

Certified Authorization Professional (CAP) Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

- 1. What is the difference between a security control and a security safeguard?**
 - A. A security control manages security risks, while a safeguard is a specific protection measure**
 - B. A security control is voluntary, while a safeguard is mandatory**
 - C. A security control is a law, while a safeguard is a recommendation**
 - D. A security control applies to individuals, while a safeguard applies to organizations**

- 2. What does the acronym "DIACAP" stand for?**
 - A. Defense Information Assurance Certification and Accreditation Program**
 - B. Departmental Information Analysis Certification and Accreditation Process**
 - C. DoD Information Assurance Certification and Accreditation Process**
 - D. Defense Intelligence Accreditation Compliance and Assurance Process**

- 3. Which document outlines a comprehensive strategy for managing risk in an organization?**
 - A. The Risk Management Strategy**
 - B. The Risk Assessment Framework**
 - C. The Security Control Plan**
 - D. The Compliance Document**

- 4. Which document defines standards for categorizing information and information systems?**
 - A. FIPS 199**
 - B. NIST 800-30**
 - C. FIPS 200**
 - D. CNSS Instruction 1253**

- 5. Which term refers to the consequence that affects individuals or organizational operations?**
- A. Security breach**
 - B. Impact**
 - C. Liability**
 - D. Risk**
- 6. What are the core principles of risk management?**
- A. Monitoring, compliance, reporting, and mitigation**
 - B. Identification, assessment, control, and mitigation of risks**
 - C. Evaluation, implementation, control, and monitoring**
 - D. Estimation, adaptation, acceptance, and planning**
- 7. What is the primary document used to communicate risk assessment results?**
- A. The Security Control Assessment**
 - B. The Risk Assessment Report**
 - C. The Project Plan**
 - D. The Incident Response Plan**
- 8. What best defines a general support system?**
- A. A collection of hardware components**
 - B. A set of technology resources sharing the same management and common functionality**
 - C. A system for tracking software licenses**
 - D. A network of computer systems**
- 9. What can result from a security breach?**
- A. Improved system performance**
 - B. Unauthorized access or disclosure of sensitive information**
 - C. Increased employee productivity**
 - D. Enhanced user experience**

10. How often should continuous monitoring activities be conducted?

- A. Once a year during audits**
- B. Every five years as part of a strategic review**
- C. Continuously or at regular intervals as defined in the Continuous Monitoring Strategy**
- D. Only when security incidents occur**

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Answers

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1. A
2. C
3. A
4. A
5. B
6. B
7. B
8. B
9. B
10. C

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Explanations

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1. What is the difference between a security control and a security safeguard?

- A. A security control manages security risks, while a safeguard is a specific protection measure**
- B. A security control is voluntary, while a safeguard is mandatory**
- C. A security control is a law, while a safeguard is a recommendation**
- D. A security control applies to individuals, while a safeguard applies to organizations**

The distinction between a security control and a security safeguard is primarily rooted in their functions and roles within risk management. Security controls are established measures that are designed to mitigate identified security risks. They encompass a broad range of policies, procedures, and technologies that organizations implement to protect their information systems and data from threats. Controls are generally categorized into various types, such as administrative, technical, and physical controls, each serving a specific purpose in the overall security strategy. On the other hand, a security safeguard refers to specific actions or mechanisms that provide a form of protection. Safeguards are often seen as components or subsets of security controls. They can be specific tools, technologies, or measures put in place to enact the broader security controls that address particular vulnerabilities or threats. Understanding this relationship helps clarify why the correct answer states that a security control manages security risks, whereas a safeguard is a specific protection measure. This knowledge is essential for professionals in the field of information security and risk management, as it allows them to create a structured framework for implementing effective security strategies.

2. What does the acronym "DIACAP" stand for?

- A. Defense Information Assurance Certification and Accreditation Program**
- B. Departmental Information Analysis Certification and Accreditation Process**
- C. DoD Information Assurance Certification and Accreditation Process**
- D. Defense Intelligence Accreditation Compliance and Assurance Process**

The acronym "DIACAP" stands for the "DoD Information Assurance Certification and Accreditation Process." This program is specifically utilized within the Department of Defense (DoD) to ensure that information systems are adequately secured before they are placed into operation. DIACAP establishes a standardized approach for assessing risks associated with information systems, implementing appropriate safeguards, and ensuring compliance with federal regulations and DoD policies. The focus of DIACAP is on maintaining the confidentiality, integrity, and availability of information systems, which is crucial for national security. By having a structured certification and accreditation process, the DoD can ensure that all systems meet specific security requirements prior to being deployed, thus minimizing vulnerabilities and potential threats. Understanding DIACAP is essential for individuals involved in information assurance and risk management within the DoD, as it provides the framework and guidelines necessary to manage security risks effectively throughout the lifecycle of information systems.

3. Which document outlines a comprehensive strategy for managing risk in an organization?

- A. The Risk Management Strategy**
- B. The Risk Assessment Framework**
- C. The Security Control Plan**
- D. The Compliance Document**

The document that outlines a comprehensive strategy for managing risk in an organization is the Risk Management Strategy. This strategic document is essential as it defines the organization's overall approach to identifying, assessing, and mitigating risks. It typically includes the framework and governance for risk management, risk tolerance levels, and processes for continuous monitoring and improvement. The Risk Management Strategy serves to align risk management activities with the organization's objectives and mission, ensuring that risks are managed in a way that supports the organization's ability to achieve its goals. This holistic approach involves not just identifying risks, but also developing strategies to mitigate them, effectively communicating the risk management process, and integrating risk management into the organizational culture. In contrast, other documents may have specific focuses; for example, the Risk Assessment Framework is primarily concerned with the methods and guidelines for assessing risks rather than the broader strategy. The Security Control Plan details the specific security controls to be implemented but does not encompass the overall risk management strategy. The Compliance Document, while important for ensuring adherence to laws and regulations, does not provide a comprehensive view of risk management across the organization.

4. Which document defines standards for categorizing information and information systems?

- A. FIPS 199**
- B. NIST 800-30**
- C. FIPS 200**
- D. CNSS Instruction 1253**

The correct answer is the document that outlines the standards for categorizing information and information systems, which is FIPS 199. This Federal Information Processing Standard provides a systematic approach to characterizing and categorizing the impact that loss of confidentiality, integrity, and availability of information and information systems may have on an organization. It assists in deducing the appropriate security controls needed based on the level of risk associated with different categories of data. While NIST 800-30 focuses on risk management and guidance for conducting risk assessments, and FIPS 200 provides minimum security requirements for federal information and information systems, neither directly defines the categorization standards as FIPS 199 does. CNSS Instruction 1253 relates to the risk management framework but is not specifically aimed at categorizing information or systems. Thus, FIPS 199 is crucial for establishing a foundation for how organizations should assess the sensitivity and criticality of their information and systems, enabling the effective allocation of resources to secure them appropriately.

5. Which term refers to the consequence that affects individuals or organizational operations?

- A. Security breach**
- B. Impact**
- C. Liability**
- D. Risk**

The term that refers to the consequence affecting individuals or organizational operations is "impact." In the context of security and risk management, the impact represents the effect or outcome resulting from an incident, such as a security breach or a failed security measure. Understanding the impact is critical because it assesses the significance of a threat or vulnerability on an organization's resources, reputation, and overall functioning. This concept helps organizations prioritize their security strategies and response plans by evaluating how severe a potential threat could be if it were to materialize. For instance, a data breach can have varying impacts, such as financial loss, legal ramifications, reputational damage, or operational downtime. By defining impact, organizations can better prepare for and mitigate the consequences of adverse events. In contrast to other terms, "liability" relates specifically to legal obligations arising from an action or inaction, whereas "risk" pertains to the probability of an adverse event occurring. A "security breach" is a specific event that can cause an impact, but it does not encompass the broader range of potential consequences on operations and individuals. Therefore, the choice of "impact" effectively captures the measure of consequence that is central to risk management and strategic decision-making within organizations.

6. What are the core principles of risk management?

- A. Monitoring, compliance, reporting, and mitigation**
- B. Identification, assessment, control, and mitigation of risks**
- C. Evaluation, implementation, control, and monitoring**
- D. Estimation, adaptation, acceptance, and planning**

The core principles of risk management revolve around a systematic and structured process aimed at identifying and addressing potential risks to an organization's assets and operations. The choice that highlights these principles includes identification, assessment, control, and mitigation of risks, which are essential steps in effectively managing risk. Identifying risks is the first step, allowing organizations to recognize potential threats and vulnerabilities that may impact their objectives. This is followed by the assessment phase, where the identified risks are analyzed to understand their potential impact and likelihood, enabling prioritization based on their significance. The control aspect involves implementing strategies and measures to either mitigate the risks or reduce their potential effects on the organization. Finally, the mitigation phase focuses on the actions taken to minimize the impact of risks that cannot be entirely avoided. This comprehensive approach ensures that organizations can proactively manage risks, making informed decisions and protecting themselves from unforeseen challenges. Engaging with these core principles allows for a structured way to handle risks, enhance decision-making processes, and improve overall resilience within the organization.

7. What is the primary document used to communicate risk assessment results?

- A. The Security Control Assessment**
- B. The Risk Assessment Report**
- C. The Project Plan**
- D. The Incident Response Plan**

The Risk Assessment Report serves as the primary document used to communicate risk assessment results because it provides a detailed analysis of identified risks, their potential impact, and recommendations for mitigation. This report consolidates findings from the risk assessment process, including the methodologies used, the assets assessed, and the vulnerabilities identified. It aims to inform stakeholders about the level of risk present within the organization and is a critical tool for decision-makers to understand the security posture and prioritize risk management efforts. In contrast, other documents like the Security Control Assessment focus on evaluating the effectiveness of security controls, rather than detailing risk assessment outcomes. The Project Plan outlines objectives, timelines, and resource allocations for projects and does not specifically address risks. The Incident Response Plan is designed for responding to and managing security incidents rather than assessing risk levels. Thus, while all these documents serve important roles in an organization, the Risk Assessment Report is specifically tailored for communicating the results of risk assessments and is therefore the most appropriate choice.

8. What best defines a general support system?

- A. A collection of hardware components**
- B. A set of technology resources sharing the same management and common functionality**
- C. A system for tracking software licenses**
- D. A network of computer systems**

A general support system is best defined as a set of technology resources that share the same management and common functionality. This definition emphasizes the integrated nature of the components involved, illustrating how various technology resources work together cohesively. A general support system typically encompasses a broad range of systems and services that facilitate operations within an organization by providing shared and coordinated support for multiple programs or systems. This collective approach ensures that resources can be efficiently managed and utilized, allowing organizations to streamline their processes and improve overall effectiveness. By integrating various components under a single management structure, it simplifies coordination and enhances functionality, which is critical for effective operational support. The other answer choices point towards specific aspects of technology systems but don't capture the broad, integrated nature that characterizes a general support system. While hardware components might be one part of such a system, they do not alone define its purpose or functionality. Similarly, a system for tracking software licenses is a specific function rather than a description of a general support system, and a network of computer systems emphasizes connectivity but lacks the collaborative management aspect tied to supporting multiple functionalities.

9. What can result from a security breach?

- A. Improved system performance
- B. Unauthorized access or disclosure of sensitive information**
- C. Increased employee productivity
- D. Enhanced user experience

The selection of unauthorized access or disclosure of sensitive information as the correct answer highlights a key consequence of a security breach. When a security incident occurs, it often leads to individuals gaining access to information that they should not have, whether it be due to exploitations of vulnerabilities or weaknesses in security controls. This unauthorized access can result in severe implications, including the exposure of personal data, intellectual property, or proprietary business information. Such breaches can compromise the confidentiality, integrity, and availability of information, severely impacting an organization's reputation, financial status, and compliance with legal obligations. The other options do not accurately reflect consequences of a security breach. Improved system performance and increased employee productivity typically arise from effective systems management, enhancements, or upgrades, rather than as a result of a breach. Similarly, enhanced user experience usually stems from well-designed user interfaces or system optimizations, rather than from experiencing a security incident. Thus, the focus on unauthorized access or disclosure underscores the critical risks associated with breaches and emphasizes the importance of robust security measures to protect sensitive information.

10. How often should continuous monitoring activities be conducted?

- A. Once a year during audits
- B. Every five years as part of a strategic review
- C. Continuously or at regular intervals as defined in the Continuous Monitoring Strategy**
- D. Only when security incidents occur

Continuous monitoring activities are essential for maintaining and managing security controls over time. The appropriate frequency for these activities is guided by the Continuous Monitoring Strategy, which can prescribe a schedule that may include ongoing assessments and real-time monitoring of the security posture of information systems. This approach allows organizations to proactively identify vulnerabilities, manage risks, and ensure compliance with security policies and regulations. By conducting monitoring continuously or at defined regular intervals, organizations can promptly address security issues as they arise, rather than waiting for periodic audits or reviews. This proactive stance is crucial in today's dynamic threat landscape, ensuring that the security measures adapt to new threats effectively. In contrast, conducting monitoring only during audits or strategic reviews may leave organizations vulnerable between those periods, while restricting monitoring to incidents ignores the need for ongoing vigilance and responsiveness to potential threats. Thus, a continuous or regularly scheduled approach, as specified in the strategy, is vital for effective risk management and ensuring the security of the information systems.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://certifiedauthorizationprofessional.examzify.com>

We wish you the very best on your exam journey. You've got this!