

# CDC Services 7-Level Block 2 Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. What is the purpose of the CDC's Public Health Emergency Preparedness program?**
  - A. To manage the funding allocations for health departments**
  - B. To enhance the capability of health departments to respond to emergencies**
  - C. To coordinate vaccine distribution nationally**
  - D. To establish new health departments**
  
- 2. How does the CDC affect global responses to health emergencies?**
  - A. By limiting information sharing**
  - B. By ensuring local governments maintain control**
  - C. By providing technical expertise and support**
  - D. By disregarding global health equity**
  
- 3. How does the CDC support health departments in response to a bioterrorism event?**
  - A. By restricting information to a select few**
  - B. By providing expertise, resources, and coordinated response efforts**
  - C. By overseeing the financial budget of each health department**
  - D. By focusing on long-term solutions only**
  
- 4. What is the function of the CDC's Division of Nutrition, Physical Activity, and Obesity?**
  - A. To create guidelines for food industries**
  - B. To promote healthy eating, physical activity, and prevent obesity through evidence-based strategies**
  - C. To monitor advertising of sugar products**
  - D. To support only weight loss programs**
  
- 5. What role does epidemiology play in CDC services?**
  - A. It involves studying health policies and regulations**
  - B. It involves studying the distribution and determinants of health and disease in populations**
  - C. It focuses on the treatment of infectious diseases**
  - D. It develops new healthcare technologies**

- 6. What types of resources does the CDC offer for health professionals?**
- A. Research funding and grants**
  - B. Guidelines, training materials, and technical assistance**
  - C. Medical supplies and equipment**
  - D. Legal advice on health policies**
- 7. What is the primary purpose of HACCP guidelines?**
- A. Prevent contamination from biological, chemical, and physical hazards**
  - B. Enhance food presentation in dining facilities**
  - C. Standardize meal preparation procedures**
  - D. Improve customer service in food establishments**
- 8. What is the significance of the Healthy People initiative?**
- A. It sets data-driven national objectives to improve health and well-being**
  - B. It allocates funding for global health research**
  - C. It regulates food safety standards across the nation**
  - D. It sets prices for healthcare services**
- 9. What is one of the key priorities of the CDC's National Center for Chronic Disease Prevention and Health Promotion?**
- A. Reducing the healthcare budget**
  - B. Reducing the burden of chronic diseases**
  - C. Expanding hospital networks**
  - D. Increasing pharmaceutical sales**
- 10. Who will review the transactions on the SF 1080 against the system or Sent Receipt Report?**
- A. Food Service Accountant**
  - B. DFAS**
  - C. AFSVC/SVOF**
  - D. Storeroom personnel**

## **Answers**

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1. B
2. C
3. B
4. B
5. B
6. B
7. A
8. A
9. B
10. C

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## **Explanations**

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**1. What is the purpose of the CDC's Public Health Emergency Preparedness program?**

- A. To manage the funding allocations for health departments**
- B. To enhance the capability of health departments to respond to emergencies**
- C. To coordinate vaccine distribution nationally**
- D. To establish new health departments**

The purpose of the CDC's Public Health Emergency Preparedness program is to enhance the capacity and capability of health departments to effectively respond to public health emergencies. This program focuses on developing comprehensive emergency response plans, improving communication and coordination during crises, and ensuring that health departments are prepared with the necessary resources, training, and infrastructure. By strengthening the competency of these departments, the program ensures that they can effectively manage responses to various public health threats, including natural disasters, infectious disease outbreaks, and bioterrorism incidents. This preparation helps protect the health and safety of communities by allowing for a swift and organized response when emergencies arise. Other options, while they touch on related areas, do not directly address the primary goal of improving the overall readiness and response capabilities of public health systems.

**2. How does the CDC affect global responses to health emergencies?**

- A. By limiting information sharing**
- B. By ensuring local governments maintain control**
- C. By providing technical expertise and support**
- D. By disregarding global health equity**

The Centers for Disease Control and Prevention (CDC) plays a crucial role in enhancing global responses to health emergencies by providing technical expertise and support. This support includes sharing best practices, advancing research on outbreak management, and aiding in the development of effective public health strategies. By leveraging its knowledge of epidemiology, disease control, and health systems, the CDC helps countries strengthen their capacity to respond to health threats, coordinating with international partners such as the World Health Organization (WHO) and other global health bodies. This collaborative approach bolsters the overall ability of nations to detect, prevent, and respond to health emergencies, thereby minimizing the impact of diseases on populations. The CDC's involvement ensures that countries can learn from each other's experiences and implement evidence-based measures that enhance the effectiveness of their response efforts.

**3. How does the CDC support health departments in response to a bioterrorism event?**

- A. By restricting information to a select few
- B. By providing expertise, resources, and coordinated response efforts**
- C. By overseeing the financial budget of each health department
- D. By focusing on long-term solutions only

The CDC plays a crucial role in supporting health departments during a bioterrorism event by providing expertise, resources, and coordinated response efforts. This support is essential because bioterrorism events can involve complex public health challenges that require swift and effective action. The expertise offered by the CDC includes guidance on how to identify and respond to biological threats, training for health professionals, and the development of public health protocols. Furthermore, the CDC provides resources such as laboratory support, access to medical countermeasures, and communication technologies that aid in rapid response. Coordinated response efforts enable multiple health departments and agencies to work together efficiently, share information, and implement strategies that protect public health. Overall, this comprehensive assistance ensures that local health departments are better equipped to manage the health impacts of bioterrorism incidents effectively.

**4. What is the function of the CDC's Division of Nutrition, Physical Activity, and Obesity?**

- A. To create guidelines for food industries
- B. To promote healthy eating, physical activity, and prevent obesity through evidence-based strategies**
- C. To monitor advertising of sugar products
- D. To support only weight loss programs

The function of the CDC's Division of Nutrition, Physical Activity, and Obesity primarily revolves around promoting healthy eating and physical activity while implementing strategies aimed at preventing obesity. This division utilizes evidence-based strategies to develop initiatives and programs that support these goals. By focusing on a holistic approach to nutrition and physical activity, the division aims to foster environments and policies that encourage healthier choices across various communities. Promoting a well-rounded methodology helps to enhance public health and prevent chronic diseases related to obesity, making the chosen answer particularly relevant. The emphasis on evidence-based strategies indicates that the division relies on research and data to inform its practices, which enhances the effectiveness of its initiatives in combating the obesity epidemic and improving overall nutrition and physical health within the population. This focus sets it apart from other functions that may not encompass the comprehensive nature of its mission.

## 5. What role does epidemiology play in CDC services?

- A. It involves studying health policies and regulations
- B. It involves studying the distribution and determinants of health and disease in populations**
- C. It focuses on the treatment of infectious diseases
- D. It develops new healthcare technologies

The role of epidemiology in CDC services is centered around studying the distribution and determinants of health and disease in populations. This scientific discipline plays a crucial part in understanding how diseases spread, who is affected, and the factors contributing to health outcomes. By analyzing patterns and trends within different populations, epidemiologists can identify risk factors, monitor health trends over time, and evaluate the effectiveness of public health interventions. This understanding is vital for the CDC, as it informs public health policy and preventative measures designed to control and prevent diseases within communities. The data collected through epidemiological studies help the CDC respond to outbreaks, allocate resources effectively, and implement health programs tailored to the specific needs of populations. The other choices do not capture the primary focus of epidemiology; while health policies, treatment of diseases, and healthcare technologies are important aspects of public health, they are not the core functions of epidemiology itself. Instead, those areas rely on the foundational data and insights provided by epidemiological research.

## 6. What types of resources does the CDC offer for health professionals?

- A. Research funding and grants
- B. Guidelines, training materials, and technical assistance**
- C. Medical supplies and equipment
- D. Legal advice on health policies

The CDC provides a wealth of valuable resources specifically aimed at health professionals, with a focus on guidelines, training materials, and technical assistance. This option encompasses a broad range of resources that are critical for ensuring that health professionals are equipped with the latest information, practices, and protocols. Guidelines offered by the CDC are based on extensive research and evidence, enabling health professionals to implement best practices in their work. Training materials are designed to educate and update professionals on new health issues, technologies, and methodologies, ensuring they are capable of providing the highest standard of care. Additionally, technical assistance can take various forms, including support for complex health programs, data analysis, and operational guidance, facilitating health professionals in effectively addressing public health challenges. The other options, while they may seem relevant, do not accurately reflect the primary focus and offerings of the CDC. For instance, while research funding and grants are important aspects of health research, they are not the primary resources provided directly to health professionals in practice. Medical supplies and equipment can be necessary for healthcare settings but are typically managed and distributed by different entities rather than the CDC itself. Similarly, legal advice on health policies falls outside the typical role of the CDC, which focuses more on health promotion and disease prevention rather than legal matters.

## 7. What is the primary purpose of HACCP guidelines?

- A. Prevent contamination from biological, chemical, and physical hazards**
- B. Enhance food presentation in dining facilities**
- C. Standardize meal preparation procedures**
- D. Improve customer service in food establishments**

The primary purpose of HACCP (Hazard Analysis and Critical Control Points) guidelines is to prevent contamination from biological, chemical, and physical hazards. HACCP is a systematic approach designed to identify and manage potential hazards that can pose risks to food safety. By establishing critical control points in the food production process, HACCP helps ensure that food is safe for consumption. The focus of HACCP is on hazard prevention rather than response, emphasizing the importance of identifying potential hazards early in the food production and preparation stages. By implementing these guidelines, food safety professionals can effectively mitigate risks and ensure that food products remain safe for consumers, ultimately reducing instances of foodborne illnesses. The other options do not accurately describe the primary purpose of HACCP. Enhancing food presentation, standardizing meal preparation, and improving customer service, while important aspects of food service operations, are not the central focus of the HACCP system. HACCP is fundamentally about ensuring food safety through systematic hazard analysis and control, which is why it is the correct answer.

## 8. What is the significance of the Healthy People initiative?

- A. It sets data-driven national objectives to improve health and well-being**
- B. It allocates funding for global health research**
- C. It regulates food safety standards across the nation**
- D. It sets prices for healthcare services**

The Healthy People initiative is significant because it establishes data-driven national objectives that aim to enhance the overall health and well-being of the population. The initiative provides a framework for public health efforts by identifying specific goals and targets that are based on scientific evidence and health data. This structured approach allows various stakeholders, including governments, health organizations, and communities, to focus their efforts on critical health issues and track progress over time. By utilizing measurable objectives, the initiative enables the public health community to assess the impact of health programs and policies, fostering accountability and encouraging improvements in health systems. The emphasis on data also helps to identify inequalities in health outcomes, guiding targeted interventions to address these disparities. Other options do not align with the primary focus of the Healthy People initiative. While funding for global health research, food safety regulations, and setting prices for healthcare services may be important in their own respects, they do not capture the core purpose of the Healthy People initiative, which is centered on setting national health objectives to drive improvements in public health.

**9. What is one of the key priorities of the CDC's National Center for Chronic Disease Prevention and Health Promotion?**

- A. Reducing the healthcare budget**
- B. Reducing the burden of chronic diseases**
- C. Expanding hospital networks**
- D. Increasing pharmaceutical sales**

One of the key priorities of the CDC's National Center for Chronic Disease Prevention and Health Promotion is to reduce the burden of chronic diseases. This focus reflects the center's commitment to improving public health by implementing strategies and programs that address the prevention and management of chronic illnesses such as heart disease, diabetes, and cancer. By prioritizing the reduction of chronic diseases, the CDC aims to enhance overall population health, reduce healthcare costs associated with these conditions, and promote healthier lifestyles among the public. This goal is significant because chronic diseases account for a substantial proportion of morbidity and mortality in the United States, leading to increased healthcare costs and diminished quality of life. Efforts may include promoting healthier eating, increasing physical activity, and implementing screenings to detect chronic diseases early. Addressing these issues can lead to a healthier population and a more sustainable healthcare system. The other options, while they may relate to healthcare, do not align with the specific goals and priorities of the CDC's National Center for Chronic Disease Prevention and Health Promotion. For example, reducing the healthcare budget or increasing pharmaceutical sales may not directly contribute to health promotion or chronic disease prevention.

**10. Who will review the transactions on the SF 1080 against the system or Sent Receipt Report?**

- A. Food Service Accountant**
- B. DFAS**
- C. AFSVC/SVOF**
- D. Storeroom personnel**

The correct answer refers to AFSVC/SVOF, which is responsible for reviewing transactions on the SF 1080 against the system or Sent Receipt Report. This organization plays a key role in ensuring that the financial transactions related to food services are accurately accounted for and that there is consistency between what has been reported and what is reflected in the system. AFSVC/SVOF's oversight is crucial because it helps maintain the integrity of financial records, ensuring that funds are correctly allocated and that any discrepancies can be promptly addressed. Their review process serves as a quality control measure that supports the overall efficiency and effectiveness of financial management within food service operations. Other roles mentioned, such as the Food Service Accountant and DFAS, typically handle financial accounting and disbursement functions but may not specifically focus on the review of the SF 1080 in conjunction with the Sent Receipt Report. Storeroom personnel are involved in the actual handling and inventory management of food service items rather than the financial reconciliation processes. Therefore, the role of AFSVC/SVOF stands out as the one specifically tasked with this important review function.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://cdcservices7levelblock2.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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