

# FDNY Probationary Firefighter School Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. What type of extinguishment technique involves cooling the room with water?**
  - A. Smothering**
  - B. Inhibition**
  - C. Temperature reduction**
  - D. Starvation**
  
- 2. What is another name for the clove hitch as it pertains to the taut part of a rope?**
  - A. Figure Eight Knot**
  - B. The Substantial Object Knot**
  - C. Bowline Knot**
  - D. Shear Lashing Knot**
  
- 3. Which factor is NOT considered in identifying smoke behavior?**
  - A. Density**
  - B. Sound**
  - C. Color**
  - D. Movement**
  
- 4. What essential quality should fire personnel demonstrate to the public during events?**
  - A. A relaxed approach to emergencies**
  - B. An authoritative demeanor without interaction**
  - C. A readiness to assist and educate**
  - D. A focus on entertainment instead of safety**
  
- 5. Why is an Incident Command System important?**
  - A. It allows for efficient resource distribution**
  - B. It provides structure and organization to emergency response operations**
  - C. It regulates firefighter schedules**
  - D. It supervises training programs**

- 6. What are the characteristics of smoke that firefighters must recognize?**
- A. Color, density, and movement**
  - B. Temperature, odor, and volume**
  - C. Formation, sound, and speed**
  - D. Humidity, toxicity, and taste**
- 7. How many members are there typically in a firefighting company?**
- A. 2 to 3 members**
  - B. 4 to 6 members**
  - C. 5 to 7 members**
  - D. 6 to 8 members**
- 8. What is a fire behavior triangle?**
- A. A visual representation of the three components necessary for fire: oxygen, heat, and fuel**
  - B. A graphical depiction of the effects of fire on different materials**
  - C. A chart showing different fire extinguishing methods**
  - D. A model demonstrating fire evacuation routes**
- 9. What is the recommended approach for accessing difficult roof areas during firefighting?**
- A. Directly cutting the roof**
  - B. Using aerial ladders**
  - C. Using a ground ladder**
  - D. Using ventilation techniques**
- 10. What does the term "backdraft" refer to?**
- A. A slow burn of materials**
  - B. An explosion caused by excess water**
  - C. A rapid ignition of gases in a fire due to a sudden influx of oxygen**
  - D. A smoldering fire that reignites**

## Answers

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1. C
2. B
3. B
4. C
5. B
6. A
7. B
8. A
9. B
10. C

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## **Explanations**

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**1. What type of extinguishment technique involves cooling the room with water?**

- A. Smothering**
- B. Inhibition**
- C. Temperature reduction**
- D. Starvation**

Cooling the room with water is known as temperature reduction, and it is a fundamental extinguishment technique in firefighting. This technique works by lowering the temperature of the combustibles and the surrounding environment, thereby bringing it below its ignition point. When firefighters apply water to the scene, the water absorbs heat as it evaporates, which not only cools the flames and heated surfaces but can also displace the hot gases in the atmosphere. This reduction in temperature can effectively extinguish the fire and help prevent re-ignition. In firefighting, other methods, such as smothering, focus on limiting oxygen supply, inhibition centers on interrupting the chemical reactions in the fire, and starvation aims to remove fuel sources. However, these techniques do not involve the direct cooling of the environment with water, which is the essence of the temperature reduction method, making it the correct answer for this question.

**2. What is another name for the clove hitch as it pertains to the taut part of a rope?**

- A. Figure Eight Knot**
- B. The Substantial Object Knot**
- C. Bowline Knot**
- D. Shear Lashing Knot**

The clove hitch is often referred to as a "substantial object knot," particularly when it is used to secure and hold the taut part of a rope around larger objects, such as poles or trees. The clove hitch consists of two half-hitches and is beneficial because it can be easily adjusted or released, making it a popular choice among firefighters and other professionals needing to secure equipment quickly. This designation emphasizes the knot's effectiveness in binding substantial objects tightly without being overly complex. Understanding this terminology can improve communication and safety practices within firefighting and rescue operations, where precision and clarity in describing knots are critical. The other options refer to different types of knots with distinct functions and structures, which do not align with the clove hitch's characteristics or uses. For instance, the figure eight knot is primarily used for creating secure loops, the bowline knot is known for making a fixed loop at the end of a rope, and shear lashing is a technique for binding poles together. Each of these knots serves specific purposes that differ from the clove hitch's role in securing objects.

**3. Which factor is NOT considered in identifying smoke behavior?**

- A. Density
- B. Sound**
- C. Color
- D. Movement

Identifying smoke behavior is crucial in firefighting as it provides vital information about fire conditions and potential hazards. Sound is not typically a factor considered in analyzing smoke behavior. Instead, firefighters focus on the physical properties of smoke, such as density, color, and movement. Density refers to how compact the smoke is, which can indicate the intensity of the fire and how it may behave. Color can give clues about what materials are burning; for instance, dark smoke often signifies a material burning incompletely, while white smoke might indicate the presence of water vapor or a cleaner burn. Movement of the smoke helps in understanding ventilation patterns and how the smoke is spreading, which can inform methods of attack and evacuation strategies. Sound, while it might serve as an indicator of fire activity or structural conditions, does not provide direct information about the smoke itself. Thus, it is not a primary factor in assessing smoke behavior during firefighting operations.

**4. What essential quality should fire personnel demonstrate to the public during events?**

- A. A relaxed approach to emergencies
- B. An authoritative demeanor without interaction
- C. A readiness to assist and educate**
- D. A focus on entertainment instead of safety

Fire personnel are often at the forefront of public safety, particularly during emergencies and community events. Demonstrating a readiness to assist and educate is crucial because it establishes trust and confidence among the public. This quality reflects the core values of the fire service, which include service, protection, and community engagement. When firefighters show a willingness to help, they not only provide immediate assistance but also serve as valuable resources for educating the community about fire safety, prevention strategies, and emergency preparedness. This proactive approach fosters a positive relationship with the public, enhancing community resilience and awareness. In situations where the public may feel anxious or unsure, a firefighter's readiness to engage, provide information, and offer assistance helps to alleviate fear and confusion, ultimately promoting a safer environment. This quality exemplifies the professionalism and commitment that the FDNY and other fire departments strive to embody.

## 5. Why is an Incident Command System important?

- A. It allows for efficient resource distribution
- B. It provides structure and organization to emergency response operations**
- C. It regulates firefighter schedules
- D. It supervises training programs

The Incident Command System (ICS) is vital because it provides a structured framework that enhances the organization and effectiveness of emergency response operations. By establishing clear roles, responsibilities, and communication channels, the ICS ensures that all responders work cohesively towards a common goal in a coordinated manner during emergencies. Using the ICS allows for the rapid assessment of an incident and the effective deployment of resources. This structure minimizes confusion, enhances situational awareness, and ensures that all team members, regardless of their agency or background, understand their specific duties during an incident. This organizational framework is crucial in high-stress environments where rapid decision-making is required, allowing for effective incident management. While efficient resource distribution and oversight of training can be elements of the broader emergency response process, the primary purpose of the ICS is to ensure the orderly and effective coordination of all response efforts at the scene of an incident. Thus, the correct answer highlights the core function of the ICS in organizing and structuring emergency response efforts.

## 6. What are the characteristics of smoke that firefighters must recognize?

- A. Color, density, and movement**
- B. Temperature, odor, and volume
- C. Formation, sound, and speed
- D. Humidity, toxicity, and taste

The characteristics of smoke that firefighters must recognize include color, density, and movement. Understanding these factors is crucial in assessing the fire situation and determining the fire's nature and severity. Color of smoke provides valuable information about the materials burning. For example, black smoke often indicates the presence of synthetic materials, while white smoke might suggest the burning of organic materials like wood. Recognizing these colors can help firefighters make informed decisions about the necessary tactical approach. Density refers to the thickness of the smoke. High-density smoke can indicate a high level of combustion byproducts and can affect visibility and breathing conditions. Firefighters must be aware of the density to navigate safely and effectively in smoke-filled environments. Movement of smoke can reveal the fire's location and intensity. If smoke rises quickly and spreads out, it typically indicates a more vigorous fire. Conversely, smoke that is low to the ground or pooling may suggest a smoldering fire or a more contained situation. Identifying the movement of smoke helps in anticipating fire behavior and making strategic decisions during firefighting operations. The other options involve aspects that may be relevant in certain contexts but do not encompass the fundamental characteristics critical for evaluating smoke during firefighting efforts.

**7. How many members are there typically in a firefighting company?**

- A. 2 to 3 members**
- B. 4 to 6 members**
- C. 5 to 7 members**
- D. 6 to 8 members**

Typically, a standard firefighting company consists of 4 to 6 members. This structure allows for effective teamwork and coordination during emergencies, which is crucial in firefighting operations. Having this number of firefighters ensures that there is enough manpower to safely handle various tasks, such as search and rescue operations, fire suppression, and support roles, while also being manageable for communication and safety. The organization of firefighters into teams of this size enables the company to effectively deploy resources while maintaining a structured approach to incidents. Each member has a specific role, contributing to overall efficiency and effectiveness in responding to emergencies. This standard also aligns with best practices in firefighting safety, as it helps to maintain enough personnel on scene to keep firefighting efforts both safe and effective. This number supports the balance between operational capability and safety, making it a widely accepted practice in the firefighting community.

**8. What is a fire behavior triangle?**

- A. A visual representation of the three components necessary for fire: oxygen, heat, and fuel**
- B. A graphical depiction of the effects of fire on different materials**
- C. A chart showing different fire extinguishing methods**
- D. A model demonstrating fire evacuation routes**

The fire behavior triangle is a fundamental concept in firefighting that illustrates the three essential components needed for a fire to occur: oxygen, heat, and fuel. When these three elements are combined in appropriate proportions, combustion takes place, leading to a fire. Understanding this triangle is crucial for firefighters, as it allows them to identify how to control and extinguish fires effectively. If any one of these components is removed or altered, the fire cannot sustain itself, and thus, extinguishment can be achieved. For instance, removing the heat by cooling with water, eliminating the fuel by cutting off the source, or reducing the oxygen supply are typical methods employed in firefighting strategies. The other options do not accurately represent the fire behavior triangle. The graphical depiction of the effects of fire on different materials is more about understanding material properties than the interaction of fundamental fire components. A chart showing different fire extinguishing methods does not address the foundations of fire behavior, and a model showcasing fire evacuation routes is unrelated to the dynamics of fire itself. Understanding the fire behavior triangle is vital for making informed decisions in firefighting operations.

**9. What is the recommended approach for accessing difficult roof areas during firefighting?**

- A. Directly cutting the roof
- B. Using aerial ladders**
- C. Using a ground ladder
- D. Using ventilation techniques

Using aerial ladders is the recommended approach for accessing difficult roof areas during firefighting for several important reasons. Aerial ladders provide a stable platform that extends high enough to reach various roof heights safely, allowing firefighters to access hard-to-reach areas without the risks associated with climbing directly onto unstable structures. Furthermore, aerial devices often have built-in safety features and are operated from a secure position, reducing the risk of accidents. They also enable firefighters to carry equipment needed for ventilation or fire suppression directly to the roof, streamlining operations during an emergency. In contrast, cutting directly into a roof can present significant hazards, including potential roof collapse or exposure to hidden fire extension. Ground ladders, while useful in many scenarios, may not provide sufficient reach for taller buildings and typically require additional personnel to stabilize and operate effectively. Ventilation techniques are critical to managing smoke and heat during a fire, but they do not directly address the need for personnel to access the roof to fight the fire or investigate conditions there.

**10. What does the term "backdraft" refer to?**

- A. A slow burn of materials
- B. An explosion caused by excess water
- C. A rapid ignition of gases in a fire due to a sudden influx of oxygen**
- D. A smoldering fire that reignites

The term "backdraft" specifically refers to a rapid ignition of flammable gases in a fire that occurs when a sudden influx of oxygen is introduced to an environment that has been pre-heated by the fire, often in conditions where oxygen levels were previously low. This phenomenon typically happens when a door or window is opened in a structurally compromised building that has been burning for a while, allowing fresh air to enter. The rapid mixing of the accumulated combustible gases and the newly introduced oxygen can result in a violent explosion, highlighting the importance of understanding fire behavior for safety and tactical decisions in firefighting. This understanding is critical for firefighters to recognize and mitigate the dangers of backdraft situations, as unprepared entry can lead to serious injury or fatalities. The characteristics of backdraft can be described by signs such as smoke being pushed out of openings, a darkened room despite flames being present, or the sound of "whooshing" as air is drawn into the fire. Understanding this concept is essential for fire suppression tactics and ensuring firefighter safety.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://fdnyprobyschool.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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