

Basic Division Officer Course (BDOC) Week 1 Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

| | |
|------------------------------------|-----------|
| Copyright | 1 |
| Table of Contents | 2 |
| Introduction | 3 |
| How to Use This Guide | 4 |
| Questions | 5 |
| Answers | 8 |
| Explanations | 10 |
| Next Steps | 15 |

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. Which statement about Traditional contributions is correct?**
 - A. Investments are taxed after taking them out**
 - B. Investments are taxed before hand**
 - C. Investments are not taxed at all**
 - D. Investments are taxed yearly**

- 2. Rate-entry Training (Strikers) require which of the following to become a rated Sailor?**
 - A. Automatic promotion after a period at sea**
 - B. Must pass their rating exam**
 - C. Only for officers**
 - D. Completed by self-study only**

- 3. Indigo messages are used for which purpose?**
 - A. When needing authorization for fire**
 - B. For weather updates**
 - C. To log maintenance**
 - D. To file a travel plan**

- 4. Which Combatant Command has an AOR that includes the Middle East, Central Asia, Egypt and Israel?**
 - A. Indopacom**
 - B. Centcom**
 - C. Northcom**
 - D. Africom**

- 5. The term Promulgate is associated with which cycle?**
 - A. P5**
 - B. PBED**
 - C. PDCA**
 - D. DMAIC**

- 6. What does the existence of two fund types imply about asset allocation options?**
- A. You can choose either individual funds or lifecycle funds**
 - B. There are no bonds**
 - C. You must invest in all funds**
 - D. You cannot diversify**
- 7. In NJP proceedings, which role has a character statement of the accused?**
- A. CMAA**
 - B. XO1**
 - C. DRB**
 - D. DIVO and Chief**
- 8. OPREP-5 is a naval message type used to report what kind of events?**
- A. INDIGO**
 - B. OPREP-5**
 - C. EXORD**
 - D. GENADMIN**
- 9. Which term denotes the leave accrual that increases by 2.5 days each month during the fiscal year?**
- A. Used**
 - B. CR BAL**
 - C. LV LOST**
 - D. ERND**
- 10. Which of the following is NOT a type of selection board?**
- A. Statuary**
 - B. Administrative**
 - C. Screen**
 - D. Fitness Board**

Answers

SAMPLE

1. A
2. B
3. A
4. B
5. A
6. A
7. D
8. B
9. D
10. D

SAMPLE

Explanations

SAMPLE

1. Which statement about Traditional contributions is correct?

- A. Investments are taxed after taking them out**
- B. Investments are taxed before hand**
- C. Investments are not taxed at all**
- D. Investments are taxed yearly**

Traditional contributions are tax-deferred: you can deduct the contribution now, and the account grows without yearly taxes. Taxes are paid when you withdraw the money in retirement, with withdrawals taxed as ordinary income. That makes the statement that investments are taxed after taking them out the correct description. The other options imply taxes upfront, never taxed, or taxed annually, which doesn't match how traditional contributions are taxed.

2. Rate-entry Training (Strikers) require which of the following to become a rated Sailor?

- A. Automatic promotion after a period at sea**
- B. Must pass their rating exam**
- C. Only for officers**
- D. Completed by self-study only**

To become a rated Sailor, the essential step is passing the rating exam. This formal assessment verifies you've learned the specific knowledge, skills, and procedures associated with your rating, and it officially qualifies you to wear that rating. Automatic promotions after time at sea don't apply here, the process isn't limited to officers, and self-study alone isn't enough—you must complete the training and demonstrate competence by passing the exam.

3. Indigo messages are used for which purpose?

- A. When needing authorization for fire**
- B. For weather updates**
- C. To log maintenance**
- D. To file a travel plan**

Indigo messages are the formal way to obtain authorization to fire. In weapons control, no rounds are fired without explicit approval carried by this type of message, making it time-sensitive and requiring confirmation from the designated authority. It ensures the correct chain of command is followed and that the engagement complies with rules of engagement and safety procedures. This is why it's used specifically for authorizing fire, rather than for weather updates, maintenance logs, or travel plans, which use different communications and procedures. If you receive an Indigo message, treat it as a formal authorization to engage and respond according to your ROE and command instructions.

4. Which Combatant Command has an AOR that includes the Middle East, Central Asia, Egypt and Israel?

- A. Indopacom**
- B. Centcom**
- C. Northcom**
- D. Africom**

Area of responsibility determines which Combatant Command plans and conducts operations in a given region. United States Central Command covers the Middle East and Central Asia, and its AOR includes Egypt and Israel, so missions in that area fall under Centcom. The other commands focus on different regions: INDOPACOM oversees the Indo-Pacific, NORTHCOM handles North America, and AFRICOM covers Africa. That regional fit makes Centcom the best answer for the described area.

5. The term Promulgate is associated with which cycle?

- A. P5**
- B. PBED**
- C. PDCA**
- D. DMAIC**

Promulgate means to officially proclaim or widely spread a policy or procedure so it becomes widely known and adopted. In the five-step cycle, one stage is devoted to taking the plan and getting it into action across the organization—communicating it, training people, and institutionalizing the change. That explicit focus on dissemination and adoption is why this term fits best with that cycle. Other cycles emphasize different sequence steps, like planning and doing, then checking or analyzing results, without a named stage dedicated to spreading and formalizing the change. That's why they don't align with promulgation as a defined part of the cycle.

6. What does the existence of two fund types imply about asset allocation options?

- A. You can choose either individual funds or lifecycle funds**
- B. There are no bonds**
- C. You must invest in all funds**
- D. You cannot diversify**

Having two fund types shows you have flexible ways to set up your asset allocation. If you pick individual funds, you decide the exact mix of assets—how much to put in stocks, bonds, and other investments—so you tailor the risk and return to your own preferences. If you choose lifecycle (target-date) funds, the fund automatically adjusts the mix over time, becoming more conservative as you approach a target date. This means asset allocation can be self-directed or automated, giving you practical options depending on how hands-on you want to be. It doesn't imply there are no bonds, nor that you must invest in every fund, nor that you can't diversify; both types typically include a diversified range of assets, and you can diversify within whichever option you choose.

7. In NJP proceedings, which role has a character statement of the accused?

- A. CMAA
- B. XOI
- C. DRB
- D. DIVO and Chief**

In NJP proceedings, the character statement on the accused is provided by the Division Officer and the Chief Petty Officer. They supervise the member and know their day-to-day conduct, work ethic, and reliability, so they can speak from firsthand experience about the sailor's character and potential for improvement. This input helps the commanding officer weigh the offense against the individual's overall record and behavior. The other roles listed aren't the usual sources for this kind of statement—their responsibilities lie in different areas of command and discipline—so the Division Officer and Chief Petty Officer are the ones who provide the character statement.

8. OPREP-5 is a naval message type used to report what kind of events?

- A. INDIGO
- B. OPREP-5**
- C. EXORD
- D. GENADMIN

OPREP-5 is the Navy's reporting channel for high-interest or sensitive events that need to be brought to the attention of the chain of command and Public Affairs. It's specifically used to inform leaders about incidents or situations that could affect operations, safety, or public perception, rather than to issue orders or to push routine administrative information. That's why this choice best fits: it identifies the purpose of OPREP-5 as a vehicle for reporting significant events. The other options describe different kinds of messages (an operation order, general administrative notices, or an unrelated code) and do not match the purpose of OPREP-5.

9. Which term denotes the leave accrual that increases by 2.5 days each month during the fiscal year?

- A. Used
- B. CR BAL
- C. LV LOST
- D. ERND**

Leave accrual grows as you earn it; each month you add a fixed amount to your earned leave balance. The term used to denote that accrued portion is Earned Leave, abbreviated ERND. It increases by 2.5 days every month, so over time your ERND grows cumulatively (2.5 days per month). If you take leave, that amount is subtracted from your balance, but the monthly accrual itself is the earned portion that rises regardless of usage. Other terms describe different things: 'Used' is leave already taken, 'CR BAL' is the current balance snapshot, and 'LV LOST' is leave forfeited. Therefore ERND best represents the monthly accrual amount.

10. Which of the following is NOT a type of selection board?

- A. Statuary**
- B. Administrative**
- C. Screen**
- D. Fitness Board**

The concept being tested is recognizing what counts as a selection board. In this context, selection boards are used to decide who moves forward in a process like promotion or assignment, based on records, interviews, and established criteria. The statuary (statutory) board, administrative board, and screen board are all types that contribute to that decision-making process: they review qualifications, ensure criteria are met, and determine who earns advancement or eligibility. A Fitness Board, however, is not used to select individuals for a program or promotion; it focuses on determining physical or medical fitness and readiness. So it isn't considered a type of selection board.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://bdocweek1.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE