

# HCA HealthTrust Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

**This is a sample study guide. To access the full version with hundreds of questions,**

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# Table of Contents

<b>Copyright</b> .....	<b>1</b>
<b>Table of Contents</b> .....	<b>2</b>
<b>Introduction</b> .....	<b>3</b>
<b>How to Use This Guide</b> .....	<b>4</b>
<b>Questions</b> .....	<b>6</b>
<b>Answers</b> .....	<b>9</b>
<b>Explanations</b> .....	<b>11</b>
<b>Next Steps</b> .....	<b>17</b>

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## 1. Start with a Diagnostic Review

**Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.**

## 2. Study in Short, Focused Sessions

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.**

## 3. Learn from the Explanations

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## 4. Track Your Progress

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## 5. Simulate the Real Exam

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## 6. Repeat and Review

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.**

## 7. Use Other Tools

**Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!**

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## **Questions**

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- 1. What describes a Resource Pool position?**
  - A. A temporary part-time role**
  - B. A full-time position with health insurance**
  - C. A volunteer position in multiple facilities**
  - D. A specialized contractor role only**
- 2. What is the primary purpose of a Supplemental Per Diem (Travel Float) position?**
  - A. A position created to fill unfilled Per-Diem shifts**
  - B. A long-term employment contract with benefits**
  - C. A role focusing solely on emergency response actions**
  - D. A position requiring extensive specialty training**
- 3. What does RCIS stand for?**
  - A. Registered Cardiovascular Invasive Specialist**
  - B. Registered Cardiac Intervention Specialist**
  - C. Registered Clinical Invasive Specialist**
  - D. Registered Cardiology Implant Specialist**
- 4. How does HCA HealthTrust contribute to sustainability in healthcare procurement?**
  - A. By focusing solely on cost reduction**
  - B. By encouraging the purchase of environmentally friendly products**
  - C. By promoting traditional manufacturing processes**
  - D. By outsourcing procurement to third-party vendors**
- 5. Which certification is required for Licensed Practical Nurses working in acute care?**
  - A. Advanced CPR certification**
  - B. IV certification**
  - C. No certification required**
  - D. Basic Life Support certification**

**6. What type of experience is required for Dialysis Registered Nurses?**

- A. Experience in pediatric care**
- B. At least 1 year of recent Dialysis experience**
- C. 5 years of experience in emergency care**
- D. No specific experience is required**

**7. Why is strategic sourcing important in healthcare?**

- A. It maximizes value by aligning procurement strategies with organizational goals and improving supplier relationships**
- B. It encourages shopping from various non-medical suppliers**
- C. It reduces the number of suppliers to a minimum for easier management**
- D. It focuses solely on cost reduction rather than quality**

**8. In an emergency response role, what prior experience is preferred?**

- A. Experience in outpatient procedures**
- B. 1 year of acute care experience in a hospital setting**
- C. Experience in administrative healthcare roles**
- D. No specific experience preferred**

**9. What is required for a nursing assistant (CNA) aside from experience?**

- A. A certification**
- B. A state license**
- C. A compact license**
- D. No additional requirements**

**10. Which of the following is the role of a Certified Pediatric Oncology Nurse?**

- A. To assist in surgical procedures**
- B. To manage cases of pediatric cancer**
- C. To monitor pediatric patients' overall health**
- D. To provide emergency services to children**

## **Answers**

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1. B
2. A
3. A
4. B
5. B
6. B
7. A
8. B
9. B
10. B

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## **Explanations**

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## 1. What describes a Resource Pool position?

- A. A temporary part-time role
- B. A full-time position with health insurance**
- C. A volunteer position in multiple facilities
- D. A specialized contractor role only

A Resource Pool position is typically a full-time role that provides employees with various benefits, including health insurance. This type of position allows healthcare organizations to maintain a flexible workforce that can be deployed as needed across different areas or facilities to meet fluctuating patient demand. The focus on full-time status implies a commitment to ensuring sufficient staffing levels while also providing employees with stability and benefits that part-time or volunteer roles would not offer. Options describing temporary part-time roles or volunteer positions do not adequately capture the nature of a Resource Pool position, as those roles often lack the same level of commitment and support in terms of benefits. Similarly, a specialized contractor role is too narrow in scope compared to the broader operational flexibility and employee support associated with Resource Pool positions.

## 2. What is the primary purpose of a Supplemental Per Diem (Travel Float) position?

- A. A position created to fill unfilled Per-Diem shifts**
- B. A long-term employment contract with benefits
- C. A role focusing solely on emergency response actions
- D. A position requiring extensive specialty training

The primary purpose of a Supplemental Per Diem (Travel Float) position is indeed to fill unfilled Per-Diem shifts. This type of position is designed to provide flexibility and support by allowing healthcare facilities to have staff available as needed to cover shifts that are currently unfilled. This can be particularly useful in ensuring that patient care is consistently maintained, as it helps to address gaps in staffing that may arise due to unexpected absences, increased patient demand, or other operational needs. Individuals in these roles often have a variety of skills and experience, allowing them to float between different departments or facilities as necessary. This enhances the adaptability of the healthcare workforce, ultimately benefiting both the healthcare provider and the patients receiving care. Other options suggest more permanent or specialized roles, which do not align with the transient and responsive nature of a Supplemental Per Diem position.

### 3. What does RCIS stand for?

- A. Registered Cardiovascular Invasive Specialist**
- B. Registered Cardiac Intervention Specialist**
- C. Registered Clinical Invasive Specialist**
- D. Registered Cardiology Implant Specialist**

RCIS stands for Registered Cardiovascular Invasive Specialist. This certification is specifically designed for healthcare professionals who specialize in invasive procedures related to cardiovascular care, such as cardiac catheterizations and other diagnostic and therapeutic interventions. The designation emphasizes not only the knowledge of cardiovascular anatomy and physiology but also the technological skills necessary to assist in invasive procedures, which are critical in diagnosing and treating cardiovascular diseases. Achieving RCIS certification demonstrates a commitment to maintaining high standards of care in the cardiovascular field, ensuring that specialists are well-equipped to handle complex clinical situations. In contrast to the other choices, the term "Registered Cardiac Intervention Specialist" does not align with the common terminology used in the field, as the focus is more broadly on invasive procedures rather than specific interventions. "Registered Clinical Invasive Specialist" is also too vague and does not specifically capture the cardiovascular focus required for this certification. Lastly, "Registered Cardiology Implant Specialist" is not a recognized certification and is limited in scope, focusing solely on implants rather than the full range of invasive cardiovascular procedures.

### 4. How does HCA HealthTrust contribute to sustainability in healthcare procurement?

- A. By focusing solely on cost reduction**
- B. By encouraging the purchase of environmentally friendly products**
- C. By promoting traditional manufacturing processes**
- D. By outsourcing procurement to third-party vendors**

HCA HealthTrust contributes to sustainability in healthcare procurement primarily by encouraging the purchase of environmentally friendly products. This approach aligns with broader initiatives in the healthcare sector aimed at reducing the environmental impact of healthcare operations. By prioritizing products that are designed with sustainability in mind, HealthTrust helps to minimize waste, reduce the carbon footprint, and promote environmentally safe practices among healthcare providers. Sourcing environmentally friendly products means that HealthTrust is actively considering the environmental implications of the materials and processes involved in the products it procures. This can involve selecting items made from sustainable resources, minimizing harmful chemicals, and choosing products that are designed for easy recycling or disposal, thus fostering a more sustainable healthcare environment. This not only benefits the planet but also enhances the overall quality of care by promoting healthier surroundings for patients and staff.

**5. Which certification is required for Licensed Practical Nurses working in acute care?**

- A. Advanced CPR certification**
- B. IV certification**
- C. No certification required**
- D. Basic Life Support certification**

Licensed Practical Nurses (LPNs) working in acute care settings are often required to have IV certification because this competency allows them to safely and effectively administer intravenous medications and fluids. In acute care, patients frequently require IV treatments for a variety of conditions, and LPNs play a pivotal role in patient care by managing these interventions. IV certification ensures that LPNs have the necessary knowledge and skills to insert and manage IV lines, as well as to understand the implications of administering different medications via this route. This credential is crucial because it demonstrates that the nurse is qualified to perform specific technical procedures that are essential in high-acuity environments. In contrast, while certifications like Basic Life Support (BLS) and Advanced CPR are important for all healthcare providers, they do not specifically address the skills required for intravenous therapy. Therefore, IV certification is directly relevant to the acute care context and essential for ensuring patient safety and effective care delivery.

**6. What type of experience is required for Dialysis Registered Nurses?**

- A. Experience in pediatric care**
- B. At least 1 year of recent Dialysis experience**
- C. 5 years of experience in emergency care**
- D. No specific experience is required**

Dialysis Registered Nurses are specifically required to have at least 1 year of recent Dialysis experience because this role demands specialized knowledge and skills associated with renal care and the dialysis process. This experience ensures that the nurse understands the complexities of treating patients with kidney failure, monitoring their vital signs, handling dialysis machinery, and responding to potential complications that may arise during treatment. Furthermore, having recent experience is crucial because it helps ensure that the nurse is familiar with the latest techniques, protocols, and technologies involved in dialysis. This background allows the nurse to provide high-quality, informed care to patients who rely on dialysis for their survival and quality of life.

## 7. Why is strategic sourcing important in healthcare?

- A. It maximizes value by aligning procurement strategies with organizational goals and improving supplier relationships**
- B. It encourages shopping from various non-medical suppliers**
- C. It reduces the number of suppliers to a minimum for easier management**
- D. It focuses solely on cost reduction rather than quality**

Strategic sourcing is crucial in healthcare because it enables organizations to maximize value by aligning procurement strategies with their overall organizational goals. This alignment ensures that the supplies and services needed are not only cost-effective but also support the quality of care provided to patients. By improving supplier relationships, healthcare organizations can foster collaboration, which often leads to better service delivery, innovation, and reliability of supply. In the context of healthcare, where quality and continuity of care are paramount, strategic sourcing allows organizations to assess suppliers not just on price but also on performance, reliability, and other critical factors that impact patient outcomes. This holistic approach contributes to a more efficient supply chain, ultimately benefiting both the organization and the patients it serves. Other options provided do not accurately capture the importance of strategic sourcing in the healthcare setting. For instance, focusing on non-medical suppliers may divert resources and attention from critical healthcare needs. Similarly, minimizing the number of suppliers can lead to risk if those few suppliers face disruptions. Lastly, a narrow focus on cost reduction at the expense of quality is counterproductive in healthcare, where patient safety and quality of care are essential. Therefore, the correct answer reflects a comprehensive and integrated approach to procurement that aligns with the broader goals of healthcare organizations.

## 8. In an emergency response role, what prior experience is preferred?

- A. Experience in outpatient procedures**
- B. 1 year of acute care experience in a hospital setting**
- C. Experience in administrative healthcare roles**
- D. No specific experience preferred**

The preference for one year of acute care experience in a hospital setting is based on the critical skills and knowledge that this background provides for an emergency response role. Acute care environments expose individuals to high-pressure situations where quick decision-making and rapid assessments of patient needs are crucial. This experience equips responders with the ability to handle medical emergencies effectively and understand the dynamics of acute health crises. Acute care experience also allows for familiarity with emergency protocols, life-saving procedures, and collaboration with multidisciplinary teams, all of which are essential components of effective emergency medicine. This practical knowledge is invaluable when responding to emergencies, as it ensures that the individual is prepared to act swiftly and competently in situations where every second counts.

**9. What is required for a nursing assistant (CNA) aside from experience?**

- A. A certification**
- B. A state license**
- C. A compact license**
- D. No additional requirements**

For a nursing assistant, having a state license is essential because it demonstrates that the individual has met the specific training and competency requirements established by the state's regulatory body for nursing assistants. Each state has its own certification process, which may include completing an accredited training program, passing competency exams, and meeting any additional state-specific requirements. A state license ensures that the CNA is qualified to provide care in compliance with state regulations, which are designed to protect patient safety and ensure a standard of care. This requirement underscores the importance of regulatory oversight in the healthcare field, ensuring that CNAs are not only experienced but also formally recognized for their qualifications in their state.

**10. Which of the following is the role of a Certified Pediatric Oncology Nurse?**

- A. To assist in surgical procedures**
- B. To manage cases of pediatric cancer**
- C. To monitor pediatric patients' overall health**
- D. To provide emergency services to children**

The role of a Certified Pediatric Oncology Nurse primarily focuses on managing cases of pediatric cancer. This specialized nursing practice involves comprehensive care for children diagnosed with cancer, addressing not only their medical needs but also their emotional, psychological, and social well-being. Pediatric oncology nurses are skilled in administering chemotherapy, managing side effects, coordinating with multidisciplinary teams, and providing education to families about treatment processes and supportive care options. In addition to case management, these nurses advocate for the child and their family throughout the treatment journey, ensuring that the unique challenges faced in pediatric oncology are met with appropriate interventions and support. The specialized training and certification reflect their expertise in the complexities that arise within this field, allowing them to make informed, critical decisions about patient care. While monitoring overall health and providing emergency services are also essential components of pediatric healthcare, they do not specifically define the primary focus of a certified pediatric oncology nurse, who is uniquely positioned to manage the complexities of cancer care in children.

# Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://hcahealthtrust.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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