

BOPC Maryland Law Assessment (MLA) Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

- 1. For which activities may the maximum CEUs per year of service be earned for reviewing a professional journal?**
 - A. 30 CEUs**
 - B. 25 CEUs**
 - C. 20 CEUs**
 - D. 10 CEUs**
- 2. Which of the following is NOT a violation related to therapeutic deception?**
 - A. Engaging in sexual activity with a client**
 - B. Explaining personal beliefs during therapy**
 - C. Encouraging a client to perform sexually provocative acts**
 - D. Representing sexual contact as part of therapy**
- 3. If a certificate holder has a renewal period of less than 2 years, how many Category A CEUs must they complete?**
 - A. 10 CEUs**
 - B. 20 CEUs**
 - C. 30 CEUs**
 - D. 40 CEUs**
- 4. Is a program sponsored by an accredited institution of higher education automatically approved for Category A?**
 - A. True**
 - B. False**
 - C. It depends on the subject matter**
 - D. Only if it meets certain criteria**
- 5. What options does a person aggrieved by a final decision of the Board in a contested case have?**
 - A. Only appeal to the Governor**
 - B. Appeal to the Board of Review and then take further appeal**
 - C. File a complaint with the State Legislature**
 - D. Seek mediation before appealing**

- 6. What is one action that can lead to disciplinary action by the Board?**
- A. Aiding unauthorized practice**
 - B. Providing free counseling**
 - C. Participating in community outreach**
 - D. Maintaining client confidentiality**
- 7. What happens if a counselor engages in sexual misconduct with a client?**
- A. They will receive training on appropriate behavior**
 - B. They may face sanctions from the Board**
 - C. They can appeal to a higher authority**
 - D. They will be required to take a leave of absence**
- 8. Which of the following must be stated in the continuing education program description?**
- A. Certification of completion required by law**
 - B. Approval by the state Board of Examiners**
 - C. Fees associated with participation**
 - D. Number of sessions available**
- 9. What is the maximum CEUs for authoring a book chapter or journal article?**
- A. 10 CEUs**
 - B. 15 CEUs**
 - C. 30 CEUs**
 - D. 40 CEUs**
- 10. What demographic aspect should the composition of the Board reflect?**
- A. Demographics of the United States**
 - B. Composition of the population of the State**
 - C. Ratio of counselors to therapists**
 - D. Gender and age diversity of the Board**

Answers

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1. D
2. B
3. B
4. A
5. B
6. A
7. B
8. B
9. B
10. B

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Explanations

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1. For which activities may the maximum CEUs per year of service be earned for reviewing a professional journal?

- A. 30 CEUs**
- B. 25 CEUs**
- C. 20 CEUs**
- D. 10 CEUs**

The maximum Continuing Education Units (CEUs) that can be earned for reviewing a professional journal is 10 CEUs per year of service. This is established in order to encourage ongoing professional development while also maintaining a structured approach to the acceptable limits of CEU accumulation for specific activities. Reviewing professional journals is considered an important activity, as it not only contributes to personal professional growth but also aids in the advancement of the field by ensuring scholarly rigor and quality. However, this activity is capped at 10 CEUs to allow a balance between various educational activities and to provide equal opportunities for different forms of learning and engagement within the profession. This cap may seem limited compared to other professional educational activities; however, it reflects the recognition that while reviewing journals is valuable, it should ideally be one of many diverse educational experiences that professionals engage in throughout the year.

2. Which of the following is NOT a violation related to therapeutic deception?

- A. Engaging in sexual activity with a client**
- B. Explaining personal beliefs during therapy**
- C. Encouraging a client to perform sexually provocative acts**
- D. Representing sexual contact as part of therapy**

The assertion that explaining personal beliefs during therapy is not a violation related to therapeutic deception is accurate because engaging in therapeutic conversations about personal beliefs doesn't necessarily manipulate or deceive the client. In fact, discussing values and beliefs can be an important part of the therapeutic process, as it helps to build rapport and understand the client's perspective. Therapeutic deception typically involves actions that exploit the client's trust or manipulate their emotions in a way that is unethical, such as engaging in sexual activity with a client or misrepresenting motives behind therapeutic actions. These other options involve direct manipulation and crossing professional boundaries, which are significant violations in a therapeutic setting.

3. If a certificate holder has a renewal period of less than 2 years, how many Category A CEUs must they complete?

- A. 10 CEUs**
- B. 20 CEUs**
- C. 30 CEUs**
- D. 40 CEUs**

To determine the required Category A continuing education units (CEUs) for a certificate holder with a renewal period of less than 2 years in Maryland, it's essential to follow the regulations set forth by the licensing body. Those regulations often stipulate that for each renewal period that is less than two years, the certificate holder must complete a specified number of Category A CEUs. In this case, the requirement is clearly outlined as needing to complete 20 Category A CEUs. This guideline is designed to ensure that professionals remain current with the latest standards and practices in their field, thereby promoting ongoing professional development and competency. The other options, while potentially representing various CEU requirements in different contexts or for different timeframes, do not align with the specified requirement for a renewal period of less than 2 years. This clarity in the regulation helps ensure that practitioners meet the necessary educational standards without confusion regarding the exact CEU counts required based on their renewal terms.

4. Is a program sponsored by an accredited institution of higher education automatically approved for Category A?

- A. True**
- B. False**
- C. It depends on the subject matter**
- D. Only if it meets certain criteria**

A program sponsored by an accredited institution of higher education is indeed not automatically approved for Category A. While accreditation indicates that the institution meets established educational standards, the approval for a specific program also depends on whether it meets additional criteria set forth by relevant regulatory bodies or professional organizations. Category A typically requires specific qualifications, outcomes, or learning objectives to be met. Therefore, even accredited programs must be evaluated against these criteria to determine their eligibility for Category A designation. This evaluation process ensures that all approved programs maintain a consistent level of quality and relevance. Understanding this distinction is essential because it highlights the importance of not only accreditation but also adherence to the specific standards required for program approval.

5. What options does a person aggrieved by a final decision of the Board in a contested case have?

A. Only appeal to the Governor

B. Appeal to the Board of Review and then take further appeal

C. File a complaint with the State Legislature

D. Seek mediation before appealing

The correct answer indicates that a person aggrieved by a final decision of the Board in a contested case has the option to appeal to the Board of Review and then take further appeal. This process is crucial as it provides a structured channel for revisiting the decision made by the Board. Appealing to the Board of Review allows the aggrieved party to have a second examination of the case, giving them the opportunity to present additional evidence or arguments that may not have been fully considered in the original decision-making process. After this step, if the party still feels that the decision is unjust, they can pursue further appeals to higher courts, thus ensuring that their concerns are thoroughly evaluated through established legal processes. This option reflects an important principle in administrative law, which emphasizes the right to seek redress through subsequent levels of review, hence promoting fairness and accountability in administrative actions. It helps safeguard the rights of individuals while allowing the Board to correct or clarify its decisions if warranted.

6. What is one action that can lead to disciplinary action by the Board?

A. Aiding unauthorized practice

B. Providing free counseling

C. Participating in community outreach

D. Maintaining client confidentiality

Aiding unauthorized practice can indeed lead to disciplinary action by the Board because it violates the ethical and legal standards that govern professional conduct within the field. Licensed professionals are tasked with the responsibility of adhering to the laws that regulate their practice, which includes ensuring that they do not assist individuals who are unlicensed or unqualified to perform specific professional activities. This help can be directly harmful to the public and undermines the integrity of the profession, as it can result in inadequate or unsafe services being provided. Engaging in activities such as providing free counseling, participating in community outreach, or maintaining client confidentiality are typically seen as positive behaviors that contribute to the well-being of clients and the community. These actions show a commitment to service and ethical practice, helping to build trust and uphold the standards of the profession. By comparison, aiding unauthorized practice undermines these principles, making it a serious violation that can result in disciplinary measures from the Board.

7. What happens if a counselor engages in sexual misconduct with a client?

- A. They will receive training on appropriate behavior**
- B. They may face sanctions from the Board**
- C. They can appeal to a higher authority**
- D. They will be required to take a leave of absence**

When a counselor engages in sexual misconduct with a client, it is a serious violation of professional ethics and legal standards. The appropriate response to such behavior is typically disciplinary action from the regulatory body governing the profession. In this case, the Board can impose sanctions, which may include suspension, revocation of license, or other disciplinary measures aimed at protecting clients and the integrity of the profession. Sanctions from the Board serve multiple purposes: they hold counselors accountable for their misconduct, deter similar actions by others in the field, and demonstrate a commitment to maintaining ethical standards within the profession. It reinforces the principle that the well-being and trust of clients are paramount and that misconduct will not be tolerated. While training, appeals, and leave of absence might be considered in different contexts or for lesser infractions, the direct consequence of sexual misconduct is significant enough to justify sanctions from the Board. These actions reflect the severity of the misconduct and the necessity of maintaining professional standards and client safety in therapeutic relationships.

8. Which of the following must be stated in the continuing education program description?

- A. Certification of completion required by law**
- B. Approval by the state Board of Examiners**
- C. Fees associated with participation**
- D. Number of sessions available**

The requirement for stating approval by the state Board of Examiners in the continuing education program description is essential because it provides assurance to participants that the program meets the necessary standards set forth by the regulatory body overseeing professional education in Maryland. This approval indicates that the content and quality of the program are sufficient for fulfilling continuing education requirements. Including this information supports transparency and credibility, helping participants make informed decisions about which programs to attend to maintain their professional licenses. In contrast, while the other options may contain relevant information, they are not mandated to be included in the program description according to regulatory guidelines. Therefore, the emphasis on board approval ensures that educational programs adhere to established guidelines, enhancing professional standards within the practice.

9. What is the maximum CEUs for authoring a book chapter or journal article?

A. 10 CEUs

B. 15 CEUs

C. 30 CEUs

D. 40 CEUs

The correct answer is that a maximum of 15 CEUs can be earned for authoring a book chapter or journal article. This amount reflects the continuing education requirements set forth by the state, which aim to acknowledge the effort and expertise involved in contributing scholarly work to the field. Authoring these types of publications is recognized as a significant professional development activity, warranting the allocation of CEUs that encourage practitioners to engage in research and writing, thus promoting the advancement of knowledge and practice within their profession. In contrast, other options that propose higher CEU values do not align with the established guidelines, as they exceed the designated cap for this specific educational activity. Therefore, the standard of 15 CEUs provides a reasonable balance between recognizing the value of academic contributions and maintaining a regulated system for continuing education credits.

10. What demographic aspect should the composition of the Board reflect?

A. Demographics of the United States

B. Composition of the population of the State

C. Ratio of counselors to therapists

D. Gender and age diversity of the Board

The composition of the Board should reflect the demographics of the population of the State because it ensures that the Board is representative of the community it serves. This representation is important for several reasons, including fostering trust and understanding between the Board and the public, promoting diverse perspectives in decision-making, and addressing the specific needs and issues that may arise within different demographic segments of the population. By aligning the Board's makeup with the state's demographics, it enhances the Board's effectiveness and credibility. It also allows for more equitable access to services and representation in governance, ensuring that policies and practices are inclusive and reflective of the diverse populations within the state. This focus on state demographics is critical in promoting fairness and understanding in the provision of mental health and counseling services, which can vary significantly across different regions and populations.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://bopcm1a.examzify.com>

We wish you the very best on your exam journey. You've got this!