

# CAL FIRE Forms Company Officer Academy (COA) Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. Which form is the Modified work agreement?**
  - A. Cf-200a**
  - B. Cf-66**
  - C. Cf-70**
  - D. Cf-212**
  
- 2. Physical Fitness corresponds to which code?**
  - A. 1800 Handbook**
  - B. 1831**
  - C. 1700 Handbook**
  - D. 1900 Handbook**
  
- 3. Code of Safe Practices is associated with which IIPP?**
  - A. IIPP-1**
  - B. IIPP-2**
  - C. IIPP-3**
  - D. IIPP-4**
  
- 4. Which form records Qualitative Fit Test results?**
  - A. Qualitative Fit Test Record**
  - B. Quantitative Fit Test Record**
  - C. IAPS Data Entry Worksheet and Code Sheet IAPS Data Entry**
  - D. Sharps Injury Log**
  
- 5. Which form is designated for certification of a health condition affecting an employee or healthcare provider?**
  - A. Po-16**
  - B. Po-18**
  - C. Po-20**
  - D. Po-21**
  
- 6. The 1831 code corresponds to which topic?**
  - A. Physical Fitness**
  - B. Health and Fitness**
  - C. Safety**
  - D. Uniform Policy**

- 7. Job Hazard Analysis/Project Safety Work Plan is associated with which IIPP?**
- A. IIPP-1**
  - B. IIPP-2**
  - C. IIPP-3**
  - D. IIPP-4**
- 8. Which policy covers Appointments, Transfers and Separations?**
- A. 1020**
  - B. 1080**
  - C. 1038.3**
  - D. 1091.2**
- 9. Which form certifies healthcare provider?**
- A. Po-16**
  - B. Po-18**
  - C. Po-20**
  - D. Po-17**
- 10. The label 'Nope, Nope and Nope' corresponds to which IIPP?**
- A. IIPP-4**
  - B. IIPP-5**
  - C. IIPP-6**
  - D. IIPP-7**

## Answers

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1. A
2. B
3. C
4. A
5. C
6. A
7. B
8. A
9. A
10. B

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## **Explanations**

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## 1. Which form is the Modified work agreement?

- A. Cf-200a**
- B. Cf-66
- C. Cf-70
- D. Cf-212

The Modified Work Agreement is documented on CF-200a. This form is specifically used to outline temporary, modified duties, hours, and duration for an employee who cannot perform full duties due to an injury or medical condition. It captures exactly what tasks are allowed, the time frame, and the signatures needed from the employee, supervisor, and medical provider, ensuring a clear, safe return-to-work plan that aligns medical guidance with workplace expectations. The other forms listed are used for different administrative or medical processes and do not serve as the modified-work agreement, so they aren't the correct choice.

## 2. Physical Fitness corresponds to which code?

- A. 1800 Handbook
- B. 1831**
- C. 1700 Handbook
- D. 1900 Handbook

Physical Fitness is mapped to the 1831 code. In these practice materials, topics are tagged with numeric codes to organize content, and the 1831 code specifically groups material related to physical fitness, its standards, and testing procedures. The other codes (1700, 1800, 1900) point to different topics, not Physical Fitness, so they don't align with what this item is assessing. That's why the 1831 code is the best match.

## 3. Code of Safe Practices is associated with which IIPP?

- A. IIPP-1
- B. IIPP-2
- C. IIPP-3**
- D. IIPP-4

The question tests where the Code of Safe Practices fits within the IIPP framework. The Code of Safe Practices is the formal set of safety rules and procedures that tell everyone how to work safely. In the CAL FIRE COA IIPP structure, this collection of rules belongs to the IIPP element that focuses on establishing and maintaining safe work practices and procedures. That element is specifically about writing, communicating, and enforcing safety rules, so the Code of Safe Practices is placed there. The other IIPP elements cover different aspects—management commitment, employee involvement, and hazard identification and control—so they don't directly govern the Code of Safe Practices.

#### 4. Which form records Qualitative Fit Test results?

- A. Qualitative Fit Test Record**
- B. Quantitative Fit Test Record**
- C. IAPS Data Entry Worksheet and Code Sheet IAPS Data Entry**
- D. Sharps Injury Log**

Qualitative fit testing yields a simple pass/fail result based on whether the wearer can detect the test agent. The form designed to capture those outcomes is the Qualitative Fit Test Record, because it specifically records the test date, wearer, respirator model, test agent, and the pass/fail result. This is different from a quantitative fit test, which logs numerical fit factors from instrumentation; the other forms are for unrelated records (data entry for a separate process and a Sharps Injury Log). So, the Qualitative Fit Test Record is the appropriate form for documenting Qualitative Fit Test results.

#### 5. Which form is designated for certification of a health condition affecting an employee or healthcare provider?

- A. Po-16**
- B. Po-18**
- C. Po-20**
- D. Po-21**

Po-20 is the designated form for certification of a health condition affecting an employee or healthcare provider. It is completed by a licensed medical professional to officially document the diagnosis, the impact on the person's ability to perform essential duties, any functional limitations, and recommended accommodations or return-to-work instructions. Having a standardized form helps ensure clear communication between the employee, supervisor, and health care provider, supports timely decisions about leave, accommodations, and safety, and protects privacy by sharing only necessary information. The other forms are used for different medical documentation tasks and don't serve this certification purpose.

#### 6. The 1831 code corresponds to which topic?

- A. Physical Fitness**
- B. Health and Fitness**
- C. Safety**
- D. Uniform Policy**

Numeric codes in these COA materials categorize topics, and the 1831 code is assigned to Physical Fitness. This reflects content about conditioning, fitness testing, and wellness practices that firefighters use to stay ready for duty. That focus on physical readiness distinguishes it from related areas like Safety or Uniform Policy, which are addressed by different codes.

**7. Job Hazard Analysis/Project Safety Work Plan is associated with which IIPP?**

- A. IIPP-1
- B. IIPP-2**
- C. IIPP-3
- D. IIPP-4

Understanding hazard identification and prework planning. A Job Hazard Analysis breaks down a specific task into steps, identifies the hazards at each step, and determines safe methods to perform the work. A Project Safety Work Plan documents how safety will be managed on a project, including identified hazards, chosen controls, responsibilities, timelines, and procedures. Both of these tools are fundamentally about spotting hazards before work starts and putting concrete controls in place to prevent injuries, which is the focus of the second IIPP in this program. The other IIPP areas center on establishing leadership and accountability, providing training and communication, or evaluating and improving the program, rather than on performing hazard analysis or drafting a project safety plan.

**8. Which policy covers Appointments, Transfers and Separations?**

- A. 1020**
- B. 1080
- C. 1038.3
- D. 1091.2

This question is about which policy governs the lifecycle actions of hiring, moving internally, and exiting the agency. The policy that covers appointments, transfers, and separations is 1020. It lays out the procedures for initiating a hire, processing internal moves between positions or units, and handling separations such as resignations, retirement, or termination, including the required forms, approvals, and record-keeping. It's the best fit because it directly addresses all three actions in one place, ensuring consistent steps and documentation across the entire lifecycle. Other policies address different topics and do not consolidate these three specific actions. For example, when bringing someone onto the department, moving them to a new role or station, or processing their departure, 1020 provides the applicable steps and requirements.

**9. Which form certifies healthcare provider?**

- A. Po-16**
- B. Po-18
- C. Po-20
- D. Po-17

The form used to certify a healthcare provider's evaluation is Po-16. This form is the official document a clinician signs to affirm a patient's medical status—such as fitness for duty, medical clearance, or any stated restrictions—providing the formal record that the healthcare professional has reviewed and certified the individual's health status. The other form codes are assigned to different administrative or medical purposes and do not serve as the healthcare-provider certification document.

**10. The label 'Nope, Nope and Nope' corresponds to which IIPP?**

**A. IIPP-4**

**B. IIPP-5**

**C. IIPP-6**

**D. IIPP-7**

This item tests your ability to interpret the labeling scheme used for the IIPP options in the practice materials. Each IIPP number is paired with a unique, memorable label, so you can map quickly from the label to the number when answering. The label 'Nope, Nope and Nope' corresponds to IIPP-5 in that mapping. Therefore, choosing the IIPP-5 option aligns with the established key. The other numbers do not match this label in the materials, so they would be incorrect for this prompt.

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## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://calfireformscoa.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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