

# Bachelor of Science in Nursing (BSN Degree) Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Table of Contents

<b>Copyright</b> .....	<b>1</b>
<b>Table of Contents</b> .....	<b>2</b>
<b>Introduction</b> .....	<b>3</b>
<b>How to Use This Guide</b> .....	<b>4</b>
<b>Questions</b> .....	<b>5</b>
<b>Answers</b> .....	<b>8</b>
<b>Explanations</b> .....	<b>10</b>
<b>Next Steps</b> .....	<b>16</b>

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. Which roles are associated with nursing? Select all that apply.**
  - A. Manager**
  - B. Change Agent**
  - C. Researcher**
  - D. All of the above**
  
- 2. True or False: Students who obtain their Associate Degree in Nursing (ADN) take the same licensure exam as those with a Bachelor Degree in Nursing (BSN).**
  - A. True**
  - B. False**
  - C. Sometimes**
  - D. Depends on the state**
  
- 3. What is a goal for nursing practice outlined in the 2016 Progress Report on the future of nursing?**
  - A. Decrease the number of nurses entering the field**
  - B. Introduce more technological barriers**
  - C. Double the number of nurses with a doctorate by 2020**
  - D. Limit access to nursing education programs**
  
- 4. For transfers from another nursing program, what is required?**
  - A. A letter from the student's family**
  - B. A meeting with the Dean of Nursing**
  - C. A personal health assessment**
  - D. A recommendation from a fellow student**
  
- 5. What is the definition of culture?**
  - A. A set of beliefs held by a certain group of people**
  - B. The medical history of an individual**
  - C. A specific sociopolitical ideology**
  - D. A psychological construct of an individual**

- 6. What is an important focus when developing educational materials for patients?**
- A. Using complex medical terminology**
  - B. Ensuring accessibility and understanding**
  - C. Focusing solely on the nurse's expertise**
  - D. Limiting topics to only medication**
- 7. What is one barrier to change in nursing that needs to be addressed?**
- A. Increasing the number of regulations**
  - B. Scope of practice limitations**
  - C. Standardized patient care forms**
  - D. Limited access to patient feedback**
- 8. Transitioning to professional nursing often involves which of the following?**
- A. Mastering every skill immediately**
  - B. Working in a collaborative environment**
  - C. Exclusively theoretical knowledge**
  - D. Ignoring feedback from educators**
- 9. Which advanced nursing practice degree emphasizes interventions impacting outcomes for individuals and populations?**
- A. Doctor of Nursing Practice (DNP)**
  - B. Masters Degree in Nursing (MSN)**
  - C. Doctorate of Nursing and Science (DNSc)**
  - D. Baccalaureate Degree in Nursing (BSN)**
- 10. What aspect of nursing does flexibility refer to?**
- A. Strict adherence to protocols**
  - B. Adjusting to changing healthcare environments**
  - C. Limiting patient care options**
  - D. Focusing solely on administrative duties**

## Answers

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1. D
2. B
3. C
4. B
5. A
6. B
7. B
8. B
9. A
10. B

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## **Explanations**

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**1. Which roles are associated with nursing? Select all that apply.**

- A. Manager**
- B. Change Agent**
- C. Researcher**
- D. All of the above**

The role of a manager in nursing is crucial for effective healthcare delivery. Managers oversee nursing teams, ensure compliance with policies, allocate resources, and help in staff development. Their leadership fosters a collaborative environment and enhances patient care. The change agent role is also significant, as nurses often advocate for improvements in the healthcare system. They play a pivotal role in implementing new policies, procedures, and evidence-based practices that can lead to improved patient outcomes and quality of care. This involves identifying areas needing change, rallying support, and facilitating the transition. Furthermore, the role of a researcher is integral to nursing practice, as it underpins the evidence-based approach to care. Nurses who engage in research contribute to the knowledge base of the nursing profession, evaluating clinical practices and health outcomes. This scientific inquiry is essential for advancing the profession and improving patient care strategies. Each of these roles contributes uniquely to the healthcare system, reflecting the multifaceted nature of nursing practice. As a result, it is valid to assert that all the roles mentioned—manager, change agent, and researcher—are indeed associated with nursing.

**2. True or False: Students who obtain their Associate Degree in Nursing (ADN) take the same licensure exam as those with a Bachelor Degree in Nursing (BSN).**

- A. True**
- B. False**
- C. Sometimes**
- D. Depends on the state**

The statement is false. Both students who obtain an Associate Degree in Nursing (ADN) and those who complete a Bachelor of Science in Nursing (BSN) take the same licensure examination, which is the NCLEX-RN (National Council Licensure Examination for Registered Nurses). This exam is standardized across the United States and is a requirement for anyone seeking to become a licensed registered nurse, irrespective of their educational background. The key aspect here is that the licensure exam itself does not vary based on the degree obtained. Rather, it serves as a gatekeeping measure to ensure that all candidates, regardless of whether they followed a two-year or a four-year pathway, possess the essential knowledge and competencies required to practice nursing safely and effectively. Understanding this can help clarify the qualifications needed to enter the profession and the regulatory standards that guide nursing practice.

**3. What is a goal for nursing practice outlined in the 2016 Progress Report on the future of nursing?**

- A. Decrease the number of nurses entering the field**
- B. Introduce more technological barriers**
- C. Double the number of nurses with a doctorate by 2020**
- D. Limit access to nursing education programs**

The goal to double the number of nurses with a doctorate by 2020 is significant as it reflects a commitment to advancing nursing education and practice. This initiative aims to ensure that nurses are prepared for the complexities of modern healthcare, which increasingly requires advanced competencies and leadership skills. By promoting higher educational standards, the nursing profession can enhance the quality of patient care, contribute to evidence-based practice, and play a pivotal role in health policy and management. Investing in doctoral education for nurses facilitates the development of nurse educators, researchers, and advanced practice nurses who are essential in addressing current and future healthcare challenges. This goal also supports the broader objectives of improving health outcomes, promoting health equity, and fostering innovation within the healthcare system. Such educational advancements align with the ongoing efforts to transform healthcare delivery and prepare a nursing workforce that can lead in diverse and dynamic environments.

**4. For transfers from another nursing program, what is required?**

- A. A letter from the student's family**
- B. A meeting with the Dean of Nursing**
- C. A personal health assessment**
- D. A recommendation from a fellow student**

A meeting with the Dean of Nursing is often required for transfers from another nursing program because it allows for an assessment of the student's previous academic performance and fit within the new program's structure. This meeting can provide insights into the student's qualifications, discuss potential credit transfers, and address any specific concerns or questions regarding the transition. It is crucial for the Dean to ensure that the student meets the necessary requirements for admission into the nursing program and to facilitate a smooth transfer process. In this context, personal interaction can lead to a better understanding of the student's intentions and readiness for the program. This direct engagement often helps to build a collaborative relationship between the student and the administration, which can be beneficial throughout the educational journey.

## 5. What is the definition of culture?

- A. A set of beliefs held by a certain group of people**
- B. The medical history of an individual**
- C. A specific sociopolitical ideology**
- D. A psychological construct of an individual**

The definition of culture as a set of beliefs held by a certain group of people captures the essence of what culture encompasses. Culture includes the shared values, norms, behaviors, and traditions that characterize a specific community or society. It influences how individuals perceive the world around them, communicate, and interact with one another. Culture is not static; it can evolve over time, reflecting the experiences and historical contexts of the group. The other options do not accurately reflect the comprehensive nature of culture. The medical history of an individual pertains to their health background and is more focused on personal medical information rather than a collective set of beliefs or practices. A specific sociopolitical ideology represents a particular political viewpoint or belief system, which is only one aspect of culture. A psychological construct of an individual refers to internal mental processes and does not address the broader societal beliefs and practices that define culture. Thus, the first choice aligns most closely with the established understanding of culture.

## 6. What is an important focus when developing educational materials for patients?

- A. Using complex medical terminology**
- B. Ensuring accessibility and understanding**
- C. Focusing solely on the nurse's expertise**
- D. Limiting topics to only medication**

An important focus when developing educational materials for patients is ensuring accessibility and understanding. When creating these materials, it is crucial to consider the diverse backgrounds, literacy levels, and health literacy of patients. Using clear, simple language, visuals, and engaging formats helps to convey important information effectively, making it easier for patients to comprehend and retain the information. Providing materials that are accessible ensures that all patients, regardless of their education level or language proficiency, can benefit from the information being presented. This approach empowers patients to take an active role in their own health care and encourages better communication between patients and health care providers.

**7. What is one barrier to change in nursing that needs to be addressed?**

- A. Increasing the number of regulations**
- B. Scope of practice limitations**
- C. Standardized patient care forms**
- D. Limited access to patient feedback**

Scope of practice limitations represent a significant barrier to change in nursing because they can restrict nurses' ability to function to the full extent of their training and education. When the scope of practice is narrowly defined, nurses may be unable to implement new evidence-based practices or participate in innovative care models. This limitation can hinder advancements in patient care and prevent nurses from playing a vital role in interdisciplinary teams. Addressing these limitations can empower nurses to take on more responsibilities that align with their competencies, ultimately leading to improved patient outcomes and more efficient healthcare systems. By advocating for changes in scope of practice, nursing professionals can facilitate their involvement in healthcare reform initiatives and enable more adaptive and responsive patient care. The other options, such as increasing regulations or standardized patient care forms, may create challenges but don't directly impede the professional growth and practice autonomy of nurses the same way scope limitations do. Limited access to patient feedback, while important, mainly pertains to quality improvement rather than the fundamental constraints imposed on nursing roles.

**8. Transitioning to professional nursing often involves which of the following?**

- A. Mastering every skill immediately**
- B. Working in a collaborative environment**
- C. Exclusively theoretical knowledge**
- D. Ignoring feedback from educators**

Transitioning to professional nursing often emphasizes working in a collaborative environment because nursing is inherently a team-oriented profession. Nurses frequently collaborate with other healthcare professionals, including physicians, therapists, and social workers, to provide comprehensive care to patients. This collaboration is crucial for effective communication, coordination of care, and improving patient outcomes. Understanding the significance of teamwork not only enhances the nursing practice but also fosters a supportive atmosphere for learning and professional growth. Other options, such as mastering every skill immediately or focusing exclusively on theoretical knowledge, do not reflect the realistic nature of nursing practice. Nurses develop their skills over time and through hands-on experience, rather than learning everything at once. Additionally, while theoretical knowledge is important, it must be integrated with practical application to be truly effective in nursing care. Ignoring feedback from educators goes against the principles of continuous learning and improvement, which are vital in the nursing profession. Thus, the collaborative aspect is fundamental to successful transition and practice in nursing.

**9. Which advanced nursing practice degree emphasizes interventions impacting outcomes for individuals and populations?**

- A. Doctor of Nursing Practice (DNP)**
- B. Masters Degree in Nursing (MSN)**
- C. Doctorate of Nursing and Science (DNSc)**
- D. Baccalaureate Degree in Nursing (BSN)**

The Doctor of Nursing Practice (DNP) emphasizes evidence-based interventions that are directed toward improving health outcomes for both individuals and populations. This advanced nursing practice degree prepares nurses to apply research and clinical expertise to address complex healthcare challenges, focusing on improving the quality of care and health systems. The DNP curriculum includes coursework and hands-on training in areas such as organizational leadership, healthcare policy, and the application of science to nursing practice. This commitment to translating research into practical strategies aligns with the DNP's goal of improving patient and population health outcomes. While other degrees like the Master's Degree in Nursing (MSN) and Doctorate of Nursing and Science (DNSc) may also provide advanced education and training, they do not specifically emphasize the same level of outcomes-focused interventions as the DNP. The BSN, being an undergraduate level degree, primarily prepares nurses for entry-level practice and does not focus on advanced practice interventions or health outcomes on the same scale as the DNP.

**10. What aspect of nursing does flexibility refer to?**

- A. Strict adherence to protocols**
- B. Adjusting to changing healthcare environments**
- C. Limiting patient care options**
- D. Focusing solely on administrative duties**

Flexibility in nursing is fundamentally about the ability to adapt and respond to the dynamic nature of healthcare environments. Nurses often face evolving situations where patient needs, medical guidelines, and health care technologies are constantly changing. This necessitates that nurses demonstrate adaptability in their practices, ensuring that they can provide safe and effective care despite these fluctuations. For example, during a public health crisis or a sudden influx of patients, a flexible approach allows nurses to prioritize tasks, reallocate resources, and modify care techniques to meet immediate needs effectively. In contrast, strict adherence to protocols limits a nurse's ability to think critically and adjust to unique patient situations. Similarly, limiting care options or focusing solely on administrative duties would hinder the nurse's ability to provide comprehensive and responsive patient care. Therefore, recognizing and embodying flexibility is crucial for nurses to navigate the complexities of modern healthcare, ensuring high-quality patient outcomes.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://bsndegree.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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