing basic wound care, all under the direction of a registered nurse or physician. This places them between unlicensed assistive personnel and RNs, delivering hands-on nursing care with supervision rather than functioning independently. In contrast, a physician leads medical care, and a registered nurse has a broader, more autonomous nursing scope, while a certified nursing assistant focuses mainly on daily living activities under licensed supervision.

## 3. What describes a collection of academic and professional work?

- A. Career Portfolio**
- B. Career Outlook**
- C. HOSA-Future Health Professionals**
- D. Professional Organization**

A career portfolio is a curated collection of your academic work, certifications, projects, and professional experiences that showcases what you can do and how you've developed over time. This format is specifically designed to present evidence of skills, achievements, and growth in a concise, shareable way, which is why it best describes a collection of academic and professional work. In contrast, a career outlook focuses on expected job trends and demand in the market, not on personal samples of work. HOSA-Future Health Professionals is a student organization, and a professional organization is a group of professionals join for networking and standards—not a personal compilation of work.

#### 4. Who translates medical information between languages?

- A. Medical Interpreter**
- B. Medical Illustrator**
- C. Housekeeping/Sanitary Specialist**
- D. Forensic Science Technician**

Translating medical information between languages is the job of a medical interpreter. They bridge language gaps between patients and the healthcare team, converting spoken or sign language so that diagnoses, treatment options, informed consent, and aftercare instructions are understood accurately. They handle medical terminology, preserve meaning and nuance, and maintain confidentiality and neutrality, which is essential for patient safety and informed decisions. Interpreters may work in person, over the phone, or via video in hospitals, clinics, or other care settings. This role is distinct from medical illustrators, who create visuals; housekeeping/sanitary specialists; and forensic science technicians, who analyze evidence.

#### 5. What degree credential is commonly associated with pharmacists?

- A. PharmD**
- B. MD**
- C. DO**
- D. BSN**

Pharmacists are medication experts, and the credential that represents that specialized education is the Doctor of Pharmacy degree. A PharmD is the standard entry-level degree for practicing pharmacists in the United States, reflecting extensive study in pharmacology, pharmacotherapy, patient counseling, and drug safety, and it aligns with licensure requirements such as the NAPLEX and state jurisprudence exams. The other options belong to different health professions: MD and DO are physician degrees, and a BSN is a nursing degree. So the degree most commonly associated with pharmacists is PharmD.

#### 6. Who collects and analyzes crime evidence?

- A. Forensic Science Technician**
- B. Medical Illustrator**
- C. Social Worker**
- D. Central Sterile Technician**

The work of collecting and analyzing crime evidence is done by forensic science technicians. They are trained to gather physical evidence from crime scenes, preserve it with strict chain-of-custody procedures, and analyze it in the laboratory using methods like fingerprint analysis, DNA testing, toxicology, ballistics, and digital forensics. Their findings help investigators determine what happened and may be used in court. The other roles don't focus on crime-scene evidence: a medical illustrator creates visuals for medical or legal contexts, a social worker assists people and communities, and a central sterile technician handles sterilization of medical tools.

**7. Which pathway would likely cover roles related to hospital housekeeping, maintenance, and environmental services?**

**A. Support Services Pathway**

**B. Biotechnology Research & Development Pathway**

**C. Information Technology Pathway**

**D. Patient Care Pathway**

The main idea here is identifying which pathway covers nonclinical hospital support roles such as keeping spaces clean, safe, and well maintained. Hospital environments rely on teams that handle housekeeping, facilities maintenance, and environmental services to ensure sanitation, odor control, waste management, and overall safety for patients and staff. This pathway includes jobs like environmental services technicians, housekeeping staff, and maintenance workers who keep rooms and facilities functional and compliant with health standards. The other pathways focus on areas like scientific research (biotech), digital systems and networks (information technology), or direct patient treatment and care (clinical roles). So, the appropriate pathway for hospital housekeeping, maintenance, and environmental services is the Support Services Pathway.

**8. Which role assists patients with daily living activities?**

**A. Certified Nursing Assistant (CNA)**

**B. Licensed Practical Nurse (LPN)**

**C. Registered Nurse (RN)**

**D. Family Physician**

Helping patients with daily living activities is a primary responsibility of the Certified Nursing Assistant. CNAs provide direct, hands-on support with tasks like bathing, dressing, grooming, feeding, toileting, and mobility, often helping patients transfer in and out of bed or chairs and ensuring basic hygiene. They work in hospitals, long-term care facilities, and home-health settings, usually under the supervision of licensed nurses. Licensed Practical Nurses and Registered Nurses have broader clinical duties beyond everyday self-care, including monitoring health conditions, administering certain treatments or medications, performing assessments, and developing or contributing to care plans, often supervising CNAs. A family physician, on the other hand, focuses on diagnosing and treating medical conditions and does not typically perform ongoing daily-living assistance. So, the role that best fits assisting with daily living activities is the Certified Nursing Assistant.

**9. Which role focuses on diseases of the lungs and breathing disorders?**

- A. Pulmonologist**
- B. Radiologist**
- C. Urologist**
- D. Oral Surgeon**

The key idea is recognizing the medical specialty that focuses on the lungs and the breathing system. A pulmonologist concentrates on diseases of the lungs and airways, handling conditions such as asthma, COPD, pneumonia, bronchitis, interstitial lung diseases, and sleep-related breathing disorders. They diagnose through tests like spirometry (lung function tests), chest imaging, arterial blood gases, and bronchoscopy, and they manage treatments including inhaled medications, oxygen therapy, and other therapies to improve airflow and oxygenation. This focus on the respiratory system is what makes a pulmonologist the best fit for this question. In contrast, a radiologist specializes in interpreting medical images, a urologist treats urinary tract conditions, and an oral surgeon deals with the mouth and facial structures, none of which are the primary focus of lungs and breathing.

**10. Specialist in skin disorders?**

- A. Dermatologist**
- B. Cardiologist**
- C. Endocrinologist**
- D. Emergency Physician**

A dermatologist is the specialist who treats skin disorders. Dermatology is the field focused on diagnosing and managing conditions of the skin, hair, nails, and mucous membranes. This includes common issues like acne, eczema, psoriasis, rosacea, infections, and skin cancers, as well as procedures such as biopsies or minor surgical treatments. The other options focus on different parts of the body: a cardiologist handles heart and circulatory problems, an endocrinologist treats hormone-related and metabolic conditions, and an emergency physician provides urgent care for a wide range of acute illnesses. When the question asks about skin disorders, the dermatologist is the most appropriate expert.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://healthcarecareerexploration.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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