

CONFLUENCE ADMIN CERTIFICATION PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR
THE FULL VERSION STUDY GUIDE

<https://confluenceadmin.examzify.com>



Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. When restoring from system backups to rollback, which data is included?**
 - A. The database is included
 - B. Only attachments
 - C. Only logs
 - D. Only application data
- 2. Which formats can be used to export multiple pages or spaces?**
 - A. XML
 - B. PDF
 - C. HTML
 - D. All of the above
- 3. What is a correct method to target specific user groups with an Application Link?**
 - A. Add the app link in a space and grant access via a group or individual user
 - B. Create an app link per repository
 - C. Limit access to admin users only
 - D. Use a global access token
- 4. Who receives notification emails when a user requests an app or updates an app request?**
 - A. System Admins
 - B. Non-admin users
 - C. All users
 - D. Project admins
- 5. What is the default memory allocation for the Confluence JVM?**
 - A. 128 MB
 - B. 256 MB
 - C. 64 MB
 - D. 512 MB

- 6. Are user permissions accumulative when a user belongs to multiple groups?**
- A. False
 - B. True
 - C. It depends on the combination of groups
 - D. Permissions from one group override others
- 7. Who can see content of all pages and spaces regardless of permissions?**
- A. Confluence Admin
 - B. System Admin
 - C. Space Admin
 - D. Can Use
- 8. What statement best describes the export levels supported in Confluence?**
- A. Site level
 - B. Space level
 - C. Site level and Space level
 - D. None of the above
- 9. How do you roll back to a previous version of Confluence after an upgrade?**
- A. Install a fresh older version
 - B. Revert changes within the UI
 - C. Restore from system backups (including the database)
 - D. Wait for automatic rollback
- 10. When can you NOT move a page?**
- A. When it has editing restrictions
 - B. When it is in Trash
 - C. When it has child pages
 - D. When it is a blog post

Answers

SAMPLE

1. A
2. D
3. A
4. A
5. C
6. B
7. A
8. C
9. C
10. A

SAMPLE

Explanations

SAMPLE

1. When restoring from system backups to rollback, which data is included?

A. The database is included

B. Only attachments

C. Only logs

D. Only application data

Restoring from system backups to rollback targets the essential state of the site: the data and configuration that define how the system behaves. This critical state is stored in the database, which contains pages, spaces, permissions, users, and settings. Reverting the database brings the content and how the system is configured back to a previous point in time, which is why the database is included in a rollback. Attachments, log files, and other application data are typically stored separately or managed by different backup processes, and aren't guaranteed to be restored as part of the standard rollback. So the database is included because it carries the core, restorable state of the site.

2. Which formats can be used to export multiple pages or spaces?

A. XML

B. PDF

C. HTML

D. All of the above

You can export multiple pages or an entire space in several formats, so you have flexible options for sharing, archiving, or migrating content. XML is the standard choice for space exports, capturing the full structure of a space (pages, attachments, and metadata) in a portable file that's ideal for moving content between Confluence instances or for backups. HTML provides a static, browsable copy of the content, which is great for offline viewing or archiving because it preserves the look and links of pages as a standalone site. PDF offers a portable document format you can print or share, and you can generate a PDF that covers a set of pages or a page tree, depending on the scope you select. Since each format supports exporting more than one page at once or an entire space, all of these options can be used for exporting multiple pages or spaces.

3. What is a correct method to target specific user groups with an Application Link?

A. Add the app link in a space and grant access via a group or individual user

B. Create an app link per repository

C. Limit access to admin users only

D. Use a global access token

Targeting specific user groups with an Application Link is best done by placing the app link inside a space and granting access to that space to the desired groups or individual users. This leverages Confluence's permission model, so only people who have space access can see and use the external application connection. It provides granular, scalable control—you can assign or remove users or groups from the space as needs change. Creating an app link per repository doesn't map to Confluence's access model and would complicate management. Limiting access to admin users only is overly restrictive and unnecessary when you can precisely define who should access the integration. Relying on a global access token bypasses user-level permissions and is insecure, as it would grant access regardless of who the user is.

4. Who receives notification emails when a user requests an app or updates an app request?

- A. System Admins**
- B. Non-admin users
- C. All users
- D. Project admins

Notification routing for app requests hinges on who can manage apps across the whole instance. When a user requests an app or updates that request, the action involves provisioning or governing software across the system, which sits with those who have administrative rights. Because of that, the emails are directed to System Administrators so they can review, approve or reject the request, and perform the installation if allowed. This centralized approach keeps control secure and avoids flooding everyone with requests, since only those with the authority to manage the app catalog need to see and act on it. Non-admin users don't have permission to install or approve apps, so they aren't the intended recipients. Project admins operate within a specific project scope and typically don't handle global app installations, so they wouldn't receive these notifications either. Sending to all users would be noisy and potentially unsafe.

5. What is the default memory allocation for the Confluence JVM?

- A. 128 MB
- B. 256 MB
- C. 64 MB**
- D. 512 MB

Confluence runs on the Java Virtual Machine, and the memory it can use is set by the Java heap size in the startup configuration. The default shipped heap is 64 MB, meaning the JVM starts with 64 MB allocated for the heap and cannot grow beyond that unless you change the settings. This is enough only for basic tests; in real deployments you'd typically increase this to a much larger amount based on workload, by adjusting the startup script (such as `setenv.sh`/Windows equivalent) to set larger `-Xms` and `-Xmx` values or `JAVA_MIN_MEM` and `JAVA_MAX_MEM`. Other larger memory values you might configure, like 128 MB, 256 MB, or 512 MB, are common production configurations but are not the default.

6. Are user permissions accumulative when a user belongs to multiple groups?

- A. False
- B. True**
- C. It depends on the combination of groups
- D. Permissions from one group override others

Permissions are additive: when a user belongs to multiple groups, the effective rights come from the union of what each group can do (plus any permissions granted directly to the user). In practice, if one group lets you view and another lets you edit, you'll be able to view and edit. This grouping approach makes it easy to grant broad access by assembling groups, then assign users by adding them to those groups. Note that content-level restrictions or page-level permissions can still limit access to specific items, even if your group memberships would otherwise grant access. But for the general question of multiple groups, the permissions simply accumulate.

7. Who can see content of all pages and spaces regardless of permissions?

A. Confluence Admin

B. System Admin

C. Space Admin

D. Can Use

Global admin privileges in Confluence grant visibility across the entire instance, allowing the admin to see all content in all spaces regardless of page or space restrictions. This level of access is provided so admins can configure, back up, audit, and troubleshoot the system without being blocked by normal permissions. A Space Admin is limited to managing a single space, a System Admin handles server-level tasks and doesn't automatically imply full content access, and a regular user is governed entirely by the existing permissions. Therefore, the Confluence Admin is the one who can see all pages and spaces regardless of permissions.

8. What statement best describes the export levels supported in Confluence?

A. Site level

B. Space level

C. Site level and Space level

D. None of the above

Exporting in Confluence can be done at two levels: a single space or the entire site. A space-level export bundles everything inside that space—its pages, sub-pages, and attachments—so you can archive or move just that space without touching other spaces. A site-level export collects content from the whole Confluence instance, which is what you'd use for a full backup or migrating the entire site to another server. Because both options are available, the statement that best describes export levels is that Confluence supports both site-level and space-level exports. This gives admins flexibility to back up or transfer either a single space or the entire site, depending on the need.

9. How do you roll back to a previous version of Confluence after an upgrade?

A. Install a fresh older version

B. Revert changes within the UI

C. Restore from system backups (including the database)

D. Wait for automatic rollback

Rolling back after an upgrade is effectively about returning the entire system to the exact state it was in before the upgrade. Upgrades change both the application and the database schema and data, so there isn't an automatic "undo" function in Confluence. The reliable method is to restore from system backups taken before the upgrade, including both the database and the Confluence home directory, and then reinstall the previous version if needed. This mirrors having the full pre-upgrade snapshot so the software version and all data align. In practice, you'd stop Confluence, restore the database to its pre-upgrade state, restore the Confluence home directory, install the older Confluence version, and then start up and verify. If you only try to install an older version or attempt to revert changes within the UI, you'll run into incompatibilities or gaps where the upgrade altered data structures in ways the older version can't handle. There's no automatic rollback to rely on, so having a tested backup-and-restore plan is essential.

10. When can you NOT move a page?

A. When it has editing restrictions

B. When it is in Trash

C. When it has child pages

D. When it is a blog post

When you move a page in Confluence, you're making a structural change to where that page lives, which requires editing permissions. If editing is restricted on that page, you're not allowed to perform edits on it, and that restriction blocks the move. In practice, moving a page relies on enough permissions to edit (or, more specifically, to delete from the current location and create in the destination space). The page's editing restrictions directly prevent that, so you can't move it. Other situations don't inherently stop a move: a page with its own child pages will still move along with its children, and a blog post is just another page that can be moved if you have the necessary permissions. A page in Trash isn't ordinarily moved anywhere until it's restored or permanently deleted, so that scenario is separate from the usual move operation.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://confluenceadmin.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE