

Florida Dental Hygiene Laws and Rules Board Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright 1

Table of Contents 2

Introduction 3

How to Use This Guide 4

Questions 5

Answers 9

Explanations 11

Next Steps 17

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. Which of the following tasks involves the use of bleaching solutions by a dental hygienist?**
 - A. Mixing and applying general stains**
 - B. Applying bleaching solution and monitoring under direct supervision**
 - C. Using over-the-counter products at home**
 - D. Only removing stains from teeth**

- 2. True or False: Both dentists and dental hygienists must complete continuing education courses to ensure up-to-date practice and protocols.**
 - A. True**
 - B. False**
 - C. Optional**
 - D. Not required**

- 3. What is required for direct supervision in a dental practice?**
 - A. A licensed dentist must examine the patient, authorize the procedure, and approve the work before the patient leaves.**
 - B. A licensed dentist must examine and authorize the procedure but can be off premises.**
 - C. A licensed dentist only needs to authorize the procedure without examining the patient.**
 - D. A registered dental hygienist can perform tasks without dentist approval.**

- 4. How many hours of CE in "Domestic Violence" are required for both dentists and dental hygienists every 3rd biennial license renewal?**
 - A. 1 hour**
 - B. 2 hours**
 - C. 3 hours**
 - D. 4 hours**

- 5. Which statement defines general supervision in the dental hygiene practice?**
- A. Provider must be on premises during treatment**
 - B. No authorization is needed for tasks**
 - C. Examination is required before treatment**
 - D. Authorization is valid for a maximum of 13 months**
- 6. What is required for placing or removing matrices by a dental hygienist?**
- A. Formal training and indirect supervision**
 - B. Direct supervision only**
 - C. No training needed**
 - D. Any level of supervision will suffice**
- 7. What is the notification deadline for dentists or dental hygienists infected with the Hepatitis B virus?**
- A. 7 days**
 - B. 10 days**
 - C. 14 days**
 - D. 21 days**
- 8. What is the consequence for a dental hygienist failing to notify the board within the designated time frame after a change of address?**
- A. A fine and immediate suspension**
 - B. No consequence**
 - C. Revocation of license**
 - D. A potential delay in practice rights**
- 9. How many dental hygienists are appointed to the Council on Dental Hygiene as per the board's guidelines?**
- A. 1**
 - B. 2**
 - C. 3**
 - D. 4**

10. For which task is general supervision required?

- A. Taking impressions for occlusal guards**
- B. Polishing clinical crowns**
- C. Securing archwires**
- D. Cementing permanent bridges**

SAMPLE

Answers

SAMPLE

1. B
2. A
3. A
4. B
5. D
6. A
7. C
8. D
9. B
10. B

SAMPLE

Explanations

SAMPLE

1. Which of the following tasks involves the use of bleaching solutions by a dental hygienist?

A. Mixing and applying general stains

B. Applying bleaching solution and monitoring under direct supervision

C. Using over-the-counter products at home

D. Only removing stains from teeth

The task involving the use of bleaching solutions by a dental hygienist is correctly identified as applying bleaching solution and monitoring under direct supervision. In the context of Florida dental hygiene laws, the application of bleaching solutions falls within the scope of practice for dental hygienists when they are supervised by a licensed dentist. This ensures that the procedure is conducted safely and effectively, with the dentist being responsible for the overall treatment plan. The direct supervision requirement highlights the importance of having a dental professional available to oversee the application process, ensuring patient safety and compliance with regulations. This supervision may involve the dentist monitoring the procedures and making clinical decisions based on the patient's responses and needs during the bleaching process. In contrast, other options do not align with the scope of practice for dental hygienists in relation to bleaching solutions. Mixing and applying general stains are typically considered separate tasks that may not involve bleaching solutions directly. Using over-the-counter products at home falls outside the professional duties of a dental hygienist and is left to patients to manage on their own without professional oversight. Removing stains from teeth, while a legitimate task within the hygienist's scope, does not specifically involve the use of bleaching solutions, which is what the question highlights. Thus, option B is the only choice that accurately reflects

2. True or False: Both dentists and dental hygienists must complete continuing education courses to ensure up-to-date practice and protocols.

A. True

B. False

C. Optional

D. Not required

Both dentists and dental hygienists in Florida are required to complete continuing education (CE) courses as part of their licensure maintenance. This requirement is crucial to ensure that they stay current with the latest developments in dental science, techniques, technologies, and protocols. Continuing education helps promote safe and effective patient care, as the dental field is constantly evolving with new research and best practices. The CE mandates vary between the two professions, but the underlying principle is the same: ongoing education equips healthcare providers with the necessary skills and knowledge to provide high-quality care to their patients. This regulatory measure reflects a commitment to professional development and public safety in dental practices. Therefore, the accurate response to the statement about the necessity of continuing education for both dentists and dental hygienists is true.

3. What is required for direct supervision in a dental practice?

- A. A licensed dentist must examine the patient, authorize the procedure, and approve the work before the patient leaves.**
- B. A licensed dentist must examine and authorize the procedure but can be off premises.**
- C. A licensed dentist only needs to authorize the procedure without examining the patient.**
- D. A registered dental hygienist can perform tasks without dentist approval.**

The requirement for direct supervision in a dental practice is correctly identified as when a licensed dentist must examine the patient, authorize the procedure, and approve the work before the patient leaves. This level of supervision is crucial to ensure patient safety and the quality of care provided during dental procedures. Under direct supervision, the dentist ensures that they are actively involved in the patient's treatment process by conducting a thorough examination prior to delegating any specific procedures to dental hygienists or assistants. Additionally, this arrangement mandates that the dentist evaluates the outcome of the procedure, reaffirming accountability for patient care and adherence to established standards of practice. This structure safeguards patients, as it establishes a firm line of responsibility in the healthcare framework, ensuring that only qualified individuals are involved in patient care and that their work is vetted by a licensed professional. The other options do not fulfill these critical requirements, as they permit a level of autonomy that could lead to diminished oversight and, therefore, a potential risk to patient safety and treatment efficacy.

4. How many hours of CE in "Domestic Violence" are required for both dentists and dental hygienists every 3rd biennial license renewal?

- A. 1 hour**
- B. 2 hours**
- C. 3 hours**
- D. 4 hours**

The requirement for continuing education (CE) in "Domestic Violence" for both dentists and dental hygienists in Florida stipulates that they must complete 2 hours of training every third biennial license renewal. This regulation aims to ensure that dental professionals are equipped with the knowledge to identify and appropriately respond to domestic violence situations that may present in a clinical setting. The training helps enhance their ability to recognize signs of abuse, understand the protocols for reporting, and offer support to affected individuals. Continuous education on such critical social issues underscores the importance of healthcare professionals being aware of the broader implications of their practice beyond clinical skills, which assists in fostering a safe environment for patients.

5. Which statement defines general supervision in the dental hygiene practice?

- A. Provider must be on premises during treatment**
- B. No authorization is needed for tasks**
- C. Examination is required before treatment**
- D. Authorization is valid for a maximum of 13 months**

General supervision in dental hygiene practice refers to the situation where a dental hygienist can provide care under the oversight of a dentist without the necessity for the dentist to be physically present during the treatment. Under this supervision, the dentist must have given prior authorization for a range of procedures, and this authorization remains valid for a defined period. The correct response indicates that the authorization for tasks carried out by the hygienist can be valid for a maximum of 13 months. This timeframe is critical, as it ensures that the hygienist's practice is guided by relevant protocols and the dentist's instructions are still current and applicable. This is significant in maintaining quality care and mitigating risks associated with outdated or inappropriate treatment instructions. Other options do not accurately capture the concept of general supervision. For instance, stating that a provider must be on the premises during treatment contradicts the principle of general supervision, where the dentist does not need to be onsite. Similarly, the notion that no authorization is needed for tasks is misleading, as pre-authorization is a key feature of general supervision. Finally, the requirement for an examination before treatment does not reflect general supervision because it suggests a level of supervision that includes the necessity for direct involvement of the dentist at the point of care. Understanding these nuances

6. What is required for placing or removing matrices by a dental hygienist?

- A. Formal training and indirect supervision**
- B. Direct supervision only**
- C. No training needed**
- D. Any level of supervision will suffice**

Placing or removing matrices by a dental hygienist is a task that requires formal training and indirect supervision. This is because placing matrices involves critical skills that are essential for ensuring the safety and effectiveness of dental procedures. Training provides the dental hygienist with the knowledge of how to correctly place matrices to create a proper mold for restorative materials, ensuring that they can perform the task without causing harm to the patient. Indirect supervision indicates that the dentist must be available to provide guidance but does not necessarily have to be present in the operatory at the moment the hygienist is performing the procedure. This level of supervision allows dental hygienists to work efficiently while still ensuring that there is oversight to address any potential issues that may arise during the procedure. In contrast, other options suggest levels of supervision or training that do not align with the regulatory requirements for dental hygiene practice. Direct supervision requires the dentist to be physically present, which would not provide the flexibility allowed under indirect supervision. Stating that no training is needed or that any level of supervision is sufficient undermines the importance of specialized knowledge and skill in performing dental procedures safely and effectively. Such assertions do not reflect the realities of dental hygiene practice standards set forth in Florida law and the best practices needed for patient care.

7. What is the notification deadline for dentists or dental hygienists infected with the Hepatitis B virus?

- A. 7 days
- B. 10 days
- C. 14 days**
- D. 21 days

The notification deadline for dentists or dental hygienists infected with the Hepatitis B virus is set at 14 days. This timeframe is established in regulations to ensure timely communication within the dental community and public health authorities. The rationale behind this requirement is to enable appropriate measures to be taken to protect patients, staff, and other dental professionals from potential exposure to the virus. By mandating a 14-day notification period, the policy effectively balances the need for urgent reporting with the administrative realities faced by healthcare professionals. This allows sufficient time for individuals to report their status while also ensuring that safety protocols can be initiated promptly. Other timeframes, such as 7, 10, or 21 days, do not align with these regulatory stipulations, which aim to support both the affected individual and the health of the community they serve.

8. What is the consequence for a dental hygienist failing to notify the board within the designated time frame after a change of address?

- A. A fine and immediate suspension
- B. No consequence
- C. Revocation of license
- D. A potential delay in practice rights**

When a dental hygienist fails to notify the board of a change of address within the specified time frame, the most relevant consequence is a potential delay in practice rights. Keeping the board informed of an address change is crucial for maintaining effective communication, especially regarding licensure status and renewal processes. If the board is not promptly notified, it may lead to situations where important documents, such as license renewals or continuing education notifications, do not reach the hygienist in a timely manner. This lack of communication can create obstacles that may hinder the hygienist's ability to practice legally. Therefore, the potential delay in practice rights emphasizes the importance of maintaining an up-to-date address with the regulatory board to ensure continuous practice without interruptions. Other consequences, such as a fine, immediate suspension of license, or revocation, are generally reserved for more severe infractions or repeated violations, rather than a simple failure to update an address.

9. How many dental hygienists are appointed to the Council on Dental Hygiene as per the board's guidelines?

- A. 1
- B. 2**
- C. 3
- D. 4

The Council on Dental Hygiene, as outlined in Florida statutes, comprises a specific number of dental hygienists who are appointed to represent the interests and perspectives of the profession. According to the guidelines, two dental hygienists are designated to serve on the Council. This structure allows for a diversity of opinions while ensuring that the voices of practicing hygienists are heard in discussions related to dental hygiene regulations, practices, and policies within the state. The appointment of two members emphasizes the collaborative nature of the council, enabling effective communication and decision-making that reflects the standards and needs of the dental hygiene community.

10. For which task is general supervision required?

- A. Taking impressions for occlusal guards
- B. Polishing clinical crowns**
- C. Securing archwires
- D. Cementing permanent bridges

General supervision in dental hygiene practice means that a licensed dentist must be present in the facility but does not need to be physically present in the treatment room while hygienists perform certain tasks. Polishing clinical crowns falls under the category of tasks that require general supervision because it involves an essential procedure that can impact the quality of dental restorations and the patient's oral health. This level of supervision ensures that the dentist remains accountable for the patient's overall care while allowing hygienists to perform necessary tasks within their scope of practice. Taking impressions for occlusal guards, securing archwires, and cementing permanent bridges often require more direct oversight due to their complexity or potential implications for patient treatment and outcomes, thus they may not be performed under general supervision without direct involvement from a dentist.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://floridadentalhygienelawsrules.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE