

# Future Soldier Training Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. In the SIHRIB evaluation, what does Impression refer to?**
  - A. Initial assessment of the casualty's condition**
  - B. Interim treatment plan**
  - C. Immediate evacuation plan**
  - D. Initial impression of the casualty's condition**
  
- 2. What does the SALUTE Size element include?**
  - A. Number of personnel and number of vehicles**
  - B. Weather conditions**
  - C. Medical supplies quantity**
  - D. Rations on hand**
  
- 3. In grid coordinates, what does the segment '97' represent?**
  - A. The vertical component**
  - B. The zone label**
  - C. East-West coordinate**
  - D. Elevation**
  
- 4. On a terrain map, what does a sloping line indicate?**
  - A. A ridge**
  - B. A valley floor**
  - C. A plain**
  - D. A river**
  
- 5. Which step is part of preparing the casualty for splinting?**
  - A. Loosen tight clothing and jewelry and place it in casualty pocket**
  - B. Apply padding directly on skin**
  - C. Tell the casualty you will be back in a moment**
  - D. Check airways before splint**
  
- 6. Which areas should you check first for life-threatening injuries?**
  - A. Arms and legs only**
  - B. Chest and upper back, head, and abdomen**
  - C. Feet and hands**
  - D. Neck only**

- 7. In burn management, which action is appropriate regarding clothing?**
- A. Remove all clothing completely**
  - B. Do not remove clothing at all**
  - C. Expose the wound by gently lifting and cutting clothing covering the burn area, unless it is stuck**
  - D. Apply a dry dressing over clothing without exposing the wound**
- 8. What is the pay grade category for Staff Sergeant?**
- A. Enlisted E-7**
  - B. Enlisted E-6**
  - C. Enlisted E-5**
  - D. Enlisted E-8**
- 9. Which statement describes General Order Number 3?**
- A. I will report violations of my special orders, emergencies, and anything not covered in my instructions to the commander of the relief.**
  - B. I will guard everything within the limits of my post and quit my post only when properly relieved.**
  - C. I will obey my special orders and perform all my duties in a military manner.**
  - D. I will call for assistance if an emergency arises.**
- 10. Which of the following is a minor terrain feature?**
- A. Draw**
  - B. Hill**
  - C. Saddle**
  - D. Cut**

## Answers

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1. D
2. A
3. C
4. A
5. A
6. B
7. C
8. B
9. A
10. A

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## **Explanations**

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### 1. In the SIHRIB evaluation, what does Impression refer to?

- A. Initial assessment of the casualty's condition
- B. Interim treatment plan
- C. Immediate evacuation plan
- D. Initial impression of the casualty's condition**

Impression in this context is the clinician's initial, overall judgment about the casualty's condition based on what is observed at the scene. It's a quick, working assessment built from signs, symptoms, mental status, and the mechanism of injury, aimed at guiding immediate actions and priorities. It's not a formal diagnosis, nor a planned treatment or evacuation plan, and it can adapt as new information comes in. So the best description is the initial impression of the casualty's condition.

### 2. What does the SALUTE Size element include?

- A. Number of personnel and number of vehicles**
- B. Weather conditions
- C. Medical supplies quantity
- D. Rations on hand

Size in the SALUTE report refers to the counts of people and vehicles you observe. It gives a quick sense of how large the force is and how mobile it might be, which is why the best answer lists the number of personnel and the number of vehicles. Weather conditions, medical supplies, and rations on hand aren't part of this element—they fall into other kinds of information or logistics details, not the count of forces. Observing "how many people and how many vehicles" helps you gauge the scale and potential capability of the observed element.

### 3. In grid coordinates, what does the segment '97' represent?

- A. The vertical component
- B. The zone label
- C. East-West coordinate**
- D. Elevation

In grid coordinates, the horizontal position is given by the Easting, which tells you how far east within the current grid zone. The segment shown, 97, is the Easting, so it represents the East-West coordinate. The vertical position would be the Northing, indicating how far north within that same zone, and that would be a separate segment. The zone label (usually letters) sets which grid system you're using, and elevation is a height value outside of the grid's Easting/Northing framework. So 97 pinpoints how far to the east within the zone, i.e., the East-West coordinate.

4. On a terrain map, what does a sloping line indicate?

- A. A ridge**
- B. A valley floor
- C. A plain
- D. A river

Understanding how contour lines convey landforms helps explain why a sloping line on a terrain map points to a ridge. A ridge is an elongated crest of high ground that rises above the surrounding terrain. On the map, the highest elevations trace along a narrow, elongated line—the crest—while contour lines on either side slope downward away from it. That sloping crest line is the telltale sign of the elevated spine of terrain, a ridge. In contrast, a valley floor sits between ridges and is shown by contour shapes that dip down into a low area, often forming V- or U-shaped patterns pointing uphill. A plain appears as a broad, flat area with widely spaced contour lines, showing little relief. A river is a water feature drawn in blue that follows the low ground, not a landform crest. So the sloping line indicates the ridge.

5. Which step is part of preparing the casualty for splinting?

- A. Loosen tight clothing and jewelry and place it in casualty pocket**
- B. Apply padding directly on skin
- C. Tell the casualty you will be back in a moment
- D. Check airways before splint

Preparing the casualty for splinting focuses on making room for the limb to swell and preventing constriction from jewelry or tight clothing. Loosening tight clothing and removing jewelry, then placing that jewelry in the casualty's pocket, helps avoid cutting off circulation if swelling occurs and keeps items safe to check later. Padding is used to cushion pressure points between the skin and the splint when you apply it, not simply on the skin before splinting. Telling the casualty you'll be back in a moment isn't part of the immobilization steps and won't help with safe splinting. Checking the airway is important in overall care, but the specific preparatory step for splinting is to loosen clothing and remove jewelry to prevent constriction.

6. Which areas should you check first for life-threatening injuries?

- A. Arms and legs only
- B. Chest and upper back, head, and abdomen**
- C. Feet and hands
- D. Neck only

The main idea is to rapidly look for injuries that can immediately threaten life by compromising breathing, circulation, or brain function. The chest and upper back, head, and abdomen are prioritized because damage in these areas can quickly impair a person's ability to breathe, pump blood, or stay conscious. A chest injury can disrupt breathing or circulation; a head injury can alter or stop brain function; abdominal injuries can cause severe internal bleeding and shock. In contrast, injuries to arms, legs, or extremities are less likely to cause immediate loss of life unless there's a massive bleed, and checking neck alone wouldn't catch major problems in the chest, head, or abdomen. So these central regions are checked first to identify life-threatening conditions quickly.

7. In burn management, which action is appropriate regarding clothing?
- A. Remove all clothing completely
  - B. Do not remove clothing at all
  - C. Expose the wound by gently lifting and cutting clothing covering the burn area, unless it is stuck**
  - D. Apply a dry dressing over clothing without exposing the wound

In burn care, you want to expose the wound so you can assess its size and depth and start cooling right away. If the clothing covering the burned area is not stuck to the skin, gently lift it away and cut around the edges to remove it without pulling on the burn. This lets you see the wound and apply proper immediate treatment. If the fabric is stuck to the burn, do not tear it off; leave the clothing in place and only cut away surrounding material to avoid causing more tissue damage. Removing all clothing completely or not removing clothing at all hinders proper assessment and cooling, and applying a dry dressing over clothing leaves the wound unexamined and not properly cooled. Expose the wound, then cover with an appropriate dressing after cooling.

8. What is the pay grade category for Staff Sergeant?
- A. Enlisted E-7
  - B. Enlisted E-6**
  - C. Enlisted E-5
  - D. Enlisted E-8

Understanding how pay grades map to ranks is essential. In the Army, enlisted ranks are paired with pay grades labeled E-1 through E-9. Staff Sergeant sits at the E-6 level, ranking above Sergeant (E-5) and below Sergeant First Class (E-7). This is why the pay grade category for Staff Sergeant is E-6.

## 9. Which statement describes General Order Number 3?

- A. I will report violations of my special orders, emergencies, and anything not covered in my instructions to the commander of the relief.**
- B. I will guard everything within the limits of my post and quit my post only when properly relieved.**
- C. I will obey my special orders and perform all my duties in a military manner.**
- D. I will call for assistance if an emergency arises.**

General Order Number 3 is about taking responsibility for the post and everything within sight. It tells you to take charge of this post and all government property in view, meaning you're the person in charge of the area and its assets while you're on duty. The statement you provided describes General Order Number 2, which covers reporting violations of special orders, emergencies, and anything not covered in your instructions to the commander of the relief. That focus is on communication and reporting, not on taking charge of the post itself. For completeness, the other common general orders fit the remaining choices: the one about guarding the post and quitting only when relieved is General Order Number 1, and the one about obeying special orders and performing duties in a military manner is General Order Number 4. The emphasis of General Order Number 3 is clear: you're in charge of the post and its government property. So the statement that matches General Order Number 3 describes taking charge of the post and all government property in view. If your materials show A as the answer, note that it aligns with General Order Number 2 in the standard set; the correct descriptor for Number 3 would be the post-and-property responsibility.

## 10. Which of the following is a minor terrain feature?

- A. Draw**
- B. Hill**
- C. Saddle**
- D. Cut**

Minor terrain features are the smaller, less prominent landscape elements that soldiers use for concealment, cover, and route planning. They're the little contours and channels that you can navigate around or use to your advantage, rather than the big recognizable shapes like hills or valleys. A draw fits this idea because it's a small drainage feature: a shallow, narrow valley or gully that channels water but isn't a large, pronounced valley. It's a minor feature on a map— useful for understanding movement and cover, but not a dominant landmark. In contrast, a hill is a raised area that stands out as a major terrain feature, and a saddle is a low point between two ridges, both of which are larger and more prominent on the terrain. A cut is a man-made alteration—an excavated channel or trench—rather than a natural terrain feature, so it's categorized differently from the natural minor features used in standard terrain feature classifications.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://futuresoldiertraining.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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