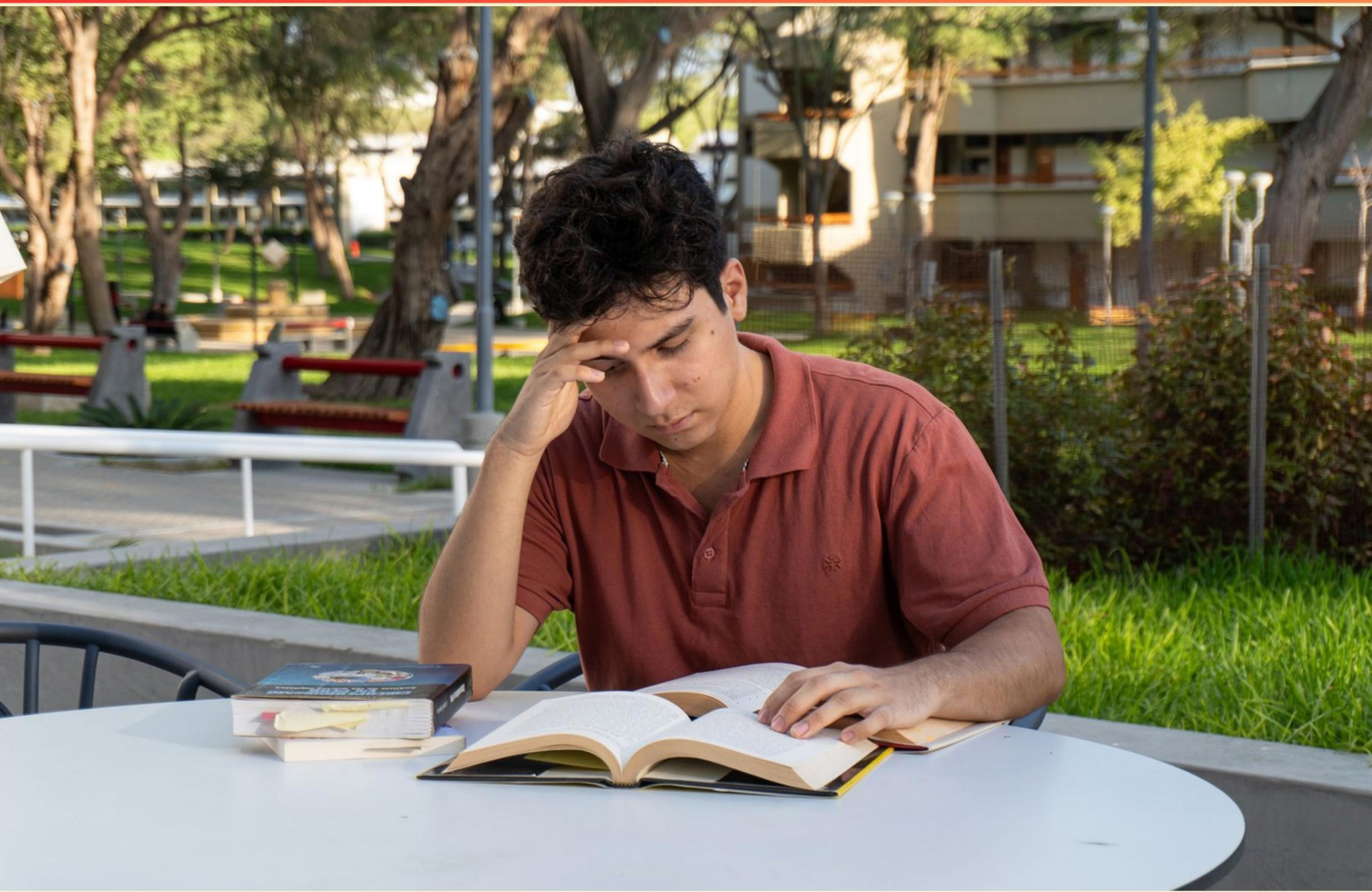


BACHELOR OF SCIENCE IN NURSING (BSN DEGREE) PRACTICE EXAM (SAMPLE) STUDY GUIDE



Prepare with structure. Pass with confidence



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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What is one function of professional nursing organizations?**
 - A. Reducing the number of nurses in practice
 - B. Establishing uniform billing practices for nurses
 - C. Providing continuing education opportunities
 - D. Limiting the scope of practice for nurses
- 2. Which of the following is a benefit of obtaining a bachelor's degree in nursing instead of an associate degree?**
 - A. Less coursework required
 - B. Higher salary for all nursing roles
 - C. Increased job opportunities
 - D. No additional training required
- 3. Which type of programs are designed to facilitate the transition into critical nursing roles?**
 - A. Residency Programs
 - B. Online Certification Programs
 - C. Extended Vacation Programs
 - D. Internship Programs without clinical exposure
- 4. What does Lewin's Change Theory consist of?**
 - A. Enact-Maintain-Reassess
 - B. Unfreeze-Change-Refreeze
 - C. Initiate-Execute-Close
 - D. Plan-Do-Study-Act
- 5. How does the ANA Code of Ethics assist nurses in their practice?**
 - A. Eliminates all ethical dilemmas
 - B. Provides a rigid framework for decision-making
 - C. Encourages self-reflection and perspective-taking
 - D. Focuses solely on clinical skills

- 6. Which minimum standard must be maintained to progress through the nursing program?**
- A. Achieve a weighted GPA of 2.5 or higher
 - B. Complete prerequisite courses in level one
 - C. All science courses must be taken within the last ten years
 - D. Submit informal transcripts from all attended schools
- 7. What is the central concern of Capital University's nursing undergraduate curriculum?**
- A. Caring
 - B. Health
 - C. Research
 - D. Technical proficiency
- 8. True or False: Coursework for a BSN takes less time to complete compared to an ADN program.**
- A. True
 - B. False
 - C. Depends on the institution
 - D. Only in accelerated programs
- 9. Mary Mahoney is recognized as the first professional what?**
- A. White nurse
 - B. Black nurse
 - C. Registered nurse
 - D. Public health nurse
- 10. Which of the following elements is NOT part of the RN license renewal process in Ohio?**
- A. Criminal background checks
 - B. Passing a state-specific exam
 - C. Continuing education requirements
 - D. Reviewing nursing practice regulations

Answers

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1. C
2. C
3. A
4. B
5. C
6. B
7. B
8. B
9. B
10. B

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Explanations

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1. What is one function of professional nursing organizations?

- A. Reducing the number of nurses in practice
- B. Establishing uniform billing practices for nurses
- C. Providing continuing education opportunities**
- D. Limiting the scope of practice for nurses

Professional nursing organizations play a crucial role in the ongoing development of the nursing profession, one of which is providing continuing education opportunities. These organizations recognize the importance of lifelong learning in maintaining and enhancing the knowledge and skills of nurses. By offering workshops, conferences, online courses, and certification programs, they ensure that nurses stay updated on the latest advancements in healthcare, evidence-based practices, and emerging technologies. This commitment to education not only helps nurses meet licensing requirements but also promotes high standards of patient care and contributes to professional growth. Engaging in continuing education through these organizations fosters a culture of excellence and empowers nurses to deliver the best possible care to their patients.

2. Which of the following is a benefit of obtaining a bachelor's degree in nursing instead of an associate degree?

- A. Less coursework required
- B. Higher salary for all nursing roles
- C. Increased job opportunities**
- D. No additional training required

Obtaining a bachelor's degree in nursing provides the benefit of increased job opportunities, which is an important factor in the competitive healthcare field. A BSN program prepares nurses with a broader scope of training that includes more comprehensive education in leadership, critical thinking, and community health, which are highly valued in many healthcare settings. Employers often prefer or require a BSN for certain positions, especially in hospitals and healthcare organizations that aim to improve patient outcomes and adhere to higher standards of care. Research has shown that higher levels of nursing education correlate with lower mortality rates in patients and better overall quality of care. Therefore, those with a BSN may find a wider range of job opportunities available to them, including roles in management, education, and specialty areas that may not be open to those with an associate degree. In contrast, while an associate degree can lead to basic nursing roles, it may limit the nurse's ability to advance in their career or take on higher responsibilities. This emphasis on education and continued professional development is increasingly important in the evolving landscape of healthcare.

3. Which type of programs are designed to facilitate the transition into critical nursing roles?

A. Residency Programs

B. Online Certification Programs

C. Extended Vacation Programs

D. Internship Programs without clinical exposure

Residency programs are specifically designed to support newly graduated nurses as they transition into critical nursing roles, particularly in high-stakes environments like hospitals and intensive care units. These programs provide structured, supervised clinical experiences that extend beyond the traditional orientation process, enabling new nurses to develop their clinical skills, gain confidence, and adapt to the complexities of patient care in a supportive environment. Through residency programs, participants often work alongside experienced mentors who guide them through real-life scenarios, thereby enhancing both their technical abilities and critical thinking skills. This immersive experience is crucial in easing the transition from classroom learning to practical application in a high-pressure setting, ensuring that new nurses are better prepared for the challenges they will face in their careers. In contrast, online certification programs focus primarily on specific skills or knowledge areas and do not provide the hands-on, experiential learning that residency programs offer. Extended vacation programs are not typically associated with enhancing nursing skills or transitions into clinical roles. Meanwhile, internship programs without clinical exposure do not provide the direct patient care experience necessary for fostering competent practice in critical nursing roles.

4. What does Lewin's Change Theory consist of?

A. Enact-Maintain-Reassess

B. Unfreeze-Change-Refreeze

C. Initiate-Execute-Close

D. Plan-Do-Study-Act

Lewin's Change Theory is fundamentally comprised of the stages Unfreeze, Change, and Refreeze. This model serves as a framework for understanding how to implement change effectively within an organization or system. The first stage, Unfreeze, involves the process of preparing an organization or community for change. This step requires individuals to recognize the need for change and to let go of old behaviors and practices. It often includes communication and demonstrating the risks of staying the same, helping to create a motivation for change. The second stage, Change, is where the actual transformation occurs. During this phase, individuals start to learn new behaviors and ways of operating. This step can involve training, support, and resources to help guide individuals through the transition. It is critical for engaging stakeholders and fostering an environment where new practices can take root. Finally, the Refreeze stage aims to stabilize the organization after the change has been implemented. It solidifies the new changes as the norm and involves reinforcing behaviors to ensure that they are maintained over time. This stage is essential to prevent reverting to previous behaviors and to embed the new practices within the organization's culture. This theory is widely recognized for its simplicity and clarity in guiding change management processes, making it a fundamental part of nursing and healthcare leadership as

5. How does the ANA Code of Ethics assist nurses in their practice?

- A. Eliminates all ethical dilemmas
- B. Provides a rigid framework for decision-making
- C. Encourages self-reflection and perspective-taking**
- D. Focuses solely on clinical skills

The ANA Code of Ethics plays a crucial role in guiding nurses through complex situations by encouraging self-reflection and perspective-taking. This approach enables nurses to consider their values, the values of their patients, and the ethical implications of their decisions. By promoting self-reflection, nurses can better understand the ethical principles involved in their practice and how those principles align with their professional responsibilities. This helps them navigate ethical dilemmas with a more comprehensive understanding of both the personal and professional contexts, which is essential for providing compassionate and ethical care. In contrast, the other options do not accurately reflect the purpose of the ANA Code of Ethics. It does not eliminate ethical dilemmas; instead, it provides a framework for addressing them. The code is not rigid but allows for flexibility and the incorporation of individual circumstances. Moreover, while clinical skills are important in nursing practice, the code focuses on the ethical responsibilities and professional conduct, rather than solely on technical abilities.

6. Which minimum standard must be maintained to progress through the nursing program?

- A. Achieve a weighted GPA of 2.5 or higher
- B. Complete prerequisite courses in level one**
- C. All science courses must be taken within the last ten years
- D. Submit informal transcripts from all attended schools

The standard of completing prerequisite courses in level one is crucial for progression through the nursing program, as these courses lay the foundational knowledge and skills necessary for more advanced study in nursing. Prerequisite courses often cover essential topics in biology, anatomy, physiology, and other critical areas that inform nursing practice. Successfully completing these courses ensures that students are adequately prepared for subsequent coursework and clinical experiences. In addition to establishing foundational knowledge, meeting this requirement reflects the program's emphasis on a structured educational pathway. By prioritizing prerequisite completion, the program ensures that all students have a comparable level of understanding, which is vital for collaborative learning and effective patient care. While maintaining a minimum GPA, completing courses within a certain timeframe, and submitting transcripts may also be important aspects of a nursing program's criteria, the completion of level one prerequisites is fundamental to ensure that students possess the necessary competencies before advancing further in their education.

7. What is the central concern of Capital University's nursing undergraduate curriculum?

- A. Caring
- B. Health**
- C. Research
- D. Technical proficiency

The central concern of Capital University's nursing undergraduate curriculum is health. This focus encompasses not just the absence of disease, but a holistic understanding of health that includes physical, mental, and social well-being. The nursing curriculum is designed to prepare students to assess and address the health needs of diverse populations, engage in health promotion and disease prevention, and provide care that contributes positively to the overall health of individuals and communities. While elements such as caring, research, and technical proficiency are certainly important components of nursing education and practice, they are often integrated within the broader scope of health. Caring is a fundamental aspect of nursing, but it is often enacted within the context of promoting health. Similarly, research informs evidence-based practice, which ultimately aims to improve health outcomes. Technical proficiency is vital for performing nursing tasks, but it serves the overarching goal of enhancing patient health. Therefore, health is rightly identified as the central concern of the curriculum.

8. True or False: Coursework for a BSN takes less time to complete compared to an ADN program.

- A. True
- B. False**
- C. Depends on the institution
- D. Only in accelerated programs

The statement that coursework for a Bachelor of Science in Nursing (BSN) takes less time to complete compared to an Associate Degree in Nursing (ADN) program is false. Typically, a BSN program requires a longer duration of study, usually around four years, as it encompasses more comprehensive nursing education including advanced health sciences, management, and critical thinking courses. In contrast, an ADN program usually takes about two to three years to complete and focuses primarily on the core nursing skills and practical training necessary for entry-level nursing positions. The difference in the duration is largely due to the additional coursework and clinical experiences mandated by BSN programs, which prepare graduates for a wider range of roles and responsibilities in nursing. While the time frame may vary depending on the specific institution and whether the individual is in an accelerated program or has prior college credits, the general principle remains that BSN programs generally require more time to complete compared to ADN programs.

9. Mary Mahoney is recognized as the first professional what?

- A. White nurse
- B. Black nurse**
- C. Registered nurse
- D. Public health nurse

Mary Mahoney is recognized as the first professional Black nurse in the United States. She graduated from the New England Hospital for Women and Children in 1879, making her a trailblazer in a field that had long been dominated by white individuals and often excluded Black nurses due to racial discrimination. Mahoney's achievement is significant not just because she was one of the first Black nurses, but also because she contributed to the establishment of nursing as a respected profession during a time when such roles were often undervalued. Her legacy extends beyond her individual accomplishments; she played a crucial role in advocating for diversity and inclusion within the nursing profession. The recognition of her contributions has led to her being honored through various awards and institutions that promote the advancement of minorities within the nursing field. This acknowledgment highlights the importance of racial equality and the need to reflect on the contributions of individuals from diverse backgrounds in healthcare.

10. Which of the following elements is NOT part of the RN license renewal process in Ohio?

- A. Criminal background checks
- B. Passing a state-specific exam**
- C. Continuing education requirements
- D. Reviewing nursing practice regulations

The renewal process for a Registered Nurse (RN) license in Ohio is designed to ensure that nurses maintain their competency and comply with current standards of practice. Among the elements involved in this process, passing a state-specific exam is not required for renewal. Instead, RNs must demonstrate their ongoing education and adherence to professional guidelines, which are crucial for maintaining safe and effective nursing practice. Criminal background checks are part of the process to ensure patient safety and uphold the integrity of the nursing profession. Continuing education requirements are necessary to ensure that RNs stay current with developments in health care, techniques, and technologies. Additionally, reviewing nursing practice regulations is essential for RNs to understand their responsibilities and legal obligations in the practice setting. Therefore, while all these components contribute to a nurse's ongoing competence, a state-specific exam is not part of the renewal process, as RNs do not need to retake their licensing exam to renew their license.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://bsndegree.examzify.com>

We wish you the very best on your exam journey. You've got this!

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