

# Arizona Physical Therapy Jurisprudence Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

**This is a sample study guide. To access the full version with hundreds of questions,**

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**SAMPLE**

# Table of Contents

<b>Copyright</b> .....	<b>1</b>
<b>Table of Contents</b> .....	<b>2</b>
<b>Introduction</b> .....	<b>3</b>
<b>How to Use This Guide</b> .....	<b>4</b>
<b>Questions</b> .....	<b>6</b>
<b>Answers</b> .....	<b>9</b>
<b>Explanations</b> .....	<b>11</b>
<b>Next Steps</b> .....	<b>17</b>

# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.**

## **7. Use Other Tools**

**Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!**

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## **Questions**

- 1. What does the board establish and collect from applicants?**
  - A. Training hours**
  - B. Fees**
  - C. Applications**
  - D. Assessments**
- 2. What type of activities are NOT eligible for continuing competence?**
  - A. Self-directed learning**
  - B. In-service training**
  - C. Routine teaching as a job requirement**
  - D. Professional development workshops**
- 3. After completing the course content, how many days does one have if they were licensed in Arizona and have just completed the dry needling course?**
  - A. 10 days**
  - B. 30 days**
  - C. 60 days**
  - D. 90 days**
- 4. What is required before a PTA can perform a selected treatment intervention under general supervision?**
  - A. The PTA must have a minimum of 1,000 hours of experience**
  - B. The PTA must be certified and have at least 2,000 hours of experience**
  - C. The PTA must work under general supervision for at least 6 months**
  - D. The PTA must complete additional training every year**
- 5. What is required for license renewal for physical therapists in Arizona?**
  - A. 15 hours of continuing education**
  - B. 20 hours of continuing education, including ethics or law**
  - C. 10 hours of online education**
  - D. 30 hours of physical therapy practice simulations**



- 6. True or False: The dry needling course content must be approved by at least two organizations.**
- A. True**
  - B. False**
  - C. True, but only if it is a felony**
  - D. False, but one must be APTA**
- 7. What is required from a licensee without an active license who intends to apply for reinstatement after more than three years?**
- A. Letter from a supervising therapist**
  - B. Proof of practice under an interim permit**
  - C. Evidence of no disciplinary action**
  - D. Completion of an advanced course**
- 8. True or False: An applicant must provide information about treatment for specific mental health disorders that may impair their ability to practice.**
- A. True**
  - B. False**
  - C. True, only if diagnosed within the last 5 years**
  - D. False, it is optional information**
- 9. What must an inactive licensee submit when applying for reinstatement to active status?**
- A. The full annual license renewal fee**
  - B. A new application fee**
  - C. Proof of employment**
  - D. Proof of clinical hours**
- 10. What is required for patient records to be considered adequate?**
- A. They must be confidential and stored securely**
  - B. They must include a diagnosis and treatment plan**
  - C. They must be published in a medical journal**
  - D. They must be completed within 60 days of treatment**

## **Answers**

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- 1. B**
- 2. C**
- 3. B**
- 4. B**
- 5. B**
- 6. B**
- 7. B**
- 8. A**
- 9. A**
- 10. B**

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## **Explanations**

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## **1. What does the board establish and collect from applicants?**

**A. Training hours**

**B. Fees**

**C. Applications**

**D. Assessments**

The board is responsible for establishing and collecting fees from applicants as part of the licensure and regulatory process for physical therapists. This practice ensures that all candidates contribute to the administrative costs of maintaining the board's functions, which include processing applications, conducting disciplinary actions, and overseeing the continuing education requirements necessary for licensure renewal. Fees are a critical aspect of this process because they help fund the regulatory framework that safeguards public interest by ensuring that practitioners meet established standards of competency. While training hours, applications, and assessments are also relevant to the licensure process, they are not directly collected as fees. Training hours are typically required for licensure but are not a charge; applications consist of paperwork submitted by the applicant, and assessments may involve examinations but do not involve a direct fee collection mechanism in the same way. Thus, establishing and collecting fees is an essential function of the board in regulating the practice of physical therapy.

## **2. What type of activities are NOT eligible for continuing competence?**

**A. Self-directed learning**

**B. In-service training**

**C. Routine teaching as a job requirement**

**D. Professional development workshops**

Routine teaching as a job requirement is not eligible for continuing competence because such activities are typically considered part of standard job expectations rather than additional professional development. Continuing competence activities are designed to promote the ongoing education and skill enhancement of professionals beyond their basic job functions. When teaching is merely a component of one's job role, it does not meet the criteria for continuing competence, which should involve deliberate efforts to further one's expertise and knowledge in the field. In contrast, self-directed learning, in-service training, and professional development workshops are recognized as valid avenues for maintaining and improving competencies. These activities typically involve engaging in educational experiences that extend beyond the normal requirements of one's position and foster growth and improvement in professional skills.

**3. After completing the course content, how many days does one have if they were licensed in Arizona and have just completed the dry needling course?**

**A. 10 days**

**B. 30 days**

**C. 60 days**

**D. 90 days**

In Arizona, after completing a continuing education course such as the dry needling course, a licensed physical therapist is required to submit proof of the completed course within a specific timeframe. According to the regulations, this timeframe is set at 30 days. This requirement ensures that physical therapists keep their practice up to date with the latest techniques and skills while adhering to regulatory standards set by the Arizona Board of Physical Therapy. The 30-day window allows therapists to promptly document their continuing education, fulfilling both educational and legal obligations without significant delay, which is vital for maintaining licensure and offering high-quality patient care.

**4. What is required before a PTA can perform a selected treatment intervention under general supervision?**

**A. The PTA must have a minimum of 1,000 hours of experience**

**B. The PTA must be certified and have at least 2,000 hours of experience**

**C. The PTA must work under general supervision for at least 6 months**

**D. The PTA must complete additional training every year**

The requirement for a Physical Therapist Assistant (PTA) to perform a selected treatment intervention under general supervision focuses on the necessity of certification and a specific level of experience, which is indicated in the correct answer. Before a PTA can independently carry out treatment interventions under general supervision, they must possess a certain level of competency and knowledge that often comes with certification and substantial experience. Being certified ensures that the PTA has met the established educational and practical skills criteria required for safe and effective practice. The emphasis on having 2,000 hours of experience reflects the need for hands-on practice, enabling the PTA to apply their skills confidently and competently in diverse clinical situations. This combination of certification and extensive experience provides assurance to both the supervising therapist and the patients that the PTA is adequately prepared to deliver appropriate care while under the specified level of supervision. In contrast, the other options, which either include insufficient experience or do not focus on certification, fail to encompass the critical parameters set forth by regulations governing PTA practice.

**5. What is required for license renewal for physical therapists in Arizona?**

- A. 15 hours of continuing education**
- B. 20 hours of continuing education, including ethics or law**
- C. 10 hours of online education**
- D. 30 hours of physical therapy practice simulations**

To renew a physical therapy license in Arizona, it is necessary to complete 20 hours of continuing education. This requirement is specifically designed to ensure that licensed physical therapists stay current in their practice, with an emphasis on professional development. Part of these continuing education hours must include coursework related to ethics or law, which is critical for maintaining a thorough understanding of the legal and ethical frameworks governing physical therapy practice. The focus on ethics or law is particularly important because it helps practitioners navigate complex situations they may encounter in clinical practice, ensuring they uphold professional standards and comply with state regulations. Thus, fulfilling this requirement not only contributes to individual professional growth but also promotes quality care for patients. Other options either do not meet the requisite number of hours or do not include the mandatory focus areas of ethics or law, making them insufficient for license renewal.

**6. True or False: The dry needling course content must be approved by at least two organizations.**

- A. True**
- B. False**
- C. True, but only if it is a felony**
- D. False, but one must be APTA**

The statement is true that the dry needling course content must receive approval from relevant organizations, which typically include professional associations that provide standards for continuing education in physical therapy. The requirement for approval serves to ensure that the course content is evidence-based, adheres to safety protocols, and aligns with the current best practices in the field of physical therapy. The correct answer indicating that it is false suggests that the requirement for approval by two organizations is not stringent or not a necessary condition. In many jurisdictions, while having courses approved by recognized organizations does enhance credibility and professional recognition, it does not necessarily stipulate the need for approval from two specific entities—one may be sufficient depending on local regulations and professional guidelines. The misconception lies in assuming that multiple approvals are a standard requirement without considering varying regulations in different areas. Therefore, understanding the context of course accreditation and the role of different professional organizations is essential for comprehending eligibility and compliance for providing dry needling within therapeutic practices.

**7. What is required from a licensee without an active license who intends to apply for reinstatement after more than three years?**

- A. Letter from a supervising therapist**
- B. Proof of practice under an interim permit**
- C. Evidence of no disciplinary action**
- D. Completion of an advanced course**

The requirement for a licensee without an active license who intends to apply for reinstatement after more than three years is to provide proof of practice under an interim permit. This ensures that the individual has maintained their clinical skills and professional competencies during the period their license was inactive. The interim permit allows a practitioner to work under supervision while they are in the process of reinstating their license, ensuring they are up to date with contemporary practices and standards in physical therapy. Demonstrating practical experience through an interim permit provides the licensing board with confidence that the applicant is adequately prepared to reintegrate into the field. This requirement emphasizes the importance of continuous professional engagement and development within the practice, ensuring the safety and efficacy of care provided to patients. Other potential requirements listed, such as letters from supervising therapists, evidence of no disciplinary action, or completion of advanced courses, may not necessarily represent a direct method to ensure ongoing clinical competency during the licensee's period of inactivity in the same manner that active practice under an interim permit would.

**8. True or False: An applicant must provide information about treatment for specific mental health disorders that may impair their ability to practice.**

- A. True**
- B. False**
- C. True, only if diagnosed within the last 5 years**
- D. False, it is optional information**

The statement is accurate because, in the context of licensure requirements for physical therapists, applicants are typically required to disclose any mental health disorders that could potentially impair their ability to perform their professional duties safely and effectively. This is based on the understanding that the ability to practice physical therapy is not only determined by physical health but also mental wellness. Licensing boards prioritize public safety and the competency of healthcare providers, which includes ensuring that professionals are fit to practice, without impairment from mental health issues. This means that if an applicant has a mental health condition that has been diagnosed or treated, it is important for them to disclose this information as part of their application process. While the nuances of laws and regulations may vary, the overarching principle remains that transparency regarding mental health treatment is critical in maintaining the standards of care in physical therapy. Therefore, it is essential for applicants to provide such information as part of their responsibility to protect patient welfare.



**9. What must an inactive licensee submit when applying for reinstatement to active status?**

- A. The full annual license renewal fee**
- B. A new application fee**
- C. Proof of employment**
- D. Proof of clinical hours**

When an inactive licensee applies for reinstatement to active status in Arizona, they are required to submit the full annual license renewal fee. This fee is essential for the administrative process of updating their status from inactive to active. The requirement for the full renewal fee ensures that the licensee remains compliant with regulatory standards, which typically require annual fees to support the activities of the state board in maintaining licensure and regulating practice. This requirement underlines the importance of financial commitment in maintaining one's professional license. Inactive licensees may not be practicing but still hold their licenses, and when they wish to return to active practice, fulfilling the financial obligation demonstrates readiness and responsibility. Other options, while important in other contexts, do not apply universally to the reinstatement process in this case. For example, a new application fee may not be necessary if the license was merely inactive rather than lapsed. Proof of employment and proof of clinical hours are also typically not required for reinstatement to active status unless specified by the state's regulations. Thus, understanding the procedural requirements for licensing status changes is crucial for every practicing physical therapist.

**10. What is required for patient records to be considered adequate?**

- A. They must be confidential and stored securely**
- B. They must include a diagnosis and treatment plan**
- C. They must be published in a medical journal**
- D. They must be completed within 60 days of treatment**

For patient records to be considered adequate, including a diagnosis and treatment plan is essential because it provides critical information regarding the patient's condition and the rationale for the chosen interventions. This documentation serves a dual purpose: it creates a clear record that other healthcare providers can reference, ensuring continuity of care, and it offers a framework for evaluating the effectiveness of the treatment provided. Moreover, proper documentation enhances communication between the healthcare team and serves as an essential component for regulatory compliance and legal protection. Inadequate records without a diagnosis and treatment plan could lead to misunderstandings about a patient's care, hinder proper follow-up, and pose potential risks in terms of liability and quality of care. This is why having detailed documentation regarding diagnosis and treatment is vital for both clinical and administrative purposes in healthcare settings.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://az-ptjurisprudence.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**