

# Georgia FCCLA Statesman Practice Test (Sample)

## Study Guide



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**SAMPLE**

## **Questions**

- 1. When was the first national convention held?**
  - A. June 1946**
  - B. July 1948**
  - C. April 1947**
  - D. October 1949**
- 2. What is the name of the competitive events program that acknowledges members for leadership and job-related skills?**
  - A. STAR Leaders**
  - B. STAR Recognition**
  - C. STAR Events**
  - D. STAR Achievements**
- 3. Where do the components of The Healthy You program focus their efforts?**
  - A. Emotional Support**
  - B. Personal Health**
  - C. Family Relations**
  - D. Community Awareness**
- 4. Who is the National Executive Director of FCCLA?**
  - A. Sandy Spavone**
  - B. Patricia Johnson**
  - C. Linda Brown**
  - D. Sarah Mitchell**
- 5. What is one of FCCLA's advocacy initiatives?**
  - A. Promoting community service**
  - B. Encouraging healthy lifestyles among youth**
  - C. Increasing awareness of environmental issues**
  - D. Supporting local businesses**

- 6. From which city was Kathy Chester, the first African American State President of the Georgia Association?**
- A. Atlanta**
  - B. Lumpkin**
  - C. Augusta**
  - D. Macon**
- 7. How many delegates attended the first national meeting?**
- A. 1,000 delegates**
  - B. 2,000 delegates**
  - C. 3,000 delegates**
  - D. 4,000 delegates**
- 8. What was the name of the organization founded for African Americans in 1945?**
- A. Future Homemakers of America**
  - B. New Homemakers of America**
  - C. United Home Economics of America**
  - D. Professional Homemakers Association**
- 9. What benefit do members gain from participating in STAR Events?**
- A. Building strong friendships**
  - B. Gaining recognition and enhancing skills in their areas of interest**
  - C. Receiving cash prizes**
  - D. Building a large social media following**
- 10. What is the name of the national magazine for FCCLA?**
- A. Teen Titans**
  - B. Teen Times**
  - C. Teen News**
  - D. Teen Journal**

## **Answers**

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- 1. B**
- 2. C**
- 3. B**
- 4. A**
- 5. B**
- 6. B**
- 7. B**
- 8. B**
- 9. B**
- 10. B**

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## **Explanations**

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**1. When was the first national convention held?**

- A. June 1946**
- B. July 1948**
- C. April 1947**
- D. October 1949**

The first national convention of FCCLA (Future Homemakers of America, now known as FCCLA) took place in July 1948. This event marked a significant moment in the organization's history as it brought together members from various chapters to discuss issues, share ideas, and lay the groundwork for the future of the association. The timing was strategic, as it followed the establishment of the organization in the mid-1940s, allowing for early momentum and engagement among members. This gathering not only served to solidify the community of the organization but also enabled the articulation of its goals and values, setting a standard for subsequent conventions.

**2. What is the name of the competitive events program that acknowledges members for leadership and job-related skills?**

- A. STAR Leaders**
- B. STAR Recognition**
- C. STAR Events**
- D. STAR Achievements**

The competitive events program that recognizes members for their leadership and job-related skills is known as STAR Events. This program is designed to provide members of FCCLA with opportunities to demonstrate their knowledge, skills, and abilities in various areas that are relevant to their future careers and experiences in Family and Consumer Sciences. Participants engage in activities that allow them to showcase their talents and project work, which are then evaluated by judges based on established criteria. STAR Events not only promote personal growth and development but also emphasize the importance of teamwork, communication, and problem-solving. By participating in these events, members gain valuable experience that can help them in their future careers while also earning recognition for their hard work and dedication. This aligns with the overall mission of FCCLA to empower young leaders and prepare them for professional success.

### **3. Where do the components of The Healthy You program focus their efforts?**

- A. Emotional Support**
- B. Personal Health**
- C. Family Relations**
- D. Community Awareness**

The Healthy You program concentrates on personal health, emphasizing the importance of developing healthy lifestyle choices and habits that support individual well-being. This includes understanding nutrition, physical activity, mental health, and overall wellness, which are crucial for maintaining good health. By focusing on personal health, the program aims to empower individuals to take responsibility for their health decisions, encouraging proactive measures that lead to a healthier lifestyle. While other aspects like emotional support, family relations, and community awareness are important in the overall context of health and well-being, The Healthy You program specifically targets personal health as a means to enable and educate individuals on making informed health choices that directly affect their quality of life.

### **4. Who is the National Executive Director of FCCLA?**

- A. Sandy Spavone**
- B. Patricia Johnson**
- C. Linda Brown**
- D. Sarah Mitchell**

Sandy Spavone currently serves as the National Executive Director of FCCLA. In this role, she oversees the organization's operations and strategic direction, ensuring that the programs and initiatives align with the mission of promoting personal growth and leadership development among students. Her leadership is pivotal for guiding FCCLA at a national level, creating resources for members, and representing the organization in various educational and youth-related forums. Understanding the role of the National Executive Director helps to appreciate how leadership within FCCLA influences its effectiveness and the experience of its members.

**5. What is one of FCCLA's advocacy initiatives?**

- A. Promoting community service**
- B. Encouraging healthy lifestyles among youth**
- C. Increasing awareness of environmental issues**
- D. Supporting local businesses**

One of FCCLA's advocacy initiatives is encouraging healthy lifestyles among youth. This initiative is crucial as it addresses the overall well-being of young individuals by promoting practices such as nutrition education, physical activity, and mental health awareness. FCCLA recognizes the importance of fostering healthy habits early in life, which can lead to lasting benefits both for individuals and their communities. Through various programs and campaigns, FCCLA equips members with the knowledge and skills needed to advocate for healthy living, thereby empowering them to make informed choices and inspire their peers to do the same. While the other options, such as promoting community service, increasing awareness of environmental issues, and supporting local businesses, are valuable initiatives, they do not specifically align with the core focus on healthy lifestyles that is emphasized within the FCCLA's advocacy efforts. These other areas may be part of broader goals the organization supports, but encouraging healthy lifestyles is explicitly highlighted in its advocacy mission.

**6. From which city was Kathy Chester, the first African American State President of the Georgia Association?**

- A. Atlanta**
- B. Lumpkin**
- C. Augusta**
- D. Macon**

Kathy Chester, the first African American State President of the Georgia Association, hailed from Lumpkin, Georgia. This is significant as her role represented a breakthrough for diversity and leadership within the organization at a time when such representation was limited in various organizations. Lumpkin may not be as widely recognized as some of the larger cities in Georgia, such as Atlanta or Augusta, yet it holds historical importance in this context due to Kathy Chester's achievements and contributions. Her leadership paved the way for progress and inclusion, setting a precedent for future leaders in the state.

**7. How many delegates attended the first national meeting?**

- A. 1,000 delegates**
- B. 2,000 delegates**
- C. 3,000 delegates**
- D. 4,000 delegates**

The first national meeting of FCCLA, which took place in 1948, welcomed 2,000 delegates, marking a significant moment in the organization's history. This meeting highlighted the growing interest in family and consumer sciences and the eagerness of youth to engage in programs that would benefit their communities and families. The number of delegates not only reflects the enthusiasm for the organization at that time but also signifies the foundation of a movement committed to developing leadership and personal growth among young people involved in home economics and related fields. Understanding this attendance is essential as it demonstrates the widespread initial support for FCCLA and its mission.

**8. What was the name of the organization founded for African Americans in 1945?**

- A. Future Homemakers of America**
- B. New Homemakers of America**
- C. United Home Economics of America**
- D. Professional Homemakers Association**

The organization founded for African Americans in 1945 is the New Homemakers of America. This association was established in response to the need for education and support among African American homemakers and youth, focusing on home economics and community development. It aimed to empower its members through skill development and leadership training, much like other homemaking organizations but specifically tailored to meet the needs of the African American community during a time when racial inequalities affected access to resources and education. The other organizations listed, while significant for their contributions to home economics and related fields, were not specifically aimed at African Americans and formed in different contexts or time periods. Future Homemakers of America, for example, was established in 1945 but served a broader audience without a focus on racial or ethnic identity.

**9. What benefit do members gain from participating in STAR Events?**

- A. Building strong friendships**
- B. Gaining recognition and enhancing skills in their areas of interest**
- C. Receiving cash prizes**
- D. Building a large social media following**

Participating in STAR (Students Taking Action with Recognition) Events provides members with the opportunity to gain recognition and enhance their skills in their specific areas of interest. These competitive events allow students to showcase their knowledge and talents by creating projects or presentations related to Family, Career, and Community Leaders of America (FCCLA) themes. Through this experience, members can develop important skills such as teamwork, public speaking, and problem-solving, while also receiving constructive feedback from judges. In addition, achieving awards or recognition in STAR Events can boost a member's confidence and provide them with credentials that can enhance their resumes or college applications. This multifaceted benefit of skill enhancement and recognition is central to the mission of FCCLA, making it a valuable experience for every member involved.

**10. What is the name of the national magazine for FCCLA?**

**A. Teen Titans**

**B. Teen Times**

**C. Teen News**

**D. Teen Journal**

The national magazine for FCCLA is called "Teen Times." This publication serves as a vital resource for members, providing inspirational stories, tips for organizing events, leadership development content, and updates about the organization's activities and initiatives. The magazine is designed to appeal to the interests and needs of teens involved in Family, Career and Community Leaders of America, reinforcing the organization's mission while also engaging its audience with relevant and actionable content. Its focus on youth leadership and personal growth aligns with FCCLA's goals of empowering members to make a positive impact in their families, careers, and communities.