

BAMC PROMOTION BOARD PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

VISIT US ONLINE FOR
THE FULL VERSION STUDY GUIDE

<https://bamcpromotionboard.examzify.com>



Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. Which of the following is NOT listed as a warning sign of suicide?**
 - A. Talk of murder
 - B. Giving away property
 - C. Relationship problems
 - D. Buying a new car

- 2. AR 600-85 covers?**
 - A. Army Substance Abuse Program
 - B. Drugs and alcohol
 - C. Army Discipline Program
 - D. Uniform Standards

- 3. What does the uniform represent to the soldier?**
 - A. Being part of something bigger than themselves
 - B. Displaying rank and insignia
 - C. Demonstrating personal wealth
 - D. Signaling unit loyalty

- 4. What is the purpose for AR 600-20?**
 - A. Regulates training standards
 - B. Primary relegation for policies, duties and responsibilities for command.
 - C. Determines pay and retirement
 - D. Provides safety guidance

- 5. Which BAMC milestone occurred immediately before COTO opened in 2011?**
 - A. 1886 the first brick hospital was built.
 - B. 1942 the hospital's name was changed to General Brook Hospital.
 - C. 1996 New BAMC opened.
 - D. 2011 COTO opened.

6. DD Form 2910 is best described as?

- A. A form used for submitting travel claims.
- B. Victim reporting preferences statement that allows supporting personnel to counsel a victim, inform them of their options, and the victim to elect their desired report.
- C. A medical release form.
- D. A form used to request leave.

7. Who is the BAMC Brigade CSM?

- A. CSM Soriano
- B. CSM Miller
- C. CSM Blash
- D. CSM Dobins

8. PMI stands for?

- A. Preliminary Markmans Instruction
- B. Primary Military Instruction
- C. Personal Medical Information
- D. Preliminary Military Intervention

9. Which individual is the MRBN CSM?

- A. CSM Blash
- B. LTG Izaguirre
- C. CSM Soriano
- D. General Summons

10. When was the American continental army established?

- A. 14 June 1775
- B. 4 July 1776
- C. 14 July 1775
- D. 1775

Answers

SAMPLE

1. D
2. A
3. A
4. B
5. C
6. B
7. B
8. A
9. C
10. A

SAMPLE

Explanations

SAMPLE

1. Which of the following is NOT listed as a warning sign of suicide?

- A. Talk of murder
- B. Giving away property
- C. Relationship problems
- D. Buying a new car**

Understanding warning signs of suicide means looking for expressions of wanting to die or to harm oneself, or changes in behavior that suggest planning, hopelessness, or a shift toward self-harm. Giving away belongings is a well-known sign because it can indicate someone is preparing for an end of life or a major life change. Relationship problems reflect acute distress and can accompany escalating risk, especially when paired with withdrawal, mood swings, or hopeless thoughts. Talking about harming others can signal violent ideation, which is a safety concern and requires attentive response, though it's a different focus than self-harm. Buying a new car does not inherently signal suicidality or intent, and is generally just a normal life decision. So the item that is not a warning sign is buying a new car.

2. AR 600-85 covers?

- A. Army Substance Abuse Program**
- B. Drugs and alcohol
- C. Army Discipline Program
- D. Uniform Standards

AR 600-85 governs the Army Substance Abuse Program, the Army's framework for preventing, identifying, and addressing substance abuse among Soldiers and DA civilians. It sets the policy for prevention and education, testing and reporting, referrals, treatment, and rehabilitation, along with the roles of commanders and the processes for managing incidents related to substance abuse. While drugs and alcohol are the substances this program targets, the regulation itself is the policy structure that administers ASAP. Other topics like discipline and uniform standards are covered by different regulations, such as those addressing command policy and dress standards.

3. What does the uniform represent to the soldier?

- A. Being part of something bigger than themselves**
- B. Displaying rank and insignia
- C. Demonstrating personal wealth
- D. Signaling unit loyalty

The uniform represents being part of something bigger than oneself. It signals enlistment in a shared mission, values, and tradition, creating esprit de corps and a sense of unity, discipline, and commitment to the team and its responsibilities. While the uniform can display rank or unit identifiers, the deeper meaning to the soldier is belonging to a larger purpose and community. Personal wealth is unrelated, and signaling unit loyalty is a secondary outcome of that core sense of belonging.

4. What is the purpose for AR 600-20?

- A. Regulates training standards
- B. Primary relegation for policies, duties and responsibilities for command.**
- C. Determines pay and retirement
- D. Provides safety guidance

AR 600-20, Army Command Policy, establishes how commands operate. Its purpose is to lay out the policies that govern command, the responsibilities of commanders at all levels, and the chain of command. It also covers areas like equal opportunity, harassment prevention, and maintaining good order and discipline across the force. This makes it the go-to reference for what leaders must oversee and enforce in their units. It isn't primarily about training standards, pay and retirement, or safety guidance, which are addressed by other regulations.

5. Which BAMC milestone occurred immediately before COTO opened in 2011?

- A. 1886 the first brick hospital was built.
- B. 1942 the hospital's name was changed to General Brook Hospital.
- C. 1996 New BAMC opened.**
- D. 2011 COTO opened.

Understanding timelines and the order of events helps you see which milestone sits directly before another. In this BAMC sequence, the events occur in this order: 1886 first brick hospital, 1942 the hospital's name changed to General Brook Hospital, 1996 New BAMC opened, and 2011 COTO opened. Since 2011 comes right after 1996 with no other milestones in between, the milestone that occurred immediately before COTO opened is the 1996 opening of the New BAMC. The earlier dates are separate points in history, and the 2011 milestone itself is the event being described, so it isn't the preceding one.

6. DD Form 2910 is best described as?

- A. A form used for submitting travel claims.
- B. Victim reporting preferences statement that allows supporting personnel to counsel a victim, inform them of their options, and the victim to elect their desired report.**
- C. A medical release form.
- D. A form used to request leave.

This form captures a victim's reporting preferences and options, allowing supporters to counsel the survivor, explain what choices exist, and let the survivor elect how they want to proceed. By documenting these preferences, responders can tailor support, inform the survivor about available options (such as reporting to law enforcement or staying private while receiving services), and ensure the next steps align with the survivor's wishes. It centers on giving the victim control over their reporting path while providing clear information and access to resources. Other forms are for travel claims, medical releases, or leave requests, which do not address how a victim wants to report or be supported, so they don't fit the purpose of documenting reporting preferences.

7. Who is the BAMC Brigade CSM?

- A. CSM Soriano
- B. CSM Miller**
- C. CSM Blash
- D. CSM Dobins

The key idea here is who serves as the senior enlisted leader for a brigade. The Brigade Command Sergeant Major is the chief advisor to the Brigade Commander on all matters affecting enlisted soldiers—training, readiness, morale, discipline, and welfare—across the entire brigade. In this context, Miller is the person holding that role, so he is the correct choice. The other names are individuals who may be CSMs in other units or at different times, but they are not the BAMC Brigade CSM in the material provided. Remember, leadership rosters can change, so verify with the most current official source if needed.

8. PMI stands for?

- A. Preliminary Marksmanship Instruction**
- B. Primary Military Instruction
- C. Personal Medical Information
- D. Preliminary Military Intervention

PMI refers to Preliminary Marksmanship Instruction. In this early training phase, recruits learn the basics of rifle handling and marksmanship, with a strong emphasis on safety, weapon familiarity, and foundational skills like sight alignment, trigger control, and proper stance. Establishing these fundamentals before live-fire ensures soldiers can handle the weapon safely and competently, providing a solid base for later, more advanced marksmanship training. The other options don't fit this context: they describe terms not used for the initial firearms instruction phase in military training, such as Personal Medical Information or more generic or unrelated military phrases.

9. Which individual is the MRBN CSM?

- A. CSM Blash
- B. LTG Izaguirre
- C. CSM Soriano**
- D. General Summons

The MRBN CSM is the senior enlisted advisor to the MRBN commander, a Command Sergeant Major who focuses on enlisted leadership, discipline, and welfare. Because this role is an E-9 enlisted position, it cannot be held by a general officer. Among the listed individuals, the one described as CSM Soriano fits the required rank and assignment for MRBN CSM, whereas the others include a Lieutenant General and a General, who are not suitable for this role. While another CSM is listed, the context identifies Soriano as the MRBN CSM, aligning with the position's accountability and responsibilities.

10. When was the American continental army established?

A. 14 June 1775

B. 4 July 1776

C. 14 July 1775

D. 1775

The key idea is the formal creation of a national military force to coordinate the war effort. After battles at Lexington and Concord, the colonies needed a single, organized army. On June 14, 1775, the Continental Congress established the Continental Army and appointed George Washington as commander-in-chief to lead land operations. This date marks the birth of a unified national army, distinct from local militias. Other dates don't fit this event: July 4, 1776 is when the Declaration of Independence was adopted, not when the army was created; 14 July 1775 isn't a recognized milestone for forming the army; and giving just the year 1775 lacks the exact day of the establishment.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://bamcpromotionboard.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE