# **Certified Radiology Nurse Practice Exam (Sample)**

**Study Guide** 



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### **Questions**

## 1. What type of imaging technique relies on ultrasound technology?

- A. MRI
- **B.** CT scan
- C. Ultrasound-guided core biopsy
- D. X-ray
- 2. What standards of care are radiology nurses held accountable to compared to non-certified RNs?
  - A. Equal to those of non-certified RNs
  - B. Less advanced than non-certified RNs
  - C. More advanced than those applied to RNs not certified in radiology
  - D. Specific to only radiology procedures
- 3. What should a nurse do immediately after a patient receives sedation before a procedure?
  - A. Monitor the patient's vital signs and level of consciousness
  - **B.** Administer additional sedative medications
  - C. Prepare the patient for discharge
  - D. Conduct a full physical examination
- 4. What is the primary purpose of conducting a "Time-Out" before a radiologic procedure?
  - A. To discuss the procedure with the patient
  - **B.** To ensure correct patient identification and procedure verification
  - C. To gather additional patient history
  - D. To review the equipment being used
- 5. Which condition is a typical use case for an IVC filter placement?
  - A. Chronic venous insufficiency
  - **B.** Recurrent deep vein thrombosis
  - **C. Varicose veins**
  - **D.** Peripheral artery disease

- 6. What is the role of the Certified Radiology Nurse during a biopsy procedure?
  - A. To reduce the radiation exposure for the patient
  - **B.** To provide patient care and support, ensuring patient safety and comfort
  - C. To perform the biopsy procedure independently
  - D. To document the procedure outcomes for future reference
- 7. Are viral and bacterial contaminants destroyed in surgical smoke plume?

A. True

**B. False** 

- 8. What is the key difference between an external drainage catheter and an internal-external drainage catheter?
  - A. An external drainage catheter allows drainage only externally
  - **B.** An internal-external drainage catheter allows drainage both externally and internally
  - C. An external drainage catheter is only for bile drainage
  - D. Both catheters serve the same function
- 9. What characterizes steal syndrome in radiology?
  - A. Reduction of blood flow to a non-targeted area
  - **B.** Diversion of arterial blood flow depriving extremity of sufficient blood
  - C. Increased blood supply to the area being treated
  - D. Compression of the vascular structure
- 10. Why is hydration important after a contrast-enhanced study?
  - A. To promote faster recovery from anesthesia
  - B. To help flush contrast media out of the body and prevent kidney damage
  - C. To reduce the risk of infection at the injection site
  - D. To improve patient comfort during recovery

### **Answers**

1. C 2. C 3. A 4. B 5. B 6. B 7. B 8. B 9. B 10. B

### **Explanations**

### 1. What type of imaging technique relies on ultrasound technology?

- A. MRI
- **B.** CT scan

#### C. Ultrasound-guided core biopsy

**D. X-ray** 

Ultrasound technology utilizes high-frequency sound waves to create images of structures within the body. In the context of an ultrasound-guided core biopsy, this imaging technique is critical as it allows for real-time visualization of the area being biopsied. By employing ultrasound, healthcare providers can accurately guide a needle to the target tissue, ensuring that the sample taken is representative and minimizing damage to surrounding structures. This method is particularly advantageous because it is non-invasive compared to other imaging techniques and does not involve radiation exposure, making it a safer option for guiding procedures such as biopsies. In contrast, MRI, CT scans, and X-rays do not utilize ultrasound technology; instead, they rely on different principles of imaging such as magnetic fields, computed tomography, and radiation, respectively. Thus, the ultrasound-guided core biopsy clearly represents the use of ultrasound technology in a clinical setting.

### 2. What standards of care are radiology nurses held accountable to compared to non-certified RNs?

- A. Equal to those of non-certified RNs
- B. Less advanced than non-certified RNs
- <u>C. More advanced than those applied to RNs not certified in</u> <u>radiology</u>
- D. Specific to only radiology procedures

Radiology nurses are held to more advanced standards of care compared to those applied to registered nurses who are not certified in radiology. This distinction arises from the specialized knowledge and skills that certified radiology nurses acquire through their education and certification processes. These nurses are often tasked with assessing patients' needs before, during, and after radiologic procedures, which often involves understanding complex imaging technologies, radiation safety protocols, and managing the specific physiological responses that patients may have to imaging contrast agents or sedation. Their advanced training prepares them to handle unique and potentially critical situations that are not typical for general practice RNs. In addition, certified radiology nurses are up-to-date on best practices, evidence-based medicine, and guidelines specifically relevant to radiology, which enhances patient safety and care quality. This advanced scope of practice not only involves technical proficiency but also encompasses patient education, emotional support, and collaboration with a multidisciplinary team-skills that may not be emphasized as heavily in non-certified positions. Thus, the certification signifies the commitment to a higher level of expertise within the specialized field of radiology nursing, ultimately contributing to better patient outcomes.

3. What should a nurse do immediately after a patient receives sedation before a procedure?

A. Monitor the patient's vital signs and level of consciousness

- **B.** Administer additional sedative medications
- C. Prepare the patient for discharge
- D. Conduct a full physical examination

Immediately after a patient receives sedation, it is crucial for the nurse to monitor the patient's vital signs and level of consciousness. This is important because sedation can affect the respiratory and cardiovascular systems, so frequent monitoring ensures that any adverse reactions can be identified and managed promptly. Evaluating the level of consciousness helps assess the patient's response to the sedation and ensures their safety throughout the procedure. Vital signs, including heart rate, blood pressure, and respiratory rate, are indicators of the patient's physiological status, allowing the nurse to detect any critical changes. Continuous assessment is essential to ensure that the sedation is having the intended effects without leading to complications such as respiratory depression or altered consciousness. Other options, such as administering additional sedative medications, preparing the patient for discharge, or conducting a full physical examination, are not appropriate at this immediate stage. Administering more sedatives could lead to over-sedation, while discharge is only considered after the patient has fully recovered from sedation. A full physical examination may also be unnecessary at this point when the priority is to monitor the immediate effects of the sedation.

## 4. What is the primary purpose of conducting a "Time-Out" before a radiologic procedure?

- A. To discuss the procedure with the patient
- **B.** To ensure correct patient identification and procedure verification
- C. To gather additional patient history
- D. To review the equipment being used

The primary purpose of conducting a "Time-Out" before a radiologic procedure is to ensure correct patient identification and procedure verification. This critical step is a safety protocol designed to prevent errors such as wrong patient, wrong site, or wrong procedure. During the Time-Out, healthcare professionals collectively confirm key information including the patient's identity, the procedure to be performed, and the site of the procedure. This collaborative verification process is essential in maintaining a high standard of patient safety and quality of care within the radiology setting. While discussing the procedure with the patient, gathering additional history, or reviewing equipment may also be important aspects of patient care, they do not encapsulate the primary focus of the Time-Out. The Time-Out specifically targets the prevention of serious procedural errors by emphasizing the verification of the critical details before commencing any diagnostic or interventional procedure.

### **5. Which condition is a typical use case for an IVC filter placement?**

A. Chronic venous insufficiency

#### **B. Recurrent deep vein thrombosis**

- **C. Varicose veins**
- **D.** Peripheral artery disease

The placement of an inferior vena cava (IVC) filter is most commonly indicated in cases of recurrent deep vein thrombosis (DVT). An IVC filter is designed to prevent blood clots from traveling to the lungs, where they can cause a pulmonary embolism, a potentially life-threatening condition. In patients with recurrent DVT, standard anticoagulation therapies may not be sufficient to prevent further clot formation, especially in those who are unable to tolerate anticoagulation due to contraindications or complications. The IVC filter acts as a barrier to catch and trap the clots, reducing the risk of them reaching the pulmonary circulation. Chronic venous insufficiency, varicose veins, and peripheral artery disease are not typical scenarios for IVC filter placement. These conditions may involve different pathophysiological mechanisms and treatment approaches that do not warrant the use of an IVC filter aimed solely at preventing pulmonary embolism from DVTs.

- 6. What is the role of the Certified Radiology Nurse during a biopsy procedure?
  - A. To reduce the radiation exposure for the patient
  - **B.** To provide patient care and support, ensuring patient safety and comfort
  - C. To perform the biopsy procedure independently
  - D. To document the procedure outcomes for future reference

The role of the Certified Radiology Nurse during a biopsy procedure is fundamentally centered around providing patient care and support, which includes ensuring the patient's safety and comfort throughout the process. This role involves monitoring the patient's vital signs, managing pain, alleviating anxiety, and being a source of information and reassurance for the patient during what can often be a stressful experience. The nurse also plays a critical role in preparing the patient for the procedure and assisting the healthcare team as needed, fostering a safe and supportive environment. While other roles such as reducing radiation exposure or documenting outcomes are important, they do not encompass the primary responsibilities of the Certified Radiology Nurse during a biopsy. The nurse's direct engagement with patient care is crucial in managing not only the clinical aspects of the procedure but also the patient's emotional and psychological needs. Performing the procedure independently would be outside the scope of a nurse's responsibilities, as it requires specific training and qualifications typically held by physicians or radiologists.

### 7. Are viral and bacterial contaminants destroyed in surgical smoke plume?

#### A. True

#### **B. False**

Surgical smoke plume is generated during the use of energy-producing devices in surgery, such as lasers and electrosurgical tools. While it can contain various harmful components, including viable cellular material, chemicals, and possible pathogens, it is important to note that not all viral and bacterial contaminants are effectively destroyed by the heat generated in this process. The temperature at which surgical smoke is produced may not be sufficient to reliably destroy all viral and bacterial pathogens. Moreover, the composition of the smoke can vary, and while some pathogens may be inactivated due to the high temperatures, many can survive, especially if they are shielded by tissue remnants or other materials present in the plume. Consequently, appropriate precautions should be taken in handling surgical smoke to minimize the risk of transmission of infectious agents, emphasizing the need for effective smoke evacuation systems and personal protective equipment. Understanding the nature of surgical smoke plume reinforces the importance of implementing safety measures in the surgical environment.

8. What is the key difference between an external drainage catheter and an internal-external drainage catheter?

#### A. An external drainage catheter allows drainage only externally

**B.** An internal-external drainage catheter allows drainage both <u>externally and internally</u>

#### C. An external drainage catheter is only for bile drainage

#### **D.** Both catheters serve the same function

The key difference lies in the functionality of the two types of catheters. An external drainage catheter is designed specifically to allow drainage from the body to the outside, thereby collecting fluid externally. This type of catheter does not facilitate internal drainage, which is a significant limitation when addressing certain medical conditions. On the other hand, an internal-external drainage catheter offers a dual function. It is designed to allow fluid to be drained both internally, from within the body, and externally, to collect fluid outside. This versatility enables the management of different types of fluid collections and can be particularly advantageous when dealing with complex medical situations. This distinction highlights the broader application of internal-external drainage catheters in medical treatment, compared to the more limited scope of external drainage catheters. Understanding this difference is crucial for effective patient care and management in radiology nursing.

- 9. What characterizes steal syndrome in radiology?
  - A. Reduction of blood flow to a non-targeted area
  - **B.** Diversion of arterial blood flow depriving extremity of sufficient blood
  - C. Increased blood supply to the area being treated
  - **D.** Compression of the vascular structure

Steal syndrome is characterized by the diversion of arterial blood flow from one area, resulting in inadequate blood supply to that region, such as an extremity. This phenomenon typically occurs following certain vascular interventions, such as the creation of a fistula for dialysis or the placement of a stent, which can redirect blood flow to a target area at the expense of adjacent areas. As a result, the affected extremity or tissue may not receive enough blood supply, leading to symptoms associated with ischemia, such as pain or ulceration. Recognizing this syndrome is crucial for healthcare professionals, as it may necessitate further evaluation and intervention to restore adequate blood flow to the deprived area.

## **10.** Why is hydration important after a contrast-enhanced study?

- A. To promote faster recovery from anesthesia
- **B.** To help flush contrast media out of the body and prevent kidney damage
- C. To reduce the risk of infection at the injection site
- D. To improve patient comfort during recovery

Hydration after a contrast-enhanced study is crucial primarily because it helps flush contrast media out of the body and prevents potential kidney damage. Many types of contrast agents can have nephrotoxic effects, particularly in patients with pre-existing kidney conditions or other risk factors. Adequate fluid intake aids in diluting the concentration of the contrast agents in the renal system, facilitating their excretion through the kidneys and reducing the risk of contrast-induced nephropathy. This process is particularly important for preserving renal function and ensuring that the patient does not suffer any adverse effects from the contrast material that might compromise kidney health. By maintaining proper hydration levels, healthcare providers can significantly lower the risks associated with contrast studies, leading to better patient outcomes.