

Environment in Humanitarian Action Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which climate hazards are considered in site selection?**
 - A. Only rain**
 - B. Only earthquakes**
 - C. Flood, drought, wind, heat hazards plus future climate projections**
 - D. Only volcanoes**

- 2. Which entity provides information on local climate patterns and variability?**
 - A. National Climate or Meteorological Agencies**
 - B. Academic institutions**
 - C. Interest Groups**
 - D. Refugee camps**

- 3. Which statement best describes the relationship between environment and humanitarian response in Forestland?**
 - A. The environment context shapes how response and early recovery are conducted**
 - B. The environment has no impact on response**
 - C. Only logistics are affected by environment**
 - D. Environment only matters in long-term recovery**

- 4. What should water and sanitation planning always consider?**
 - A. Availability of water and proper waste management**
 - B. Aesthetics of facilities**
 - C. Distance to markets**
 - D. Equipment brand**

- 5. What is the purpose of Environmental Monitoring Indicators (EMIs) in humanitarian response?**
 - A. To track compliance with environmental standards, efficiency of mitigation measures, and ecological outcomes**
 - B. To count tents**
 - C. To monitor donor satisfaction**
 - D. To assess nutrition intake**

- 6. What is ecosystem-based adaptation and its relevance in humanitarian action?**
- A. Building seawalls and dikes is an example of ecosystem-based adaptation.**
 - B. Ecosystem-based adaptation uses only policy changes, not ecosystems.**
 - C. Using ecosystems to reduce risk and support livelihoods, such as mangroves for coastal protection and wetlands for flood control; protects biodiversity.**
 - D. It has no relevance to humanitarian action**
- 7. What does integrated risk management in environmental action involve?**
- A. Isolating sectors**
 - B. Focusing only on shelter**
 - C. Coordinating DRR, climate risk, WASH, health and energy actions to reduce vulnerabilities across sectors**
 - D. Addressing water only**
- 8. Describe the environmental screening process for humanitarian projects.**
- A. Environmental screening is a lengthy, comprehensive process required for all projects.**
 - B. It is optional and can be skipped if time is tight.**
 - C. It only focuses on financial risks and budget impacts.**
 - D. It is a quick, risk-based assessment to identify environmental and social risks, categorize as low/medium/high, and implement mitigation or differ project.**
- 9. Why is WASH essential in emergencies?**
- A. It prevents disease, protects dignity, and underpins safe living conditions**
 - B. It is optional and not urgent**
 - C. It refers only to water supply**
 - D. It is only about sanitation facilities**

10. Which DRR measure is aimed at improving water and sanitation?

- A. Improve water and sanitation**
- B. Tree planting**
- C. Education**
- D. Assess location/type of damaged housing**

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Answers

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1. C
2. A
3. A
4. A
5. A
6. C
7. C
8. D
9. C
10. A

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Explanations

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1. Which climate hazards are considered in site selection?

- A. Only rain
- B. Only earthquakes
- C. Flood, drought, wind, heat hazards plus future climate projections**
- D. Only volcanoes

Assessing exposure to multiple climate hazards and how they may evolve with climate change is essential when selecting a site for humanitarian action. In practice, this means looking at a range of climate-related risks such as flooding, drought, wind extremes, and heat, and considering how these risks could change in the future. Relying on a single factor like rainfall misses other important hazards that can threaten operations, shelters, water supply, and health services. Including future climate projections helps ensure the site remains viable not just today but in the years ahead, reducing the risk of repeat relocations or damage as conditions shift. Climate hazards are distinct from geophysical events like earthquakes or volcanic activity, so those are not the climate hazards typically addressed by this kind of site-selection process. The best option reflects a comprehensive, forward-looking assessment that accounts for multiple hazards and how climate change may alter their intensity or frequency.

2. Which entity provides information on local climate patterns and variability?

- A. National Climate or Meteorological Agencies**
- B. Academic institutions
- C. Interest Groups
- D. Refugee camps

Providing reliable information on local climate patterns and variability comes from organizations that run official climate services. National Climate or Meteorological Agencies collect observations from weather stations, satellites, and other sources, build long-term climate records, monitor variability over seasons and years, and issue local forecasts and climate outlooks. They translate global climate models into region-specific guidance and supply climate risk information that humanitarian actors use for planning, resource allocation, and vulnerability assessments. That official, locally relevant data and messaging is why this choice is the best match. Academic institutions often conduct research and publish analyses, but they are not typically the ongoing source of official local climate data or operational forecasts. Interest groups may share information, yet they don't provide the standardized, authoritative data streams or official forecasts. Refugee camps themselves are recipients of climate information, not providers.

3. Which statement best describes the relationship between environment and humanitarian response in Forestland?

A. The environment context shapes how response and early recovery are conducted

B. The environment has no impact on response

C. Only logistics are affected by environment

D. Environment only matters in long-term recovery

In Forestland, the surrounding environment directly shapes how a humanitarian response and early recovery are carried out. The forest setting brings specific constraints and opportunities that influence every step—from assessment and access to shelter, water, and protection measures. Dense vegetation, uneven terrain, and variable weather affect how quickly aid can be delivered, what kinds of transport are feasible, and where distribution points or camps can be safely located. Environmental factors also determine health and safety needs, such as disease risks, water quality, and shelter design that resists humidity and mold. Decisions about early recovery, like rebuilding homes or restoring livelihoods, must consider protecting the forest and reducing future hazard risk, rather than ignoring the ecological context. That's why the environment's influence is broader than logistics alone and applies from immediate response through early recovery. Other statements're too narrow or inaccurate, since they imply the environment is irrelevant or only affects certain aspects or stages.

4. What should water and sanitation planning always consider?

A. Availability of water and proper waste management

B. Aesthetics of facilities

C. Distance to markets

D. Equipment brand

The main idea is that water and sanitation planning must ensure reliable access to safe water and effective waste management. Ensuring water availability means assessing sources, supply capacity, seasonality, and the ability to deliver water to people consistently, with safeguards for quality. Proper waste management covers safe sanitation facilities, safe handling of fecal sludge, wastewater treatment, and solid waste management, all integrated with hygiene practices. When these elements are secure, health risks from waterborne diseases are minimized and communities can maintain hygiene even in emergencies. Aesthetics of facilities, distance to markets, or the brand of equipment are not the primary drivers for effective WASH planning; the focus should be on reliability, safety, and practicality of water and waste systems.

5. What is the purpose of Environmental Monitoring Indicators (EMIs) in humanitarian response?

- A. To track compliance with environmental standards, efficiency of mitigation measures, and ecological outcomes**
- B. To count tents**
- C. To monitor donor satisfaction**
- D. To assess nutrition intake**

Environmental Monitoring Indicators are used to monitor how a humanitarian response affects the environment. The purpose is to track compliance with environmental standards, see how well mitigation measures are working, and measure ecological outcomes that result from the response. This helps ensure operations minimize harm to ecosystems and communities, manage resources responsibly, and reduce pollution. The data from EMIs also supports accountability to affected people and donors and informs adjustments to practices for safer, greener relief. EMIs focus on environmental factors like waste management, water and soil quality, energy use and emissions, and impacts on biodiversity and ecosystems. They aren't about counting tents, donor satisfaction, or nutrition intake, which belong to different areas of program monitoring.

6. What is ecosystem-based adaptation and its relevance in humanitarian action?

- A. Building seawalls and dikes is an example of ecosystem-based adaptation.**
- B. Ecosystem-based adaptation uses only policy changes, not ecosystems.**
- C. Using ecosystems to reduce risk and support livelihoods, such as mangroves for coastal protection and wetlands for flood control; protects biodiversity.**
- D. It has no relevance to humanitarian action**

Ecosystem-based adaptation uses natural ecosystems and their services to reduce climate risks while supporting people's livelihoods, which makes it highly relevant for humanitarian action. By strengthening natural barriers and ecosystem functions, it helps communities withstand hazards and recover more quickly after disasters. Examples include mangroves protecting coastlines from storm surges, wetlands and floodplains moderating flood peaks, and healthy forests regulating watersheds. These nature-based approaches often cost less than built infrastructure, provide co-benefits like biodiversity protection and carbon storage, and support livelihoods through sustainable use of resources. The option that describes using ecosystems to reduce risk and support livelihoods with concrete examples—and that also highlights biodiversity protection—best captures how ecosystem-based adaptation works in practice. The other statements miss the ecological and livelihood-focused essence or mischaracterize EbA as solely policy-driven or irrelevant to humanitarian work.

7. What does integrated risk management in environmental action involve?

- A. Isolating sectors
- B. Focusing only on shelter
- C. Coordinating DRR, climate risk, WASH, health and energy actions to reduce vulnerabilities across sectors**
- D. Addressing water only

Integrated risk management in environmental action means planning and acting across multiple hazard areas and sectors together, rather than treating them in isolation. It brings together disaster risk reduction, climate risk management, WASH, health, energy, shelter, and related actions so vulnerabilities are reduced across the whole system. This holistic approach acknowledges that risks are connected: flooding affects water and sanitation needs, health outcomes depend on WASH and healthcare capacity, and climate-related shocks influence shelter and energy needs. By coordinating across sectors, teams can identify synergies, avoid duplication, and allocate resources where they have the most cross-cutting impact. That's why coordinating DRR, climate risk, WASH, health and energy actions to reduce vulnerabilities across sectors is the best description. The other options describe siloed or narrow approaches that miss these cross-sector connections.

8. Describe the environmental screening process for humanitarian projects.

- A. Environmental screening is a lengthy, comprehensive process required for all projects.
- B. It is optional and can be skipped if time is tight.
- C. It only focuses on financial risks and budget impacts.
- D. It is a quick, risk-based assessment to identify environmental and social risks, categorize as low/medium/high, and implement mitigation or differ project.**

Environmental screening in humanitarian work is a quick, risk-based check to spot environmental and social risks early in a project. It isn't a full, time-consuming assessment for every project; instead, it uses a simple process to identify potential issues, categorize the project's risk as low, medium, or high, and decide on the next steps. If risks are low, only basic monitoring and good practice may be enough. If risks are higher, mitigation measures are put in place to reduce harm, or the project may be modified or delayed to address the concerns. This approach keeps communities and the environment safer, helps with planning and budgeting for safeguards, and triggers more detailed studies only when needed. It's not optional, nor does it focus solely on financial aspects, and it's not intended to be a lengthy, one-size-fits-all process.

9. Why is WASH essential in emergencies?

- A. It prevents disease, protects dignity, and underpins safe living conditions
- B. It is optional and not urgent
- C. It refers only to water supply**
- D. It is only about sanitation facilities

WASH stands for Water, Sanitation, and Hygiene, and it is essential because it prevents disease, protects dignity, and underpins safe living conditions in displacement and crisis settings. When emergencies strike, water systems can break, latrines may be destroyed, and people live in crowded shelters. Safe water reduces diarrheal and other waterborne illnesses; proper sanitation limits exposure to fecal pathogens; and hygiene practices—especially regular handwashing with soap—greatly cut the spread of infections. Beyond health, WASH upholds dignity by providing private, safe toilet facilities, supporting menstrual hygiene, and enabling people to care for themselves and their families. Together, these components create safer environments and help communities cope and recover. The other options miss important aspects: WASH is not optional or nonurgent; it is broader than just water supply; and it is more than just sanitation facilities.

10. Which DRR measure is aimed at improving water and sanitation?

- A. Improve water and sanitation**
- B. Tree planting
- C. Education
- D. Assess location/type of damaged housing

Water, sanitation, and hygiene (WASH) are foundational to disaster risk reduction because clean water and effective sanitation prevent disease and keep people healthier during and after disasters. When a measure focuses on improving water and sanitation, it directly strengthens a community's resilience by ensuring reliable access to safe drinking water, reducing contamination risks, and supporting hygiene practices in stressful emergency conditions. This targeted improvement lowers vulnerability to outbreaks and supports faster, safer recovery. Other measures address different aspects of resilience: tree planting helps with environmental stability and hazard mitigation through ecosystem services; education builds awareness and preparedness but isn't specifically about water and sanitation; and assessing damaged housing supports shelter and reconstruction decisions, not WASH outcomes.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://enviinhumanitarianaction.examzify.com>

We wish you the very best on your exam journey. You've got this!

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