# Alpha Kappa Alpha (AKA) Graduate Level (GL) Practice Test (Sample)

**Study Guide** 



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### **Questions**



- 1. How many regions does Alpha Kappa Alpha Sorority, Inc. have?
  - A. Five
  - B. Eight
  - C. Ten
  - D. Twelve
- 2. How many current "Targets" are there for the AKA's international service program?
  - A. Three
  - **B.** Four
  - C. Five
  - D. Six
- 3. What is a central goal of Alpha Kappa Alpha's health initiatives?
  - A. To improve mental health resources in schools
  - B. To increase awareness of health-related issues in communities
  - C. To conduct health research and development
  - D. To promote physical fitness through sports programs
- 4. Which founder is known for helping document the personalities of the original founders?
  - A. Margaret Flagg Holmes
  - B. Lavinia Norman
  - C. Beulah Elizabeth Burke
  - D. Marjorie Hill
- 5. How often does the Boule meet in Alpha Kappa Alpha?
  - A. Bi-annually
  - **B.** Monthly
  - C. Every four years
  - D. Periodically, as needed

- 6. What type of initiatives does Alpha Kappa Alpha Sorority mainly focus on?
  - A. Political advocacy
  - B. Health and wellness
  - C. Economic empowerment
  - D. All of the above
- 7. How many original members were there at the founding of Alpha Kappa Alpha Sorority, Inc.?
  - A. Five
  - **B.** Seven
  - C. Nine
  - D. Eleven
- 8. What role do undergraduates play in Alpha Kappa Alpha's growth and sustainability?
  - A. They offer financial support
  - B. They are essential for recruitment, programming, and legacy building
  - C. They create national policies
  - D. They lead fundraising efforts
- 9. Which of the following best describes the primary mission of Alpha Kappa Alpha Sorority?
  - A. To promote academic excellence and provide support to young women
  - B. To enhance the social status of its members
  - C. To create business opportunities for women
  - D. To engage in political activism
- 10. What is the motto of Alpha Kappa Alpha Sorority?
  - A. Service is Sovereignty
  - **B. By Culture and By Merit**
  - C. Unity in Diversity
  - D. Empowerment and Excellence

### <u>Answers</u>



- 1. C 2. C 3. B 4. A 5. D 6. D 7. C 8. B 9. A 10. B



### **Explanations**



- 1. How many regions does Alpha Kappa Alpha Sorority, Inc. have?
  - A. Five
  - B. Eight
  - C. Ten
  - D. Twelve

Alpha Kappa Alpha Sorority, Inc. is organized into ten distinct regions, each serving to promote the sorority's mission and objectives across various geographic areas. Each region is responsible for facilitating communication and coordination among the chapters within its boundaries, allowing for focused support and outreach initiatives. This structure helps strengthen the sorority's impact on local communities and enhances member engagement. Understanding the organizational structure is important because it reflects the sorority's commitment to efficient management and effective programming. The division into ten regions allows for a tailored approach to address specific regional needs while maintaining alignment with the overarching goals of the sorority. This framework fosters collaboration and resource sharing among chapters, enhancing the overall effectiveness of their activities and initiatives.

- 2. How many current "Targets" are there for the AKA's international service program?
  - A. Three
  - **B.** Four
  - C. Five
  - D. Six

The correct choice of five current "Targets" for the Alpha Kappa Alpha Sorority's international service program reflects the organization's commitment to addressing various societal issues through targeted initiatives. Each of the five targets aligns with a specific area of focus, designed to provide meaningful service and outreach throughout the communities they engage with. The five targets allow Alpha Kappa Alpha to create a comprehensive approach in tackling a range of topics including health, education, economic empowerment, social justice, and environmental sustainability. This structure enables the sorority to mobilize its members effectively for various community service programs while ensuring that their philanthropic efforts are impactful and relevant to the needs of the communities they serve. Such an organized framework enhances outreach efforts and demonstrates the sorority's dedication to making a positive difference globally.

## 3. What is a central goal of Alpha Kappa Alpha's health initiatives?

- A. To improve mental health resources in schools
- B. To increase awareness of health-related issues in communities
- C. To conduct health research and development
- D. To promote physical fitness through sports programs

The central goal of Alpha Kappa Alpha's health initiatives is to increase awareness of health-related issues in communities. This focus is rooted in the organization's commitment to public health education and the empowerment of individuals through knowledge about health risks and preventative measures. By raising awareness, Alpha Kappa Alpha aims to address health disparities and encourage community members to take proactive steps in managing their health. This initiative aligns with the broader objectives of the organization, which seeks to improve the quality of life for its community through informed health practices. Awareness-building activities may include workshops, seminars, and outreach programs that not only inform individuals about health issues but also provide resources and connections to healthcare services. While promoting mental health resources in schools, conducting health research, and promoting physical fitness through sports programs are important endeavors, increasing awareness is foundational. It serves as a critical first step in ensuring that communities are informed and equipped to tackle various health challenges effectively.

## 4. Which founder is known for helping document the personalities of the original founders?

- A. Margaret Flagg Holmes
- B. Lavinia Norman
- C. Beulah Elizabeth Burke
- D. Marjorie Hill

Margaret Flagg Holmes is recognized for her significant contributions in documenting the personalities and details of the original founders of Alpha Kappa Alpha Sorority, Inc. Her work provided a vital historical record that not only highlighted the individual characteristics and contributions of each founder but also helped to solidify the legacy of the sorority. By preserving this information, Holmes played an essential role in ensuring that the values and intentions of the founders were understood and remembered by future generations. Her commitment to maintaining the sorority's history reflects a deeper understanding of the importance of documentation in organizational identity and continuity.

#### 5. How often does the Boule meet in Alpha Kappa Alpha?

- A. Bi-annually
- **B. Monthly**
- C. Every four years
- D. Periodically, as needed

The Boule, which is the governing body of Alpha Kappa Alpha Sorority, Inc., meets periodically, as needed. This allows the organization to convene as circumstances require, addressing various issues, making decisions, and strategizing without being tied to a strict schedule like bi-annual or monthly meetings. The flexibility in scheduling aligns with the needs of the members and current organizational goals. Regular meetings might not be feasible or necessary, so this option reflects the true nature of the Boule's operational requirements. In contrast, the other choices imply a fixed schedule that may not accommodate the dynamic needs of the organization, making them less accurate in describing the Boule's meeting frequency.

## 6. What type of initiatives does Alpha Kappa Alpha Sorority mainly focus on?

- A. Political advocacy
- **B.** Health and wellness
- C. Economic empowerment
- D. All of the above

Alpha Kappa Alpha Sorority is committed to a diverse range of initiatives that encompass various aspects of community improvement and social justice. The organization's primary focus includes political advocacy, health and wellness, and economic empowerment, among other areas. By concentrating on political advocacy, the sorority promotes civic engagement and encourages its members to participate in the democratic process, which is crucial for ensuring that the voices of African American women and their communities are heard in policy-making. In terms of health and wellness, Alpha Kappa Alpha prioritizes initiatives that address health disparities affecting communities, promoting education and awareness around critical health issues such as obesity, diabetes, and mental health. Economic empowerment is another key area where the sorority works to provide resources, education, and support for financial literacy and entrepreneurship, helping individuals and families achieve economic stability and growth. Given that Alpha Kappa Alpha embraces such a comprehensive approach by addressing multiple social issues and community needs, the most accurate representation of its initiatives is that they focus on all of these areas combined.

- 7. How many original members were there at the founding of Alpha Kappa Alpha Sorority, Inc.?
  - A. Five
  - **B.** Seven
  - C. Nine
  - D. Eleven

At the founding of Alpha Kappa Alpha Sorority, Inc., there were nine original members. These founding members established the sorority on January 15, 1908, at Howard University in Washington, D.C. This foundational group included notable figures who sought to create an organization focused on sisterhood, service, and academic excellence. Their vision and commitment laid the groundwork for what would become a prominent and influential sorority committed to uplifting the African American community and advocating for social justice. Understanding the significance of the number of founding members helps emphasize the importance of unity and collective action in the mission of Alpha Kappa Alpha.

- 8. What role do undergraduates play in Alpha Kappa Alpha's growth and sustainability?
  - A. They offer financial support
  - B. They are essential for recruitment, programming, and legacy building
  - C. They create national policies
  - D. They lead fundraising efforts

Undergraduates play a vital role in the growth and sustainability of Alpha Kappa Alpha by being essential for recruitment, programming, and legacy building. Their active participation ensures that the organization can continue to thrive by bringing in new members who engage with the core values and goals of the sorority. This influx of new members fosters a vibrant community that is critical for the future of the organization. Moreover, undergraduates contribute to programming by participating in and organizing events that align with the sorority's mission, such as service projects, educational programs, and leadership initiatives. This involvement helps to reinforce the principles and philanthropic efforts of Alpha Kappa Alpha, making the sorority more visible and impactful in various communities. Legacy building is another important aspect of their role. By participating in and promoting the activities of the sorority, undergraduates help to sustain the culture and traditions that define Alpha Kappa Alpha. Their enthusiasm and fresh perspectives can inspire innovation within the organization while honoring its historical foundations. Thus, undergraduates are indeed crucial for the long-term viability and growth of Alpha Kappa Alpha.

## 9. Which of the following best describes the primary mission of Alpha Kappa Alpha Sorority?

- A. To promote academic excellence and provide support to young women
- B. To enhance the social status of its members
- C. To create business opportunities for women
- D. To engage in political activism

The primary mission of Alpha Kappa Alpha Sorority focuses on promoting academic excellence and providing support, particularly to young women. This commitment is rooted in the organization's foundation, which emphasizes scholarship and service. By fostering an environment where education is prioritized, the sorority helps empower women academically, ensuring they have the tools and resources necessary to succeed in their personal and professional lives. Additionally, this mission underlines the sorority's role in community service and mentorship. Through various programs and initiatives, Alpha Kappa Alpha aims to uplift and support young women, encouraging them to pursue their educational goals and aspirations. This focus on academic excellence is a core value that reinforces the organization's dedication to making a positive impact in the lives of women and the communities they serve. The other choices do not encapsulate the overarching goal of Alpha Kappa Alpha as effectively. While enhancing social status, creating business opportunities, and engaging in political activism may be secondary objectives or components of some activities, they do not represent the primary mission focused on education and support for young women.

#### 10. What is the motto of Alpha Kappa Alpha Sorority?

- A. Service is Sovereignty
- **B. By Culture and By Merit**
- C. Unity in Diversity
- D. Empowerment and Excellence

The motto of Alpha Kappa Alpha Sorority is "By Culture and By Merit." This phrase encapsulates the foundational values and principles of the organization, emphasizing the importance of cultural heritage and the pursuit of excellence through merit. As a historically African American sorority, Alpha Kappa Alpha celebrates cultural identity while also promoting academic achievement, community service, and leadership development. This motto aligns with the sorority's mission to foster a sense of sisterhood and empowerment among its members, highlighting that success is achieved not only through one's cultural background but also through hard work and dedication. The phrase serves as a guiding principle for members as they strive to uplift themselves and their communities. The other options, while reflective of positive ideals, do not represent the official motto of Alpha Kappa Alpha. They capture various aspects of leadership and community values but fall short of the specific phrase that has become synonymous with the organization's identity.