

EMPIRE BEAUTY SCHOOL HAIR CUTTING PRACTICE TEST (SAMPLE)

STUDY GUIDE



Prepare with structure. Pass with confidence



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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which of the following is a method for sanitizing tools?**
 - A. Wiping with a dry cloth
 - B. Submerging in water
 - C. Placing in a high-pressure steam unit
 - D. Using household cleaners

- 2. In hair cutting, what technique is often used to control the weight of the hair?**
 - A. Point cutting
 - B. Slide cutting
 - C. Weight line
 - D. Texturizing

- 3. What is the process used to eliminate all microbial life, including spores?**
 - A. Disinfection
 - B. Sanitization
 - C. Sterilization
 - D. Decontamination

- 4. What does hair texture refer to?**
 - A. Color of the hair
 - B. Length of the hair
 - C. Diameter or width, quality, feel, and arrangement of individual hair strands
 - D. Density of the hair

- 5. What do hair cutting sections primarily help a stylist achieve during a haircut?**
 - A. Control
 - B. Speed
 - C. Length
 - D. Color

6. Which haircutting technique is typically used to create softer lines in hair?

- A. Point cutting
- B. Blunt cutting
- C. Texturizing
- D. Layer cutting

7. What aspect does 'angle' influence in haircutting?

- A. The combination of straight lines
- B. The texture of the hair
- C. The overall length of hair
- D. The volume of the hairstyle

8. What is the purpose of using scissors for hair cutting?

- A. To create precise and clean lines
- B. To blend hair color
- C. To remove curl from hair
- D. To curl hair

9. Which muscle is responsible for neck movements and is connected to the collarbone?

- A. Sternocleidomastoideus
- B. Platysma
- C. Sternohyoid
- D. Trapezius

10. Which characteristic is associated with hydrophilic substances?

- A. They repel water
- B. They absorb moisture
- C. They're greasy
- D. They require thickening agents

Answers

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1. C
2. C
3. C
4. C
5. A
6. A
7. A
8. A
9. A
10. B

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Explanations

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1. Which of the following is a method for sanitizing tools?

- A. Wiping with a dry cloth
- B. Submerging in water
- C. Placing in a high-pressure steam unit**
- D. Using household cleaners

Placing tools in a high-pressure steam unit is an effective method for sanitizing because it utilizes steam at high temperatures to kill bacteria, viruses, and other pathogens. This method is particularly useful in a beauty or salon setting, where maintaining hygiene is crucial to prevent infections and ensure safety for clients and practitioners alike. The high-pressure steam not only disinfects the tools thoroughly but also penetrates small crevices that might be difficult to clean with other methods, enhancing the overall sanitation process. This approach complies with industry standards for sanitization, making it a preferred technique in professional environments. Other methods like simply wiping with a dry cloth or using household cleaners may not achieve the same level of disinfection, and submerging tools in water alone does not ensure that germs are effectively eliminated. Thus, utilizing a high-pressure steam unit is a superior choice for achieving the necessary cleanliness and safety standards in beauty practices.

2. In hair cutting, what technique is often used to control the weight of the hair?

- A. Point cutting
- B. Slide cutting
- C. Weight line**
- D. Texturizing

The technique that is often used to control the weight of the hair is known as the weight line. This refers to the line created where the maximum weight of the hair is held, influencing how the hair falls and shapes when cut. By properly managing the weight line, a stylist can create a more structured or softer look depending on their desired outcome. This control is crucial for achieving balance and proportion in a haircut. The other techniques, while they play significant roles in the overall styling and texturizing process, do not specifically designate the control of weight in the same manner. Point cutting is primarily used for creating softness and texture on the ends of the hair; slide cutting involves gliding the scissors along the hair shaft to remove bulk and add movement; and texturizing refers to techniques that introduce or modify the texture and density of the hair. Each of these methods may affect the overall appearance, but they do not directly pertain to the establishment of the weight line, which is fundamental for managing how heavy or light a haircut appears.

3. What is the process used to eliminate all microbial life, including spores?

- A. Disinfection
- B. Sanitization
- C. Sterilization**
- D. Decontamination

The process used to eliminate all microbial life, including spores, is known as sterilization. This is a critical procedure in various fields, including healthcare and beauty, where maintaining a completely sterile environment is paramount to prevent infections and ensure safety. Sterilization can be achieved through various methods such as autoclaving, which uses steam under pressure, or chemical sterilants. These methods ensure that not only bacteria and viruses are killed, but also bacterial spores, which are the most resistant forms of microbial life. On the other hand, disinfection refers to the process of eliminating many or all pathogenic microorganisms, but it may not eliminate bacterial spores. Sanitization reduces microbial levels to a safe standard but does not guarantee complete eradication. Decontamination involves cleaning and disinfecting surfaces but does not ensure complete sterility either. Thus, sterilization is the only method that guarantees the complete elimination of all microorganisms, making it essential in environments where absolute cleanliness is required.

4. What does hair texture refer to?

- A. Color of the hair
- B. Length of the hair
- C. Diameter or width, quality, feel, and arrangement of individual hair strands**
- D. Density of the hair

Hair texture refers to the diameter or width, quality, feel, and arrangement of individual hair strands. This encompasses the intrinsic characteristics of the hair, including whether it is fine, medium, or coarse, as well as the overall structure of the hair fibers. Understanding hair texture is crucial for hairstylists because it affects how hair behaves and responds to different styling techniques, products, and treatments. For example, finer hair may require different products compared to coarser hair to achieve desired styles and maintain health. In contrast, the other options address aspects of hair that are distinct from its texture. Color refers to the pigmentation of the hair strands; length pertains to how long the hair is; and density defines the number of hair strands on the scalp. While these factors are important in hairstyling and hair care, they do not define what hair texture is.

5. What do hair cutting sections primarily help a stylist achieve during a haircut?

- A. Control**
- B. Speed
- C. Length
- D. Color

Hair cutting sections are crucial to achieving control during a haircut. By dividing the hair into manageable sections, a stylist can systematically work through the hair with precision. This organization allows for a more structured approach, improving accuracy in cutting and ensuring that the desired technique or style is executed effectively. When sections are properly created, they help the stylist to focus on smaller areas at a time, which facilitates better visibility and control over the cutting technique being employed. This leads to better blending, shaping, and overall quality of the haircut. Control is essential in preventing uneven lengths or unintentional mistakes, which can result from trying to cut too much hair at once or working without a clear plan. While aspects such as speed, length, and color can be important in certain contexts, they are secondary considerations when it comes to the primary function of hair cutting sections. The emphasis on control ensures that the fundamental goals of achieving a clean, precise, and flattering haircut can be met.

6. Which haircutting technique is typically used to create softer lines in hair?

A. Point cutting

B. Blunt cutting

C. Texturizing

D. Layer cutting

Point cutting is a technique used to create softer lines in hair by removing weight and adding texture to the ends. This method involves using the tips of the scissors to cut into the hair rather than making a straight across cut. By cutting into the ends at an angle, point cutting helps to break up any harsh lines created by blunt cuts, resulting in a more blended and softer appearance. This is especially useful for creating softer, more natural-looking haircuts that move easily. The other techniques, while having their own specific purposes, do not inherently focus on achieving softer lines. Blunt cutting creates a sharp, clean edge which can lead to more defined lines. Texturizing is primarily used to reduce bulk and add movement, and layer cutting involves cutting hair at different lengths to add dimension, which can sometimes result in more defined lines as well. However, point cutting is specifically designed to address the need for softer transitions in a haircut.

7. What aspect does 'angle' influence in haircutting?

A. The combination of straight lines

B. The texture of the hair

C. The overall length of hair

D. The volume of the hairstyle

The aspect 'angle' influences in haircutting is primarily related to the combination of straight lines. When hair is cut at various angles, it affects how those lines blend together, creating different shapes and styles. For example, cutting hair at a 45-degree angle creates a specific layering effect that can lead to a soft, graduated look, while a 90-degree cut results in a more blunt and uniform appearance. This manipulation of angles is essential for achieving the desired silhouette and movement in a haircut, as it dictates how the hair will fall and how the cut will interact with the texture and shape of the client's face. While other aspects like texture, length, and volume are also important in haircutting, they are more directly influenced by the techniques used and the type of hair rather than the angles alone. Understanding the role of angle enables stylists to create increasingly sophisticated styles by adjusting how they approach the cut, thus making it a foundational concept in hairstyling.

8. What is the purpose of using scissors for hair cutting?

A. To create precise and clean lines

B. To blend hair color

C. To remove curl from hair

D. To curl hair

The primary purpose of using scissors in hair cutting is to create precise and clean lines. Scissors are designed to provide a controlled and even cut, allowing the stylist to shape the hair with accuracy. This is especially important in achieving a desired length and style, such as blunt cuts, layered looks, or soft edges. The sharp blades of the scissors ensure that the hair ends are cut smoothly, resulting in a polished finish. While other tools or techniques, such as razors or clippers, may be employed for blending or texturizing, scissors are essential for foundational cutting techniques due to their ability to deliver clean lines and precise shapes. This fundamental aspect of scissor use is critical in professional hair cutting practices, making it a vital skill for stylists to master.

9. Which muscle is responsible for neck movements and is connected to the collarbone?

A. Sternocleidomastoideus

B. Platysma

C. Sternohyoid

D. Trapezius

The muscle responsible for neck movements and connected to the collarbone is the sternocleidomastoideus. This muscle plays a crucial role in various head and neck movements, such as rotation and flexion of the head. It is named for its origin at the sternum and clavicle (collarbone) and its insertion at the mastoid process of the temporal bone of the skull. The sternocleidomastoideus enables actions like turning the head to the side or tilting it toward the shoulder, making it essential for many daily movements as well as in functions like looking around. Its anatomical positioning allows it to effectively coordinate these movements through its attachments to both the collarbone and the skull. The other muscles listed, such as the platysma, sternohyoid, and trapezius, serve different functions and are involved in various other actions around the neck and shoulders, but they do not share the same specific connection and functional role in neck movement as the sternocleidomastoideus.

10. Which characteristic is associated with hydrophilic substances?

A. They repel water

B. They absorb moisture

C. They're greasy

D. They require thickening agents

Hydrophilic substances are defined by their affinity for water, meaning they have the ability to absorb moisture readily. This characteristic arises from the polar nature of hydrophilic molecules, allowing them to interact and form hydrogen bonds with water. Unlike hydrophobic substances, which repel water and tend to be greasy or oily, hydrophilic substances are often used in various applications, including cosmetics and skincare, to help with moisture retention and hydration. Therefore, the ability to absorb moisture is a key trait that differentiates hydrophilic substances from others.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://empirebeautyschhaircutting.examzify.com>

We wish you the very best on your exam journey. You've got this!

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