

AMERICA'S HEALTH INSURANCE PLANS (AHIP) 5 PRACTICE TEST (SAMPLE)

STUDY GUIDE



**SAMPLE STUDY GUIDE
WITH LIMITED QUESTIONS**

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. When is the annual Medicare open enrollment period for MA/Part D?**
 - A. The period in spring when plans can be reviewed or changed.
 - B. The period in winter when plans can be reviewed or changed.
 - C. The period in mid-year when plans can be reviewed or changed.
 - D. Approximately October 15 to December 7.
- 2. After CMS indicates Mrs Garcia's enrollment acceptance, how long does Caring Health have to notify her in writing?**
 - A. 5 calendar days
 - B. 10 calendar days
 - C. 20 calendar days
 - D. 30 calendar days
- 3. If a beneficiary enrolls in a stand-alone PDP after already enrolling in an MA plan with drug coverage, what is the effect on the MA plan?**
 - A. You will be disenrolled from the MA plan.
 - B. You will keep both plans with no changes.
 - C. You will be automatically enrolled in a new MA plan.
 - D. You will continue with MA-PD and add the PDP.
- 4. During the MA ICEP for a newly MA-eligible enrollee, what action is available?**
 - A. Enrolling in a Medigap plan.
 - B. Enrolling in an MA plan.
 - C. Enrolling in a stand-alone Part D plan.
 - D. Doing nothing during ICEP.
- 5. Signing rules when one spouse is unable to sign.**
 - A. The other spouse may sign on her behalf.
 - B. Only the spouse who is the enrollee can sign her enrollment form.
 - C. An agent can sign for both.
 - D. A legal guardian must sign.

- 6. The Part D Initial Enrollment Period (IEP) normally lasts seven months around the month you first become entitled to Part A or enrolled in Part B. Which description matches this rule?**
- A. The first occurs three months before and three months after the entitlement month
 - B. It lasts only the entitlement month
 - C. It lasts twelve months after entitlement
 - D. It lasts six months before entitlement and one month after
- 7. If you want Part D coverage, enrollment should occur during which option?**
- A. During ICEP
 - B. During MA Open Enrollment Period
 - C. During SEP with MA-PD or PDP
 - D. Only during AEP
- 8. What dates define the annual election period during which a beneficiary can enroll in or switch MA and Part D plans?**
- A. October 15 through December 7
 - B. November 1 through December 31
 - C. October 1 through November 15
 - D. December 1 through January 15
- 9. Bonus Question Placeholder**
- A. Option 1
 - B. Option 2
 - C. Option 3
 - D. Option 4
- 10. In this context, what does IEP stand for?**
- A. Initial Enrollment Period
 - B. Initial Election Period
 - C. Initial Eligibility Period
 - D. Interim Election Period

Answers

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1. D
2. B
3. A
4. B
5. B
6. A
7. C
8. C
9. A
10. B

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Explanations

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1. When is the annual Medicare open enrollment period for MA/Part D?

- A. The period in spring when plans can be reviewed or changed.
- B. The period in winter when plans can be reviewed or changed.
- C. The period in mid-year when plans can be reviewed or changed.
- D. Approximately October 15 to December 7.**

The main idea here is when you can review and change Medicare Advantage and Part D plans for the next year. This happens during the annual enrollment period in the fall, a specific window where you can enroll in, switch, or drop MA or Part D plans. The correct timing is roughly October 15 through December 7, and changes take effect January 1 of the following year. The other seasons listed don't correspond to the official annual enrollment period, and outside this window you'd typically need a special enrollment period prompted by a life event to make changes.

2. After CMS indicates Mrs Garcia's enrollment acceptance, how long does Caring Health have to notify her in writing?

- A. 5 calendar days
- B. 10 calendar days**
- C. 20 calendar days
- D. 30 calendar days

When a plan receives CMS confirmation that enrollment has been accepted, it must send the member a written notification within a defined, tight deadline. The standard timeframe is ten calendar days. This deadline ensures the member gets clear, official confirmation promptly so they know when coverage starts, what premiums or next steps are needed, and how to obtain an ID card and access plan benefits. The clock runs by calendar days, so weekends and holidays count toward the ten-day window. If the notification is late, it can lead to confusion about coverage start dates and may raise compliance concerns for CMS. Shorter (like five days) or longer (twenty or thirty days) windows don't align with the required prompt notification, making ten calendar days the best-fit timeframe.

3. If a beneficiary enrolls in a stand-alone PDP after already enrolling in an MA plan with drug coverage, what is the effect on the MA plan?

- A. You will be disenrolled from the MA plan.**
- B. You will keep both plans with no changes.
- C. You will be automatically enrolled in a new MA plan.
- D. You will continue with MA-PD and add the PDP.

Enrolling in a stand-alone prescription drug plan while you're in a Medicare Advantage plan that already includes drug coverage means you can't keep both drug coverages. The MA plan and its drug benefit are designed to be a single package, so adding a separate PDP creates duplicate drug coverage. Because of this, your enrollment in the MA plan ends; you're disenrolled from the MA-PD, leaving you with Original Medicare for medical coverage and the PDP for drugs (or you'd switch plans during another enrollment period). The other options aren't allowed because you can't maintain two separate prescription drug coverages at the same time.

4. During the MA ICEP for a newly MA-eligible enrollee, what action is available?

- A. Enrolling in a Medigap plan.
- B. Enrolling in an MA plan.**
- C. Enrolling in a stand-alone Part D plan.
- D. Doing nothing during ICEP.

During the MA ICEP, the opportunity is to choose Medicare Advantage coverage. This initial window is provided so a newly MA-eligible individual can enroll in an MA plan to gain comprehensive coverage through that plan, which typically includes the medical benefit and often drug coverage as well. Enrolling in a Medigap plan isn't available to someone who has MA, since MA replaces Original Medicare and Medigap policies are designed to supplement Original Medicare. A stand-alone Part D plan is for those in Original Medicare; when you're MA-eligible, you enroll in an MA plan to get drug coverage through that plan rather than a separate Part D. Doing nothing during ICEP would mean missing the chance to obtain MA coverage in this period.

5. Signing rules when one spouse is unable to sign.

- A. The other spouse may sign on her behalf.
- B. Only the spouse who is the enrollee can sign her enrollment form.**
- C. An agent can sign for both.
- D. A legal guardian must sign.

The key idea is that enrollment requires the enrollee's own signature to confirm consent and accuracy. The enrollment form is a formal agreement between the plan and the person being enrolled, and the enrollee must personally attest that the information is correct and that she agrees to the terms, including any premium obligations. A spouse signing on her behalf would not verify her consent, which could lead to misrepresentation or disputes about coverage. Therefore, the only acceptable signer is the enrollee herself. If she can't sign, other legal mechanisms (like a power of attorney or guardian) would need to be in place, but those aren't implied by the given options.

6. The Part D Initial Enrollment Period (IEP) normally lasts seven months around the month you first become entitled to Part A or enrolled in Part B. Which description matches this rule?

- A. The first occurs three months before and three months after the entitlement month**
- B. It lasts only the entitlement month
- C. It lasts twelve months after entitlement
- D. It lasts six months before entitlement and one month after

The seven-month window for Part D enrollment starts three months before the month you first become entitled to Part A or enrolled in Part B, includes that entitlement month, and ends three months after. So the description that matches is three months before and three months after the entitlement month. The other descriptions don't fit because they misstate the length or timing of the window: enrolling only in the entitlement month is too short; lasting twelve months after would extend well beyond the initial enrollment period; and six months before with one month after isn't the correct symmetric span around the entitlement month.

7. If you want Part D coverage, enrollment should occur during which option?

- A. During ICEP
- B. During MA Open Enrollment Period
- C. During SEP with MA-PD or PDP**
- D. Only during AEP

Part D coverage is added most smoothly when you're already in a Medicare plan that includes drug coverage (an MA-PD) or you're using a standalone Part D plan (PDP). The appropriate window to enroll in Part D, if you're in one of those plans, is the Special Enrollment Period that accompanies MA-PD or PDP. This SEP lets you add or switch Part D coverage without penalties and ensures your drug benefits line up with your current plan. Other enrollment times are designed for MA plan choices or general plan changes and don't specifically govern when you can or should add Part D. For example, the ICEP and MA Open Enrollment Period focus on MA plan elections, not the coordination of Part D when you're in an MA-PD or PDP. The general Annual Enrollment Period also covers plan changes but doesn't provide the targeted SEP for Part D that aligns with MA-PD or PDP. So the correct path to secure Part D coverage in this context is enrolling during the Special Enrollment Period associated with MA-PD or PDP.

8. What dates define the annual election period during which a beneficiary can enroll in or switch MA and Part D plans?

- A. October 15 through December 7
- B. November 1 through December 31
- C. October 1 through November 15**
- D. December 1 through January 15

The key idea is that there is a CMS-defined annual window for MA and Part D changes called the annual election period. It runs October 15 through December 7. During this time you can enroll in or switch MA plans, switch Part D plans, or move between Original Medicare with Part D and a Medicare Advantage plan for the next year, with changes taking effect January 1. The other date ranges don't align with this official window, and there's a separate MA Open Enrollment period from January 1 to March 31. So the October 15 through December 7 period is the correct one.

9. Bonus Question Placeholder

- A. Option 1**
- B. Option 2
- C. Option 3
- D. Option 4

In answering these questions, the best choice is the one that most accurately reflects how health insurance concepts are defined and applied in AHIP material. The first option is favored because it tends to be a precise, complete statement that aligns with standard policy language and typical plan rules, without overgeneralizing or adding qualifiers that don't always hold true. Think about why a choice would be correct: it should directly match established definitions (like how benefits are covered, what counts toward a deductible or out-of-pocket maximum, or how prior authorization works) and it should avoid absolutes or exceptions that aren't universally true. The other options often stray by being overly broad, misstating requirements, or introducing conditions that aren't consistently applicable. When studying, look for statements that could be supported by policy language and real-world practice, and be wary of wording that implies universal truth where the material shows nuances or exceptions.

10. In this context, what does IEP stand for?

- A. Initial Enrollment Period
- B. Initial Election Period**
- C. Initial Eligibility Period
- D. Interim Election Period

The main idea being tested is what IEP stands for in this health insurance context: the time window when someone first makes their coverage choices, an Initial Election Period. This period centers on actively selecting which plan and benefits to receive when you first become eligible, rather than merely enrolling or waiting for a later change. The emphasis is on the act of electing coverage options for the first time, which is why Initial Election Period is the best fit. The other terms would describe different concepts—enrollment (simply joining), eligibility (when you become eligible), or an interim/temporary period—rather than the initial act of choosing a plan.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://ahip5.examzify.com>

We wish you the very best on your exam journey. You've got this!

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