

HEALTH CARE ETHICS PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. In cloning debates, the ethical principle most closely tied to issues of self-determination is ____.**
 - A. Beneficence
 - B. Justice
 - C. Autonomy
 - D. Nonmaleficence

- 2. An acupuncture provider is not licensed. Which ethical principal does this violate?**
 - A. Justice
 - B. Autonomy
 - C. Beneficence
 - D. Nonmaleficence

- 3. SPHM is an abbreviation for**
 - A. Safe Patient Handling Mechanisms
 - B. Safe Patient Health Management
 - C. Safe Patient Handling and Mobility
 - D. Safe Patient Health and Mobility

- 4. Which organization is associated with safe patient handling and mobility?**
 - A. World Health Organization
 - B. Centers for Disease Control
 - C. American Nurses Association
 - D. National Institutes of Health

- 5. Which function of health information systems involves turning data into meaningful insights for decision making?**
 - A. Data generation
 - B. Compilation
 - C. Analysis
 - D. Synthesis

6. Ethics theories that base their decisions on consequences are _____ theories.
- A. Teleological
 - B. Deontological
 - C. Virtue ethics
 - D. Ethical egoism
7. Which statement describes how clinicians address domestic violence with regard to community resources?
- A. They have provided the survivor with resources available within the community.
 - B. They have consistently asked all patients about abuse within their home.
 - C. They have used best practices in treating the survivor.
 - D. They have treated the survivor based on their own experiences.
8. Why do some patients prefer CAM/IM medicine over traditional medicine?
- A. It is cheaper
 - B. It does not involve medication
 - C. It involves respect and compassion
 - D. It is easier to get appointments
9. The use of IBM Watson in diagnosis and treatment may threaten the _____ of physicians and other practitioners.
- A. Beneficence
 - B. Justice
 - C. Nonmaleficence
 - D. Autonomy
10. Dealing with domestic assault situations are which type of medical care?
- A. Psychosocial
 - B. Cultural
 - C. Clinical
 - D. Societal

Answers

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1. C
2. C
3. C
4. C
5. D
6. A
7. A
8. C
9. D
10. A

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Explanations

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1. In cloning debates, the ethical principle most closely tied to issues of self-determination is ____.

- A. Beneficence
- B. Justice
- C. Autonomy**
- D. Nonmaleficence

Autonomy centers on self-determination and the right of individuals to make informed choices about their own bodies and genetic material. In cloning debates, this principle best captures the ethical emphasis on who gets to decide about creating a being through cloning, including issues of consent from donors and the future person's own ability to determine life choices. Beneficence and nonmaleficence focus on doing good or avoiding harm, while justice concerns fairness and distribution; none of these directly address personal decision-making and control over one's genetic destiny in the same way autonomy does.

2. An acupuncture provider is not licensed. Which ethical principal does this violate?

- A. Justice
- B. Autonomy
- C. Beneficence**
- D. Nonmaleficence

Beneficence means acting to promote the patient's welfare and provide care that benefits them. An acupuncture provider who is not licensed raises serious concerns about safety, competence, and accountability. Licensure helps ensure proper training and adherence to standards, which in turn supports effective, safe care. When those protections aren't in place, the provider cannot reliably promote the patient's well-being, and the risk of harm or ineffective treatment increases. While autonomy, justice, and nonmaleficence are relevant, the situation most directly violates the obligation to act in the patient's best interest through competent, safe care.

3. SPHM is an abbreviation for

- A. Safe Patient Handling Mechanisms
- B. Safe Patient Health Management
- C. Safe Patient Handling and Mobility**
- D. Safe Patient Health and Mobility

The main idea being tested is the exact wording of the safety program that protects healthcare workers during patient movement while also supporting patient movement. Safe Patient Handling and Mobility specifically conveys both aspects: safe techniques and equipment for moving patients, plus strategies to help patients move safely. That dual focus is what the term represents in healthcare safety practice. This is why Safe Patient Handling and Mobility is the best fit. The other phrases change or omit key elements—one emphasizes mechanisms rather than movement, another uses Health where Handling belongs, and another swaps Health for Handling—so they don't reflect the standard term used in patient safety and worker protection.

4. Which organization is associated with safe patient handling and mobility?

- A. World Health Organization
- B. Centers for Disease Control
- C. American Nurses Association**
- D. National Institutes of Health

Safe patient handling and mobility is a nursing practice issue, and the organization most closely associated with promoting and standardizing these practices is the American Nurses Association. The ANA serves as the leading professional body for nurses, providing practice guidelines, position statements, and resources aimed at preventing injuries to both patients and staff during moving and handling. This focus on safe techniques, use of assistive devices, and teamwork in patient movement makes the ANA the best fit for SPHM. In contrast, the World Health Organization sets broad global health priorities, the Centers for Disease Control covers disease prevention and occupational safety in general, and the National Institutes of Health is primarily a biomedical research funding body; none of these serve as the nursing profession's standard-setting organization for safe patient handling.

5. Which function of health information systems involves turning data into meaningful insights for decision making?

- A. Data generation
- B. Compilation
- C. Analysis
- D. Synthesis**

The main idea here is turning scattered data into actionable guidance for decisions. This happens through synthesis—the process of bringing together data from multiple sources, integrating findings, and forming a coherent interpretation that informs what to do next. In health information systems, synthesis combines clinical data, outcomes, costs, and context to produce a comprehensive set of insights and recommendations for decision makers. While data generation creates raw material, and compilation simply gathers it, and analysis digs into patterns in a specific dataset, synthesis elevates those elements into a unified picture that supports strategic choices and policy or clinical action.

6. Ethics theories that base their decisions on consequences are _____ theories.

- A. Teleological**
- B. Deontological
- C. Virtue ethics
- D. Ethical egoism

In many ethical theories, what matters is the outcome of an action. That focus on consequences is what teleological theories emphasize: right and wrong are determined by the results of an action. Deontological theories, by contrast, judge morality by adherence to duties or rules rather than outcomes. Virtue ethics centers on the character and virtues of the person performing the action, not its consequences. Ethical egoism considers consequences in terms of the self's interests, and while it is outcome-focused, the broader category that captures all theories judging actions by their results is teleological. So the best fit for theories that base decisions on consequences is teleological.

7. Which statement describes how clinicians address domestic violence with regard to community resources?

- A. They have provided the survivor with resources available within the community.**
- B. They have consistently asked all patients about abuse within their home.
- C. They have used best practices in treating the survivor.
- D. They have treated the survivor based on their own experiences.

The main idea being tested is linking survivors to community resources as part of the clinician's response to domestic violence. Providing resources available in the community translates safety planning and support into concrete options the survivor can access—shelters, advocacy groups, legal aid, housing assistance, hotlines, and other local services. This hands the survivor practical help and supports autonomy in choosing what to pursue. While asking about abuse is important and broader care can include following best practices, the statement focusing on giving community resources directly describes the action that helps the survivor access external support. Treatments based on personal experience are not appropriate in professional care, as responses should be guided by evidence, safety, and the survivor's needs and preferences.

8. Why do some patients prefer CAM/IM medicine over traditional medicine?

- A. It is cheaper
- B. It does not involve medication
- C. It involves respect and compassion**
- D. It is easier to get appointments

People often choose CAM/IM because of the way care is experienced, not just what treatment is given. CAM and integrative approaches tend to emphasize a highly patient-centered encounter: clinicians listen attentively, spend meaningful time with the patient, validate beliefs and values, and involve the patient in decisions about care. This respectful, compassionate, and collaborative style makes patients feel seen and heard, which can be a powerful reason to prefer one approach over another. The other reasons—cost, absence of medications, or easier access to appointments—aren't reliable or universal traits of CAM and don't capture why the relational aspect resonates with many patients.

9. The use of IBM Watson in diagnosis and treatment may threaten the _____ of physicians and other practitioners.

- A. Beneficence
- B. Justice
- C. Nonmaleficence
- D. Autonomy**

Autonomy in health care means clinicians have the freedom to exercise professional judgment and to tailor decisions to the individual patient's values and circumstances. If IBM Watson is used in diagnosis and treatment, clinicians may become inclined to defer to its algorithmic recommendations or rely on its outputs over their own clinical reasoning. This can squeeze room for personal judgment, reduce discussion with patients about options, and shift decision-making away from the practitioner's independent judgment, thereby weakening professional autonomy. While AI can support beneficence and reduce harm, the concern here is the potential loss of independent, value-driven decision-making by physicians and other practitioners.

10. Dealing with domestic assault situations are which type of medical care?

A. Psychosocial

B. Cultural

C. Clinical

D. Societal

Psychosocial care is the type most closely aligned with dealing with domestic assault because it focuses on the emotional and social impact, safety, and support needs of the patient. In practice this includes empathetic, nonjudgmental communication, trauma-informed care, safety planning, and referrals to social workers, counseling, shelters, and legal advocacy. The other options don't fit as well: clinical care centers on physical medical treatment, cultural care emphasizes beliefs and practices, and societal care involves broader policy or community-level issues. Addressing the psychosocial aspects helps protect the patient's mental well-being and safety, which are central in domestic assault situations.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://healthcareethics.examzify.com>

We wish you the very best on your exam journey. You've got this!

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