

# 7 Brew Brewista Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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**SAMPLE**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

- 1. What is typically the first step in the coffee brewing process?**
  - A. Boiling water for brewing**
  - B. Choosing and measuring the coffee**
  - C. Grinding the coffee beans**
  - D. Setting the brewing time**
- 2. What is the primary function of espresso shots in a cappuccino?**
  - A. To sweeten the drink**
  - B. To provide a rich flavor**
  - C. To enhance the froth**
  - D. To add color**
- 3. How is sweetness adjusted in the preparation of a half-sweet drink?**
  - A. By reducing the flavor scoops**
  - B. By adding sugar**
  - C. By using only cream**
  - D. By increasing the temperature**
- 4. How many scoops of flavor are needed in a medium iced strawberry green tea?**
  - A. 1**
  - B. 2**
  - C. 3**
  - D. 4**
- 5. What is the typical caffeine content in an 8-ounce cup of brewed coffee?**
  - A. 50-70 milligrams**
  - B. 80-100 milligrams**
  - C. 120-150 milligrams**
  - D. 200-250 milligrams**

- 6. Which of the following is a common characteristic of a chiller drink?**
- A. Hot temperature**
  - B. Blended texture**
  - C. Thick consistency**
  - D. Cold temperature**
- 7. What effect does roasting have on coffee beans?**
- A. Increases bitterness without enhancing flavor**
  - B. Preserves freshness and minimizes acidity**
  - C. Develops flavor and aroma by caramelizing sugars**
  - D. Eliminates caffeine content**
- 8. How many scoops of flavor are used in a large Seven Fizz?**
- A. 2**
  - B. 3**
  - C. 4**
  - D. 5**
- 9. What is the target serving size for a medium Seven Fizz?**
- A. 12 ounces**
  - B. 16 ounces**
  - C. 20 ounces**
  - D. 24 ounces**
- 10. What is the impact of poor water quality on coffee?**
- A. Affects flavor and overall quality**
  - B. Improves aroma and taste**
  - C. Increases caffeine content**
  - D. Enhances body and texture**



## **Answers**

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1. B
2. B
3. A
4. B
5. B
6. D
7. C
8. C
9. B
10. A

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## **Explanations**

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**1. What is typically the first step in the coffee brewing process?**

- A. Boiling water for brewing**
- B. Choosing and measuring the coffee**
- C. Grinding the coffee beans**
- D. Setting the brewing time**

The first step in the coffee brewing process involves choosing and measuring the coffee. This foundational step is crucial because the type and amount of coffee selected will significantly influence the final flavor, strength, and overall quality of the brew. Determining the right coffee beans—whether whole beans or pre-ground coffee—depends on various factors such as personal preference, brewing method, and desired flavor profile. By measuring the coffee, typically in relation to the amount of water being used, you ensure that the coffee-to-water ratio is appropriate. This affects extraction rates during brewing, which ultimately influences how well the flavors are released from the coffee grounds. Once you have precisely chosen and measured the coffee, you can then proceed to other steps such as grinding the beans, boiling water, and setting brewing time, each of which builds upon the solid foundation established in this initial step.

**2. What is the primary function of espresso shots in a cappuccino?**

- A. To sweeten the drink**
- B. To provide a rich flavor**
- C. To enhance the froth**
- D. To add color**

The primary function of espresso shots in a cappuccino is to provide a rich flavor. Espresso is the foundation of the cappuccino, and it contributes depth and intensity to the drink. The robust flavors derived from the espresso contrast beautifully with the creaminess of the steamed milk and the airy texture of the milk foam, creating a balanced beverage that highlights the complexities of coffee. While sweetening the drink, enhancing the froth, and adding color are aspects that might be related to a cappuccino, they are not the primary purpose of the espresso shots. Sweeteners can be added later according to personal preference, froth is enhanced by how the milk is steamed, and any color difference comes from milk contrasting with the espresso rather than being an essential function of the espresso itself. Overall, the espresso's rich flavor is what defines a cappuccino and distinguishes it from other coffee beverages.

**3. How is sweetness adjusted in the preparation of a half-sweet drink?**

- A. By reducing the flavor scoops**
- B. By adding sugar**
- C. By using only cream**
- D. By increasing the temperature**

In the preparation of a half-sweet drink, sweetness is adjusted primarily by reducing the flavor scoops. By decreasing the number of flavor scoops used, the overall sweetness of the drink is diminished, allowing for a more balanced flavor profile that aligns with the customer's preference for a half-sweet option. The other methods mentioned do not directly achieve the same effect. Adding sugar would increase sweetness rather than decrease it, using only cream would contribute to texture and richness but not directly alter sweetness levels, and increasing the temperature does not inherently change the sweetness or adjust flavor balance in a meaningful way. Thus, reducing the flavor scoops is the most effective and accurate method for achieving a half-sweet drink.

**4. How many scoops of flavor are needed in a medium iced strawberry green tea?**

- A. 1**
- B. 2**
- C. 3**
- D. 4**

In a medium iced strawberry green tea, the standard practice typically involves using two scoops of flavor. This amount is designed to achieve a balanced and noticeable flavor profile without overwhelming the base tea's taste. Using one scoop might result in a flavor that is too subtle, while three or four scoops would likely overpower the beverage and could alter the intended drink experience significantly. By using two scoops, you can ensure that the strawberry flavor complements the green tea effectively, providing a refreshing and enjoyable drink.

**5. What is the typical caffeine content in an 8-ounce cup of brewed coffee?**

- A. 50-70 milligrams**
- B. 80-100 milligrams**
- C. 120-150 milligrams**
- D. 200-250 milligrams**

An 8-ounce cup of brewed coffee typically contains between 80 and 100 milligrams of caffeine. This range is established based on average measurements, as various factors such as the type of coffee bean, the brewing method, and the grind size can influence caffeine levels. In general, most standard brewed coffee falls within this range, making it the most accurate choice. For instance, a medium roast coffee brewed using a drip coffee maker often achieves this expected caffeine level due to the brewing time and water temperature utilized. Understanding this typical caffeine content is beneficial for making informed decisions about consumption, particularly for individuals monitoring their caffeine intake for health reasons.

**6. Which of the following is a common characteristic of a chiller drink?**

- A. Hot temperature**
- B. Blended texture**
- C. Thick consistency**
- D. Cold temperature**

A common characteristic of a chiller drink is its cold temperature. Chiller drinks are specifically designed to be served cold, refreshing the drinker, especially in warmer weather. The cooling effect is an essential element of these beverages, making them more enjoyable and thirst-quenching. The other options describe qualities that do not align with the purpose of a chiller drink. A hot temperature contradicts the very nature of a chiller, and a thick consistency or blended texture may be attributes of certain beverages but are not indicative of all chiller drinks. The focus on cold temperature as a defining characteristic emphasizes the refreshing experience typically sought in these types of drinks.

**7. What effect does roasting have on coffee beans?**

- A. Increases bitterness without enhancing flavor**
- B. Preserves freshness and minimizes acidity**
- C. Develops flavor and aroma by caramelizing sugars**
- D. Eliminates caffeine content**

Roasting coffee beans plays a pivotal role in developing their flavor and aroma, primarily through the caramelization of sugars present in the beans. During the roasting process, the temperature increases, causing the sugars to undergo a transformation that enhances the overall sensory experience of the coffee. This Maillard reaction and caramelization impart various flavors ranging from fruity and nutty to chocolaty and spicy, depending on the roast level and the beans used. The complex interplay of heat plus the natural compounds in the beans results in the rich, aromatic characteristics that coffee drinkers enjoy. The other options do not accurately reflect the primary effects of roasting. While some roasting can introduce a degree of bitterness, it does so in the context of enhancing flavor rather than merely increasing bitterness. Freshness is a factor before roasting; once roasted, beans begin to lose freshness over time, and roasting can actually increase acidity in some cases rather than minimizing it. Lastly, roasting does not eliminate caffeine content; in fact, most roasting methods preserve most of the original caffeine, although slight variations may occur depending on the duration and intensity of the roasting process.

**8. How many scoops of flavor are used in a large Seven Fizz?**

- A. 2**
- B. 3**
- C. 4**
- D. 5**

In crafting a large Seven Fizz, the standard procedure is to use four scoops of flavor. Each scoop adds a distinct layer of taste, ensuring that the final beverage is balanced and enjoyable. The formulation is designed to maintain consistency in flavor intensity across different sizes of the Seven Fizz. While larger sizes typically allow for increased flavor to complement the drink's ingredients, the four scoops in the large size specifically cater to the drink's overall profile, ensuring it's neither too weak nor overwhelmingly strong.

**9. What is the target serving size for a medium Seven Fizz?**

- A. 12 ounces
- B. 16 ounces**
- C. 20 ounces
- D. 24 ounces

The target serving size for a medium Seven Fizz is 16 ounces. This size is commonly used in many coffee shops and beverage establishments, allowing for a balance between a satisfying drink volume and a manageable portion. The 16-ounce option is typically seen as the standard for medium drinks, making it a well-recognized quantity for both customers and baristas. This consistency helps in meeting customer expectations for beverage sizes and aids in efficient preparation and serving. The choice of 16 ounces aligns with industry standards for medium-sized soft drinks and flavored beverages, which enhances customer familiarity with the product.

**10. What is the impact of poor water quality on coffee?**

- A. Affects flavor and overall quality**
- B. Improves aroma and taste
- C. Increases caffeine content
- D. Enhances body and texture

The impact of poor water quality on coffee is significant, primarily because water comprises about 98% of a brewed cup of coffee. When the water is of poor quality—contaminated, hard, or improperly filtered—it can adversely affect the extraction process during brewing. This leads to undesirable flavors and aromas in the final product. Chemical imbalances or impurities in the water can result in off-flavors, which can overshadow the natural characteristics of the coffee beans. As a result, the overall quality of the coffee is compromised. Flavor complexity, brightness, and balance that one would expect from a well-brewed coffee can be lost due to the detrimental effects of using subpar water. Therefore, maintaining good water quality is crucial for achieving an optimal coffee experience.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://sevenbrew-brewista.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**