

Alpha Kappa Alpha (AKA) History Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which founder played a vital role in the development of the sorority's Constitution and Bylaws?**
 - A. Lavinia Norman**
 - B. Ethel Hedgeman (Lyle)**
 - C. Lucy Diggs Slowe**
 - D. Margaret Flagg (Holmes)**

- 2. Which two sisters subsequently enrolled in Howard's College of Liberal Arts at the same time?**
 - A. Marjorie Hill and Lillie E. Burke**
 - B. Lillie E. Burke and Anna Easter Brown**
 - C. Beulah Elizabeth Burke and Marjorie Hill**
 - D. Lillie E. Burke and Beulah Elizabeth Burke**

- 3. When was Alpha Kappa Alpha founded?**
 - A. January 1, 1908**
 - B. April 15, 1909**
 - C. January 15, 1908**
 - D. February 2, 1907**

- 4. How does Alpha Kappa Alpha primarily promote leadership skills among its members?**
 - A. Through workshops and conferences**
 - B. By encouraging public speaking**
 - C. Through formal mentorship programs**
 - D. By providing funding for leadership camps**

- 5. Which member served as president of the Xi Omega Chapter in Washington, D.C.?**
 - A. Norma Elizabeth Boyd**
 - B. Ethel Jones**
 - C. Sarah Meriwether (Nutter)**
 - D. Alice Porter Murray**

- 6. In which area does Alpha Kappa Alpha focus its global initiatives?**
- A. Environmental sustainability**
 - B. Health and wellness**
 - C. Economic empowerment**
 - D. All of the above**
- 7. What distinguishes Alpha Kappa Alpha from other sororities?**
- A. It is founded only for graduate women**
 - B. It is the first sorority established by African American women**
 - C. It has a strict membership process**
 - D. It focuses solely on social events**
- 8. What are the official jewels of Alpha Kappa Alpha Sorority, Inc.?**
- A. Ruby and Sapphire**
 - B. Diamond and Pearl**
 - C. Emerald and Gold**
 - D. Opal and Topaz**
- 9. What is the highest governing body of Alpha Kappa Alpha Sorority, Inc.?**
- A. The National Assembly**
 - B. The Executive Council**
 - C. The Supreme Body**
 - D. The Grand Chapter**
- 10. What is the primary goal of the Signature Program CAP developed by Alpha Kappa Alpha?**
- A. To provide scholarships for students**
 - B. To assist students in the college application and enrollment process**
 - C. To organize community outreach programs**
 - D. To promote leadership among young women**

Answers

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1. B
2. D
3. C
4. A
5. A
6. D
7. B
8. B
9. C
10. B

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Explanations

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1. Which founder played a vital role in the development of the sorority's Constitution and Bylaws?

- A. Lavinia Norman**
- B. Ethel Hedgeman (Lyle)**
- C. Lucy Diggs Slowe**
- D. Margaret Flagg (Holmes)**

Ethel Hedgeman Lyle's pivotal role in the development of Alpha Kappa Alpha's Constitution and Bylaws is a significant aspect of the sorority's history. As one of the original founders, she was instrumental in shaping the foundational documents that would govern the organization. Lyle's education and commitment to service inspired her contributions to the establishment of the sorority's principles and practices. Her work ensured that the sorority would have a clear framework for operation, guiding its members in pursuing the organization's mission of sisterhood, scholarship, and service. This foundation has allowed Alpha Kappa Alpha to grow and adapt over the years, maintaining its relevance and commitment to its core values. Thus, Lyle's involvement in crafting the Constitution and Bylaws highlights her dedication to creating a structured, enduring organization.

2. Which two sisters subsequently enrolled in Howard's College of Liberal Arts at the same time?

- A. Marjorie Hill and Lillie E. Burke**
- B. Lillie E. Burke and Anna Easter Brown**
- C. Beulah Elizabeth Burke and Marjorie Hill**
- D. Lillie E. Burke and Beulah Elizabeth Burke**

The answer identifying Lillie E. Burke and Beulah Elizabeth Burke as the two sisters who enrolled in Howard's College of Liberal Arts at the same time is correct because historical records indicate that both sisters pursued their education together at Howard University. This choice highlights the significance of familial connections and shared educational experiences among members of Alpha Kappa Alpha Sorority, showcasing the importance of sisterhood and collaboration in achieving academic goals. The other options do not accurately represent the historical enrollment of sisters at Howard's College of Liberal Arts. Marjorie Hill, Anna Easter Brown, and Beulah Elizabeth Burke each had their own academic journeys, but the emphasis on Lillie and Beulah together underscores their unique bond as sisters and their simultaneous educational paths, which is a noteworthy aspect of their biographies in the context of the sorority's history.

3. When was Alpha Kappa Alpha founded?

- A. January 1, 1908
- B. April 15, 1909
- C. January 15, 1908**
- D. February 2, 1907

The founding date of Alpha Kappa Alpha Sorority, Inc., is January 15, 1908. This date is significant as it marks the establishment of the first intercollegiate Greek-letter organization for African American women, created at Howard University in Washington, D.C. The founding group aimed to provide a support network for African American women pursuing higher education during a time when opportunities were severely limited. The sorority also emphasized the importance of community service, scholarship, and sisterhood, principles that continue to guide its mission today. Understanding this historical context highlights why the specific date is crucial to the identity and legacy of Alpha Kappa Alpha.

4. How does Alpha Kappa Alpha primarily promote leadership skills among its members?

- A. Through workshops and conferences**
- B. By encouraging public speaking
- C. Through formal mentorship programs
- D. By providing funding for leadership camps

Alpha Kappa Alpha promotes leadership skills among its members primarily through workshops and conferences. These events serve as key platforms for personal and professional development, allowing members to engage in discussions about leadership theories, practices, and experiences. By attending workshops, members can actively participate in activities that enhance their critical thinking, decision-making, and problem-solving skills. Conferences often bring together accomplished leaders and speakers who share insights and strategies, providing a rich environment for learning and growth. The emphasis on real-time collaboration and learning during these workshops creates opportunities for members to practice and refine their leadership abilities in a supportive setting. Additionally, the networking opportunities available at these events can lead to mentorship and collaboration that further enhance leadership competencies among members. Ultimately, workshops and conferences reflect the organization's commitment to nurturing future leaders who will make impactful contributions to their communities and beyond.

5. Which member served as president of the Xi Omega Chapter in Washington, D.C.?

- A. Norma Elizabeth Boyd**
- B. Ethel Jones**
- C. Sarah Meriwether (Nutter)**
- D. Alice Porter Murray**

Norma Elizabeth Boyd served as president of the Xi Omega Chapter in Washington, D.C. Boyd was a prominent member of Alpha Kappa Alpha Sorority, Inc. and played a critical role in the organization's history and development. Her leadership qualities and commitment to the sorority's mission helped to enhance the chapter's activities and outreach efforts in the community. She is often recognized for her contributions to the empowerment of African American women and her dedication to public service. Boyd's presidency at the Xi Omega Chapter offered her an opportunity to further influence the direction of the chapter and ensure that it upheld the values and goals of Alpha Kappa Alpha Sorority, Inc. These contributions made her a notable figure in both the chapter and the broader context of the sorority's history.

6. In which area does Alpha Kappa Alpha focus its global initiatives?

- A. Environmental sustainability**
- B. Health and wellness**
- C. Economic empowerment**
- D. All of the above**

Alpha Kappa Alpha Sorority, Inc. emphasizes a comprehensive approach to addressing global challenges through various initiatives. The correct choice encompasses all areas of focus for the organization, reflecting its commitment to a wide range of social and community issues. Environmental sustainability is a critical concern for the sorority, as it advocates for practices and policies that enhance the environment and promote sustainable living. Health and wellness initiatives aim to improve the well-being of communities by addressing health disparities and promoting healthy lifestyles. Economic empowerment encourages financial literacy, entrepreneurship, and community development, all crucial for fostering economic independence among individuals and communities. By selecting an answer that includes all these areas, it highlights Alpha Kappa Alpha's holistic mission to empower and improve the lives of people globally through a multifaceted approach, thereby reinforcing the organization's dedication to service and social justice across diverse and interconnected issues.

7. What distinguishes Alpha Kappa Alpha from other sororities?

- A. It is founded only for graduate women**
- B. It is the first sorority established by African American women**
- C. It has a strict membership process**
- D. It focuses solely on social events**

The correct answer highlights that Alpha Kappa Alpha is distinguished by being the first sorority established by African American women. Founded in 1908 at Howard University, AKA was created in response to the exclusion and segregation African American women faced in predominantly white sorority organizations. This historical significance establishes a unique identity and legacy for the sorority, reflecting the experiences and achievements of African American women in higher education. The other options do not accurately capture what truly sets Alpha Kappa Alpha apart. The organization is inclusive of undergraduate and graduate women, making the idea of being founded exclusively for graduate women incorrect. While AKA has a membership process, which can be thorough, it is not the sole or defining characteristic that distinguishes it from other sororities. Additionally, although social events are a part of the sorority's activities, AKA's mission encompasses broader objectives, including community service, scholarship, and advocacy, pointing to a commitment that goes beyond mere socialization.

8. What are the official jewels of Alpha Kappa Alpha Sorority, Inc.?

- A. Ruby and Sapphire**
- B. Diamond and Pearl**
- C. Emerald and Gold**
- D. Opal and Topaz**

Alpha Kappa Alpha Sorority, Inc. officially recognizes diamonds and pearls as its jewels. This selection is significant as it symbolizes the enduring strength and beauty of sisterhood, values, and the legacy that the sorority embodies. The diamond represents clarity, strength, and resilience, while the pearl symbolizes purity and wisdom. Together, they reflect the ideals and aspirations of the sorority's members, celebrating their commitment to service, sisterhood, and academic excellence. The other choices do not hold official status within the sorority. While other gemstones may be beautiful and symbolically rich in different contexts, only diamonds and pearls are designated as the official jewels of Alpha Kappa Alpha, linking them directly to the sorority's history and values.

9. What is the highest governing body of Alpha Kappa Alpha Sorority, Inc.?

- A. The National Assembly**
- B. The Executive Council**
- C. The Supreme Body**
- D. The Grand Chapter**

The highest governing body of Alpha Kappa Alpha Sorority, Inc. is known as the Supreme Body. This governing structure is crucial because it is responsible for making significant decisions and setting policies for the entire organization, including the oversight of chapters across various regions. The Supreme Body convenes to discuss and determine the direction of the sorority, addressing issues such as program development, membership policies, and operational guidelines. In the context of Alpha Kappa Alpha, the term "Supreme Body" conveys the ultimate authority and leadership role that this governing body holds within the organization. Its influence is pivotal in maintaining the mission and values of AKA, as well as ensuring that the sorority continues to serve its members and the community effectively. In contrast, other options like the National Assembly, the Executive Council, and the Grand Chapter play important roles within the organization but do not hold the same level of authority and comprehensive governance as the Supreme Body. Each of these entities has specific functions and responsibilities, but it is the Supreme Body that represents the ultimate decision-making authority in Alpha Kappa Alpha Sorority's structure.

10. What is the primary goal of the Signature Program CAP developed by Alpha Kappa Alpha?

- A. To provide scholarships for students**
- B. To assist students in the college application and enrollment process**
- C. To organize community outreach programs**
- D. To promote leadership among young women**

The primary goal of the Signature Program CAP (College Admission Process) developed by Alpha Kappa Alpha is indeed to assist students in the college application and enrollment process. This initiative focuses on empowering students, particularly those from underrepresented communities, by providing them with guidance and resources necessary for navigating the complexities of college admissions. The program addresses various aspects of the college application process, including helping students understand admission requirements, providing workshops on writing personal statements, and offering support in preparing for standardized tests. By prioritizing this goal, Alpha Kappa Alpha aims to increase access to higher education and promote academic success among its members and the broader community. The other options, while important in their own right, do not capture the specific focus of CAP. Scholarships and leadership promotion are goals of other programs but are not the central objective of CAP. Similarly, community outreach is an important aspect of Alpha Kappa Alpha's mission, yet it diverges from the targeted assistance offered through CAP regarding college admissions.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://akahistory.examzify.com>

We wish you the very best on your exam journey. You've got this!

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