

# Florida Dental Hygiene Laws and Rules Board Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. True or False: Both dentists and dental hygienists must complete continuing education courses to ensure up-to-date practice and protocols.**
  - A. True**
  - B. False**
  - C. Optional**
  - D. Not required**
  
- 2. Which document outlines the dentist's accountability for the patient's care?**
  - A. The dental hygiene practice act**
  - B. The dentist's license**
  - C. The written prescription for hygienist services**
  - D. The patient's treatment plan**
  
- 3. What is the total number of continuing education hours required for a dental hygienist to meet their renewal?**
  - A. 10 hours**
  - B. 12 hours**
  - C. 15 hours**
  - D. 20 hours**
  
- 4. Practicing dentistry without a license is classified as what degree of felony?**
  - A. First degree felony**
  - B. Second degree felony**
  - C. Third degree felony**
  - D. Misdemeanor**
  
- 5. For making impressions for study casts, which is a requirement?**
  - A. They must be for specific intra-oral appliances**
  - B. They should not be for restorations or appliances**
  - C. No training is needed**
  - D. Must be done under group supervision**

- 6. How many total members are there on the Board of Dentistry?**
- A. 9 members**
  - B. 10 members**
  - C. 11 members**
  - D. 12 members**
- 7. What is required when preparing a tooth's surface with conditioning agents for orthodontics?**
- A. Placing brackets and sealants**
  - B. Supervision by a licensed dentist**
  - C. Patient's verbal consent**
  - D. Direct supervision and training**
- 8. What is a requirement for a written prescription for a controlled substance?**
- A. Must include the prescribing practitioner's signature**
  - B. Quantity of the drug prescribed in both textual and numerical formats**
  - C. Must be written in blue ink only**
  - D. Must list the prescribing practitioner's social security number**
- 9. How long must patient records be maintained after the last appointment?**
- A. 2 years**
  - B. 3 years**
  - C. 4 years**
  - D. 5 years**
- 10. What is the main purpose of the educational program for licensees infected with Hepatitis B?**
- A. To secure employment**
  - B. To improve clinical skills**
  - C. To aid in understanding the disease**
  - D. To fulfill licensing requirements**

## Answers

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1. A
2. C
3. B
4. C
5. B
6. C
7. D
8. B
9. C
10. C

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## **Explanations**

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**1. True or False: Both dentists and dental hygienists must complete continuing education courses to ensure up-to-date practice and protocols.**

**A. True**

**B. False**

**C. Optional**

**D. Not required**

Both dentists and dental hygienists in Florida are required to complete continuing education (CE) courses as part of their licensure maintenance. This requirement is crucial to ensure that they stay current with the latest developments in dental science, techniques, technologies, and protocols. Continuing education helps promote safe and effective patient care, as the dental field is constantly evolving with new research and best practices. The CE mandates vary between the two professions, but the underlying principle is the same: ongoing education equips healthcare providers with the necessary skills and knowledge to provide high-quality care to their patients. This regulatory measure reflects a commitment to professional development and public safety in dental practices. Therefore, the accurate response to the statement about the necessity of continuing education for both dentists and dental hygienists is true.

**2. Which document outlines the dentist's accountability for the patient's care?**

**A. The dental hygiene practice act**

**B. The dentist's license**

**C. The written prescription for hygienist services**

**D. The patient's treatment plan**

The written prescription for hygienist services is the document that outlines the dentist's accountability for the patient's care. This prescription serves as a formal directive from the dentist to the dental hygienist, detailing the specific services to be rendered and the parameters under which those services are to be performed. It establishes a clear responsibility for the dentist concerning the patient's treatment, as it indicates that the dentist has assessed the patient's needs and has prescribed an appropriate course of action. Additionally, this document reflects the collaborative nature of dental care and the dental hygienist's role in executing the plan as outlined by the dentist. Through the written prescription, the dentist formalizes the treatment plan, thereby taking accountability for the outcomes related to the prescribed services. While the dental hygiene practice act provides the regulatory framework that governs the practice of dental hygiene and outlines responsibilities for both dentists and hygienists, it does not specifically denote accountability in individual patient cases like a prescription does. The dentist's license indicates their qualifications but does not provide specifics about treatment accountability. The patient's treatment plan can be important for guiding overall care, but it is the written prescription that directly links the dentist's accountability to the specific services performed by the dental hygienist.

**3. What is the total number of continuing education hours required for a dental hygienist to meet their renewal?**

- A. 10 hours**
- B. 12 hours**
- C. 15 hours**
- D. 20 hours**

The requirement for continuing education hours for dental hygienists is set at 12 hours for renewal of licensure. This regulation is in place to ensure that dental hygienists stay updated on the latest practices, techniques, and advancements in the field of dental hygiene. The 12 hours usually include a combination of mandatory courses, such as courses on HIV/AIDS, and a selection of elective courses that allow dental hygienists to pursue areas of interest or relevance to their practice. Meeting this requirement is essential for maintaining licensure and ensuring that dental hygienists provide the best possible care to their patients, reflecting the profession's commitment to high standards and ongoing education.

**4. Practicing dentistry without a license is classified as what degree of felony?**

- A. First degree felony**
- B. Second degree felony**
- C. Third degree felony**
- D. Misdemeanor**

Practicing dentistry without a license is classified as a third degree felony in Florida. This classification underscores the seriousness of the violation, as it denotes unauthorized individuals providing dental services that require professional training, knowledge, and credentials. Third degree felonies in Florida can lead to substantial penalties, including imprisonment and fines, which serve to protect public safety by dissuading individuals from attempting to perform dental procedures without the appropriate qualifications. The law aims to maintain high standards in healthcare and ensure that practitioners are appropriately licensed to safeguard the well-being of patients. This classification reflects the potential harm that could arise from unlicensed dental practices, emphasizing the necessity for regulation within the dental profession.

**5. For making impressions for study casts, which is a requirement?**

- A. They must be for specific intra-oral appliances**
- B. They should not be for restorations or appliances**
- C. No training is needed**
- D. Must be done under group supervision**

Making impressions for study casts is primarily a foundational aspect of dental hygiene practice, which serves various purposes such as treatment planning and patient education. The requirement states that impressions should not be taken for restorations or appliances as this falls outside the dental hygienist's permissible scope of practice in Florida. The main function of study casts is to create a three-dimensional physical model of a patient's arch for diagnostic and planning purposes, rather than directly aiding in the fabrication of clinical devices like restorations or intra-oral appliances. This requirement ensures that dental hygienists remain within their defined scope of practice, focusing on preventive care and education rather than restorative processes or appliance fabrication, which require different expertise and licensing. Therefore, the focus on study casts being appropriate only for diagnostic purposes helps align with best practices in dental hygiene and promotes patient safety.

**6. How many total members are there on the Board of Dentistry?**

- A. 9 members**
- B. 10 members**
- C. 11 members**
- D. 12 members**

The Board of Dentistry in Florida is comprised of a total of 11 members. This structure typically includes practicing dentists and dental hygienists, representing the interests and perspectives of both professions. The composition of the board is designed to ensure that it effectively oversees dental practices and upholds standards in dental hygiene, providing appropriate regulations that ensure public safety and high-quality care. The inclusion of diverse members, along with public representatives, helps in making balanced decisions that benefit both the industry and patients. Understanding the governance structure is crucial for professionals in the field, as it directly affects regulations, practice standards, and the overall administration of dental health in Florida.

**7. What is required when preparing a tooth's surface with conditioning agents for orthodontics?**

- A. Placing brackets and sealants**
- B. Supervision by a licensed dentist**
- C. Patient's verbal consent**
- D. Direct supervision and training**

When preparing a tooth's surface with conditioning agents for orthodontics, direct supervision and training are required to ensure that the procedure is performed safely and effectively. This reflects the level of skill and understanding necessary to adhere to the specific protocols involved in orthodontic procedures. Direct supervision means that a licensed dentist must be physically present during the procedure, ensuring that all techniques used align with current best practices in dental hygiene and orthodontics. Training is crucial, as proper application of conditioning agents is essential for the successful bonding of brackets and other components, highlighting the complexity of the tasks involved in this process. The importance of having a trained professional performing this task lies in the potential consequences of improper application, which could lead to patient discomfort or ineffective treatment outcomes. Therefore, ensuring that dental hygienists are directly supervised and properly trained reinforces the principles of patient safety and professional accountability in dental care.

**8. What is a requirement for a written prescription for a controlled substance?**

- A. Must include the prescribing practitioner's signature**
- B. Quantity of the drug prescribed in both textual and numerical formats**
- C. Must be written in blue ink only**
- D. Must list the prescribing practitioner's social security number**

In the context of Florida's regulations for prescriptions of controlled substances, a requirement is that the quantity of the drug prescribed must be indicated both in textual (word) and numerical formats. This dual format is crucial because it helps prevent misinterpretation or errors that could arise from a single format. Using both formats adds an additional layer of security and clarity, ensuring that the amount prescribed is accurately understood. The inclusion of quantity in both forms is a standard practice aimed at improving patient safety and reducing the risk of medication errors. Properly detailing the quantity in these two ways serves as a safeguard against potential alterations or misunderstandings regarding the prescribed amount. While other options may contain information relevant to prescription requirements, they do not match the specific emphasis on the quantity format that is vital in avoiding errors in medication dispensing.

**9. How long must patient records be maintained after the last appointment?**

- A. 2 years
- B. 3 years
- C. 4 years**
- D. 5 years

The requirement for maintaining patient records after the last appointment is set to ensure that dental hygienists and dental offices can provide continuity of care, support any potential legal matters, and allow for follow-up treatment if necessary. In Florida, the law stipulates that patient records must be maintained for a minimum of four years following the last appointment. This duration reflects the need for a comprehensive history of patient care, enabling healthcare providers to review previous treatments and conditions that might be relevant for future visits or medical decisions. Adhering to this legislation helps ensure both compliance with state laws and the best practices in patient care management.

**10. What is the main purpose of the educational program for licensees infected with Hepatitis B?**

- A. To secure employment
- B. To improve clinical skills
- C. To aid in understanding the disease**
- D. To fulfill licensing requirements

The primary goal of the educational program for licensees infected with Hepatitis B is to aid in understanding the disease. This program is designed to provide critical information about the transmission, prevention, and management of Hepatitis B, which is essential for maintaining both the health of the dental professional and the safety of patients. By focusing on understanding the disease, the program aims to inform licensees of best practices, adherence to safety protocols, and the importance of monitoring their health status to minimize any risks associated with their condition. This knowledge ultimately supports better decision-making and promotes a safe working environment in the dental field.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://floridadentalhygienelawsrules.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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