

Code of Maryland Regulations (COMAR) Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	16

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. In which title can you find regulations about labor and industry?**
 - A. Title 26**
 - B. Title 28**
 - C. Title 22**
 - D. Title 14**

- 2. What must the attending physician do in the case of resident discharges and transfers?**
 - A. Provide a physician's note upon discharge**
 - B. Follow-up with the resident's family**
 - C. Provide documentation for care continuity**
 - D. All of the above**

- 3. Under COMAR, what must a submitted regulation include to be considered valid?**
 - A. A financial audit report**
 - B. A synopsis of the regulation and a statement of the need for it**
 - C. Public support documentation**
 - D. A letter from the Governor**

- 4. When should the written social history be completed after a patient's admission?**
 - A. Within 3 days**
 - B. Within 5 days**
 - C. Within 7 days**
 - D. Within 10 days**

- 5. In COMAR, what does "regulative authority" mean?**
 - A. The capability to revise existing laws**
 - B. The legal power granted to agencies to create rules and regulations**
 - C. The requirement to hold public hearings on new regulations**
 - D. The ability to enforce penalties for non-compliance**

- 6. What does Title 24 address?**
- A. Public service commissions and utilities regulations**
 - B. Environmental protection standards**
 - C. Occupational safety regulations**
 - D. Public health policies**
- 7. What should a facility include in its request to exceed capacity during an emergency?**
- A. Only the number of residents involved**
 - B. Just the identity of the residents affected**
 - C. A detailed written request with circumstances and documentation**
 - D. A verbal request is sufficient in emergencies**
- 8. What is the required height for handrails in patient areas?**
- A. 30 inches from the floor**
 - B. 36 inches from the floor**
 - C. 42 inches from the floor**
 - D. 48 inches from the floor**
- 9. What is one main feature of the nurses' call system regulations?**
- A. A visible signal must be installed in staff offices.**
 - B. Call stations should be accessible at all times.**
 - C. There must be only one call station per room.**
 - D. Audible signals are not required.**
- 10. What is a "chronic violation" within the scope of compliance according to COMAR?**
- A. A repeated failure to adhere to regulations over a specific time**
 - B. A one-time infraction of regulations**
 - C. A failure to report minor violations**
 - D. A failure driven by force majeure**

Answers

SAMPLE

1. A
2. C
3. B
4. C
5. B
6. A
7. C
8. B
9. B
10. A

SAMPLE

Explanations

SAMPLE

1. In which title can you find regulations about labor and industry?

- A. Title 26**
- B. Title 28**
- C. Title 22**
- D. Title 14**

Title 26 of the Code of Maryland Regulations (COMAR) specifically addresses regulations related to labor and industry. This title includes essential provisions governing various aspects of labor law, such as workplace safety, employment standards, and rights of workers, along with overall regulation of industry practices within the state. Understanding the frameworks within Title 26 is crucial for anyone involved in labor relations, workplace compliance, or industry-related practices in Maryland. The other titles listed do not focus on labor and industry, making Title 26 the appropriate and accurate choice for regulations in this area.

2. What must the attending physician do in the case of resident discharges and transfers?

- A. Provide a physician's note upon discharge**
- B. Follow-up with the resident's family**
- C. Provide documentation for care continuity**
- D. All of the above**

In the context of resident discharges and transfers, the attending physician has a crucial role in ensuring that there is continuity of care. Providing documentation for care continuity is essential as it facilitates a seamless transition for the resident by ensuring that the next caregiver or facility is fully informed about the resident's medical history, treatment plans, and any ongoing needs. This documentation typically includes details such as medications, potential follow-up appointments, and specific interventions that were taken in the prior setting. While providing a physician's note upon discharge and following up with the resident's family are important responsibilities, the primary focus in this context is on documentation to ensure that the resident's ongoing care needs are clearly communicated and understood by all parties involved in their care after a discharge or transfer. This reduces the risk of errors or omissions that could adversely affect the resident's health outcomes.

3. Under COMAR, what must a submitted regulation include to be considered valid?

A. A financial audit report

B. A synopsis of the regulation and a statement of the need for it

C. Public support documentation

D. A letter from the Governor

For a regulation submitted under COMAR to be considered valid, it must include a synopsis of the regulation and a statement of the need for it. This requirement ensures that the regulation is transparent and that the rationale behind its implementation is clearly communicated to stakeholders and the public. Including a synopsis helps provide a brief overview of what the regulation entails, while the statement of need explains why the regulation is necessary. This process is critical for fostering understanding and allows for informed public comment, thereby facilitating compliance and effectiveness of the regulation once enacted. The emphasis on clarity and justification reflects an important principle in regulatory practices, which aims to ensure regulations address genuine concerns and are based on evidence and need.

4. When should the written social history be completed after a patient's admission?

A. Within 3 days

B. Within 5 days

C. Within 7 days

D. Within 10 days

The requirement to complete a written social history within 7 days after a patient's admission aligns with regulations that emphasize the importance of timely and comprehensive assessments in healthcare settings. A thorough social history provides essential context about the patient's background, including their social support systems, living conditions, and any potential factors impacting their health. Completing this documentation within the specified timeframe ensures that healthcare providers can adequately address the patient's needs and develop an effective care plan. This timeframe is critical as it allows the healthcare team to gather pertinent information while the patient is still fresh in their admission process and before any significant treatments or interventions begin, making it easier to understand the patient's overall circumstances and tailor care accordingly. While other options offer longer time frames, 7 days strikes a balance between allowing sufficient time for gathering information and ensuring that care planning can proceed without unnecessary delays. This timeliness is essential in providing high-quality care.

5. In COMAR, what does "regulative authority" mean?

- A. The capability to revise existing laws**
- B. The legal power granted to agencies to create rules and regulations**
- C. The requirement to hold public hearings on new regulations**
- D. The ability to enforce penalties for non-compliance**

"Regulative authority" in the context of the Code of Maryland Regulations (COMAR) refers specifically to the legal power granted to agencies to create rules and regulations. This authority is fundamental to how regulatory agencies operate, enabling them to establish detailed guidelines that implement and interpret legislation passed by the Maryland General Assembly. This power is usually bestowed upon agencies to ensure that they can effectively administer and enforce laws within their specified jurisdiction. The creation of rules and regulations allows agencies to address specific situations that may arise and provide clarity on how laws are to be applied in practice. The other options present activities related to regulatory processes but do not accurately define "regulative authority." For instance, revising existing laws pertains more to the legislative branch rather than the regulatory function of agencies. Holding public hearings is an important procedural step in the rule-making process but does not capture the essence of what regulative authority entails. Similarly, the enforcement of penalties is a consequence of having authority but does not define the scope of regulatory power itself. Therefore, the choice that accurately reflects the definition of "regulative authority" is the legal power granted to agencies to create rules and regulations.

6. What does Title 24 address?

- A. Public service commissions and utilities regulations**
- B. Environmental protection standards**
- C. Occupational safety regulations**
- D. Public health policies**

Title 24 of the Code of Maryland Regulations specifically addresses regulations pertaining to public service commissions and utilities. This title encompasses rules and guidelines related to the oversight and operation of utilities, ensuring that they provide safe, reliable, and reasonably priced services to the public. It also outlines the responsibilities of the public service commissions in regulating these utilities, handling issues such as consumer protections, service quality, and pricing structures. Understanding Title 24 is important for professionals in the field of utilities and public service, as it directly impacts how these organizations operate and interact with the communities they serve.

7. What should a facility include in its request to exceed capacity during an emergency?

- A. Only the number of residents involved**
- B. Just the identity of the residents affected**
- C. A detailed written request with circumstances and documentation**
- D. A verbal request is sufficient in emergencies**

A facility's request to exceed capacity during an emergency must be thorough and detailed to ensure that it captures all relevant information that authorities may need to assess the situation appropriately. Including a detailed written request with circumstances and documentation provides a clear rationale for the request and allows for better decision-making by regulatory agencies. It demonstrates that the facility is taking the situation seriously and is prepared to provide the necessary evidence of the emergency's nature, which may include information on health and safety risks, available resources, and other pertinent data. A comprehensive request helps mitigate misunderstandings and establishes accountability during emergencies. It helps justify the need for exceeding capacity rather than relying on vague or incomplete information, ensuring that all relevant factors are taken into account. This level of detail can also aid in both immediate response and future planning, as it creates a documented history of the circumstance that can be reviewed later.

8. What is the required height for handrails in patient areas?

- A. 30 inches from the floor**
- B. 36 inches from the floor**
- C. 42 inches from the floor**
- D. 48 inches from the floor**

The required height for handrails in patient areas being set at 36 inches from the floor aligns with safety standards intended to provide adequate support for individuals, especially in healthcare settings. This height is crucial, as it ensures that handrails are accessible for patients of varying heights and physical capabilities, facilitating safe navigation throughout facilities such as hospitals and nursing homes. Additionally, the 36-inch height is consistent with guidelines from organizations concerned with safety and accessibility, such as the Americans with Disabilities Act (ADA). These regulations aim to minimize the risk of falls and injuries for patients, who may be frail or unsteady. Providing a consistent height for handrails across different patient areas promotes uniformity and helps staff and patients recognize handrails, making them a reliable support feature. In summary, the selection of 36 inches is based on health and safety standards that prioritize patient protection and accessibility, making it the correct answer in this context.

9. What is one main feature of the nurses' call system regulations?

- A. A visible signal must be installed in staff offices.**
- B. Call stations should be accessible at all times.**
- C. There must be only one call station per room.**
- D. Audible signals are not required.**

The regulation regarding the nurses' call system emphasizes that call stations should be accessible at all times, ensuring that patients can easily reach nursing staff whenever they require assistance. This accessibility is crucial for patient safety and quick response times, as it enables patients to request help without barriers, facilitating a timely and efficient care environment. In the context of healthcare facilities, consistent access to call stations allows for a responsive care structure, which is essential for meeting the needs of patients promptly. This is particularly important in settings where patients may be vulnerable or require immediate attention. The other aspects of the question hint at features that could potentially misinterpret the guidelines. For instance, a visible signal being installed in staff offices may not be a key requirement, as the primary focus is on the patient's ability to call for help. Similarly, while multiple call stations per room might be useful, the specific regulation emphasizes accessibility rather than limiting the number to one. Lastly, the regulation underscores the importance of audible signals, as these serve to alert staff effectively, contradicting the idea that such signals might not be required.

10. What is a "chronic violation" within the scope of compliance according to COMAR?

- A. A repeated failure to adhere to regulations over a specific time**
- B. A one-time infraction of regulations**
- C. A failure to report minor violations**
- D. A failure driven by force majeure**

A "chronic violation" refers specifically to a repeated failure to adhere to regulations over a specific time. This term encapsulates situations where an individual or entity consistently does not comply with established regulations, indicating a pattern of non-compliance rather than isolated incidents. Such violations often reflect underlying issues in compliance management and can result in more severe penalties or actions from regulatory bodies, as they demonstrate a lack of commitment to compliance standards. Recognizing chronic violations is crucial in the enforcement of regulations, as they can indicate systemic issues that need to be addressed to ensure overall adherence to the law.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://comar.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE