

# Glo Tanning Certification Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Table of Contents

<b>Copyright</b> .....	<b>1</b>
<b>Table of Contents</b> .....	<b>2</b>
<b>Introduction</b> .....	<b>3</b>
<b>How to Use This Guide</b> .....	<b>4</b>
<b>Questions</b> .....	<b>5</b>
<b>Answers</b> .....	<b>8</b>
<b>Explanations</b> .....	<b>10</b>
<b>Next Steps</b> .....	<b>16</b>

# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

- 1. What should you never do when cleaning the Skin Wellness Pro?**
  - A. Use abrasive scrubbers**
  - B. Use alcohol-based cleaners**
  - C. Spray the top acrylic directly**
  - D. Wipe with wet cloth only**
- 2. What is one benefit of recommending the right services to clients?**
  - A. Increases sales and profits**
  - B. Enhances service speed**
  - C. Builds trust and client loyalty**
  - D. Reduces service variety**
- 3. How can a client ensure their safety while using the Skin Wellness?**
  - A. By wearing protective goggles**
  - B. By viewing the black panels and understanding the equipment**
  - C. By avoiding any movement**
  - D. By skipping the safety briefing**
- 4. When applying barrier cream, it should be visible on the skin prior to the spray tan. Is this statement true or false?**
  - A. True**
  - B. False**
  - C. Only for certain clients**
  - D. Only for specific products**
- 5. Which factors influence the effectiveness of tanning treatments?**
  - A. Skin color only**
  - B. Skin type and product used**
  - C. Time of day**
  - D. Presence of wind**

- 6. For optimal spray tan application, when is the best time to apply barrier cream?**
- A. Prior to opening the service**
  - B. After the first spraying**
  - C. Before the spray tan**
  - D. Never apply it**
- 7. Before a client uses a spray tan, which other service should be completed for best results?**
- A. Shampooing**
  - B. Skin exfoliation**
  - C. UV treatment**
  - D. Body lotion application**
- 8. Which service is Glo's most popular?**
- A. Facials**
  - B. Spray Tanning**
  - C. Body Wraps**
  - D. Massage Therapy**
- 9. What should be done to ensure client comfort during spray tan application?**
- A. Rush through the application.**
  - B. Ensure proper ventilation and use protective gear.**
  - C. Keep the client in a cold room.**
  - D. Apply the product quickly without speaking.**
- 10. What is the difference between UV tanning and spray tanning?**
- A. UV tanning involves exposure to artificial sunlight**
  - B. UV tanning uses a chemical solution**
  - C. Spray tanning requires no preparation**
  - D. Both methods produce the same result**



## **Answers**

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1. C
2. C
3. B
4. B
5. B
6. C
7. B
8. B
9. B
10. A

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## **Explanations**

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**1. What should you never do when cleaning the Skin Wellness Pro?**

- A. Use abrasive scrubbers**
- B. Use alcohol-based cleaners**
- C. Spray the top acrylic directly**
- D. Wipe with wet cloth only**

When maintaining the Skin Wellness Pro, it's essential to protect the equipment's integrity. Spraying the top acrylic directly can lead to potential damage or scratching of the surface. The acrylic is a sensitive material, and introducing moisture or cleaning solutions directly can create issues such as residue build-up or streaking, which can impair visibility and effectiveness. Taking care when cleaning these components is crucial for ensuring longevity and optimal functionality. Proper cleaning protocols typically recommend using appropriate and safe cleaning agents applied with a cloth rather than direct spraying, which minimizes the risk of damage to sensitive surfaces.

**2. What is one benefit of recommending the right services to clients?**

- A. Increases sales and profits**
- B. Enhances service speed**
- C. Builds trust and client loyalty**
- D. Reduces service variety**

Recommending the right services to clients primarily builds trust and client loyalty. When clients feel that their specific needs and preferences are understood and addressed, they are more likely to develop a strong rapport with the service provider. This sense of personal connection increases client satisfaction, making them more inclined to return for future visits and recommend the services to others. Trust is essential in the beauty and wellness industry, as clients are often looking for expertise and assurance that they are receiving the best possible care tailored to them. While increasing sales and profits is certainly a beneficial outcome of effective service recommendations, it does not inherently foster the deep, emotional connection that loyalty and trust provide. Enhancing service speed is also valuable, but the quality of the service and the relationship with the client takes precedence in building a lasting client base. Similarly, reducing service variety does not promote a positive experience; instead, a varied array of services can cater to different client needs and preferences, which, when matched well, enhances their overall experience.

### 3. How can a client ensure their safety while using the Skin Wellness?

- A. By wearing protective goggles
- B. By viewing the black panels and understanding the equipment**
- C. By avoiding any movement
- D. By skipping the safety briefing

The correct answer focuses on the importance of understanding the equipment used during the tanning process. By viewing the black panels and familiarizing oneself with the Skin Wellness equipment, clients are able to gain insight into how the tanning booths operate and the safety features they incorporate. This knowledge allows clients to make informed decisions about their tanning sessions and prevents potential mishaps. Understanding the equipment also includes recognizing how to properly use it and what to expect during the tanning process. This proactive approach fosters a safe environment, as clients can identify any potential hazards and know how to respond appropriately. While protective goggles play a critical role in eye safety during tanning, simply wearing them does not offer a comprehensive understanding of the equipment and overall safety protocols. Avoiding movement is crucial too, but it doesn't provide the broader context about the tanning process itself. Skipping the safety briefing would leave clients uninformed about essential safety guidelines and best practices, contradicting the goal of ensuring safety. Therefore, being knowledgeable about the equipment stands as the most effective way to safeguard oneself while using Skin Wellness.

### 4. When applying barrier cream, it should be visible on the skin prior to the spray tan. Is this statement true or false?

- A. True
- B. False**
- C. Only for certain clients
- D. Only for specific products

The assertion that barrier cream should be visible on the skin before applying a spray tan is false. The primary purpose of a barrier cream is to protect certain areas of the skin, such as elbows, knees, and hands, from absorbing excessive amounts of tanning solution, which can lead to uneven coloration or dark spots. Ideally, after the application of a barrier cream, it should be blended into the skin so that it's not readily visible. This ensures that the areas treated with the barrier cream are adequately protected while allowing the spray tan to adhere properly to the surrounding skin. If the creamy residue remains conspicuous, it might indicate that too much product was applied, which can interfere with the overall appearance of the spray tan. Hence, for effective results, the barrier cream should be seamlessly blended so that it protects while remaining unnoticeable on the skin.

**5. Which factors influence the effectiveness of tanning treatments?**

- A. Skin color only**
- B. Skin type and product used**
- C. Time of day**
- D. Presence of wind**

The effectiveness of tanning treatments is largely influenced by skin type and the products used. Skin type refers to the specific characteristics of an individual's skin, including its sensitivity, natural pigmentation, and tendency to sunburn or tan. Understanding a client's unique skin type allows for personalized tanning recommendations that enhance results while minimizing the risk of adverse reactions. Furthermore, the choice of tanning products plays a critical role in achieving the desired outcome. Different products, such as lotions, oils, and sprays, contain various active ingredients that can affect how the skin absorbs UV rays or self-tanning agents. Additionally, factors like the level of SPF, bronzers, and moisturizers in these products can either promote or inhibit effective tanning. While skin color can affect the appearance and duration of a tan, it does not solely determine the treatment's effectiveness. Time of day and wind impact environmental conditions but are not as crucial in determining treatment effectiveness as skin type and the quality of the tanning product. Therefore, understanding the interplay between skin type and product choice is vital for achieving optimal tanning results.

**6. For optimal spray tan application, when is the best time to apply barrier cream?**

- A. Prior to opening the service**
- B. After the first spraying**
- C. Before the spray tan**
- D. Never apply it**

Applying barrier cream before the spray tan is essential for achieving an optimal result. The primary purpose of the barrier cream is to protect areas of the skin that are prone to over-tanning or discoloration, such as the elbows, knees, hands, and feet. By applying the cream before the tanning solution, you create a protective layer that helps ensure the spray tan adheres evenly and prevents darker patches in those specific areas. This technique not only enhances the visual outcome of the spray tan but also promotes a more natural appearance. It reduces the risk of staining and unevenness, which can occur if the spray tan solution penetrates those areas without protection. Therefore, positioning the application of the barrier cream at the correct moment—before the spray tan is applied—ensures both the safety and quality of the tanning service.

**7. Before a client uses a spray tan, which other service should be completed for best results?**

**A. Shampooing**

**B. Skin exfoliation**

**C. UV treatment**

**D. Body lotion application**

Achieving the best results from a spray tan significantly hinges on the condition of the skin before the application. Skin exfoliation is vital because it helps remove dead skin cells that can create uneven patches or blotchy areas when the tanning solution is applied. Exfoliating ensures that the skin has a smooth and uniform texture, allowing the tanning solution to adhere properly and develop evenly. Additionally, exfoliation can prevent the tanning product from settling into dry or rough patches, which can lead to a less desirable, streaky appearance. Overall, preparing the skin through exfoliation enhances the longevity and uniformity of the spray tan, resulting in a more natural-looking tan. While shampooing, UV treatments, and applying body lotion have their benefits for skin care, they do not directly contribute to the optimal preparation needed for a successful spray tan application. Shampooing deals primarily with hair cleanliness, UV treatments can pose risks by damaging the skin, and applying lotion can create a barrier on the skin that might interfere with the absorption of the spray tan.

**8. Which service is Glo's most popular?**

**A. Facials**

**B. Spray Tanning**

**C. Body Wraps**

**D. Massage Therapy**

Glo's most popular service is spray tanning, which reflects a growing trend and demand for convenient, effective tanning solutions that cater to client preferences for a sun-kissed look without the risks associated with UV exposure. Spray tanning offers a customizable option, allowing clients to achieve their desired color and adhere to varying skin types and sensitivities. This service has gained popularity due to its immediate results, ease of application, and the ability to avoid UV-related skin damage. Many clients appreciate the professional application that ensures an even, natural-looking tan, further solidifying its status as a favored choice within the range of services offered by Glo. In contrast, while facials, body wraps, and massage therapy are important services that provide skincare, detoxification, and relaxation benefits, spray tanning stands out due to its unique appeal and the specific desires of clientele looking for tanning solutions.

**9. What should be done to ensure client comfort during spray tan application?**

- A. Rush through the application.**
- B. Ensure proper ventilation and use protective gear.**
- C. Keep the client in a cold room.**
- D. Apply the product quickly without speaking.**

Ensuring proper ventilation and using protective gear during a spray tan application is essential for several reasons. Adequate ventilation helps to disperse any inhaled particles or strong odors associated with the tanning products, which can make the experience more comfortable for the client and reduce potential respiratory irritation. Additionally, using protective gear, like gloves and masks, enhances safety for both the technician and the client by minimizing skin contact with the tanning solution and preventing inhalation of the mist. Comfort during the spray tanning process is crucial for a positive experience. A well-ventilated environment contributes to the overall atmosphere, making clients less anxious and more at ease during their appointment. Safety measures also help build trust, as clients will feel cared for and aware that their health is a priority. The other options do not provide a favorable environment for client comfort. Rushing through the application can lead to mistakes and may make the client feel undervalued. Keeping the client in a cold room can be uncomfortable, especially when the spray tan itself may feel chilly. Lastly, applying the product quickly without engaging with the client may create a sterile and unwelcoming atmosphere, detracting from the experience altogether.

**10. What is the difference between UV tanning and spray tanning?**

- A. UV tanning involves exposure to artificial sunlight**
- B. UV tanning uses a chemical solution**
- C. Spray tanning requires no preparation**
- D. Both methods produce the same result**

The distinction between UV tanning and spray tanning primarily revolves around the source of the tan. UV tanning involves the use of artificial sunlight, which emits ultraviolet rays to stimulate the production of melanin in the skin. This process mimics the effect of natural sunlight and leads to a deeper, darker tan. The reliance on UV light brings potential risks, such as skin damage and an increased chance of skin cancer, due to the exposure to harmful UV radiation. In contrast, spray tanning utilizes a chemical solution that contains dihydroxyacetone (DHA), which reacts with the amino acids in the outer layer of the skin to create a bronzed appearance, devoid of UV exposure. This method offers a safer alternative for individuals looking to achieve a tan without the associated risks of UV radiation. Understanding this difference is essential for choosing the appropriate method based on individual health considerations and desired outcomes.



## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://glotanning.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**