

ALBERTA MOTOR ASSOCIATION (AMA) LEARNER'S PRACTICE EXAM (SAMPLE)

STUDY GUIDE



**SAMPLE STUDY GUIDE
WITH LIMITED QUESTIONS**

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THE FULL VERSION STUDY GUIDE**

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What is the time frame during which school zone rules are enforced?**
 - A. 8 am - 9 am
 - B. 8 am - 9:30 am
 - C. 9 am - 10 am
 - D. 8:30 am - 9:30 am

- 2. When nearing the top of a hill on a two-lane highway, what action should you take?**
 - A. Accelerate to get over quickly
 - B. Move over to the left side of your lane
 - C. Move over to the right side of your lane
 - D. Pass other vehicles

- 3. What speed should all reversing maneuvers be done at?**
 - A. Walking speed
 - B. Normal driving speed
 - C. High speed
 - D. Fast speed

- 4. How should the head restraint be positioned for safety?**
 - A. At ear level
 - B. Below the ears
 - C. Above the head
 - D. At shoulder level

- 5. What is the key function of a regulatory sign?**
 - A. To provide information about scenic routes
 - B. To indicate rules regarding traffic and driver behavior
 - C. To inform about vehicle service stations
 - D. To suggest recommended speeds

- 6. What must you not have in your system when driving with a Class 7 Learner's Licence?**
- A. Prescription medication
 - B. Alcohol or drugs
 - C. Caffeine
 - D. Nicotine
- 7. Which of the following factors does NOT affect stopping time and distance?**
- A. Vehicle speed
 - B. Weather conditions
 - C. Vehicle condition
 - D. Income level
- 8. What should you do if an emergency vehicle approaches from any direction with its lights or siren on?**
- A. Speed up to get out of the way
 - B. Move your vehicle over to allow it to pass
 - C. Ignore it and continue driving
 - D. Turn off your headlights
- 9. What is the proper action when approaching a stopped emergency vehicle with flashing lights?**
- A. Speed up to pass the vehicle
 - B. Slow down and, if safe, change lanes away from the emergency vehicle
 - C. Ignore the vehicle and maintain your speed
 - D. Turn around and take an alternate route
- 10. What is the maximum speed limit on a roadway located inside an urban area?**
- A. 30 km/hr
 - B. 50 km/hr
 - C. 80 km/hr
 - D. 100 km/hr

Answers

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1. B
2. C
3. A
4. A
5. B
6. B
7. D
8. B
9. B
10. B

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Explanations

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1. What is the time frame during which school zone rules are enforced?

- A. 8 am - 9 am
- B. 8 am - 9:30 am**
- C. 9 am - 10 am
- D. 8:30 am - 9:30 am

School zone rules are enforced during a specific time frame to ensure the safety of children during peak school hours. The correct answer indicates that the enforcement starts at 8 am and continues until 9:30 am. This time frame encompasses the arrival period for students, which is crucial for reducing speed limits and increasing driver vigilance in areas where children are likely walking or biking to school. In many jurisdictions, including Alberta, school zone regulations are designed to be in effect not only during school hours but also before and after, accommodating drop-off and pick-up times. By extending until 9:30 am, the rules account for any late arrivals and ensure that drivers remain cautious as children may still be present on or near school grounds. Understanding this timeframe is essential for drivers to maintain safety standards and adhere to traffic laws in school zones, ultimately helping to protect the well-being of students.

2. When nearing the top of a hill on a two-lane highway, what action should you take?

- A. Accelerate to get over quickly
- B. Move over to the left side of your lane
- C. Move over to the right side of your lane**
- D. Pass other vehicles

When approaching the top of a hill on a two-lane highway, it is important to prioritize safety and visibility. Moving over to the right side of your lane is the correct action to take because this positioning allows for better visibility of both oncoming traffic and the surrounding area. It helps mitigate the risk of a head-on collision, especially since the top of a hill can obstruct the view of vehicles coming from the opposite direction. Additionally, staying to the right typically allows for more room for vehicles traveling in the opposite lane, enhancing overall safety. By contrast, accelerating to get over quickly can lead to losing control or misjudging the distance or speed of oncoming traffic, thus increasing the risk of an accident. Similarly, moving to the left side of your lane could reduce your margin of safety and complicate interactions with other vehicles nearby. Lastly, attempting to pass other vehicles at this point is discouraged due to the limited visibility and potential presence of oncoming traffic, making it a hazardous maneuver.

3. What speed should all reversing maneuvers be done at?

- A. Walking speed**
- B. Normal driving speed
- C. High speed
- D. Fast speed

Reversing maneuvers should be executed at walking speed to ensure safety and control. This slow speed allows the driver to maintain better awareness of the surroundings and react promptly to any obstacles, pedestrians, or other vehicles that may come into their path. By moving at a slower pace, the driver has more time to assess their environment and make necessary adjustments, which significantly reduces the risk of accidents. Moreover, reversing at walking speed helps to enhance the driver's ability to steer and manage the vehicle effectively during the maneuver.

4. How should the head restraint be positioned for safety?

- A. At ear level**
- B. Below the ears
- C. Above the head
- D. At shoulder level

Positioning the head restraint at ear level is essential for maximizing safety in a vehicle. When the head restraint is aligned properly, it can help prevent neck injuries during a collision, particularly whiplash, by limiting the backward movement of the head relative to the body. An appropriately positioned head restraint should be so that the top of it is at least even with the ears, which allows it to effectively support the head during sudden deceleration or impact. When the head restraint is positioned below the ears, it fails to provide the necessary support in the event of a crash. If it is above the head, it does not offer any protection or support, rendering it ineffective. Having it at shoulder level is also inadequate because it does not align with the head, leaving the neck vulnerable during a collision. Therefore, keeping the head restraint at ear level is the optimal choice for enhancing the safety of all vehicle occupants.

5. What is the key function of a regulatory sign?

- A. To provide information about scenic routes
- B. To indicate rules regarding traffic and driver behavior**
- C. To inform about vehicle service stations
- D. To suggest recommended speeds

The key function of a regulatory sign is to indicate rules regarding traffic and driver behavior. These signs are designed to inform drivers of laws and regulations that must be followed to ensure safety and proper traffic flow. For example, regulatory signs include stop signs, yield signs, and speed limit signs, all of which dictate specific actions that drivers must take or avoid. By adhering to these rules, drivers contribute to a safer driving environment for themselves and others on the road. The other options highlight functions that do not pertain to regulatory signs. Information about scenic routes or vehicle service stations falls under informational signage, which is entirely different from regulatory signs focusing on traffic law compliance. Recommended speeds are typically conveyed through advisory signs, which suggest safe speeds but do not impose enforceable rules like regulatory signs do.

6. What must you not have in your system when driving with a Class 7 Learner's Licence?

- A. Prescription medication
- B. Alcohol or drugs**
- C. Caffeine
- D. Nicotine

When driving with a Class 7 Learner's Licence, it is essential to have a clean system free of alcohol or drugs. This restriction is in place because these substances impair your ability to operate a vehicle safely, affecting your judgment, coordination, reaction time, and overall cognitive function. Driving under the influence significantly increases the risk of accidents and endangers not only the driver but also passengers and other road users. While prescription medication, caffeine, and nicotine can have varying effects, they do not have the same legal restrictions as alcohol and illegal drugs when it comes to driving. Certain prescription medications may be permissible if they do not impair driving abilities, and caffeine and nicotine are legal substances that do not inherently impair motor skills or mental clarity when consumed responsibly. Thus, avoiding alcohol or drugs is a crucial requirement for maintaining safety on the road with a learner's licence.

7. Which of the following factors does NOT affect stopping time and distance?

- A. Vehicle speed
- B. Weather conditions
- C. Vehicle condition
- D. Income level**

The factor that does not affect stopping time and distance is income level. Stopping distance primarily relies on factors directly related to the vehicle, the driver, and environmental conditions. Vehicle speed is crucial because the faster a vehicle is traveling, the longer it will take to stop due to the increased momentum. Weather conditions, such as rain or snow, can impact traction and visibility, thereby affecting how quickly a vehicle can stop. Similarly, the condition of the vehicle, including the state of the brakes, tires, and overall maintenance, plays a significant role in determining stopping effectiveness. In contrast, income level is unrelated to these critical safety factors. While a higher income might enable a person to purchase better vehicles or maintain them properly, it does not influence the physics of stopping a vehicle or directly impact the driver's behavior or response time in critical situations.

8. What should you do if an emergency vehicle approaches from any direction with its lights or siren on?

- A. Speed up to get out of the way
- B. Move your vehicle over to allow it to pass**
- C. Ignore it and continue driving
- D. Turn off your headlights

When an emergency vehicle approaches with its lights or siren activated, the appropriate action is to move your vehicle over to allow it to pass. This is essential for several reasons. First, emergency responders need a clear path to reach their destination quickly and efficiently, whether it's to attend to a medical emergency, fire, or other urgent situation. By moving your vehicle to the side of the road, you show respect for their critical role and help ensure that they can reach those in need without unnecessary delays. This action is not only considerate but also typically required by law in most jurisdictions, including Alberta. In contrast, trying to speed up to get out of the way can create a dangerous situation, as it may lead to collisions or impede the emergency vehicle's ability to maneuver. Ignoring the emergency vehicle altogether compromises the safety of those in need of assistance, and turning off your headlights is not a recognized action in this situation and does not contribute to safety.

9. What is the proper action when approaching a stopped emergency vehicle with flashing lights?

- A. Speed up to pass the vehicle
- B. Slow down and, if safe, change lanes away from the emergency vehicle**
- C. Ignore the vehicle and maintain your speed
- D. Turn around and take an alternate route

When approaching a stopped emergency vehicle displaying flashing lights, the appropriate action is to slow down and, if it is safe to do so, change lanes away from the emergency vehicle. This is critical for several reasons. First, slowing down allows you to have better control of your vehicle as you approach the scene, which can be crucial in case of any unexpected movements from the emergency personnel or vehicles. Changing lanes is important to ensure a clear space around the emergency vehicle, thus providing a safer working environment for first responders. This practice helps to minimize potential hazards and accidents, allowing emergency personnel to perform their duties without additional risk from passing vehicles. Additionally, many jurisdictions have laws that require motorists to yield the right-of-way to emergency vehicles, and failing to do so can result in penalties. Thus, the correct action reflects both road safety best practices and compliance with legal requirements.

10. What is the maximum speed limit on a roadway located inside an urban area?

- A. 30 km/hr
- B. 50 km/hr**
- C. 80 km/hr
- D. 100 km/hr

The maximum speed limit on a roadway located inside an urban area is typically set at 50 km/hr. This speed limit is designed to enhance safety for all road users, including pedestrians, cyclists, and vehicles, as urban areas often have higher population densities and more potential hazards due to increased activity levels. Setting the speed limit at 50 km/hr helps to reduce the severity of accidents, as lower speeds provide drivers with increased reaction time and decreased stopping distances. Moreover, urban areas often feature a mix of road types and conditions, such as residential neighborhoods and commercial districts, necessitating a speed limit that accommodates a variety of traffic situations and enhances overall road safety. In contrast, the other options represent speed limits that are typically found in non-urban or rural areas, where there are fewer potential hazards and less pedestrian activity. Therefore, recognizing 50 km/hr as the correct maximum speed limit within urban settings aligns with traffic safety regulations and guidelines.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://ama.examzify.com>

We wish you the very best on your exam journey. You've got this!

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