

# Accredited Financial Counselor (AFC) Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

**Copyright © 2025 by Examzify - A Kaluba Technologies Inc. product.**

**ALL RIGHTS RESERVED.**

**No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.**

**Notice: Examzify makes every reasonable effort to obtain from reliable sources accurate, complete, and timely information about this product.**

**SAMPLE**

## **Questions**

- 1. What serves as the foundation for effective financial planning?**
  - A. Market trends**
  - B. Economic indicators**
  - C. Personal values**
  - D. Investment strategies**
- 2. Blaine and Lindsay McDonald have total assets of \$346,000 and total debt of \$168,000. What is their asset-to-debt ratio?**
  - A. 1.5**
  - B. 2.06**
  - C. 0.68**
  - D. 3.12**
- 3. What is a debt management plan (DMP)?**
  - A. A structured repayment plan to help individuals pay off unsecured debts.**
  - B. A legal agreement to eliminate all debts immediately.**
  - C. A financial strategy to increase income through investments.**
  - D. A method of consolidating all debts into a single payment.**
- 4. What is the role of a credit counselor?**
  - A. To encourage reckless spending habits**
  - B. To help clients manage debt and improve their credit situation**
  - C. To sell financial products**
  - D. To advise on tax evasion strategies**
- 5. What should borrowers consider the most when deciding between different loan options?**
  - A. The interest rates**
  - B. The loan terms**
  - C. The application fees**
  - D. The lender's reputation**

- 6. What is the 50/30/20 rule in budgeting?**
- A. It suggests allocating 50% of income to needs, 30% to wants, and 20% to savings**
  - B. It recommends spending 50% on savings, 30% on investments, and 20% on essentials**
  - C. It states that 50% should go to housing, 30% to food, and 20% to transportation**
  - D. It allocates 50% to discretionary spending, 30% to debts, and 20% to unforeseen costs**
- 7. Which of the following is NOT a type of credit?**
- A. Revolving credit**
  - B. Fixed-rate credit**
  - C. Noninstallment credit**
  - D. Overdraft protection credit**
- 8. What is the penalty for early withdrawal from a 401(k) in addition to the income tax?**
- A. 5%**
  - B. 10%**
  - C. 15%**
  - D. 20%**
- 9. Noninstallment credit includes which of the following?**
- A. Both single-payment and open-end credit**
  - B. Only single-payment loans**
  - C. Only open-end credit**
  - D. Both installment loans and open-end credit**
- 10. Which of the following options often provides tax benefits for individuals planning for retirement?**
- A. Savings accounts**
  - B. Taxable investment accounts**
  - C. Tax-sheltered retirement plans**
  - D. Standard checking accounts**

## **Answers**

SAMPLE

1. C
2. B
3. A
4. B
5. A
6. A
7. B
8. B
9. A
10. C

SAMPLE

## **Explanations**

SAMPLE



**1. What serves as the foundation for effective financial planning?**

- A. Market trends**
- B. Economic indicators**
- C. Personal values**
- D. Investment strategies**

The foundation for effective financial planning is rooted in personal values. Personal values influence an individual's goals, priorities, and the decisions they make about money. Understanding one's own values is essential as it guides the financial planning process towards outcomes that align with a person's beliefs and long-term aspirations. When financial decisions reflect these values, individuals are more likely to feel fulfilled and satisfied with their financial direction. While market trends, economic indicators, and investment strategies are important aspects of financial planning, they do not address the underlying motivations and priorities that drive an individual's financial decisions. Effective financial planning requires a deep understanding of what is truly important to the person, ensuring that financial resources are allocated in a way that supports their unique life goals and values. This alignment enhances commitment and adherence to the financial plan over time.

**2. Blaine and Lindsay McDonald have total assets of \$346,000 and total debt of \$168,000. What is their asset-to-debt ratio?**

- A. 1.5**
- B. 2.06**
- C. 0.68**
- D. 3.12**

To determine the asset-to-debt ratio, you divide the total assets by the total debt. In this case, Blaine and Lindsay McDonald have total assets of \$346,000 and total debt of \$168,000. The calculation is as follows:  $\text{Asset-to-Debt Ratio} = \text{Total Assets} / \text{Total Debt}$   
 $\text{Asset-to-Debt Ratio} = \$346,000 / \$168,000$   
 $\text{Asset-to-Debt Ratio} = 2.06$  This result indicates that for every dollar of debt, they have \$2.06 in assets, which reflects a healthy financial position. This higher ratio signifies that they have more assets than liabilities, which generally suggests a lower risk of insolvency and indicates that they are in a more favorable financial situation compared to having a lower ratio. The other options represent incorrect interpretations based on different calculations or misunderstandings about how the asset-to-debt ratio is derived. Simply put, B accurately reflects the proper calculation based on the provided figures.

### 3. What is a debt management plan (DMP)?

- A. A structured repayment plan to help individuals pay off unsecured debts.**
- B. A legal agreement to eliminate all debts immediately.**
- C. A financial strategy to increase income through investments.**
- D. A method of consolidating all debts into a single payment.**

A debt management plan (DMP) is a structured repayment plan specifically designed to assist individuals in paying off unsecured debts, such as credit card balances, medical bills, and personal loans. The primary goal of a DMP is to create a manageable payment schedule that ultimately leads to debt elimination while potentially reducing interest rates and eliminating late fees through negotiations with creditors. The effectiveness of a DMP lies in its structured nature, which helps individuals organize their finances and focus on paying off debts in a specified time frame, typically three to five years. This plan is typically set up by a credit counseling agency that works with both the debtor and creditors to create a plan that meets the needs of both parties. In contrast, a legal agreement to eliminate all debts immediately would not accurately describe a DMP, as it acknowledges the reality that debts must be repaid over time. Additionally, while a financial strategy to increase income through investments is important for overall financial health, it does not directly address the repayment of existing debts. Similarly, while consolidating debts into a single payment can be a feature of some debt management strategies, a DMP specifically emphasizes structured repayment rather than merely consolidating debt.

### 4. What is the role of a credit counselor?

- A. To encourage reckless spending habits**
- B. To help clients manage debt and improve their credit situation**
- C. To sell financial products**
- D. To advise on tax evasion strategies**

The role of a credit counselor centers on helping clients manage their debt and improve their overall credit situation. This involves providing guidance on budgeting, debt repayment strategies, and financial management techniques that can enhance a client's financial health. Credit counselors work collaboratively with clients to assess their financial circumstances, develop a plan to address debts, and often negotiate with creditors on behalf of clients to create manageable repayment solutions. By focusing on improving credit situations, credit counselors aspire to educate their clients about responsible financial behaviors and ensure they are equipped to make informed decisions in the future. This support can be crucial for individuals feeling overwhelmed by debt, helping them to regain control of their finances and encourage long-term financial stability.

**5. What should borrowers consider the most when deciding between different loan options?**

- A. The interest rates**
- B. The loan terms**
- C. The application fees**
- D. The lender's reputation**

When borrowers evaluate different loan options, interest rates hold significant importance as they directly impact the overall cost of borrowing. The rate at which interest is applied to the principal amount dictates how much extra money the borrower will ultimately pay over the life of the loan. A lower interest rate can lead to substantial savings, making it a crucial factor in loan selection. While loan terms, application fees, and the lender's reputation are important considerations as well, they do not have as immediate and quantifiable an effect on the total repayment amount as interest rates do. For instance, loan terms can influence the duration of payments and monthly obligations, but the interest rate fundamentally determines how much interest accrues. Application fees can vary and, while they should be taken into account, they typically represent a smaller portion of the overall loan cost compared to the impact of interest rates. Similarly, a lender's reputation is valuable for ensuring reliability and customer service, but it does not influence the financial costs associated with the loan like the interest rate does. Thus, for borrowers aiming to minimize their expenses over the life of a loan, focusing on interest rates is paramount.

**6. What is the 50/30/20 rule in budgeting?**

- A. It suggests allocating 50% of income to needs, 30% to wants, and 20% to savings**
- B. It recommends spending 50% on savings, 30% on investments, and 20% on essentials**
- C. It states that 50% should go to housing, 30% to food, and 20% to transportation**
- D. It allocates 50% to discretionary spending, 30% to debts, and 20% to unforeseen costs**

The 50/30/20 rule in budgeting is a practical framework for managing personal finances. It suggests allocating 50% of your income to needs, which includes essential expenses such as housing, utilities, groceries, transportation, and healthcare. The next 30% is designated for wants, which encompasses discretionary spending on non-essential items like dining out, entertainment, and hobbies. Finally, the remaining 20% is reserved for savings and debt repayment, ensuring that individuals are not only covering their living expenses but also building a financial safety net and working towards their long-term financial goals. This method simplifies the budgeting process, making it easier for individuals to understand how to allocate their income effectively. By maintaining a balanced approach that separates needs from wants and prioritizes savings, the 50/30/20 rule can help individuals achieve financial stability and control their spending habits.

**7. Which of the following is NOT a type of credit?**

- A. Revolving credit
- B. Fixed-rate credit**
- C. Noninstallment credit
- D. Overdraft protection credit

The correct choice identifies a category that does not commonly define a type of credit. Revolving credit is a flexible form of credit that allows consumers to spend up to a certain limit and repay it over time, such as with credit cards. Noninstallment credit typically refers to short-term loans that do not require regular installment repayments, like personal loans or single-pay loans. Overdraft protection is a feature offered by banks allowing account holders to withdraw more money than they have available in their accounts, functioning similarly to a line of credit. In contrast, fixed-rate credit is not recognized as a distinct category of credit. Rather, it describes a feature of certain loans or credit products where the interest rate remains constant throughout the life of the loan or credit line, rather than being a specific type of credit on its own. This descriptor applies to various credit types, including installment loans like mortgages or auto loans, but isn't a standalone type of credit. Understanding these distinctions is critical for financial literacy, particularly for those helping clients navigate their financial choices.

**8. What is the penalty for early withdrawal from a 401(k) in addition to the income tax?**

- A. 5%
- B. 10%**
- C. 15%
- D. 20%

The penalty for early withdrawal from a 401(k) plan, in addition to the applicable income tax, is typically set at 10%. This penalty is designed to discourage individuals from accessing their retirement funds before reaching the age of 59½. The rationale behind this penalty is to promote long-term savings and ensure that individuals do not deplete their retirement resources prematurely. When someone takes an early distribution from their 401(k), they not only have to pay regular income tax on the amount withdrawn but also incur this additional 10% penalty. This structure aims to encourage individuals to retain their savings until they reach retirement age, aligning with the intended purpose of these retirement accounts. It's important to note that there are specific exceptions where the early withdrawal penalty may not apply, such as in cases of disability, substantial medical expenses, or a court order to give the funds to a divorced spouse. However, for the general scenario of ordinary early withdrawal, the penalty remains firmly at 10%.

**9. Noninstallment credit includes which of the following?**

- A. Both single-payment and open-end credit**
- B. Only single-payment loans**
- C. Only open-end credit**
- D. Both installment loans and open-end credit**

Noninstallment credit encompasses financial arrangements that do not require regular installments for repayment. This type of credit is characterized by either a single-payment structure where the total amount borrowed is paid back at once or an open-end credit system that allows ongoing borrowing up to a set limit. Single-payment credit refers to loans or purchases where the entire amount is due at a specified future date, such as a payday loan. In contrast, open-end credit, like credit cards, permits consumers to borrow up to a certain limit and pay back that amount over time, as long as they stay within the credit limit. Because noninstallment credit includes both these forms of borrowing, the correct answer recognizes that both single-payment loans and open-end credit are included within this definition. This holistic view of noninstallment credit captures the diversity of repayment structures available to consumers. The other options narrow the focus incorrectly by isolating one type of noninstallment credit instead of acknowledging that both types exist under this category.

**10. Which of the following options often provides tax benefits for individuals planning for retirement?**

- A. Savings accounts**
- B. Taxable investment accounts**
- C. Tax-sheltered retirement plans**
- D. Standard checking accounts**

Tax-sheltered retirement plans are designed specifically to provide tax advantages for individuals saving for retirement. These plans, such as 401(k) accounts and Individual Retirement Accounts (IRAs), allow individuals to either contribute pre-tax income (as in the case of traditional IRAs and 401(k)s) or enjoy tax-free growth and withdrawals in retirement (as with Roth IRAs). This distinct feature helps individuals save more effectively for retirement by reducing their taxable income in the present or deferring taxes until a later date when they may be in a lower tax bracket. In contrast, savings accounts, taxable investment accounts, and standard checking accounts do not provide the same level of tax benefits. While they may offer some degree of interest accumulation or capital gains, the income generated in these accounts typically gets taxed in the year it is earned, limiting their effectiveness as retirement savings tools. Therefore, tax-sheltered retirement plans are uniquely positioned as vehicles that encourage retirement savings through significant tax benefits.