

# Front Desk Patient Service Representative / Medical Patient Access (PSR/MPA) Training Practice Test (Sample)

## Study Guide



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**SAMPLE**

## **Questions**

- 1. In terms of patient access, what is considered 'self-insured'?**
  - A. Health insurance purchased directly by individuals**
  - B. Coverage provided by the government**
  - C. Employer-funded health benefits**
  - D. Plans where costs are covered directly by the employer, rather than through insurance**
- 2. What role does a Patient Service Representative play in appointment scheduling?**
  - A. They rarely participate in scheduling**
  - B. They manage it to optimize patient flow and access to care**
  - C. They only schedule appointments for specialists**
  - D. They delegate all scheduling tasks to administrative staff**
- 3. Why is customer service particularly important in a medical environment?**
  - A. It decreases the workload for medical professionals**
  - B. It enhances patient satisfaction and encourages loyalty**
  - C. It is only important for billing departments**
  - D. It allows for better marketing strategies**
- 4. Why might a patient requiring a biopsy procedure not be scheduled by a PSR or MPA?**
  - A. Requires specialized imaging technology**
  - B. Requires administration of anesthesia**
  - C. Requires prior authorization from a specialist**
  - D. Requires laboratory testing before scheduling**
- 5. Why is it crucial to maintain confidentiality in patient interactions?**
  - A. To meet marketing objectives**
  - B. To protect patient privacy and comply with legal regulations like HIPAA**
  - C. To enhance office efficiency**
  - D. To simplify billing processes**

- 6. What should be done if a patient's name search does not yield results?**
- A. Use their SSN for the search**
  - B. Remove the name and search again**
  - C. Consult with a colleague**
  - D. Ask the patient for all possible names**
- 7. Where can a PSR or MPA verify insurance coverage for a patient from out of state with BC/BS?**
- A. Through Aetna**
  - B. Through Cigna**
  - C. Through Anthem**
  - D. Through United Healthcare**
- 8. Who is typically regarded as the subscriber for healthcare services?**
- A. The patient regardless of age**
  - B. The parent, except in specific cases**
  - C. The healthcare provider**
  - D. The insurance company**
- 9. If a patient with dual insurance coverage has a spouse who works at CVS and they have Cigna, what is the order of insurance?**
- A. Cigna, Medicare Part A, Medicare Part B**
  - B. Medicare Part B, Cigna**
  - C. Medicare Part A, Cigna**
  - D. Cigna, Medicaid, Medicare**
- 10. For a retired patient with Medicare Part A and B, AARP supplemental, and Medicaid coverage, what is the order of primary to secondary insurance?**
- A. Medicare Part A, AARP, Medicaid**
  - B. Medicare Part B, AARP, Medicaid**
  - C. AARP, Medicare Part B, Medicaid**
  - D. AARP, Medicare Part A, Medicare Part B**

## **Answers**

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1. D
2. B
3. B
4. B
5. B
6. B
7. C
8. B
9. B
10. B

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## **Explanations**

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**1. In terms of patient access, what is considered 'self-insured'?**

- A. Health insurance purchased directly by individuals**
- B. Coverage provided by the government**
- C. Employer-funded health benefits**
- D. Plans where costs are covered directly by the employer, rather than through insurance**

In the context of patient access and insurance terminology, 'self-insured' refers specifically to plans where the costs are covered directly by the employer rather than through traditional insurance. This means that the employer takes on the financial risk of providing health benefits to their employees and pays for medical claims from their own funds. This approach can be beneficial for employers in that it allows them more control over their healthcare spending and the ability to customize their benefits to fit the specific needs of their workforce. It also often eliminates the need for a commercial insurance provider, which can lead to cost savings. The other options focus on different models of insurance, such as individual purchases or government-funded plans, none of which encapsulate the self-insured concept, which is grounded in employer-funded health benefits directly from the entity rather than through an external insurance company.

**2. What role does a Patient Service Representative play in appointment scheduling?**

- A. They rarely participate in scheduling**
- B. They manage it to optimize patient flow and access to care**
- C. They only schedule appointments for specialists**
- D. They delegate all scheduling tasks to administrative staff**

The role of a Patient Service Representative (PSR) in appointment scheduling is crucial to ensuring that patient flow is optimized and that access to care is efficient. By managing the scheduling process, PSRs help to coordinate appointment times that accommodate both the healthcare providers' availability and the patients' needs. This involves not only setting appointments but also balancing factors such as appointment length, the type of service needed, and potential overlaps in scheduling that could lead to delays or overcrowding. Effective scheduling by PSRs contributes to a smooth operation within the healthcare facility, minimizing wait times and maximizing patient satisfaction. Furthermore, PSRs often handle inquiries about available services, explain appointment processes, and ensure that patient information is accurately recorded. This comprehensive management of scheduling is essential to maintaining a high standard of care and ensuring that patients receive timely medical attention. Each aspect of this role emphasizes the importance of the PSR in fostering a functional healthcare environment.

**3. Why is customer service particularly important in a medical environment?**

- A. It decreases the workload for medical professionals**
- B. It enhances patient satisfaction and encourages loyalty**
- C. It is only important for billing departments**
- D. It allows for better marketing strategies**

In a medical environment, customer service plays a critical role in enhancing patient satisfaction and encouraging loyalty. When patients feel that they are treated with respect, empathy, and efficiency, they are more likely to return for future care, recommend the facility to others, and trust the medical staff with their health needs. Positive experiences can lead to a sense of comfort and safety, which is paramount in a healthcare setting where anxiety is often present due to health concerns. Moreover, satisfied patients contribute to a strong reputation for the medical facility, which can also attract new patients. High levels of customer service can sometimes distinguish one healthcare provider from another, influencing patient choices in a competitive market. Other options may address related aspects — such as reducing workloads or marketing strategies — but they do not capture the essence of why customer service should be prioritized in healthcare settings. Ensuring that patients feel valued and their needs are met directly impacts their overall experience and well-being, making it a central focus.

**4. Why might a patient requiring a biopsy procedure not be scheduled by a PSR or MPA?**

- A. Requires specialized imaging technology**
- B. Requires administration of anesthesia**
- C. Requires prior authorization from a specialist**
- D. Requires laboratory testing before scheduling**

The choice referencing the need for administration of anesthesia is particularly compelling because it highlights a critical aspect of patient care that goes beyond the responsibilities traditionally held by Front Desk Patient Service Representatives or Medical Patient Access personnel. Certain procedures, especially those involving biopsies, may require sedation or anesthesia to ensure patient comfort and safety. Decisions regarding the use of anesthesia typically involve protocols that require input and approval from medical professionals, such as anesthesiologists or the attending physician. In many healthcare settings, scheduling procedures that involve anesthesia often falls under the remit of specialized clinical staff who are trained to assess and manage the complexities surrounding patient safety, potential contraindications, and monitoring during and after the procedure. This reduces the likelihood that a PSR or MPA would schedule such an appointment, as they may not have the requisite training or authorization to make those medical decisions, thereby ensuring that patient care adheres to established safety standards and protocols. The other options, while relevant in specific contexts, do not emphasize the direct clinical considerations and safety protocols involved in procedures requiring anesthesia. They address logistical aspects rather than the clinical implications, which further underscores the importance of the correct answer.

**5. Why is it crucial to maintain confidentiality in patient interactions?**

- A. To meet marketing objectives**
- B. To protect patient privacy and comply with legal regulations like HIPAA**
- C. To enhance office efficiency**
- D. To simplify billing processes**

Maintaining confidentiality in patient interactions is essential primarily to protect patient privacy and to comply with legal regulations like the Health Insurance Portability and Accountability Act (HIPAA). HIPAA establishes national standards for the protection of health information, ensuring that personal health data is handled with the utmost care and security. Confidentiality fosters trust in the healthcare relationship, allowing patients to feel secure in sharing sensitive information with their providers. This openness is vital for accurate diagnosis and effective treatment. By adhering to confidentiality standards, healthcare providers not only safeguard patient information but also fulfill their legal and ethical obligations, thereby avoiding potential legal consequences and reinforcing the integrity of the healthcare system. While the other options might touch on aspects related to healthcare operations, they do not capture the primary reason for confidentiality, which centers on patient rights and legal compliance.

**6. What should be done if a patient's name search does not yield results?**

- A. Use their SSN for the search**
- B. Remove the name and search again**
- C. Consult with a colleague**
- D. Ask the patient for all possible names**

When a patient's name search does not yield results, re-evaluating the search parameters is essential for finding the correct information. Removing the name and searching again can help eliminate potential typographical errors or inconsistencies in the way the name is entered into the system. This approach allows the search function to reset and might produce results under variations of the name or different fields associated with the patient's record. Searching with the Social Security Number is a valid approach, but it is typically used when the name search fails completely or is known to be unproductive. Consulting with a colleague might provide additional insights, but it may not immediately resolve the issue and could delay the process. Asking the patient for all possible names can be useful to gather more information, but it might not be necessary at the initial stage of the search, as the immediate action should focus on using the system's available search functionalities effectively. Thus, the method of removing the name and trying again sets a good foundation for accurate searching by allowing the system to sift through records without the constraints of the original name input.

**7. Where can a PSR or MPA verify insurance coverage for a patient from out of state with BC/BS?**

**A. Through Aetna**

**B. Through Cigna**

**C. Through Anthem**

**D. Through United Healthcare**

The correct choice is based on the fact that Anthem is a major provider of Blue Cross Blue Shield (BC/BS) insurance in many states. When a PSR or MPA is tasked with verifying insurance coverage for a patient from out of state who has BC/BS, they would check with Anthem because it is a key licensee of the BC/BS brand and handles claims and coverage verification for a substantial number of BC/BS members. While the other options represent different health insurance providers, they do not have the affiliation with BC/BS necessary to verify coverage for patients who hold BC/BS policies. Verification processes typically require contacting the insurance company that holds the policy or the appropriate regional affiliate that manages those policies. In this case, Anthem serves as that crucial link in facilitating verification for BC/BS coverage.

**8. Who is typically regarded as the subscriber for healthcare services?**

**A. The patient regardless of age**

**B. The parent, except in specific cases**

**C. The healthcare provider**

**D. The insurance company**

In the context of healthcare services, the term "subscriber" typically refers to the individual who holds the insurance policy. This is often the parent or guardian when it comes to dependent children. In most situations, parents are the ones responsible for enrolling their children in insurance plans, thus making them the subscribers. Even though the patient is the individual receiving the healthcare services, the subscriber is usually the one who is financially responsible for the insurance coverage. While legal and specific cases might allow for differences—such as mature minors who can obtain their own policies—the general norm is that parents act as subscribers for their children. The other responses do not accurately reflect the role of a subscriber in this context. The patient is the recipient of care but does not fulfill the role of a subscriber for insurance contracts unless they are of age and independently insured. Healthcare providers deliver the services but are not involved in holding the insurance policies as subscribers. Insurance companies may act as payers or administrators but do not subscribe to healthcare services; rather, they provide the insurance coverage that healthcare subscribers utilize.

**9. If a patient with dual insurance coverage has a spouse who works at CVS and they have Cigna, what is the order of insurance?**

**A. Cigna, Medicare Part A, Medicare Part B**

**B. Medicare Part B, Cigna**

**C. Medicare Part A, Cigna**

**D. Cigna, Medicaid, Medicare**

The order of insurance for a patient with dual coverage is typically determined by the coordination of benefits rules, which outline which insurance provider is primary and which one is secondary. In the scenario provided, the patient has one insurance through their spouse, who works at CVS and provides Cigna coverage. Medicare, including Part A and Part B, serves as a secondary insurance when there is active employment coverage available. In this case, since the spouse's involvement with Cigna represents active employment, Cigna is designated as the primary insurance. Medicare, specifically Part B, would then be secondary for coordinating benefits. This organization of insurance efficiently allows for the patient's healthcare costs to be covered adequately, maximizing the benefits from both providers without issues arising from overlapping coverages. Understanding this order is crucial for individuals in the medical field, especially in patient access roles, as it impacts billing, payment processing, and overall patient care management.

**10. For a retired patient with Medicare Part A and B, AARP supplemental, and Medicaid coverage, what is the order of primary to secondary insurance?**

**A. Medicare Part A, AARP, Medicaid**

**B. Medicare Part B, AARP, Medicaid**

**C. AARP, Medicare Part B, Medicaid**

**D. AARP, Medicare Part A, Medicare Part B**

The correct sequence for a retired patient with Medicare Part A and B, AARP supplemental insurance, and Medicaid coverage prioritizes the primary to secondary roles of each insurance. In this case, Medicare Part B serves as the primary insurance because it is the portion of Medicare that covers outpatient care, which includes doctor visits and preventive services. Medicare Part A, which covers inpatient services, is secondary in this scenario since the patient may not be requiring hospital services at the moment. AARP supplemental insurance, often referred to as Medigap, is meant to cover some of the costs not fully paid by Medicare. This supplemental insurance would be secondary to Medicare Parts A and B, providing additional coverage for co-pays and deductibles. Finally, Medicaid acts as the last layer of coverage, stepping in to cover costs that Medicare does not, typically when patients have very low income or limited resources. Thus, the order of coverage with Medicare Part B as the primary insurance, followed by the AARP supplemental, and lastly Medicaid, is accurately reflected in the answer which appropriately prioritizes the insurance coverage based on how they function in conjunction with the patient's healthcare needs.