

CYO SUMMATIVE EXAM PRACTICE (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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1. Are supplies for technical skill available in the H&P lab during the EOC?
 - A. Yes
 - B. No
 - C. Only some items
 - D. Not specified
2. Solve for x: $2x + 7 = 15$.
 - A. 4
 - B. 3
 - C. 6
 - D. 5
3. What happens in Station 6?
 - A. Turn in grading sheet, remediation PRN
 - B. Remediation PRN after scoring
 - C. Begin next case
 - D. No remediation
4. What can you bring to the EOC?
 - A. Laptop and notebook
 - B. Personal items allowed
 - C. No electronics allowed
 - D. Computer only
5. Which figure of speech is used in the line 'the night wrapped the town in a soft, cold blanket'?
 - A. Metaphor
 - B. Simile
 - C. Personification
 - D. Hyperbole
6. What is station 3?
 - A. History collection
 - B. Physical exam
 - C. Diagnostics
 - D. Technical skills

7. When does time begin for the OSCE?

- A. At the start of the OSCE
- B. During history collection
- C. After the physical exam
- D. After completing all stations

8. In Station 5, the final diagnosis should include what?

- A. Final dx with justification
- B. Final dx only
- C. Differential only
- D. No dx

9. When do you receive the grading sheet and where do you turn it in?

- A. Receive at station 2, turn in at final station
- B. Receive at station 1, turn in at station 2
- C. Receive at final station, turn in at station 1
- D. Receive at station 1, turn in at final station

10. What is the primary function of presenting evidence in nonfiction?

- A. To entertain the reader.
- B. To support the main points and claims.
- C. To introduce a novel subplot.
- D. To confuse the reader.

Answers

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1. B
2. A
3. A
4. D
5. C
6. B
7. B
8. A
9. D
10. B

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Explanations

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1. Are supplies for technical skill available in the H&P lab during the EOC?

- A. Yes
- B. No**
- C. Only some items
- D. Not specified

The key idea is whether you can access materials to perform technical skills in the H&P lab during the EOC. In this setup, supplies for technical skill are not provided, so you're expected to demonstrate the skill through knowledge of the correct steps and safe technique without relying on lab-provided equipment. This standardizes testing conditions and emphasizes understanding of procedures, safety, and sequencing rather than the availability of tools. The other options would imply some level of materials being supplied or unclear guidance, which isn't the case here.

2. Solve for x: $2x + 7 = 15$.

- A. 4**
- B. 3
- C. 6
- D. 5

When solving a linear equation, the goal is to isolate the variable. For $2x + 7 = 15$, undo the operations around x step by step. Subtract 7 from both sides to get $2x = 8$. Then divide both sides by 2 to obtain $x = 4$. Check by substitution: $2(4) + 7 = 8 + 7 = 15$, which matches the right side. So the value that satisfies the equation is 4. For other common guesses, you'd get results like 13, 17, or 19, which don't equal 15, confirming 4 is the correct solution.

3. What happens in Station 6?

- A. Turn in grading sheet, remediation PRN**
- B. Remediation PRN after scoring
- C. Begin next case
- D. No remediation

In this kind of station, the end-of-station step is to submit your grading sheet and indicate whether remediation is needed. Turning in the grading sheet completes the examiner's record for your performance, and the remediation indicator flags whether you should receive follow-up remediation. The other options describe actions that don't align with wrapping up the current station—remediation flagged after scoring suggests a separate post-score step, starting the next case happens after the current station is fully closed, and saying no remediation omits the administrative wrap-up that typically accompanies the end of the station. So the correct action is to turn in the grading sheet and mark remediation as needed.

4. What can you bring to the EOC?

- A. Laptop and notebook
- B. Personal items allowed
- C. No electronics allowed
- D. Computer only**

When taking an EOC, the rule about what you can bring is all about keeping the testing environment fair and secure. The best fit is that you may bring a computer only. That means you're allowed to use one device—the computer you'll test on—and nothing else. This setup helps ensure everyone has the same experience, avoids distractions, and prevents access to unauthorized materials. Why the other options don't fit: bringing a laptop and a notebook would count as more than one device, which isn't allowed if the policy is computer only. Saying no electronics would prevent you from using the required testing software and access. Allowing personal items is too vague and could include items that aren't permitted during the exam. So, computer only is the clearest, policy-aligned choice.

5. Which figure of speech is used in the line 'the night wrapped the town in a soft, cold blanket'?

- A. Metaphor
- B. Simile
- C. Personification**
- D. Hyperbole

This line uses personification—the night is given a human action. By saying the night wraps the town in a blanket, the author attributes the ability to wrap and envelop to night itself, something a person would do. The image makes the night feel active and almost protective, even as it conveys a cold, quiet mood. The phrase “soft, cold blanket” reinforces the feeling of being surrounded by night, turning a natural setting into a lived, sensory scene. It's not using like or as, so it isn't a simile, and it isn't exaggerating beyond believable effect, so it isn't hyperbole. The action of night performing a familiar, human task is what makes this figure of speech clearly a personification.

6. What is station 3?

- A. History collection
- B. Physical exam**
- C. Diagnostics
- D. Technical skills

Station 3 is about performing a physical examination. This tests your ability to assess a patient hands-on using a systematic approach—inspection, palpation, percussion, and auscultation—while keeping the patient comfortable and informed about what you're doing. A strong answer shows a clear, stepwise exam tailored to the patient's presentation, with careful observation and accurate documentation of findings. This contrasts with history collection, which focuses on interviewing and gathering information from the patient, diagnostics, which involves interpreting tests or imaging, and technical skills, which are procedural tasks. The key is demonstrating careful technique, patient-centered communication, and a logical, comprehensive examination.

7. When does time begin for the OSCE?

- A. At the start of the OSCE
- B. During history collection**
- C. After the physical exam
- D. After completing all stations

Time begins during history collection. The OSCE clock is running as soon as you start interacting with the patient and begin eliciting information. That first phase—asking about symptoms, onset, mechanism, related features, and risk factors, while building rapport and clarifying red flags—is a core part of the encounter that the exam intends to assess. Because the station is designed to evaluate both how you question patients and how you proceed to the physical exam and management, you need the allotted time to cover history, examination, and discussion within the same window. Starting the timer earlier or later would misalign with how the station is structured to evaluate your communication and diagnostic data gathering from the outset.

8. In Station 5, the final diagnosis should include what?

- A. Final dx with justification**
- B. Final dx only
- C. Differential only
- D. No dx

The main idea here is to present the most likely diagnosis and show why it fits the patient's story. In this station, you should state the final diagnosis and accompany it with a justification that links the history, exam findings, and any relevant tests to this conclusion. This demonstrates your ability to reason through the data rather than just name a label. A solid justification makes the choice convincing: you briefly outline the key features that point to the diagnosis, explain how the findings support it, and show why alternative explanations are less likely given the information you have. It also helps to mention any tests or investigations that confirm the conclusion and to note any red flags or uncertainties that you would address next. Providing just the final label without reasoning leaves the reasoning process hidden, and offering only a differential without settling on a diagnosis doesn't show you can integrate clues into a single, coherent conclusion. So the best approach is final diagnosis paired with a concise, data-driven justification.

9. When do you receive the grading sheet and where do you turn it in?

- A. Receive at station 2, turn in at final station
- B. Receive at station 1, turn in at station 2
- C. Receive at final station, turn in at station 1
- D. Receive at station 1, turn in at final station**

You're being tested on how the flow of information and submission works in a multi-station exam. The grading sheet should be given to you at the first station so you can see the scoring criteria and what's expected from the start, helping you plan your actions as you move through the stations. You then turn it in at the final station once you've completed everything, so the completed work and the scoring record are collected together for the grader to review in one place. This setup keeps the process orderly: you're aware of how you'll be evaluated from the beginning, and the final submission collects all parts of your performance along with its evaluation. Receiving the sheet later or turning it in earlier would disrupt that flow and complicate scoring.

10. What is the primary function of presenting evidence in nonfiction?

- A. To entertain the reader.
- B. To support the main points and claims.**
- C. To introduce a novel subplot.
- D. To confuse the reader.

Presenting evidence in nonfiction is about supporting the main points and claims by providing facts, data, examples, quotes from authorities, and other verifiable information. This evidence shows that the conclusions follow from reason and gives readers the basis to evaluate the writer's argument. It also helps establish credibility, allowing readers to see how the points are grounded rather than just presented as personal opinion. While nonfiction can be engaging, the primary aim of presenting evidence is to substantiate what's being argued, not to entertain, introduce fictional elements, or mislead.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://cyosummative.examzify.com>

We wish you the very best on your exam journey. You've got this!

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