

ARMY SPC-SGT PROMOTION BOARD PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What is the main goal of the Equal Opportunity program?**
 - A. To reward high performers
 - B. To prohibit discrimination based on various factors
 - C. To provide combat training
 - D. To promote military excellence
- 2. Which is the official document used for tracking counseling sessions in the Army?**
 - A. DA form 3846 E
 - B. DA form 705
 - C. DA form 3349
 - D. DA form 2569
- 3. What is the primary role of a Command Sergeant Major (CSM)?**
 - A. To oversee troop welfare
 - B. Senior Enlisted Advisor to the Battalion Commander
 - C. To manage logistics and supply chains
 - D. To conduct training exercises
- 4. Which of the following are part of the Army Values?**
 - A. Consistency, Dedication, Safety, Respect
 - B. Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, Personal Courage
 - C. Accountability, Leadership, Innovation, Wisdom
 - D. Honor, Prestige, Calmness, Teamwork
- 5. What is a terrain feature that is created by the removal of earth material called?**
 - A. Depression
 - B. Cut
 - C. Hill
 - D. Raise

- 6. Which Army Regulation covers Equal Opportunity (EO)?**
- A. AR 600-20 CHP 6
 - B. AR 600-25
 - C. AR 600-8-22
 - D. AR 600-19
- 7. What is a key attribute Soldiers must demonstrate during the Promotion Board?**
- A. License to command
 - B. Confidence
 - C. Physical strength
 - D. Experience in combat
- 8. What are the three minor terrain features?**
- A. Spur, draw, and cliff
 - B. Valley, hill, and ridge
 - C. Cliff, mound, and gorge
 - D. Flat, ridge, and spur
- 9. Which action is recommended to ensure a strong impression during the promotion board?**
- A. Dressing in civilian clothes for comfort
 - B. Arriving late to show confidence
 - C. Practicing responses to potential questions
 - D. Using humor to deflect tension
- 10. In what way is preparation for a Soldier's appearance during the board evaluated?**
- A. By physical fitness tests given on the day of the board
 - B. By overall presentation and uniform standards
 - C. By feedback from other Soldiers
 - D. By the amount of time spent practicing

Answers

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1. B
2. A
3. B
4. B
5. B
6. A
7. B
8. A
9. C
10. B

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Explanations

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1. What is the main goal of the Equal Opportunity program?

- A. To reward high performers
- B. To prohibit discrimination based on various factors**
- C. To provide combat training
- D. To promote military excellence

The main goal of the Equal Opportunity program is to prohibit discrimination based on various factors such as race, gender, religion, national origin, and other characteristics. This program aims to create a fair and inclusive environment within the military, ensuring that all service members have equal access to opportunities and are treated with respect and dignity. By focusing on preventing discrimination, the program fosters a diverse workforce, enhances unit cohesion, and improves morale. An effective Equal Opportunity program contributes to the overall readiness and effectiveness of the military by promoting a culture of inclusiveness and mutual respect. This is essential for maintaining high standards of performance and enabling all members to contribute their skills and talents fully.

2. Which is the official document used for tracking counseling sessions in the Army?

- A. DA form 3846 E**
- B. DA form 705
- C. DA form 3349
- D. DA form 2569

The official document used for tracking counseling sessions in the Army is DA Form 3846 E. This form is specifically designed to document counseling sessions, allowing leaders to track a Soldier's performance, development, and any areas that require improvement. By using this form, leaders can formally document the counseling process, ensuring that there is a record of discussions and any follow-up actions required. DA Form 705 is utilized for recording the results of the Army Physical Fitness Test, which is essential for evaluating a Soldier's physical readiness but does not serve the purpose of tracking counseling sessions. DA Form 3349 is used to document a Soldier's physical profile, providing information about limitations related to their physical condition, rather than performance or personal development discussions. DA Form 2569 is related to evaluations of the Army's evaluation system but does not specifically address individual counseling. In summary, DA Form 3846 E stands out as the only form specifically designated for counseling documentation, making it the correct choice.

3. What is the primary role of a Command Sergeant Major (CSM)?

- A. To oversee troop welfare
- B. Senior Enlisted Advisor to the Battalion Commander**
- C. To manage logistics and supply chains
- D. To conduct training exercises

The primary role of a Command Sergeant Major (CSM) is to serve as the Senior Enlisted Advisor to the Battalion Commander. This position involves providing guidance and expertise on enlisted matters, ensuring that the enlisted force is effectively led, trained, and equipped. The CSM plays a critical role in advising the commander on policies affecting enlisted personnel, helping to maintain discipline, morale, and welfare within the unit. In addition to advisory responsibilities, the CSM is key in bridging communication between the enlisted ranks and the commander, ensuring that the perspectives and needs of Soldiers are represented at higher levels of command. This senior enlisted leader has significant influence on the overall culture and effectiveness of the battalion, emphasizing the importance of leadership development and training for non-commissioned officers (NCOs). Other responsibilities, such as overseeing troop welfare, managing logistics, or conducting training exercises, are part of a CSM's broader duties but do not encapsulate the primary role the CSM has within the command structure. The focus is primarily on the enlisted ranks and their relationship with the command.

4. Which of the following are part of the Army Values?

- A. Consistency, Dedication, Safety, Respect
- B. Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, Personal Courage**
- C. Accountability, Leadership, Innovation, Wisdom
- D. Honor, Prestige, Calmness, Teamwork

The Army Values, which serve as fundamental guiding principles for Soldiers, are encapsulated in the second option: Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, and Personal Courage. Each of these values plays a critical role in shaping the moral and ethical framework within which Army personnel operate. Loyalty emphasizes allegiance to the nation, the Army, and fellow Soldiers, fostering a sense of unity and dedication among the ranks. Duty instills a strong work ethic and the commitment to complete assigned tasks, highlighting the importance of discipline and responsibility. Respect promotes the ideal of valuing all individuals equally while cultivating a spirit of teamwork, understanding, and cooperation. Selfless Service encourages Soldiers to put the welfare of the nation, the Army, and their fellow Soldiers above their own, illustrating the commitment to the collective good. Honor represents the commitment to uphold the Army's values and standards in both personal conduct and service, reinforcing the importance of integrity in all actions. Integrity involves unwavering adherence to moral and ethical principles, crucial in building trust and credibility within and outside the Army. Finally, Personal Courage encompasses not only the physical bravery displayed in the face of danger but also the moral courage to do what is right. The remaining options contain concepts that may be

5. What is a terrain feature that is created by the removal of earth material called?

- A. Depression
- B. Cut**
- C. Hill
- D. Raise

The term used to describe a terrain feature created by the removal of earth material is "cut." Cuts are typically formed during construction activities such as road building or excavation. In these scenarios, material is intentionally removed from the earth to create a level surface or to allow for a change in elevation. This distinctly contrasts with other terrain features, such as hills, which are formed through the accumulation of earth and other materials, rather than their removal. Depressions are generally low-lying areas but do not specifically refer to the act of removing material to create the feature. Similarly, a hill is an elevation created by the accumulation of earth, and raise, while not a common geological term, also suggests an increase in elevation rather than a removal. Thus, "cut" specifically captures the essence of a terrain feature created by the negative process of excavation or removal of earth material.

6. Which Army Regulation covers Equal Opportunity (EO)?

- A. AR 600-20 CHP 6**
- B. AR 600-25
- C. AR 600-8-22
- D. AR 600-19

The regulation that specifically covers Equal Opportunity (EO) in the Army is AR 600-20, Chapter 6. This regulation outlines the Army's commitment to providing equal opportunity to all service members, detailing policies, responsibilities, and procedures to foster an environment free from discrimination and harassment. It emphasizes the importance of treating everyone with dignity and respect and includes guidelines for addressing complaints and resolving issues related to discrimination. Understanding EO is crucial for leaders in the Army, as it promotes a culture of inclusivity and ensures that all soldiers have the opportunity to succeed based on their merits, free from bias or prejudice. By being familiar with AR 600-20, Chapter 6, soldiers and leaders can effectively contribute to a positive command climate and support the Army's core values.

7. What is a key attribute Soldiers must demonstrate during the Promotion Board?

- A. License to command
- B. Confidence**
- C. Physical strength
- D. Experience in combat

Confidence is essential for Soldiers during the Promotion Board because it reflects their capability to lead and make decisions under pressure. Demonstrating confidence can inspire trust and respect from peers and subordinates, which is critical for effective leadership in the Army. It shows that Soldiers are well-prepared and believe in their skills, knowledge, and ability to fulfill the responsibilities of the next rank. This quality is often assessed by board members as they evaluate a Soldier's potential for advancement. The other attributes listed may be important in various contexts, but they do not encapsulate the core requirement for the Promotion Board. For example, while experience in combat and physical strength may enhance a Soldier's qualifications, they do not directly assess the ability to demonstrate leadership and decision-making in a board setting. A license to command is not a typical aspect of Soldier evaluation, as leadership roles are earned through demonstrated ability and merit rather than through formal licensing. Therefore, confidence stands out as a fundamental attribute that Soldiers need to exhibit during the Promotion Board.

8. What are the three minor terrain features?

- A. Spur, draw, and cliff**
- B. Valley, hill, and ridge
- C. Cliff, mound, and gorge
- D. Flat, ridge, and spur

The three minor terrain features are spur, draw, and cliff. Understanding these features is essential for navigation and tactical movement in the field. A spur is a landform that juts out from a ridge and is typically a small protrusion that rises above the surrounding terrain. It is important for determining the paths of movement and can serve as a landmark for orientation. A draw is a low area or depression in the terrain that typically flows water, especially during rain, and is often used for movement or concealment. It is characterized by its V-shaped contour when viewed on a map, which assists in understanding its orientation and use during operations. A cliff is a steep, vertical, or near-vertical rock face. It poses both obstacles and opportunities, as it can provide high ground but also presents challenges for movement and visibility. Recognizing these features allows soldiers to effectively navigate and utilize the terrain to their advantage in various operational scenarios. The other options listed either include major terrain features or combinations of features that do not accurately represent minor terrain features.

9. Which action is recommended to ensure a strong impression during the promotion board?

- A. Dressing in civilian clothes for comfort
- B. Arriving late to show confidence
- C. Practicing responses to potential questions**
- D. Using humor to deflect tension

Practicing responses to potential questions is essential for making a strong impression during the promotion board. This preparation allows candidates to articulate their thoughts clearly and confidently, demonstrating their knowledge and readiness for promotion. A well-prepared individual can effectively convey their experiences, accomplishments, and understanding of Army values, which can significantly enhance their chances of success. Moreover, practice helps to reduce anxiety and allows for smoother delivery under pressure, making it easier to engage with board members. Overall, this strategic preparation reflects a candidate's commitment to their professional development and readiness for increased responsibilities within the Army.

10. In what way is preparation for a Soldier's appearance during the board evaluated?

- A. By physical fitness tests given on the day of the board
- B. By overall presentation and uniform standards**
- C. By feedback from other Soldiers
- D. By the amount of time spent practicing

Preparation for a Soldier's appearance during the board is evaluated primarily by overall presentation and uniform standards. This encompasses not just the cleanliness and proper wear of the uniform but also the overall demeanor and professional appearance of the Soldier. Board members are often looking for Soldiers who present themselves in a manner that reflects the Army's values and standards. This includes attention to detail, grooming, and how well Soldiers can embody the military professionalism that is expected in their roles. While physical fitness tests, feedback from peers, and the amount of practice can contribute to a Soldier's readiness and confidence, they do not directly assess how a Soldier presents themselves visually and behaviorally during the board. The emphasis on uniform standards highlights the Army's commitment to discipline and appearance, which are integral to military life and leadership. Therefore, the proper representation of oneself through presentation is a key factor considered during evaluations at the promotion board.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

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We wish you the very best on your exam journey. You've got this!

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