

Federal Requirements for PTCB Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

- 1. Which entity enforces the federal regulations related to foods, drugs, devices, and cosmetics under the Federal Food Drug and Cosmetic Act?**
 - A. The National Institutes of Health**
 - B. The Centers for Disease Control and Prevention**
 - C. The Environmental Protection Agency**
 - D. The U.S. Food and Drug Administration**
- 2. What does the EPA encourage the public to use for safe disposal of prescription or OTC drugs?**
 - A. EPA Take Back Program**
 - B. Pharmaceutical take-back collection programs**
 - C. DEA Form 106 submission**
 - D. National Drug Code tracking**
- 3. If a controlled substance is stolen or lost, which DEA form must be used to report it?**
 - A. DEA Form 106**
 - B. DEA Form 41**
 - C. DEA Form 222**
 - D. DEA Form 510**
- 4. Which REMS component is responsible for monitoring ETASU implementation within the health care system?**
 - A. Medication Guide**
 - B. ETASU**
 - C. Implementation System**
 - D. Communication Plan**
- 5. What is the maximum number of refills permitted for Schedule III and Schedule IV prescriptions?**
 - A. Six times**
 - B. Five times**
 - C. Zero**
 - D. Unlimited**

- 6. What is DEA Form 510 used for?**
- A. For new applicants to obtain a DEA registration**
 - B. For destroying controlled substances**
 - C. For transferring controlled substances**
 - D. For report suspicious orders**
- 7. What is the primary purpose of DEA Form 41?**
- A. Document inventory**
 - B. Document transfer to patient**
 - C. Document purchase**
 - D. Document destruction of controlled substances**
- 8. Which form is used for new applicants to obtain a DEA registration?**
- A. DEA Form 222**
 - B. DEA Form 106**
 - C. DEA Form 41**
 - D. DEA Form 510**
- 9. What is the maximum number of different items that may be ordered on a single Form 222?**
- A. Ten**
 - B. Five**
 - C. Eight**
 - D. Twelve**
- 10. Under the 2007 regulation, a prescriber may issue multiple prescriptions to total up to a 90-day supply for which schedule of controlled substances?**
- A. Schedule I**
 - B. Schedule III**
 - C. Schedule II**
 - D. Schedule IV**

Answers

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1. D
2. B
3. A
4. C
5. B
6. D
7. D
8. D
9. A
10. C

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Explanations

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1. Which entity enforces the federal regulations related to foods, drugs, devices, and cosmetics under the Federal Food Drug and Cosmetic Act?

- A. The National Institutes of Health**
- B. The Centers for Disease Control and Prevention**
- C. The Environmental Protection Agency**
- D. The U.S. Food and Drug Administration**

Regulatory enforcement for foods, drugs, devices, and cosmetics under the Federal Food, Drug, and Cosmetic Act is carried out by the U.S. Food and Drug Administration. The FDA reviews and approves drugs and medical devices, sets labeling and safety standards, inspects manufacturing facilities, monitors product safety, and conducts recalls when needed to protect public health. The other agencies have different primary roles: the National Institutes of Health focuses on biomedical research; the Centers for Disease Control and Prevention concentrates on disease surveillance and prevention; the Environmental Protection Agency regulates environmental safety and pesticides. None of them serve as the primary enforcers of the FD&C Act across foods, drugs, devices, and cosmetics, which is the FDA's responsibility.

2. What does the EPA encourage the public to use for safe disposal of prescription or OTC drugs?

- A. EPA Take Back Program**
- B. Pharmaceutical take-back collection programs**
- C. DEA Form 106 submission**
- D. National Drug Code tracking**

Safe disposal of prescription and OTC drugs is best handled through pharmaceutical take-back collection programs. These programs are specifically designed to collect unused or expired medications from households and other sources and ensure they are disposed of in an environmentally sound way, typically through secure pick-up sites, mail-back options, or community collection events followed by proper disposal methods like incineration. This approach helps prevent environmental contamination and reduces the risk of diversion or accidental exposure. Other options don't fit because one refers to reporting losses or theft (not disposal), another to drug identification tracking, and the term listed for a general EPA program isn't the standard guidance used for safe medication disposal.

3. If a controlled substance is stolen or lost, which DEA form must be used to report it?

A. DEA Form 106

B. DEA Form 41

C. DEA Form 222

D. DEA Form 510

The main idea is knowing how to report a theft or loss of controlled substances to the DEA. The form designed for this purpose is the one used to file a Report of Theft or Loss of Controlled Substances. It is specifically built to capture all the details needed by the DEA, such as what was stolen, how much, the exact substance (name, form, strength), where and when the loss was discovered, the circumstances of the incident, and any police or other incident numbers. Submitting this form promptly is required to keep federal regulators informed and to help protect public safety. This form is the best choice because it targets theft or loss directly and ensures the regulator has the complete information needed to start any necessary investigations or follow-up actions. The other forms serve different purposes—destruction or disposal of controlled substances, ordering Schedule I or II substances, or registration-related tasks—and are not appropriate for reporting a theft or loss.

4. Which REMS component is responsible for monitoring ETASU implementation within the health care system?

A. Medication Guide

B. ETASU

C. Implementation System

D. Communication Plan

In REMS programs, the components include a Medication Guide, a Communication Plan, Elements to Assure Safe Use (ETASU), and an Implementation System. The part that monitors ETASU implementation within a health care system is the Implementation System. This framework puts ETASU into practice and tracks whether they're being followed. It covers the processes for enrolling prescribers, validating patient eligibility, ensuring required monitoring is done, keeping records, and collecting data or reporting to the FDA as needed. ETASU define the restrictions, but the Implementation System is what makes sure those rules are actually implemented and observed across the health care setting. The Medication Guide targets patients, the Communication Plan informs providers and others about REMS, and ETASU are the restrictions themselves rather than the monitoring mechanism.

5. What is the maximum number of refills permitted for Schedule III and Schedule IV prescriptions?

- A. Six times
- B. Five times**
- C. Zero
- D. Unlimited

Refills for Schedule III and Schedule IV medications are limited to five within six months from the date the prescription was issued. This means you can fill the initial prescription and, if the prescriber authorized it, provide up to five additional refills within that six-month window. The total number of dispensing events within six months can be up to six (the initial fill plus five refills). After six months or after five refills, a new prescription is needed. This is why the best answer is that the maximum number of refills is five.

6. What is DEA Form 510 used for?

- A. For new applicants to obtain a DEA registration
- B. For destroying controlled substances
- C. For transferring controlled substances
- D. For report suspicious orders**

DEA Form 510 is used to report suspicious orders of controlled substances to the DEA. The idea behind it is diversion prevention: registrants must watch for orders that look unusual or lack a legitimate medical purpose, then document and report them so the DEA can investigate. When an order raises concerns—such as being unusually large, frequent, or routed to an atypical location—the proper action is to submit Form 510 with details like the supplier, recipient, drug, quantity, and why it seems suspicious. This form is not for obtaining a registration, destroying substances, or transferring substances between registrants; those tasks use different procedures.

7. What is the primary purpose of DEA Form 41?

- A. Document inventory
- B. Document transfer to patient
- C. Document purchase
- D. Document destruction of controlled substances**

DEA Form 41 is used when a registered facility destroys controlled substances. It provides an official record of what was destroyed, how much, when, and by whom, creating an auditable trail for the DEA to show that unusable or expired substances were disposed of properly and not diverted. The form captures drug name, quantity, destruction method, dates, and witnesses to ensure accountability. This is different from records used for inventory, patient transfers, or purchases, which are tracked in separate processes.

8. Which form is used for new applicants to obtain a DEA registration?

- A. DEA Form 222**
- B. DEA Form 106**
- C. DEA Form 41**
- D. DEA Form 510**

When someone wants to handle controlled substances, they must apply for a DEA registration using the standard new-application form. This form gathers essential information about the applicant's business or practice, location, and the individuals responsible, and it sets up the authorization to work with controlled substances once approved. Among the options, the other forms are used for actions other than obtaining a new registration: one is for ordering Schedule I or II substances, another is for reporting theft or loss, and the remaining forms cover processes related to disposal, changes, or other regulatory steps. Therefore, the form used to obtain a new DEA registration is the standard new-application form, not the others listed.

9. What is the maximum number of different items that may be ordered on a single Form 222?

- A. Ten**
- B. Five**
- C. Eight**
- D. Twelve**

Form 222 allows a fixed number of line items on a single order. You have ten line-item slots to list different products you want to procure, and each distinct item occupies one slot. You can enter as many units of the same item as you need on its line, but you cannot exceed ten different items on one form. If you need more than ten distinct items, you must submit additional Form 222s for the extra items. This limit helps keep ordering clear and auditable.

10. Under the 2007 regulation, a prescriber may issue multiple prescriptions to total up to a 90-day supply for which schedule of controlled substances?

A. Schedule I

B. Schedule III

C. Schedule II

D. Schedule IV

The essential idea is how tightly controlled substances are managed when a patient needs a longer period of treatment. In 2007, the DEA allowed a prescriber to issue multiple prescriptions that, taken together, can provide up to a 90-day supply of Schedule II medications. This is designed to balance access to patients who need ongoing pain relief or other Schedule II therapies with the need to watch for misuse, because Schedule II drugs have the highest potential for abuse and cannot be refilled. So, a prescriber can write several separate prescriptions for the same drug for the same patient, each for a portion of the 90-day total (commonly up to 30 days per prescription), with the limitation that the total amount dispensed does not exceed 90 days. Each prescription is typically dated and may specify when it can be filled, and none of the prescriptions is refilled. The important point is that this allowance specifically applies to Schedule II substances, reflecting their strict control while still enabling continuity of care. Schedule I drugs have no accepted medical use and cannot be prescribed, so this rule doesn't apply. Schedule III and Schedule IV drugs do have allowances for refills that differ from Schedule II, but the 90-day multiple-prescription approach described here is the Schedule II provision.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://federalreqptcb.examzify.com>

We wish you the very best on your exam journey. You've got this!