

ALPHA KAPPA ALPHA (AKA) MEMBERSHIP EXPERIENCE (ME) PRACTICE TEST (SAMPLE) STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which region is represented by Elicia Pegues Spearman?**
 - A. North Atlantic Region
 - B. Mid-Atlantic Region
 - C. Far Western Region
 - D. South Central Region
- 2. What does the motto "Service to All Mankind" highlight?**
 - A. Commitment to personal gain
 - B. Commitment to serving diverse communities with selflessness
 - C. Commitment to educational excellence
 - D. Commitment to environmental issues
- 3. What is the highest honor that Alpha Kappa Alpha can bestow?**
 - A. Golden Key
 - B. Platinum Award
 - C. Diamond Award
 - D. Lifetime Achievement
- 4. Why did Nellie May Quander visit a sorority meeting in 1912?**
 - A. To celebrate the sorority's anniversary
 - B. To propose a new mission for the sorority
 - C. To join the sorority
 - D. To learn more about sorority finances
- 5. Which regional director chartered the Xi Pi Omega chapter?**
 - A. The Honorable Sonja Williams Garcia
 - B. The Honorable Tiffany Moore Russell
 - C. The Honorable Mary Shy Scott
 - D. The Honorable Danette Anthony Reed
- 6. What is the role of the Anti-Basileus (Vice President) in a chapter?**
 - A. To handle social media accounts
 - B. To automatically become Program chairman
 - C. To maintain the budget
 - D. To represent the chapter at external events

7. Who was the first Supreme Basileus of Alpha Kappa Alpha?

- A. Norma Solomon White
- B. Lillian R. McNair
- C. Nellie May Quander
- D. Mary A. Smith

8. What is a main focus of the Impact 2020 program?

- A. Personal development workshops
- B. Community service projects
- C. Health and wellness initiatives
- D. Educational outreach

9. What aspect of personal development does Alpha Kappa Alpha emphasize through its programming?

- A. Physical fitness exclusively
- B. Elderly care only
- C. Community service and personal growth
- D. Academic performance only

10. Where was Alpha Kappa Alpha established?

- A. Harvard University
- B. Howard University
- C. Yale University
- D. Stanford University

Answers

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1. A
2. B
3. C
4. B
5. C
6. B
7. C
8. C
9. C
10. B

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Explanations

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1. Which region is represented by Elicia Pegues Spearman?

- A. North Atlantic Region
- B. Mid-Atlantic Region
- C. Far Western Region
- D. South Central Region

Elicia Pegues Spearman is recognized as a prominent leader within the North Atlantic Region of Alpha Kappa Alpha Sorority, Incorporated. This region encompasses several states and is known for its active chapters that focus on community service, sisterhood, and advocacy for social justice. The choice of the North Atlantic Region highlights the significance of regional leadership within the sorority's structure, contributing to the overarching mission of AKA through dedicated activities and initiatives tailored to the needs of that specific region. Regional representatives play a crucial role in connecting chapters and fostering a sense of unity and purpose among members, ensuring that the values of Alpha Kappa Alpha are upheld within their communities. Understanding this organizational structure is essential for members as it helps them appreciate how regional representatives influence programming and outreach efforts, enabling them to better engage in sorority activities.

2. What does the motto "Service to All Mankind" highlight?

- A. Commitment to personal gain
- B. Commitment to serving diverse communities with selflessness
- C. Commitment to educational excellence
- D. Commitment to environmental issues

The motto "Service to All Mankind" highlights a deep commitment to serving diverse communities with selflessness. This phrase embodies the core principles of Alpha Kappa Alpha, which emphasizes philanthropic acts and community service as fundamental values. Members are encouraged to engage in activities that uplift and support individuals from various backgrounds, reflecting an ethos that prioritizes the well-being of others above personal interests. This commitment fosters a sense of unity and collective responsibility, aiming to make a positive impact on society as a whole. In contrast to other choices, the motto does not indicate a focus on personal gain, educational excellence, or environmental issues specifically, although those may be important in different contexts. The primary focus remains on altruistic service to humanity, showcasing the organization's dedication to improving the lives of people within various communities.

3. What is the highest honor that Alpha Kappa Alpha can bestow?

- A. Golden Key
- B. Platinum Award
- C. Diamond Award
- D. Lifetime Achievement

The Diamond Award represents the highest honor that Alpha Kappa Alpha Sorority, Incorporated can bestow upon a member. This prestigious accolade is designated for women who have exemplified exceptional service and commitment to the sorority and its mission over a significant period. It highlights not only individual achievements but also the influential legacy and contributions made to the organization and the greater community. This distinction is often reserved for those who have demonstrated outstanding leadership, dedication, and unwavering support for the principles and goals of Alpha Kappa Alpha, reflecting the ideals of sisterhood, scholarship, and service that the sorority upholds. Receiving the Diamond Award signifies recognition at the highest level, serving as an inspiration for other members and affirming the values inherent in the sorority's mission.

4. Why did Nellie May Quander visit a sorority meeting in 1912?

- A. To celebrate the sorority's anniversary
- B. To propose a new mission for the sorority**
- C. To join the sorority
- D. To learn more about sorority finances

Nellie May Quander attended the sorority meeting in 1912 primarily to propose a new mission for the organization. Her involvement was significant during a critical time in the development and focus of Alpha Kappa Alpha Sorority, Inc. Quander recognized the need for the sorority's mission to adapt and expand to better serve its evolving membership and societal needs. By presenting a new mission, she aimed to inspire and guide the sorority toward more defined goals that aligned with the aspirations and values of its members, ensuring the organization remained relevant and impactful in its service to the community. This visit was not merely a celebratory occasion or an attempt to join, but rather an influential moment that contributed to shaping the direction of the sorority's future initiatives and community engagement. Learning about finances would be a secondary concern, not the primary focus of her visit during that meeting.

5. Which regional director chartered the Xi Pi Omega chapter?

- A. The Honorable Sonja Williams Garcia
- B. The Honorable Tiffany Moore Russell
- C. The Honorable Mary Shy Scott**
- D. The Honorable Danette Anthony Reed

The Honorable Mary Shy Scott is recognized for chartering the Xi Pi Omega chapter. Her contributions to the Alpha Kappa Alpha Sorority are significant, as she held esteemed positions and was directly involved in various activities that supported the organization's mission. Her leadership and commitment to service exemplify the values of AKAs, making her role in the establishment of the Xi Pi Omega chapter an important milestone. The creation of chapters like Xi Pi Omega underlines the sorority's expansion and commitment to community service, furthering its impact in the areas where they operate. Understanding the history behind chapter charters is essential as it reflects the growth and outreach of the sisterhood in fulfilling its purpose.

6. What is the role of the Anti-Basileus (Vice President) in a chapter?

- A. To handle social media accounts
- B. To automatically become Program chairman**
- C. To maintain the budget
- D. To represent the chapter at external events

The role of the Anti-Basileus, or Vice President, in a chapter is primarily to assist the Basileus (President) in managing the operations of the chapter and to stand in for the Basileus when necessary. One of the key responsibilities often includes overseeing programs and ensuring that events align with the chapter's objectives; however, this does not inherently mean they automatically become the Program chairman. In practice, the Vice President supports various aspects of the chapter's functions and can lead programs, but this role can also be fulfilled by different members depending on the specific structure or preferences within the chapter. Thus, the position of the Anti-Basileus is multifaceted and responsive rather than singularly designated to program management. By understanding this dynamic, it highlights that the Anti-Basileus's role encompasses broader responsibilities, including collaboration with other officers and members to ensure the chapter's goals are met effectively. When contemplating the other options, handling social media accounts or maintaining the budget may be designated tasks for other officers or committee members within the chapter rather than the Vice President's primary duties. Representing the chapter at external events could also fall under the Anti-Basileus's responsibilities, but it is not their defining role compared to their overarching support.

7. Who was the first Supreme Basileus of Alpha Kappa Alpha?

- A. Norma Solomon White
- B. Lillian R. McNair
- C. Nellie May Quander**
- D. Mary A. Smith

Nellie May Quander holds the distinction of being the first Supreme Basileus of Alpha Kappa Alpha Sorority, Incorporated. As part of the organization's founding, she was instrumental in shaping its early identity and mission. Quander's leadership set the foundational tone for the sorority, emphasizing sisterhood, scholarship, and service, which remain pivotal to the organization's core values. Her vision and commitment to the community helped establish Alpha Kappa Alpha as a vital institution for uplifting women of color and addressing social issues of the time. This significant role she played in the formation and leadership of the sorority makes her the correct answer to the question regarding the first Supreme Basileus.

8. What is a main focus of the Impact 2020 program?

- A. Personal development workshops
- B. Community service projects
- C. Health and wellness initiatives**
- D. Educational outreach

The main focus of the Impact 2020 program is on health and wellness initiatives. This program underscores the importance of promoting healthy lifestyles and addressing health disparities within communities. By prioritizing health and wellness, the program aims to uplift and empower individuals through education about health issues, access to resources, and support for healthier living practices. It reflects a commitment to enhancing the overall well-being of community members, ensuring they have the tools and knowledge needed to lead healthier lives. While personal development workshops, community service projects, and educational outreach are all important elements of various programs within the organization, the specific emphasis of Impact 2020 is primarily directed towards health and wellness, making it a vital component of the overall mission to serve and uplift communities.

9. What aspect of personal development does Alpha Kappa Alpha emphasize through its programming?

- A. Physical fitness exclusively
- B. Elderly care only
- C. Community service and personal growth**
- D. Academic performance only

Alpha Kappa Alpha emphasizes community service and personal growth as central elements of its programming. This focus is rooted in the sorority's mission to promote sisterhood and service while fostering the personal and academic development of its members. Through various programs and initiatives, members engage in community service projects that not only benefit the communities they serve but also encourage individual growth and leadership skills. The emphasis on community service allows members to connect with their communities, gain valuable experiences, and develop a sense of social responsibility. Meanwhile, personal growth initiatives encourage self-reflection, professional development, and the acquisition of skills that support members in their personal and academic endeavors. This holistic approach to development aligns with the sorority's values and promotes a well-rounded membership experience that extends beyond individual achievements to encompass collective impact.

10. Where was Alpha Kappa Alpha established?

- A. Harvard University
- B. Howard University**
- C. Yale University
- D. Stanford University

Alpha Kappa Alpha was established at Howard University, which is a historically black university located in Washington, D.C. Founded in 1908, it holds the distinction of being the first intercollegiate Greek-letter organization established by African American college women. The founders aimed to cultivate a spirit of sisterhood and scholarship while addressing the social and economic challenges faced by African Americans. This context is crucial in understanding the significance of Howard University as the birthplace of AKA, as it provided the environment conducive to the formation of such a transformative organization dedicated to service and empowerment within the community.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://akame.examzify.com>

We wish you the very best on your exam journey. You've got this!

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