

FIELD MEDICAL TRAINING BATTALION (FMTB) BLOCK 1 PRACTICE TEST (SAMPLE) STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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1. Which of the following describes Weapons Condition Two?

- A. Magazine Removed; Bolt Forward; Chamber Empty; Ejection Port Cover Closed; Weapon on Safe
- B. Not Applicable to the M16/M4
- C. Magazine Inserted; Bolt Forward; Chamber Empty; Ejection Port Cover Closed; Weapon on Safe
- D. Magazine Inserted; Bolt Forward; Chamber Loaded; Ejection Port Cover Closed; Weapon on Safe

2. Which statement about the capabilities of a Marine Expeditionary Brigade (MEB) is true?

- A. Non-standing, only formed in times of need
- B. A permanent standing force deployed worldwide
- C. Primarily designed for long-term stability operations
- D. Comprised of only a command element and a small infantry unit

3. Which responsibility is listed for HM2 at the company level?

- A. Administration PO
- B. Supply PO
- C. PMR
- D. Legal PO

4. In the E-9 administrative listing, which title is associated with the Senior Non-Commissioned Officer (SNCO) category?

- A. Sergeant Major/Command Master Chief
- B. Sergeant Major of the Marine Corps/Master Chief Petty Officer of the Navy
- C. Chief Warrant Officer
- D. Captain/Lieutenant

5. Who commands a MEU/SOC?

- A. Colonel
- B. Brigadier General
- C. Major
- D. Captain

- 6. Which zone is described as INJURED: Stress injuries damaging the mind, body or spirit, temporarily non-mission ready?**
- A. Green Zone
 - B. Yellow Zone
 - C. Orange Zone
 - D. Red Zone
- 7. Which right is primarily concerned with access to hygiene facilities?**
- A. Right to receive necessary facilities for proper hygiene
 - B. Right to send and receive mail
 - C. Right to practice religious faith
 - D. Right to receive humane treatment
- 8. Ira H. Hayes belonged to which Native American tribe?**
- A. Pima
 - B. Sioux
 - C. Apache
 - D. Navajo
- 9. Who may wear the Woolly Pully sweatshirt with camouflage underneath the utility blouse?**
- A. Only officers
 - B. Navy officers and enlisted
 - C. Civilian contractors
 - D. Warrant officers only
- 10. Which are the 3 categories of Officer Ranks?**
- A. Company Grade; Field Grade; General Grade
 - B. Junior Officers; Senior Officers; Command Officers
 - C. Line Officers; Staff Officers; Warrant Officers
 - D. Entry Level Officers; Mid Level Officers; Senior Level Officers

Answers

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1. B
2. A
3. A
4. A
5. A
6. C
7. A
8. A
9. B
10. A

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Explanations

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1. Which of the following describes Weapons Condition Two?

- A. Magazine Removed; Bolt Forward; Chamber Empty; Ejection Port Cover Closed; Weapon on Safe
- B. Not Applicable to the M16/M4**
- C. Magazine Inserted; Bolt Forward; Chamber Empty; Ejection Port Cover Closed; Weapon on Safe
- D. Magazine Inserted; Bolt Forward; Chamber Loaded; Ejection Port Cover Closed; Weapon on Safe

Weapons Condition Two isn't defined for the M16/M4 family. In field training, these rifles use other established states, and WC2 isn't a labeled condition for this platform. Because the exam item is asking about WC2, the only accurate stance is that this condition is not applicable to the M16/M4. The other descriptions try to fit specific magazine, chamber, bolt, ejection port cover, and safety setups into WC2, but since that labeled condition doesn't exist for this weapon, those configurations aren't a sanctioned WC2 for the M16/M4.

2. Which statement about the capabilities of a Marine Expeditionary Brigade (MEB) is true?

- A. Non-standing, only formed in times of need**
- B. A permanent standing force deployed worldwide
- C. Primarily designed for long-term stability operations
- D. Comprised of only a command element and a small infantry unit

The idea being tested is that a Marine Expeditionary Brigade is a non-standing, rapidly formed expeditionary force. MEBs are designed to be stood up as needed to respond to crises, rather than existing as a permanent, worldwide-deployed formation. They're built around a reinforced ground element with its own aviation and logistics components, creating a balanced MAGTF capable of a range of missions, not just a token presence. While they can conduct limited stability operations if required, their primary purpose is crisis response and contingency operations, not sustained, long-term stability campaigns. And they're not just a command element with a small infantry unit; a MEB includes a full air, ground, and logistics ensemble that can project power at the brigade level.

3. Which responsibility is listed for HM2 at the company level?

- A. Administration PO**
- B. Supply PO
- C. PMR
- D. Legal PO

At the company level, the HM2 is typically the Administration Petty Officer. This role centers on keeping the unit running smoothly through administrative tasks: handling personnel records, correspondence, forms, and day-to-day admin duties that support the command and its personnel. It's the position that organizes and streamlines the office functions, ensuring reports, leaves, and admin actions are processed correctly. The other responsibilities correspond to different support roles. A Supply Petty Officer would manage materials and supplies for the unit, a PMR role would focus on patient medical records and clinical documentation, and a Legal Petty Officer would handle legal matters. For the company-level HM2, the administrative function is the standard assignment, which is why Administration PO is the best answer.

4. In the E-9 administrative listing, which title is associated with the Senior Non-Commissioned Officer (SNCO) category?

- A. Sergeant Major/Command Master Chief**
- B. Sergeant Major of the Marine Corps/Master Chief Petty Officer of the Navy
- C. Chief Warrant Officer
- D. Captain/Lieutenant

The question is about how the E-9 administrative listing labels Senior Non-Commissioned Officers. The best choice uses the general SNCO titles that span services: Sergeant Major and Command Master Chief. These two titles represent the typical E-9 senior enlisted leadership roles and form the standard SNCO category label across branches. The other options point to either service-specific top billets (Sergeant Major of the Marine Corps and Master Chief Petty Officer of the Navy) or to tracks that aren't SNCOs at all (Chief Warrant Officer is a Warrant Officer, and Captain/Lieutenant are commissioned officers). So the pairing of Sergeant Major/Command Master Chief best matches the SNCO category in the E-9 listing.

5. Who commands a MEU/SOC?

- A. Colonel**
- B. Brigadier General
- C. Major
- D. Captain

A MEU/SOC is a Marine Expeditionary Unit that operates as a self-contained, combined-arms force with ground, air, and logistics components. This level of complexity and responsibility requires a senior field-grade officer who can coordinate across multiple elements and act with broad operational authority in rapidly changing environments. The commanding officer of a MEU is a Colonel (O-6), whose experience and leadership are suited to directing the full MAGTF and balancing the needs of the ground, air, and support elements. Lower ranks like Major or Captain don't have the scope of command, and while a Brigadier General is a capable leader, that rank is typically reserved for larger formations. Thus, Colonel is the appropriate commander for a MEU/SOC.

6. Which zone is described as INJURED: Stress injuries damaging the mind, body or spirit, temporarily non-mission ready?

- A. Green Zone
- B. Yellow Zone
- C. Orange Zone**
- D. Red Zone

In this stress-and-readiness framework, you move through four zones as your level of stress and ability to perform changes. The Green Zone is normal, mission-ready functioning. The Yellow Zone shows growing tension but you can still perform with awareness and control. The Orange Zone describes injuries from stress—damaging the mind, body, or spirit—and leads to temporary non-mission readiness, meaning you're not at full capacity and need time to recover or support. The Red Zone is full overwhelm or out-of-control functioning. The description given—injured by stress, causing temporary non-mission readiness—best fits the Orange Zone because it denotes a reversible impairment due to stress that requires rest or assistance before you can return to full duty.

7. Which right is primarily concerned with access to hygiene facilities?

A. Right to receive necessary facilities for proper hygiene

B. Right to send and receive mail

C. Right to practice religious faith

D. Right to receive humane treatment

Access to hygiene facilities is about having the basic resources to keep clean—toilets, showers, water, soap, and other essentials for personal hygiene. This is a concrete, direct need that directly affects health and dignity. The other rights pertain to different areas: mail access is about communication, religious practice is about freedom of faith, and humane treatment covers overall respectful care but does not specifically guarantee the provision of hygiene resources. Therefore, the right that directly ensures access to hygiene facilities is the best choice.

8. Ira H. Hayes belonged to which Native American tribe?

A. Pima

B. Sioux

C. Apache

D. Navajo

Ira Hayes was a Pima (Akimel O'odham) from the Gila River Indian Community in Arizona. This tribal identity is well documented in biographies and histories of his life, including his famous role as one of the Marines who raised the flag on Iwo Jima. The Pima are a southwestern group from central Arizona, distinct from the Sioux (Plains people), the Apache (another Southwest group with different bands), and the Navajo (a separate nation in the Southwest). Because Hayes is consistently identified as Pima in reliable sources, that affiliation is the correct one.

9. Who may wear the Woolly Pully sweatshirt with camouflage underneath the utility blouse?

A. Only officers

B. Navy officers and enlisted

C. Civilian contractors

D. Warrant officers only

Understanding uniform rules: this item is approved for wear under the camouflage utility blouse by active-duty Navy personnel across both commissioned officers and enlisted sailors, ensuring a consistent appearance regardless of rank. Civilian contractors aren't authorized to wear military uniforms or their components, so they aren't permitted to wear this underlayer with the uniform. Limiting it to warrant officers would be too narrow because the policy covers both officers and enlisted, not just that subgroup.

10. Which are the 3 categories of Officer Ranks?

A. Company Grade; Field Grade; General Grade

B. Junior Officers; Senior Officers; Command Officers

C. Line Officers; Staff Officers; Warrant Officers

D. Entry Level Officers; Mid Level Officers; Senior Level Officers

Officers are organized by seniority into three broad grade blocks that reflect growing responsibility and the level of command they typically hold. The first block, company grade, covers the junior officers who usually command at the company level or serve in entry-level staff roles. The second block, field grade, includes mid-level officers who commonly command at the battalion level or perform advanced staff duties, handling more complex planning and administration. The third block, general grade, consists of the senior officers who hold brigade-level or higher commands and occupy top-level staff and leadership positions. This three-tier structure is the standard way many services categorize officer ranks. Other options mix functional roles or include warrant officers, which aren't part of this three-tier officer-grade classification.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://fmtbblock1.examzify.com>

We wish you the very best on your exam journey. You've got this!

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