

DELTA SIGMA THETA (DST) DAT PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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1. Who served as the 13th National President of DST?

- A. Geralidine Pittman Woods
- B. Frankie Muse Freeman
- C. Lillian Pierce Benbow
- D. Thelma Thomas Daley

2. The Sacred Vow corresponds to which statement?

- A. Membership in Delta Sigma Theta is a lifetime commitment
- B. The induction of new members is the sorority's most sacred trust
- C. The Grand Chapter was created at the 1st national convention
- D. The Delta National Hymn was written by Alice Dunbar Nelson and Florence Cole Talbert

3. During Helen H. Elsie Austin's tenure as the 8th National President, which organizational change occurred?

- A. The Office of 2nd Vice President was created
- B. First Executive Director was hired
- C. The Five-Point Project was established
- D. Capital Funds Campaign was implemented

4. Tribute to the Arts and Artists is the description for which DST award?

- A. Osceola Award
- B. Mary Church Terrell Award
- C. Clare M. Hale Humanitarian Award
- D. Patricia Roberts Harris Award

5. Which international chapter was established?

- A. Canada Alumnae
- B. Australia Alumnae
- C. United Kingdom Alumnae
- D. India Alumnae

- 6. Who served as the 23rd National President from 2004 to 2008?**
- A. Hortense Golden Canady
 - B. Yvonne Kennedy
 - C. Louise Allen Rice
 - D. Cheryl A. Hickmon
- 7. Who helped lobby Delta Sigma Theta to participate in the Women's Suffrage March?**
- A. Marguerite Young Alexander
 - B. Jimmie Bugg Middleton
 - C. Bertha Pitts Campbell
 - D. Pauline Oberdorfer Minor
- 8. The two components of the Fundamental Principles of the organization?**
- A. The Nine Cardinal Virtues and the Delta Oath
 - B. The Nine Jewels and the Delta Oath
 - C. The Delta Oath and the Nine Jewels
 - D. The Delta Oath and the Purity Jewel
- 9. PWCAC-DST is in which region?**
- A. Central
 - B. Eastern
 - C. South Atlantic
 - D. Farwest
- 10. Which convention was Grand Chapter created?**
- A. Founding convention
 - B. 1st national convention
 - C. 2nd national convention
 - D. Grand Chapter session

Answers

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1. A
2. A
3. C
4. B
5. C
6. C
7. B
8. C
9. C
10. B

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Explanations

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1. Who served as the 13th National President of DST?

A. Geralidine Pittman Woods

B. Frankie Muse Freeman

C. Lillian Pierce Benbow

D. Thelma Thomas Daley

Leading the national chapter is the role that sets the direction for all DST chapters, shaping programs, national initiatives, and the sorority's public presence. Geralidine Pittman Woods is recorded as the 13th National President, placing her at that specific point in the lineage of DST leadership. Her position means she guided the organization through that era, building on the work of earlier presidents and influencing how the sorority carried out its mission across chapters. The other women listed are notable members who contributed in various ways, but they served in different roles or time periods rather than as the 13th national president.

2. The Sacred Vow corresponds to which statement?

A. Membership in Delta Sigma Theta is a lifetime commitment

B. The induction of new members is the sorority's most sacred trust

C. The Grand Chapter was created at the 1st national convention

D. The Delta National Hymn was written by Alice Dunbar Nelson and Florence Cole Talbert

The Sacred Vow expresses a lifelong commitment. When a member takes the vow, they pledge to remain part of Delta Sigma Theta for life, upholding the sorority's values and responsibilities through all stages of life. That enduring pledge is exactly what the statement about lifelong membership captures, making it the best fit. The other statements describe different aspects that aren't what the vow specifically conveys: one refers to the ritual's significance in a way that's not about lifelong membership, another to a historical fact about the sorority's organizational structure, and the last to the authorship of the sorority's hymn—topics separate from the lifelong bond implied by the vow.

3. During Helen H. Elsie Austin's tenure as the 8th National President, which organizational change occurred?

A. The Office of 2nd Vice President was created

B. First Executive Director was hired

C. The Five-Point Project was established

D. Capital Funds Campaign was implemented

During Helen H. Elsie Austin's presidency, the organization adopted a formal strategic framework known as the Five-Point Programmatic Thrust. This shift turned scattered activities into a cohesive plan by focusing on five core areas: Educational Development, Economic Development, International Awareness and Involvement, Physical and Mental Health, and Political Awareness and Involvement. Establishing this project gave chapters nationwide a common mission and clear programming directions, helping the sorority align services, leadership development, and partnerships with measurable impact. The Five-Point focus became the organizing principle for national initiatives and community engagement during her tenure, making it the defining organizational change of that period. Other changes listed are associated with different times or leaderships and are not tied to her administration.

4. Tribute to the Arts and Artists is the description for which DST award?

- A. Osceola Award
- B. Mary Church Terrell Award**
- C. Clare M. Hale Humanitarian Award
- D. Patricia Roberts Harris Award

The description "Tribute to the Arts and Artists" points to an award that honors contributions in the arts and culture. In the Delta Sigma Theta awards lineup, this phrasing is associated with the Mary Church Terrell Award. This award is designated to recognize individuals who have made notable contributions to the arts and to promoting cultural vitality, which aligns exactly with the idea of paying tribute to artists and artistic achievement. The other awards in the list address different areas (such as humanitarian work or public service), so they aren't described in terms of recognizing the arts.

5. Which international chapter was established?

- A. Canada Alumnae
- B. Australia Alumnae
- C. United Kingdom Alumnae**
- D. India Alumnae

The question tests knowledge of DST's expansion beyond the United States and which country first established an international chapter. The United Kingdom Alumnae Chapter was the earliest international presence, marking DST's initial outreach overseas and providing a base for alumnae in Europe. This milestone set the stage for later chapters in other countries. The other options—Canada, Australia, and India alumnae chapters—came after the United Kingdom in the sorority's international growth.

6. Who served as the 23rd National President from 2004 to 2008?

- A. Hortense Golden Canady
- B. Yvonne Kennedy
- C. Louise Allen Rice**
- D. Cheryl A. Hickmon

Louise Allen Rice served as Delta Sigma Theta's 23rd National President from 2004 to 2008. In that role, she led the National Executive Board, set the direction for the sorority's programs and initiatives, and represented DST across the nation during a four-year period. This timeframe distinguishes her from the other listed leaders, who served in different years. Her presidency is the specific term associated with the 23rd national leadership, which is why she is the correct choice.

7. Who helped lobby Delta Sigma Theta to participate in the Women's Suffrage March?

- A. Marguerite Young Alexander
- B. Jimmie Bugg Middleton**
- C. Bertha Pitts Campbell
- D. Pauline Oberdorfer Minor

The situation hinges on who actively pushed Delta Sigma Theta to join the Women's Suffrage Parade. Jimmie Bugg Middleton took on the lobbying role, reaching out to suffrage organizers and presenting DST's interest in marching. Her advocacy helped bring the sorority into the national movement, demonstrating how Black women's organizations could align with the push for voting rights. The other individuals listed are notable early members and founders of DST who contributed in various ways, but the specific effort to persuade the sorority to participate in the parade is attributed to Middleton.

8. The two components of the Fundamental Principles of the organization?

- A. The Nine Cardinal Virtues and the Delta Oath
- B. The Nine Jewels and the Delta Oath
- C. The Delta Oath and the Nine Jewels**
- D. The Delta Oath and the Purity Jewel

The Fundamental Principles are made up of two pieces: the Delta Oath and the Nine Jewels. The Delta Oath is the formal pledge new members recite, affirming dedication to service, scholarship, and sisterhood. The Nine Jewels are the guiding virtues that shape how members conduct themselves and make decisions. Together, they form the ethical framework that guides membership and actions. The other options mix in terms not identified as part of the Fundamental Principles in this context, so they don't fit as the pair described.

9. PWCAC-DST is in which region?

- A. Central
- B. Eastern
- C. South Atlantic**
- D. Farwest

Delta Sigma Theta groups chapters into geographic regions to coordinate activities and leadership beyond local chapters. PWCAC-DST belongs to the South Atlantic region because its chapters are located in the southeastern United States along the Atlantic coast, which is how the regional boundaries are drawn. The other regions listed cover areas that are geographically separate from where PWCAC-DST's chapters are based (Farwest on the West Coast, Central in the Midwest, and Eastern as a broader term not aligning with that regional map), so they don't fit this designation.

10. Which convention was Grand Chapter created?

- A. Founding convention
- B. 1st national convention**
- C. 2nd national convention
- D. Grand Chapter session

The Grand Chapter is the national governing body that coordinates all DST chapters, and it takes shape when chapters from across the country come together to formalize national leadership and structure. This happens at the first national convention, where by-laws are set and officers are elected to oversee the organization on a national level. The founding convention is the moment the sorority was originally formed by the founders, not the moment the national governance was created. Later Grand Chapter sessions occur as part of ongoing governance, but the creation of the national body itself occurs at the first national convention.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://dstdat.examzify.com>

We wish you the very best on your exam journey. You've got this!

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