

ALPHA KAPPA ALPHA (AKA) HISTORY PRACTICE TEST (SAMPLE)

STUDY GUIDE



**SAMPLE STUDY GUIDE
WITH LIMITED QUESTIONS**

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What type of unit will Alpha Kappa Alpha utilize to promote breast cancer screening?**
 - A. A mobile health clinic
 - B. A digital mobile breast cancer screening unit
 - C. A community health center
 - D. A telemedicine platform
- 2. In what year was Alpha Kappa Alpha incorporated?**
 - A. 1905
 - B. 1910
 - C. 1913
 - D. 1915
- 3. Who was the first national corresponding secretary of Alpha Kappa Alpha?**
 - A. Norma Elizabeth Boyd
 - B. Ethel Jones
 - C. Sarah Meriwether (Nutter)
 - D. Alice Porter Murray
- 4. How does Alpha Kappa Alpha honor its founders today?**
 - A. Through policy advocacy for government
 - B. Through service and educational initiatives that reflect their values
 - C. By establishing new social clubs
 - D. Through corporate sponsorship events
- 5. Who was Alpha Kappa Alpha Sorority, Inc.'s first programming chair?**
 - A. Mary V. McLeod
 - B. Marian Wright Edelman
 - C. Barbara Jordan
 - D. Coretta Scott King
- 6. What do the AKA's community service partnerships aim to improve?**
 - A. The quality of life in underserved communities
 - B. The educational outcomes for underprivileged youth
 - C. The economic stability of families
 - D. The health and wellness of women

- 7. Who are recognized as the core founders of Alpha Kappa Alpha?**
- A. Anna Easter Brown and Lavinia Norman
 - B. Anna Easter Brown, Beulah Burke, Lillie Burke, Marjorie Hill, Margaret Flagg Holmes, Ethel Hedgeman, Lavinia Norman, Lucy Diggs Slowe, and Marie Woolfolk
 - C. Ethel Hedgeman, Lavinia Norman and Lucy Diggs Slowe
 - D. Beulah Burke and Marjorie Hill
- 8. Contributions to what sector is a priority for Alpha Kappa Alpha?**
- A. Healthcare, particularly mental health
 - B. Education, particularly in STEM fields
 - C. Sports, particularly youth leagues
 - D. Arts, particularly in theater
- 9. What notable recognition does Alpha Kappa Alpha pursue through its service projects?**
- A. A National Award for Service
 - B. A local community recognition award
 - C. An international honor for volunteers
 - D. An annual sorority convention trophy
- 10. How does Alpha Kappa Alpha plan to partner with local organizations regarding health initiatives?**
- A. By funding health scholarships
 - B. By collaborating on health workshops and screening
 - C. By creating health-focused social media campaigns
 - D. By organizing fundraising events

Answers

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1. B
2. C
3. A
4. B
5. A
6. A
7. B
8. B
9. A
10. B

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Explanations

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1. What type of unit will Alpha Kappa Alpha utilize to promote breast cancer screening?

- A. A mobile health clinic
- B. A digital mobile breast cancer screening unit**
- C. A community health center
- D. A telemedicine platform

The selection of a digital mobile breast cancer screening unit as the answer reflects Alpha Kappa Alpha's commitment to leveraging technology and outreach to increase accessibility to crucial health services, particularly in underserved communities. This innovative approach enables the organization to provide breast cancer screenings directly to those who may not have easy access to healthcare facilities. Utilizing a digital mobile unit allows for advanced technology integration, which can improve the quality of screenings and ensure that patient data is efficiently collected and managed. This focus on mobile units aligns with contemporary healthcare trends that aim to meet patients where they are, rather than requiring them to travel to fixed facilities. In contrast, while a mobile health clinic offers some benefits, it may not specifically emphasize the digital aspect that is crucial for modern screenings and data management. A community health center is a stationary facility that does not provide the same level of outreach or immediate access that a mobile unit does. Lastly, a telemedicine platform, while beneficial in certain contexts, may not be able to accommodate the physical and clinical aspects of breast cancer screening that require in-person procedures.

2. In what year was Alpha Kappa Alpha incorporated?

- A. 1905
- B. 1910
- C. 1913**
- D. 1915

Alpha Kappa Alpha Sorority, Inc. was incorporated in the year 1913. This moment marked a significant milestone in the organization's history, transitioning from its foundational chapter, which was established earlier in 1908 at Howard University. The incorporation allowed AKA to formalize its operations and expand its impact on educational and social issues that affected African American women. The year 1913 not only solidified the sorority's legal standing but also paved the way for future growth, enabling the establishment of additional chapters and the development of programs that would benefit communities across the nation. This incorporation is a cornerstone event, illustrating the commitment of its founders to create a lasting legacy of sisterhood and service.

3. Who was the first national corresponding secretary of Alpha Kappa Alpha?

- A. Norma Elizabeth Boyd**
- B. Ethel Jones
- C. Sarah Meriwether (Nutter)
- D. Alice Porter Murray

The first national corresponding secretary of Alpha Kappa Alpha was Norma Elizabeth Boyd. She played a crucial role in the establishment and organization of the sorority, which was founded on January 15, 1908, at Howard University. As the national corresponding secretary, Boyd was responsible for managing correspondence and communications for the sorority during its formative years, facilitating connections between chapters and the national organization. Her contributions helped to lay a strong foundation for the administrative structure and operational efficiency of Alpha Kappa Alpha, ensuring that the sorority could grow and maintain its purpose of fostering sisterhood and service. By being the first in this role, Norma Elizabeth Boyd exemplified the leadership and dedication that would characterize the sorority's future.

4. How does Alpha Kappa Alpha honor its founders today?

- A. Through policy advocacy for government
- B. Through service and educational initiatives that reflect their values**
- C. By establishing new social clubs
- D. Through corporate sponsorship events

Alpha Kappa Alpha honors its founders primarily through service and educational initiatives that reflect the values and principles they instilled in the sorority. The founders advocated for social justice, education, and community service, and these ideals remain central to AKA's mission today. The organization engages in various programs that address educational disparities, promote health and wellness, and enhance community development, thereby continuing the work that its founders envisioned. While other options may reflect activities that could be associated with a sorority, they do not encapsulate the primary way in which AKA pays homage to its founders. Engaging in policy advocacy is important but is not the core focus that defines their honor toward the founders. Establishing new social clubs is more about expanding membership than honoring the historical legacy. Likewise, corporate sponsorship events, while beneficial for funding, do not directly address the mission of honoring the founders or their specific contributions to the community and society. Thus, the emphasis on service and educational initiatives is a direct reflection of the founders' commitment to uplift and support the community.

5. Who was Alpha Kappa Alpha Sorority, Inc.'s first programming chair?

- A. Mary V. McLeod**
- B. Marian Wright Edelman
- C. Barbara Jordan
- D. Coretta Scott King

Mary V. McLeod served as the first programming chair for Alpha Kappa Alpha Sorority, Inc. Her role was instrumental in developing the sorority's programming initiatives during its early years. McLeod was a visionary leader who understood the importance of structured programming in achieving the organization's educational and social goals. She played a crucial part in laying the foundational principles of the sorority's community service and educational outreach efforts, which continue to be a hallmark of AKA's mission today. This focus on programming helped establish the sorority's enduring commitment to addressing social issues and empowering women through various initiatives. Other figures mentioned in the options are influential in their own rights but were not associated with this specific position within the organization. While Marian Wright Edelman, Barbara Jordan, and Coretta Scott King made significant contributions to civil rights and social justice, they were not involved in the early structure and programming of Alpha Kappa Alpha Sorority as McLeod was.

6. What do the AKA's community service partnerships aim to improve?

- A. The quality of life in underserved communities
- B. The educational outcomes for underprivileged youth
- C. The economic stability of families
- D. The health and wellness of women

The community service partnerships of Alpha Kappa Alpha (AKA) primarily aim to improve the quality of life in underserved communities. This focus stems from the sorority's core mission of service and advocacy, which seeks to address systemic inequalities and social issues that affect marginalized populations. By engaging in various community-focused initiatives, AKA chapters work to uplift individuals and neighborhoods, often providing resources, support, and access to opportunities that enhance living conditions and promote overall community wellbeing. This holistic approach encompasses various aspects, including education, health, and economic support, ultimately contributing to a higher quality of life for those in need. While improving educational outcomes, economic stability, and health and wellness are significant aspects of the sorority's programming, these are often viewed as components of the broader goal of enhancing the overall quality of life for underserved communities. Therefore, the concept of 'quality of life' encompasses a wide array of improvements that can be targeted through various partnerships and service projects initiated by AKA.

7. Who are recognized as the core founders of Alpha Kappa Alpha?

- A. Anna Easter Brown and Lavinia Norman
- B. Anna Easter Brown, Beulah Burke, Lillie Burke, Marjorie Hill, Margaret Flagg Holmes, Ethel Hedgeman, Lavinia Norman, Lucy Diggs Slowe, and Marie Woolfolk
- C. Ethel Hedgeman, Lavinia Norman and Lucy Diggs Slowe
- D. Beulah Burke and Marjorie Hill

The correct answer highlights that the core founders of Alpha Kappa Alpha Sorority, Incorporated, are actually a larger group of eight women, not just a few individuals. These founders are Anna Easter Brown, Beulah Burke, Lillie Burke, Marjorie Hill, Margaret Flagg Holmes, Ethel Hedgeman, Lavinia Norman, Lucy Diggs Slowe, and Marie Woolfolk. Each of these women played a significant role in the establishment of the sorority on January 15, 1908, at Howard University. Their collective efforts and unique contributions were vital in creating an organization that would support and empower African American women through sisterhood and service. By recognizing all of these founders, the response acknowledges the diverse impacts each had on the growth and direction of Alpha Kappa Alpha, helping to lay a solid foundation for its future endeavors and values. Other options may provide the names of some founders but do not encompass the complete founding group, which is essential for understanding the full history of the sorority.

8. Contributions to what sector is a priority for Alpha Kappa Alpha?

- A. Healthcare, particularly mental health
- B. Education, particularly in STEM fields**
- C. Sports, particularly youth leagues
- D. Arts, particularly in theater

The correct answer highlights that education, particularly in STEM (Science, Technology, Engineering, and Mathematics) fields, is a priority for Alpha Kappa Alpha. This emphasis is rooted in the organization's broader commitment to fostering educational opportunities and addressing disparities in access and achievement within marginalized communities. Alpha Kappa Alpha has historically placed a strong focus on education as a means of empowerment and social change. STEM education, in particular, is critical due to the increasing demand for skilled professionals in these areas and the ongoing underrepresentation of African American women in STEM fields. The organization's programs and initiatives aim to encourage young people, especially women and girls, to pursue careers in these disciplines, thereby enhancing their future economic opportunities and contributing to a more diverse workforce. While other sectors, such as healthcare, sports, and arts, also have their significance, they do not represent the main educational focus and priority that Alpha Kappa Alpha has established in its mission. The emphasis on STEM aligns with current national and global educational trends that prioritize technological and scientific literacy for future generations.

9. What notable recognition does Alpha Kappa Alpha pursue through its service projects?

- A. A National Award for Service**
- B. A local community recognition award
- C. An international honor for volunteers
- D. An annual sorority convention trophy

Alpha Kappa Alpha Sorority, Inc. actively engages in various service projects aimed at making a significant impact in the community, and one of the notable recognitions it pursues is a National Award for Service. This award underscores the sorority's commitment to public service and social justice, reflecting its long-standing tradition of community engagement and empowerment. The recognition not only highlights exemplary service initiatives undertaken by the members but also aligns with the organization's core values of leadership and advocacy. The focus on a national level indicates that the sorority aims to set a standard within the broader context of service organizations. By seeking a national award, Alpha Kappa Alpha emphasizes its strategic approach to service delivery, striving to achieve excellence and inspire other organizations. This ambition for recognition showcases the sorority's dedication to uplift communities through structured service projects, reinforcing its historical mission of fostering sisterhood, scholarship, and service.

10. How does Alpha Kappa Alpha plan to partner with local organizations regarding health initiatives?

- A. By funding health scholarships
- B. By collaborating on health workshops and screening**
- C. By creating health-focused social media campaigns
- D. By organizing fundraising events

The correct answer reflects Alpha Kappa Alpha's strategic focus on collaboration with local organizations to directly address health issues within communities. By partnering on health workshops and screenings, the organization can provide hands-on education and services that facilitate access to vital health resources. This approach not only promotes awareness and preventive measures but also builds community engagement by marrying the outreach capabilities of local organizations with the expertise and mission of Alpha Kappa Alpha. In contrast, funding health scholarships, while beneficial, does not create a direct interactive partnership focused on current health initiatives. Creating health-focused social media campaigns can raise awareness but lacks the practical, face-to-face engagement achievable through workshops and screenings. Organizing fundraising events is important for financial support but does not inherently involve health initiatives in a collaborative manner, which is essential for making an immediate impact on public health. The chosen answer underscores the importance of active participation and partnership in promoting health and wellness in local communities.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://akahistory.examzify.com>

We wish you the very best on your exam journey. You've got this!

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