

DDOD Ohio Medical Certification Category 1 Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	16

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

- 1. How are PRN medications typically defined?**
 - A. As routines**
 - B. As needed**
 - C. Daily scheduled**
 - D. On a fixed basis**
- 2. What should you do if a medication is contaminated?**
 - A. Return it to the pharmacy**
 - B. Continue to use it with caution**
 - C. Dispose of it properly**
 - D. Mix it with other medications**
- 3. What must staff do when a client is prescribed a new medication?**
 - A. Document the medication without supervision**
 - B. Closely supervise the client to monitor their reaction**
 - C. Immediately administer the medicine**
 - D. Wait for a doctor's follow-up before supervision**
- 4. What is the maximum duration of time you can wait to renew your certification?**
 - A. 1 month**
 - B. 3 months**
 - C. 6 months**
 - D. 12 months**
- 5. What is the correct method of administering eye ointment?**
 - A. Apply on the eyelid**
 - B. Create a pocket by pulling down the upper eyelid**
 - C. Gently pull down the lower eyelid to create a pocket**
 - D. Have the client close their eyes tightly**

- 6. What is important for accurate counting of controlled substances?**
- A. Single staff member verification**
 - B. Daily counts by staff**
 - C. Counts completed by two staff members**
 - D. Monthly audits only**
- 7. Which of the following statements is true about using petroleum jelly for rectal medications?**
- A. It is the preferred lubricant**
 - B. It can cause blockage**
 - C. It provides faster absorption**
 - D. It enhances medication effectiveness**
- 8. How do you correctly transfer medication from a bubble pack to a cup?**
- A. Break the bubble and pour into the cup**
 - B. Shake the bubble pack until medication falls out**
 - C. Place the bubble over the cup and push it down**
 - D. Remove the medication and place it in the cup manually**
- 9. Before administering a vaginal medication, what should a client be asked to do?**
- A. Drink a full glass of water**
 - B. Use the restroom**
 - C. Take a deep breath**
 - D. Lie down for 15 minutes**
- 10. What method should be used to clean the area before applying a transdermal patch?**
- A. Using alcohol wipes**
 - B. Using soap and water**
 - C. Using antiseptic cream**
 - D. Using any disinfectant**

Answers

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1. B
2. C
3. B
4. C
5. C
6. C
7. B
8. C
9. B
10. B

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Explanations

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1. How are PRN medications typically defined?

- A. As routines
- B. As needed**
- C. Daily scheduled
- D. On a fixed basis

PRN medications are defined as "as needed." This designation indicates that these medications are prescribed to be taken only when a specific condition arises or symptoms are present, rather than on a regular or fixed schedule. For example, a patient might be prescribed pain relief medication to be taken as needed for episodes of pain rather than at predetermined intervals. This flexibility allows individuals to manage their symptoms proactively, taking medication only when the severity of their symptoms warrants it. Routines or scheduled medications, like those taken daily or on a fixed basis, differ significantly from the PRN approach. Daily scheduled medications are often intended for ongoing management of a condition, while PRN medications empower patients to initiate treatment based on their current needs, thus providing a tailored approach to symptom management.

2. What should you do if a medication is contaminated?

- A. Return it to the pharmacy
- B. Continue to use it with caution
- C. Dispose of it properly**
- D. Mix it with other medications

If a medication is contaminated, the appropriate action is to dispose of it properly. Contaminated medications can pose significant health risks not only to the individual taking the medication but also to others handling it. Proper disposal helps ensure that the medication does not accidentally come into contact with people or the environment, which could lead to adverse effects or further contamination. Disposing of contaminated medications appropriately often involves following specific guidelines, such as returning them to a pharmacy disposal program or following local regulations for hazardous waste. This step is vital for maintaining safety and preventing harm. Keeping contaminated medication for continued use or mixing it with other medications runs the risk of increasing potential side effects or negative interactions, and returning it to the pharmacy may not solve the contamination issue but rather pass the risk on to someone else.

3. What must staff do when a client is prescribed a new medication?

- A. Document the medication without supervision**
- B. Closely supervise the client to monitor their reaction**
- C. Immediately administer the medicine**
- D. Wait for a doctor's follow-up before supervision**

When a client is prescribed a new medication, closely supervising the client to monitor their reaction is vital for ensuring their safety and well-being. This monitoring allows staff to observe any potential side effects or adverse reactions that the client may experience as their body adjusts to the new medication. It is essential for early detection of problems, which can be crucial in managing the client's overall health. Effective monitoring involves checking for changes in the client's behavior, vital signs, and any specific side effects that are known to be associated with the medication. This proactive approach helps staff respond promptly if any issues arise, ensuring the client receives the appropriate care and intervention as needed. The other options do not align with best practices: documenting the medication without supervision does not ensure safety, immediate administration without monitoring could lead to adverse consequences, and waiting for a doctor's follow-up before supervision may delay necessary care and oversight. Therefore, monitoring the client closely after a new medication is administered is the most responsible and appropriate course of action.

4. What is the maximum duration of time you can wait to renew your certification?

- A. 1 month**
- B. 3 months**
- C. 6 months**
- D. 12 months**

Renewing a certification within a specific timeframe is important for maintaining professional credentials. In this case, the maximum duration of time allowed for renewal before certification lapses is six months. This rule exists to ensure that individuals stay current with their skills and knowledge in a field that may evolve frequently, particularly in healthcare and medical practices. Waiting beyond this six-month period can lead to the necessity of re-taking exams or undergoing additional training, as it implies that the individual may not have engaged with ongoing education or professional development that is critical in the medical field. By requiring renewal within six months, the certification process encourages professionals to stay engaged and up-to-date with the latest developments and maintain a competent standard of care.

5. What is the correct method of administering eye ointment?

- A. Apply on the eyelid**
- B. Create a pocket by pulling down the upper eyelid**
- C. Gently pull down the lower eyelid to create a pocket**
- D. Have the client close their eyes tightly**

The correct method of administering eye ointment involves gently pulling down the lower eyelid to create a pocket. This technique allows for the efficient application of the ointment directly into the conjunctival sac, which is the space between the eyeball and the eyelid. By creating this pocket, you ensure that the ointment can spread evenly and adhere to the surface of the eye, providing better therapeutic action. Applying the ointment directly onto the eyelid or pulling down the upper eyelid can be ineffective, as these methods may not provide the necessary space for the ointment to be deposited where it can be most beneficial to the eye tissue. Additionally, having the client close their eyes tightly is not advisable, as it can prevent proper distribution of the ointment and may cause discomfort or reduce effectiveness.

6. What is important for accurate counting of controlled substances?

- A. Single staff member verification**
- B. Daily counts by staff**
- C. Counts completed by two staff members**
- D. Monthly audits only**

Accurate counting of controlled substances is crucial for ensuring compliance with regulations and preventing misuse. Having counts completed by two staff members provides a system of checks and balances, which significantly reduces the likelihood of errors or discrepancies. This practice promotes accountability, as it requires collaboration and communication between staff members, ensuring that any potential issues are immediately addressed and resolved. Utilizing two staff members for the count means that discrepancies can be caught easily, whether due to human error or intentional malfeasance. This method reinforces the integrity of the inventory process, as it minimizes the risk of theft or record-keeping errors. By having two people verify the counts, the facility can maintain better control over its controlled substances, which is essential for both patient safety and regulatory compliance.

7. Which of the following statements is true about using petroleum jelly for rectal medications?

- A. It is the preferred lubricant**
- B. It can cause blockage**
- C. It provides faster absorption**
- D. It enhances medication effectiveness**

Using petroleum jelly for rectal medications can indeed lead to potential issues, including blockage. When applied as a lubricant for administering rectal medications, petroleum jelly has a thick consistency that may not dissolve or absorb properly. This can create a barrier that prevents the medication from being fully absorbed into the rectal mucosa. Consequently, medications intended for systemic absorption may be rendered less effective due to this blockage. Additionally, while petroleum jelly may provide some level of lubrication, it is not always the best option for ensuring the effective delivery of rectal medications. The characteristics of the lubricant used are crucial in facilitating an ideal environment for absorption, and certain types of water-soluble lubricants may be more appropriate to avoid any complications associated with petroleum jelly. Understanding these effects is critical for optimal patient outcomes when administering rectal medications.

8. How do you correctly transfer medication from a bubble pack to a cup?

- A. Break the bubble and pour into the cup**
- B. Shake the bubble pack until medication falls out**
- C. Place the bubble over the cup and push it down**
- D. Remove the medication and place it in the cup manually**

To transfer medication from a bubble pack to a cup correctly, placing the bubble over the cup and pushing it down is the appropriate method. This technique allows the medication to be released in a controlled manner, ensuring that the correct dose is transferred into the cup without losing any medication or contaminating it during the process. Utilizing this approach minimizes the risk of spillage and ensures that the medication remains intact and properly measured. It preserves the integrity of the medication by preventing handling that could lead to contamination or degradation. This method is particularly important in maintaining medication safety, which is a cornerstone of proper pharmaceutical practice.

9. Before administering a vaginal medication, what should a client be asked to do?

- A. Drink a full glass of water**
- B. Use the restroom**
- C. Take a deep breath**
- D. Lie down for 15 minutes**

Asking a client to use the restroom before administering a vaginal medication is important for various reasons. First, ensuring that the bladder is empty can help the client feel more comfortable during the procedure. A full bladder may cause discomfort or interfere with the proper placement of the medication. Additionally, an empty bladder decreases the risk of urinary retention or accidental expulsion of the medication, enhancing its effectiveness. This preparation step is essential as it can facilitate smoother administration of the medication and minimize the chance of complications or discomfort during the process. By addressing this need before proceeding, healthcare providers can help ensure that the client is adequately prepared for the administration of the vaginal medication.

10. What method should be used to clean the area before applying a transdermal patch?

- A. Using alcohol wipes**
- B. Using soap and water**
- C. Using antiseptic cream**
- D. Using any disinfectant**

Cleaning the area with soap and water is recommended before applying a transdermal patch because it effectively removes dirt, oils, and other substances from the skin. This method ensures that the skin surface is clean and reduces the risk of irritation or infection at the application site. Additionally, using soap and water helps to maintain the integrity of the skin barrier, which can be essential for the proper absorption of the medication contained in the patch. In contrast, using alcohol wipes can sometimes cause skin irritation or dryness and may leave a residue that could potentially interfere with the adhesive properties of the patch. Antiseptic cream might be overly effective for skin that does not require such treatment, possibly leading to skin reactions. Similarly, while disinfectants may kill germs, they can also leave residues that are not suitable for skin contact and may adversely affect how well the medication from the patch is absorbed. Therefore, the use of soap and water prior to patch application is preferred for ensuring that the area is adequately prepared for the optimal effectiveness of the transdermal medication.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://ddodohmedicalcat1.examzify.com>

We wish you the very best on your exam journey. You've got this!