

Army Staff Sergeant or Sergeant First Class (E6) Board Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	16

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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1. What is one safety feature commonly found in army barracks?

- A. Pools for recreation**
- B. Fire alarms**
- C. Gym facilities**
- D. Privacy screens**

2. What AR covers safety in the Army?

- A. AR 600-20**
- B. AR 385-10**
- C. AR 700-9**
- D. AR 750-1**

3. Accidents on Army installations are reported in accordance with which regulation?

- A. AR 600-20**
- B. AR 385-40**
- C. AR 600-85**
- D. AR 700-8**

4. Who can approve the Distinguished Service Medal?

- A. Army Chief of Staff**
- B. General Officers only**
- C. Colonel and above**
- D. Major General and below**

5. What is the FM number designated for Military Leadership?

- A. FM 6-22**
- B. FM 20-3**
- C. FM 385-10**
- D. FM 930-5**

6. How many Norths are indicated on a military map?

- A. 2**
- B. 3**
- C. 4**
- D. 5**

7. Who is the SOCOM Commander?

- A. Gen Mark A. Milley**
- B. Gen Joseph Votel III**
- C. LTG Kenneth E Tovo**
- D. CSM Robert V. Abernathy**

8. Which Field Manual covers the M240B?

- A. FM 3-22.68**
- B. FM 3-22.46**
- C. FM 6-22**
- D. FM 7-22**

9. Which FM is related to the M16/A2 Rifle?

- A. FM 3-22.8**
- B. FM 3-22.9**
- C. FM 7-22**
- D. FM 3-23.35**

10. Which Army regulation outlines the policy for managing hazardous materials?

- A. AR 600-85**
- B. AR 385-10**
- C. AR 50-6**
- D. AR 750-1**

Answers

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1. B
2. B
3. B
4. A
5. A
6. B
7. B
8. A
9. B
10. B

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Explanations

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1. What is one safety feature commonly found in army barracks?

- A. Pools for recreation
- B. Fire alarms**
- C. Gym facilities
- D. Privacy screens

Fire alarms are a crucial safety feature commonly found in army barracks due to the inherent risks associated with large groups of people living in close quarters and the activities that take place within these facilities. Fire alarms are designed to detect smoke and heat, alerting occupants quickly to the presence of a fire. This early warning can be vital in preventing injury and loss of life, allowing residents to evacuate the building in a timely manner. The installation of fire alarms helps ensure compliance with safety regulations and promotes a culture of safety among soldiers and staff. This kind of proactive safety measure is essential in any living environment, particularly in military settings where readiness and safety are paramount.

2. What AR covers safety in the Army?

- A. AR 600-20
- B. AR 385-10**
- C. AR 700-9
- D. AR 750-1

The correct answer is B, AR 385-10, which is the Army Regulation that specifically addresses safety within the Army. This regulation outlines the Army's commitment to maintaining a safe working and training environment and provides guidance on the management of safety programs. It includes directives for identifying and mitigating risks, promoting safety awareness, and ensuring compliance with safety standards across all levels of the Army. Each regulation serves different purposes and focuses on specific areas within Army operations. For instance, AR 600-20 deals with Army command policy, which includes aspects of equal opportunity and the prevention of sexual harassment and assault. AR 700-9 pertains to the military clothing, and AR 750-1 focuses on maintenance management, specifically for Army equipment and supply. Hence, while all these regulations are important, AR 385-10 is uniquely positioned to address issues related to safety comprehensively.

3. Accidents on Army installations are reported in accordance with which regulation?

- A. AR 600-20**
- B. AR 385-40**
- C. AR 600-85**
- D. AR 700-8**

Accidents on Army installations are reported in accordance with AR 385-40. This regulation specifically outlines the policies and procedures for the Army Accident Investigation and Reporting System. It is designed to provide a systematic approach for reporting incidents, ensuring that all accidents are accurately documented for the purpose of analysis and prevention of future occurrences. AR 385-40 includes detailed guidance on the types of accidents to be reported, the required forms and documentation, and the roles of commanders and safety personnel in the reporting process. By adhering to this regulation, the Army aims to enhance safety, accountability, and transparency regarding mishaps that occur on its installations. This structured reporting mechanism assists in identifying trends and implementing corrective actions that can improve overall safety across the force.

4. Who can approve the Distinguished Service Medal?

- A. Army Chief of Staff**
- B. General Officers only**
- C. Colonel and above**
- D. Major General and below**

The Distinguished Service Medal is one of the highest honors awarded by the Army, recognizing extraordinary service and achievements that significantly contribute to the success of the Army and the nation. The approval authority for this prestigious award resides with the Army Chief of Staff. This centralization of authority is in place to ensure that the awarding of such a significant medal is reserved for the highest levels of command, reflecting the importance and impact of the service being recognized. Other ranks and leaders within the Army can recommend and endorse nominations for the Distinguished Service Medal, but the final decision and authority to officially approve the medal lies exclusively with the Army Chief of Staff. This process upholds the integrity of the award and maintains a high standard for the recognition of extraordinary service.

5. What is the FM number designated for Military Leadership?

- A. FM 6-22**
- B. FM 20-3**
- C. FM 385-10**
- D. FM 930-5**

The correct choice is FM 6-22, which is the field manual specifically focused on Military Leadership. This manual outlines the fundamental principles, responsibilities, and competencies necessary for effective leadership within the Army. It serves as a comprehensive guide on how leaders can inspire, motivate, and develop their subordinates, emphasizing the importance of ethical leadership, adaptability, and communication skills. FM 6-22 reinforces the Army's leadership philosophy and provides strategies for developing leaders at all levels. Other options, while related to military functions, do not address leadership specifically. FM 20-3 pertains to military training and safety programs, FM 385-10 focuses on the prevention of accidents, and FM 930-5 deals with military operations and not the leadership framework. Therefore, FM 6-22 stands out as the authoritative source on military leadership, making it the correct answer.

6. How many Norths are indicated on a military map?

- A. 2**
- B. 3**
- C. 4**
- D. 5**

Military maps typically indicate three types of 'north': True North, Magnetic North, and Grid North. True North refers to the direction along the Earth's surface towards the geographic North Pole, and is essential for understanding the map's alignment with the planet's coordinate system. Magnetic North is the direction a compass points, which varies slightly from True North due to the magnetic field of the Earth. It's important for navigation as it reflects the compass reading one would use in the field. Grid North relates to the orientation of the grid lines on a map that help establish a reference system for locating points on the map. It is crucial for precise navigation, especially when using military operations that require exact coordinates. Understanding these three types of north is important for accurate map reading and navigation, as they are used in various combinations to ensure soldiers can orient themselves and communicate effectively in the field.

7. Who is the SOCOM Commander?

- A. Gen Mark A. Milley
- B. Gen Joseph Votel III**
- C. LTG Kenneth E Tovo
- D. CSM Robert V. Abernathy

The SOCOM Commander is responsible for overseeing all the special operations forces from different branches of the military, coordinating their training and operations, and advising senior military leadership on special operations issues. As of the last data available until October 2023, General Joseph Votel III served as the commander and played a vital role in enhancing the capabilities of U.S. special operations forces. His leadership was marked by significant missions and initiatives to improve operational effectiveness and inter-service collaboration. The other choices represent individuals who hold or held different leadership positions within the Army or other military branches, but they are not the SOCOM Commander. General Mark A. Milley is the Chief of Staff of the Army, LTG Kenneth E. Tovo has taken roles in various command structures related to Army operations, and CSM Robert V. Abernathy is a senior enlisted leader. Each of these individuals has distinct responsibilities that contribute to the overall military mission but are not linked to the direct command of SOCOM.

8. Which Field Manual covers the M240B?

- A. FM 3-22.68**
- B. FM 3-22.46
- C. FM 6-22
- D. FM 7-22

The M240B machine gun is covered in FM 3-22.68, which is the field manual specifically focused on the M240 machine gun family, including the M240B variant. This manual provides operational, technical, and training information related to the use of the M240B, detailing its capabilities, maintenance procedures, and characteristics necessary for effective operation in various combat scenarios. Understanding the content of FM 3-22.68 is essential for soldiers who are required to operate the M240B, as it directly impacts their proficiency and effectiveness on the battlefield. This manual serves as a foundational resource for training and ensures that soldiers are well-equipped with the necessary knowledge to handle the weapon responsibly and effectively.

9. Which FM is related to the M16/A2 Rifle?

- A. FM 3-22.8
- B. FM 3-22.9**
- C. FM 7-22
- D. FM 3-23.35

The reference to the M16/A2 Rifle is appropriately captured by FM 3-22.9, which specifically focuses on the rifle itself. This field manual covers the operational aspects, maintenance procedures, and marksmanship principles associated with the M16 series. It provides detailed guidance for soldiers on how to effectively utilize the weapon in various combat scenarios. Understanding the contents of FM 3-22.9 is crucial for soldiers because it encompasses the technical information needed for proper handling, employment, and care of the M16/A2 Rifle, which ensures maximum effectiveness in the field. Additionally, this manual aids in training processes and helps maintain standards across different arms of the military. Other choices, such as FM 3-22.8, FM 7-22, and FM 3-23.35, do cover different topics related to small arms, physical training, or other equipment but do not specifically focus on the M16/A2 Rifle as FM 3-22.9 does.

10. Which Army regulation outlines the policy for managing hazardous materials?

- A. AR 600-85
- B. AR 385-10**
- C. AR 50-6
- D. AR 750-1

The regulation that outlines the policy for managing hazardous materials in the Army is AR 385-10. This regulation is part of the Army's overall safety program and specifically addresses the responsibilities and procedures for safely handling hazardous substances. It establishes a framework for identifying, documenting, and controlling hazardous materials to prevent accidents and minimize risk to personnel, property, and the environment. AR 385-10 emphasizes the importance of training and compliance for all personnel who handle hazardous materials, ensuring that they understand the potential dangers and the necessary precautions to take. This regulation supports the Army's commitment to uphold safety standards and protect the health of soldiers and civilians on installations. The other options, while they pertain to various aspects of Army operations and safety, do not specifically focus on hazardous materials management in the same comprehensive manner as AR 385-10. For example, AR 600-85 focuses on Army Substance Abuse Program, AR 50-6 deals with nuclear surety, and AR 750-1 addresses the Army maintenance management system. Each of these regulations has its own scope, but AR 385-10 is the primary source that directly relates to the management of hazardous materials.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://armye6board.examzify.com>

We wish you the very best on your exam journey. You've got this!

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