

# FRC Evergreen Rules and Event Etiquette Practice Test (Sample)

## Study Guide



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**SAMPLE**

## **Questions**

- 1. What items are typically prohibited in the pit area?**
  - A. Tools and spare parts**
  - B. Food and drink, open flames, and hazardous materials**
  - C. Team banners and promotional materials**
  - D. Safety gear and protective equipment**
- 2. What is the impact of respectful behavior on team dynamics?**
  - A. It creates division among teams**
  - B. It fosters collaboration and mutual respect**
  - C. It promotes a nonchalant approach to competition**
  - D. It isolates the team from other participants**
- 3. What is considered inappropriate behavior during award ceremonies?**
  - A. Cheering for one's own team**
  - B. Clapping for all teams**
  - C. Booing or making negative comments**
  - D. Taking photos of the winners**
- 4. Can teams receive a second chance to fix compliance issues after inspection failures?**
  - A. Yes, always**
  - B. No, never**
  - C. Only once during the event**
  - D. Only after consultation with officials**
- 5. What is a main goal of participating in team social events?**
  - A. Creating rivalries**
  - B. Strengthening team spirit and camaraderie**
  - C. Disregarding competition rules**
  - D. Focusing on earning recognition**

- 6. Must a robot comply with specific size limits?**
- A. Yes, robots must always stay within size limits**
  - B. No, size limits are flexible**
  - C. Yes, but only for the final matches**
  - D. No, as long as it fits through the starting area**
- 7. Should tool locations be respected in the pit area?**
- A. No**
  - B. Yes**
  - C. Only if you ask**
  - D. Only during matches**
- 8. Is it acceptable to take parts from another team without asking?**
- A. No**
  - B. Yes**
  - C. Only if they are not using it**
  - D. Only if you return it**
- 9. Are symptoms of burnout considered to be legitimate concerns?**
- A. No, they are often exaggerated**
  - B. Yes, they are real and should be addressed**
  - C. Only when they affect work performance**
  - D. No, they are just normal stress reactions**
- 10. Is it okay to take a break if feeling overstimulated during a competition?**
- A. Yes, it's encouraged**
  - B. No, that shows weakness**
  - C. Only if the mentor allows it**
  - D. Breaks are not recommended**

## **Answers**

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1. B
2. B
3. C
4. A
5. B
6. A
7. B
8. A
9. B
10. A

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## **Explanations**

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## 1. What items are typically prohibited in the pit area?

- A. Tools and spare parts
- B. Food and drink, open flames, and hazardous materials**
- C. Team banners and promotional materials
- D. Safety gear and protective equipment

The prohibition of food and drink, open flames, and hazardous materials in the pit area is crucial for ensuring safety and maintaining a professional environment during events. The pit area is often a crowded space where teams work on their robots and prepare for matches. Allowing food and drink can lead to spills, distractions, and potential damage to equipment or the robot itself. Open flames pose an obvious fire hazard, especially in an area filled with electronics and other combustible materials. Additionally, hazardous materials could include chemicals or substances that could be harmful to team members or event attendees. By implementing these restrictions, event organizers can prioritize the safety of all participants, reduce risks of accidents, and create a more efficient working environment. In contrast, tools and spare parts are essential for teams to operate effectively, team banners and promotional materials are typically allowed for visibility and outreach, and safety gear is necessary for the protection of team members while they work on their robots. Thus, the correct answer not only aligns with safety protocols but also with the overall goal of fostering a focused and hazard-free environment in the pit area.

## 2. What is the impact of respectful behavior on team dynamics?

- A. It creates division among teams
- B. It fosters collaboration and mutual respect**
- C. It promotes a nonchalant approach to competition
- D. It isolates the team from other participants

Respectful behavior significantly enhances team dynamics by fostering collaboration and mutual respect among team members. When individuals approach each other with respect, it creates an environment where everyone feels valued and heard. This positive atmosphere encourages open communication, enabling team members to share ideas and suggestions without fear of criticism. As a result, team members are more likely to work together effectively towards common goals, leading to improved problem-solving and innovation. In a team that operates on mutual respect, individuals are motivated to support each other, recognizing that collective success is more important than individual achievements. This collaboration can also extend to interactions with other teams, promoting a spirit of sportsmanship and community within the larger competitive environment. Teams that engage respectfully with others often benefit from the exchange of knowledge and resources, further reinforcing their collaborative efforts. The other choices present scenarios that do not align with the principles of respectful engagement. Division among teams suggests a breakdown in communication and trust, while a nonchalant approach to competition undermines the seriousness and integrity of the collaborative efforts needed in competitive settings. Isolation from other participants suggests an unwillingness to engage positively, which can damage both relationships and collaborative opportunities. Therefore, respectful behavior stands as a cornerstone for generating a successful and cohesive team dynamic.

**3. What is considered inappropriate behavior during award ceremonies?**

- A. Cheering for one's own team**
- B. Clapping for all teams**
- C. Booing or making negative comments**
- D. Taking photos of the winners**

Booing or making negative comments during award ceremonies is regarded as inappropriate behavior because it undermines the spirit of camaraderie and respect that such events are meant to foster. Award ceremonies celebrate the accomplishments and hard work of all participants, and negative actions disrupt this positive atmosphere. It detracts from the recognition that every team deserves, regardless of their performance. Cheering for one's own team, clapping for all teams, and taking photos of winners are acceptable behaviors that contribute positively to the event, encouraging a supportive and inclusive environment.

**4. Can teams receive a second chance to fix compliance issues after inspection failures?**

- A. Yes, always**
- B. No, never**
- C. Only once during the event**
- D. Only after consultation with officials**

The correct response is rooted in the guidelines set by the event organizers regarding inspection processes. Teams are typically allowed a second chance to address compliance issues after initial inspection failures. This approach fosters an environment where teams can rectify issues and ensures that their robots meet the necessary regulations for competition. It reflects a commitment to fairness and helps maintain the integrity of the event, providing teams an opportunity to compete rather than disqualifying them outright for initial non-compliance. This approach helps teams learn from their mistakes and encourages good practices, thus enhancing the overall quality and competitiveness of the event. The spirit of collaboration and improvement is emphasized, allowing teams to engage in discussions with inspectors about the issues and how to resolve them effectively before the competition progresses. This policy supports the educational mission of FRC by prioritizing learning and growth in engineering and teamwork. The other options lack the understanding of this flexible approach to compliance, suggesting either absolute rules that do not accommodate learning and improvement or restrictive measures that could hinder team participation. This understanding is crucial in the context of fostering a positive, growth-oriented experience in the competitive robotics community.

**5. What is a main goal of participating in team social events?**

- A. Creating rivalries**
- B. Strengthening team spirit and camaraderie**
- C. Disregarding competition rules**
- D. Focusing on earning recognition**

Participating in team social events is fundamentally aimed at strengthening team spirit and camaraderie. These gatherings provide an opportunity for team members to interact in a relaxed and informal setting, which helps build trust and friendships outside of the competitive environment. The bonding that occurs during these events fosters collaboration and communication, which are essential for a successful team. Having strong relationships among members can also enhance teamwork during competitions, leading to more cohesive strategies and support during the event. Engaging socially allows team members to understand each other better, paving the way for improved performance and a more positive team culture. This sense of belonging can significantly impact the team's dynamics and overall success in competitions. The other options diverge from the main goal of team social events; creating rivalries could lead to conflict and undermine teamwork, while disregarding competition rules would defeat the purpose of fair play. Focusing on earning recognition is more aligned with competitive success rather than the social bonding that underpins team cohesion.

**6. Must a robot comply with specific size limits?**

- A. Yes, robots must always stay within size limits**
- B. No, size limits are flexible**
- C. Yes, but only for the final matches**
- D. No, as long as it fits through the starting area**

Robots participating in the FRC (FIRST Robotics Competition) are indeed required to comply with specific size limits at all times. This regulation ensures a level playing field and standardizes robot dimensions to maintain fairness among competitors. Teams must design their robots to fit within these prescribed dimensions for the entirety of the competition, including practice matches and official eliminations. The size limits are detailed in the official FRC rules, which teams are expected to follow strictly throughout the season. Understanding the importance of adhering to these size constraints can help teams avoid penalties or disqualification, as a violation could impact their ability to compete effectively. Additionally, maintaining a uniform size requirement allows for compatibility on the field, ensuring that all robots can interact optimally and safely during matches.

**7. Should tool locations be respected in the pit area?**

- A. No**
- B. Yes**
- C. Only if you ask**
- D. Only during matches**

Respecting tool locations in the pit area is essential for ensuring a safe and organized environment during events. When teams understand and adhere to the designated areas for tools, it fosters a culture of respect and cooperation among teams. Proper tool placement helps prevent accidents and injuries that may occur if tools are misplaced, as well as minimizes confusion and delays in the busy atmosphere of the pits. By following the established tool locations, teams can work efficiently without cluttering the workspace or interrupting other teams. This allows for a smoother operation during setup and repairs, enabling teams to focus on preparing their robots for competition. Therefore, acknowledging and respecting the designated tool locations promotes overall professionalism and etiquette within the FRC community.

**8. Is it acceptable to take parts from another team without asking?**

- A. No**
- B. Yes**
- C. Only if they are not using it**
- D. Only if you return it**

Taking parts from another team without asking is unacceptable due to the principles of respect, teamwork, and collaboration that are central to the spirit of First Robotics Competition (FRC). Each team invests significant time, effort, and resources into designing and constructing their robots. When a team takes parts without permission, it breaches trust and can lead to conflicts between teams, undermining the cooperative environment that FRC strives to promote. This approach encourages teams to communicate openly and support one another, fostering a positive atmosphere where sharing resources is based on mutual agreement and respect. It ensures that all teams feel valued and secure in their contributions, and it helps maintain the integrity of the competition.

**9. Are symptoms of burnout considered to be legitimate concerns?**

- A. No, they are often exaggerated**
- B. Yes, they are real and should be addressed**
- C. Only when they affect work performance**
- D. No, they are just normal stress reactions**

Burnout is characterized by chronic stress that leads to emotional, physical, and mental exhaustion, which can significantly impact an individual's health and productivity. Recognizing symptoms of burnout as legitimate concerns highlights the importance of mental well-being in all environments, including workplaces, educational settings, and personal life. Understanding that burnout is real allows for proper measures to be taken to address it, such as implementing support systems, encouraging open communication, and promoting a healthy work-life balance. This approach fosters a more understanding and proactive environment where individuals feel valued and are encouraged to seek help, thereby preventing further escalation of burnout. Addressing burnout symptoms is essential not only for the well-being of individuals but also for the overall effectiveness of teams and organizations. Ensuring that symptoms are taken seriously can lead to improved morale, productivity, and retention, benefitting everyone involved.

**10. Is it okay to take a break if feeling overstimulated during a competition?**

- A. Yes, it's encouraged**
- B. No, that shows weakness**
- C. Only if the mentor allows it**
- D. Breaks are not recommended**

Taking a break if feeling overstimulated during a competition is encouraged because it recognizes the importance of mental health and the need to manage stress in high-pressure environments. Competitions can be intense, and it's common for participants to feel overwhelmed. Allowing oneself to step away temporarily can provide a necessary opportunity to regain composure, refocus, and ultimately perform better. This approach promotes a healthy understanding of one's limits and emphasizes self-care as a crucial component of effective teamwork and participation. It's essential for individuals to take care of their well-being so they can contribute positively to their team and the competition as a whole. Encouraging breaks also fosters a supportive atmosphere, where individuals feel empowered to prioritize their mental state without fear of judgment or concern about appearing weak.